1st Monday	1st Tuesday	1st Wed	nesday	1st Thursday	1st Friday	
San Luis Obispo 4:30-6:00pm SLO Salvation Army 815 Islay Street	Nipomo 9:30-10:30am St. Joseph's Church 298 Thompson Ave. Paso Robles 2:00-3:00pm Villa Paseo Apartments 2818 Ramada Drive Heritage Ranch 3:00-4:00pm Oak Hill Market 2150 Heritage Loop Rd.	Arroyo Grande 8:00-9:00am* Soto Park 1275 Ash St. *this new time will begin in November  Los Osos 9:30-10:30am South Bay Community Center 2180 Palisades Ave.  San Luis Obispo 9:30-11:30am Zion Lutheran Church 1010 E. Foothill	Atascadero 10:00-11:30am Grange Hall 5035 Palma Ave.  Morro Bay 9:30-11:00am Veterans Memorial Building 209 Surf Street  Cayucos 10:30-11:00am Community Church 60 South 3rd Street	Paso Robles 9:00-10:00am 2nd Baptist Church 1937 Riverside Ave.  Cambria 3:30-4:30pm Santa Rosa Church 1174 Main Street  Shandon 4:30-6:00pm Shandon High School 151 South 1st Street	California Valley 11:00am-12:00pm Community Center Parking Lot 13080 Soda Lake Road	
	2nd Tuesday	2nd Wed	Inesday	2nd Thursday	2nd Friday	
*Please visit our website for current USDA income guidelines  Dates are subject to change due to holidays and unforeseen circumstances. Always check our website or call our office for the most up to date information, especially if a distribution falls on:  1/1, 1/18, 2/15, 5/30, 6/4, 9/5, 11/11, 11/24, 12/26-12/30 or when there is no school in session.  Last updated November 2016	Paso Robles 10:00-11:00am SFM at Senior Center 270 Scott Street [Produce Only] Los Osos 2:30-3:30pm Baywood Elementary 1330 9th Street Nipomo 4:00-6:00pm Nipomo Elementary 190 East Price Street	Arroyo Grande 8:00-9:00am* Soto Park 1275 Ash St. *this new time will begin in November Los Osos 9:30-10:30am South Bay Community Center 2180 Palisades Ave. San Luis Obispo 9:30-11:30am Zion Lutheran Church 1010 E. Foothill Morro Bay 9:30-11:00am Veterans Memorial Building 209 Surf Street	Cayucos 10:30-11:00am Community Church 60 South 3rd Street  Atascadero 2:30-3:30pm Santa Rosa Elementary 8655 Santa Rosa Road  San Miguel 4:30-6:00pm Lillian Larsen Elementary 1601 L Street	Oceano 9:00-10:00am Senior Center 1580 Railroad Street Paso Robles 2:30-4:00pm Family Resource Center 1802 Chestnut Street San Luis Obispo 2:30-3:30pm C.L. Smith Elementary 1375 Balboa Street	Paso Robles 1:30-3:00pm Oak Park Housing Authority [Produce Only] 3201 Pine Street San Miguel 2:30-3:30pm Pleasant Valley Elementary 2025 Ranchita Canyon Road	
	3rd Tuesday	3rd Wed	nesday	3rd Thursday	3rd Friday	
	Nipomo 8:30-9:30am* Nipomo Senior Center 200 E. Dana "the new day for this distribution starts in November San Luis Obispo 9:00-10:00am Senior Center 1445 Santa Rosa Street San Luis Obispo 3:00-5:00pm Cuesta College SLO Campus CA Highway 1, Parking Lot #3 Paso Robles 4:00-6:00pm Cuesta College North County Campus 2800 Buena Vista Drive, Parking Lot #10	Arroyo Grande 8:00-9:00am* Soto Park 1275 Ash St. *this new time will begin in November Los Osos 9:30-10:30am South Bay Community Center 2180 Palisades Ave. Santa Margarita 9:00-10:00am Senior Center 2210 H Street San Luis Obispo 9:30-11:30am Zion Lutheran Church 1010 E. Foothill	Morro Bay 9:30-11:00am Veterans Memorial Building 209 Surf Street Cayucos 10:30-11:00am Community Church 60 South 3rd Street Atascadero 4:30-6:00pm Casa Grande Apartments 9300 El Bordo Ave.	Paso Robles 9:00-10:00am Grace Baptist Church 535 Creston Road Cambria 3:00-4:30pm School District Office 1350 Main Street Paso Robles 3:00-4:00pm Virginia Peterson Elementary 2501 Beechwood Dr. Paso Robles 5:30-7:00pm Loaves and Fishes 2650 Spring Street	Carrisa Plains 1:00-2:00pm Carrisa Plains Elementary 9640 Carrisa Highway Oceano 2:30-4:00pm Family Resource Center 1511 19th Street	
