

Safer
Annual
Report

2013-14

Mission Statement: Safer is Cal Poly's primary resource for addressing sexual violence, dating violence, domestic violence, and stalking. We provide support through crisis counseling, advocacy, and education.

CAL POLY

Dean of Students Office

Safer

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Presentations and Awareness Events

Safer reached a total of 12,065 people in the campus community through our presentations and awareness activities during the 2013-2014 academic year. All of our events for the year are listed here chronologically and by type of event (Associated Students Inc. – ASI, Athletics, Course-related Presentations, Faculty and Staff, Greek Life, New Student Programs, Off-Campus, Other On-Campus Programs, Safer General Outreach Activities, University Housing).

ASI:

1. **Fall: Staff Kickoff**, included 30-minute Safer training on bystander intervention for over 300 staff members.
2. **April: Distressed/disturbed Protocol**, all ASI supervisors were trained on distressed/disturbed student protocol and Title 22 procedures and expectations.
3. **Self-Defense**, ASI and Safer offered 8 self-defense classes during the academic year.

Athletics:

During Summer Quarter 2013, Safer presented to the following teams, representing 361 Cal Poly students: golf, swimming, baseball, wrestlers, track & field, basketball, softball, men's soccer, women's soccer, football, and volleyball.

Course-related Presentations:

Safer provides classroom presentations for any Cal Poly class that requests a presentation. During the past year, Safer provided presentations to 15 classes, reaching 1,770 students. This year, we collaborated with faculty from the departments of kinesiology, psychology, and biology.

Faculty and Staff:

We collaborated with six different faculty on course-related presentations this year and provided training to 150 faculty and staff through summer orientations and HR programming. We also provided training to

Greek Life:

1. **House-specific presentations:**

Fraternities:	Sororities:
Sigma Nu	Sigma Kappa

Theta Chi	Kappa Alpha Theta
Zeta Beta Tau	Kappa Kappa Gamma
Kappa Kappa Psi	
Delta Sigma Pi	

2. **November: New Member Education**, 2 two-hour presentations to about 300 Greek pledges. Co-Created, facilitated and presented by Safer undergraduate and graduate student assistants.
3. **January: Alpha Phi Assertiveness and Risk Reduction Presentation**, Chapter meeting to present on assertiveness, risk reduction, and bystander intervention. Topics such as partying and sisterhood were specifically addressed.
4. **January – February: Greeks Against Sexual Assault program**, a 4-week educational course for all fraternity members.
 - Module 1: covered issues around masculinity and pressures faced by men in fraternities.
 - Module 2: covered healthy relationships along with how and when to intervene in unhealthy relationships (i.e. violent relationships).
 - Module 3: educated students on leadership and bystander intervention. Leaders in the business world spoke on why empathy is important for working in the business world. Discussion also focused on how to be an active bystander in various situations.
 - Module 4: attendee's knowledge was tested in Sex Jeopardy. Various questions from topics covered throughout the program were used in a Jeopardy competition. Student Assistants from Safer shared what their job looks like and how people can get involved in ending gender violence on Cal Poly's campus.
5. **February: Kappa Psi Presentation**, topics included the basics of types of violence, gender roles, safe partying, consent, and communication.
6. **February: V-day Rising Rose Selling philanthropy**, event in which fraternity men sold roses to raise awareness of and create excitement for V-day.
7. **March: Alpha Epsilon Phi presentation**, about assertiveness, risk reduction, and bystander intervention. Topics of communication in sexual relationships were specifically addressed.
8. **March: PanHellenic New Member Education**, Safer undergraduate student assistants co-created and presented a two-hour presentation to new Greek members.
9. **March-April: Walk a Mile in Her Shoes (WAM) and Greek Outreach**, Greek life registration and the #WalkAMileWednesday photo campaign to raise awareness for the event.

New Student Programs:

1. **July/August: Soar**, Workshop, Presentation, Panel & Resource Fair for Parents & Supporters
2. **September: WOW**, Collegiate Empowerment and Bystander Intervention for new students, and Club Showcase
3. **September: Jackson Katz, guest speaker**, educator, author, filmmaker and social theorist who has long been recognized as one of America's leading anti-sexist male activists. Katz is one of the key architects of the "bystander" approach to gender violence prevention. Safer had an incredible opportunity to partner with the Week of Welcome Program and bring Jackson Katz to campus. He spoke to the incoming students and their Orientation Leaders about how to help hold each other accountable in preventing gender violence.
4. **April: Open House**, Booth & Parent's "Safer Parenting" Workshop presented with the Cal Poly Counseling Center
5. **May: Orientation**, Team and Leader Trainings, Orientation Board selection panel

Off-Campus Programs:

1. **March: Sleeping Tiger Fitness Presentation**, presentation created and delivered for Sleeping Tiger Fitness Krav Maga trainers.
2. **April: CALCASA Student Summit**, 5 Safer students represented Cal Poly and the Safer program at the summit, which addressed sexual violence on college campuses in California.
3. **April: Clothesline Project at Cuesta College**, awareness project that seeks to open up the dialogue about sexual assault, rape, domestic/intimate-partner/dating violence, by allowing survivors and anyone affected by them to create a shirt that represents their experience. These shirts are then shared with the community to aid in awareness.
4. **April: Invisible War Screening**, film screening of the documentary "The Invisible War" at the Palm Theater. Panel members were recruited for discussion after the film from SLO Vet society, Cal Poly ROTC and RISE.
5. **April: Take Back the Night**, an international movement that seeks to empower women and all survivors of sexual assault and violence. It is also a remembrance event for victims of violence. Internationally, the movement involves a march either through the campus or community. Historically at Cal Poly, students and community members are invited to enjoy food and drinks on Creeky Tiki's patio with live music, raffles, guest speakers, and a candlelit vigil at sundown.
6. **April: Walk a Mile in Her Shoes**, an international event that invites men to literally walk a mile in women's (high-heeled) shoes. "Celebrity" walkers, Cal