	4th Tuesday	4th Wed	nesday	4th Thursday	4th Friday	
	Paso Robles 10:00-11:00am SFM at Senior Center 270 Scott Street [Produce Only]  Nipomo 4:00-6:00pm Dana Elementary 920 West Tefft Street  San Simeon 5:00-6:00pm Across from Oceanside Inn 9490 Avonne Ave.  Arroyo Grande 8:00-9:00am Soto Park 1275 Ash St. **this new time will begin in November}  Los Osos 9:30-10:30am South Bay Community Center 2180 Palisades Ave.  San Miguel 9:30-10:30am San Miguel Mission 775 Mission Street		San Luis Obispo 9:30-11:30am Zion Lutheran Church 010 E. Foothill Morro Bay 9:30-11:00am Zeterans Memorial Building Zeterans Memo	Morro Bay 2:30-3:30pm Del Mar Elementary 501 Sequoia Street Creston 3:00-4:00pm Creston Community Church 6265 Adams Street Arroyo Grande 4:00-5:30pm Arroyo Grande Care Center 1212 Farroll Ave.	Paso Robles 1:30-3:00pm Oak Park Housing Authority 3201 Pine Street San Luis Obispo 2:30-4:30pm Mission View Health Center 1425 Woodside Drive Templeton 3:00-5:00pm Vintage Community Church 692 Peterson Ranch Road	



## Participants will receive one bag of pantry food and one bag of fresh produce. **Requirements to receive food:** Participants must be at least 18 years old and must certify that they meet USDA income guidelines\* by signing in. NO ID or proof of income is required to participate. NEIGI HBO TRIBU

For more information: 805.238.4664 or www.slofoodbank.org

## **2016 LOCAL PANTRIES & MEAL SITES**

AGENCY	ADDRESS	CITY	TYPE	ı	DAY	'S O	PEI	N		TIME	PHONE	REQUIREMENTS & ADDITIONAL INFORMATION
NIPOMO	NIPOMO											
Nipomo Food Basket	195 W. Tefft St.	Nipomo	PANTRY	M	Tu		Th	F		10:00am-1:00pm	619-7681	Bring photo ID & proof of address.
SM Valley Hispanic Church	1575 Orchard Rd	Nipomo	PANTRY				Th			9:00am-10:00am	929-5694	Must sign in to certify income eligibility. 1st and 4th Thursdays only.
Senior Nutrition	200 E. Dana St	Nipomo	MEAL	М	Tu	W	Th	F		12:00pm-1:00pm	929-1066	Must be 60+ and sign in to certify income eligibility. Call 2 days in advance.
FIVE CITIES												
Church of God of Prophecy	1710 Ocean St	Oceano	PANTRY	М	Tu	w	Th	F		2:00pm-3:00pm	710-3036	Must sign in to certify income eligibility.
First United Methodist	275 N. Halcyon	Arroyo Grande	PANTRY	М						1:00pm-3:00pm	481-2692	Must sign in to certify income eligibility.
Five Cities Vineyard	330 Stanton	Arroyo Grande	PANTRY					F		1:00pm-3:00pm	474-9984	Bring photo ID.
Salvation Army	1550 W. Branch	Arroyo Grande	PANTRY	М		w		F		10:00am-1:30pm	481-0278	Bring proof of address.
St. Patrick's Church	501 Fair Oaks	Arroyo Grande	PANTRY		Tu	W	Th			4:00pm-5:00pm	489-2680	Bring photo ID.
Five Cities Christian Women	192 S. 9th Street #B	Grover Beach	PANTRY	М	Tu	W	Th	F		2:00pm-4:00pm	473-3368	Bring proof of address.
People's Kitchen	946 Rockway	Grover Beach	MEAL	Su M	Tu	W	Th	F	Sa	11:30am-1:00pm	489-3254	Must sign in to certify income eligibility.
Senior Nutrition	1580 Railroad Street	Oceano	MEAL	М	Tu	W	Th	F		11:30am-12:30pm	489-5149	Must be 60+ and sign in to certify income eligibility. Call 2 days in advance.
New Life Community Church	990 James Way	Pismo Beach	PANTRY		Tu	W	Th	F		9:00am-4:30pm	489-3254	Bring photo ID. Recipients can receive food 1 x per month only.
Five Cities Meals on Wheels	780 Bello St	Pismo Beach	MEAL	М	Tu	W	Th	F		8:00am-12:00pm	773-2053	Must be 18+. Application process. Delivery to homebound; sliding scale fee.
SAN LUIS OBISPO												
Grace Church	1350 Osos Street	San Luis Obispo	PANTRY						Sa	11:30am-1:00pm	543-2358	Must sign in to certify income eligibility.
Salvation Army	815 Islay	San Luis Obispo	PANTRY		Tu	W	Th	F		9:30am-1:00pm	544-2401	Must sign in to certify income eligibility.
Maxine Lewis	736 Orcutt Rd	San Luis Obispo	MEAL	Su					Sa	6:00am-7:00am	701 2002	Must sign in to certify income eligibility. Breakfast served.
			MEAL	Su					Sa	6:00pm-7:00pm	781-3993	Must sign in to certify income eligibility. Dinner served.
Prado Day Center	43 Prado Rd	San Luis Obispo	MEAL	Su M	Tu	W	Th	F	Sa	8:30am-4:30pm	781-0617	Must sign in to certify income eligibility.
Senior Nutrition	955 Monterey St	San Luis Obispo	MEAL	М	Tu	W	Th	F		11:30am-12:30pm	543-0469	Must be 60+ and sign in to certify income eligibility. Call 2 days in advance.
Senior Nutrition	11245 Los Osos Valley Rd	San Luis Obispo	MEAL	M	Tu	W	Th	F		11:30am-12:30pm	541-1168	Must be 60+ and sign in to certify income eligibility. Call 2 days in advance.
COASTAL COMMUNITIE	S			Т					Щ			
Cambria Vineyard Church	1617 Main St	Cambria	PANTRY				Th			12:00pm-2:00pm	927-5550	Must sign in to certify income eligibility. Open 2nd & 4th Thursdays only.
Senior Nutrition	2700 Eton Rd	Cambria	MEAL	М	Tu	W	Th	F		12:00pm-1:00pm	927-1268	Must be 60+ and sign in to certify income eligibility. Call 2 days in advance.
Kings Cupboard	1480 Santa Ysabel	Los Osos	PANTRY		Tu					9:00am-11:00am	528-0391	Must sign in to certify income eligibility.
People Helping People	2180 Palisades Ave	Los Osos	PANTRY			W				9:30am-11:00am	528-4169	Must sign in to certify income eligibility.
Trinity United Methodist Church	490 Los Osos Valley Rd	Los Osos	PANTRY	М	Tu	W	Th	F		9:00am-1:00pm	528-1649	Must sign in to certify income eligibility.
Senior Nutrition	2180 Palisades Ave	Los Osos	MEAL	М	Tu	w	Th	F		11:30am-12:30pm	528-6923	Must be 60+ and sign in to certify income eligibility. Call 2 days in advance.
Rock Harbor Christian Fellowship	1475 Quintana	Morro Bay	PANTRY						Sa	9:30am-11:00am	772-7365	Must sign in to certify income eligibility.
Salvation Army	540 Quintana	Morro Bay	PANTRY		Tu	w	Th	F		1:00pm-3:30pm	772-7062	Bring photo ID. 1/month shelf stable food, 1/week produce
Senior Nutrition	1001 Kennedy Way	Morro Bay	MEAL	М	Tu	w	Th	F		11:45am-12:45pm	772-4422	Must be 60+ and sign in to certify income eligibility. Call 2 days in advance.
NORTH COUNTY												
ECHO	6370 Atascadero Ave	Atascadero	MEAL	Su M	Tu	w	Th	F	Sa	5:00pm-6:00pm	539-7504	Must sign in to certify income eligibility. Breakfast for overnight residents, take and go lunch.
First Assembly of God	6030 Del Rio Rd	Atascadero	PANTRY				Th			1:00pm-2:00pm	466-2626	Must sign in to certify income eligibility.
Senior Nutrition	5905-C East Mall	Atascadero	MEAL	М	Tu	W	Th	F	$\exists$	11:30am-12:30pm	466-2317	Must be 60+. Application process.
Loaves & Fishes	5411 El Camino Real	Atascadero	PANTRY	М	Tu	W	Th	F	$\exists$	1:00pm-3:00pm	461-1504	Bring photo ID & proof of address.
Senior Nutrition	270 Scott St.	Paso Robles	MEAL	М	Tu	w	Th	F		11:30am-12:30pm	238-4831	Must be 60+ and sign in to certify income eligibility. Call 2 days in advance.
Loaves & Fishes	2650 Spring St	Paso Robles	PANTRY	М	Tu	W	Th	F		2:00pm-4:00pm		Bring photo ID & proof of address.
			PANTRY		Tu		Th			5:30pm-7:00pm	238-4742	Bring photo ID & proof of address.
Senior Nutrition	2210 H St	Santa Margarita	MEAL	М	Tu	W	Th	F		11:45am-12:45pm	438-5854	Must be 60+ and sign in to certify income eligibility. Call 2 days in advance.
Vintage Community Church	692 Peterson Ranch Rd	Templeton	PANTRY	Su						9:00am-1:00pm	434-5040	Must sign in to certify income eligibility.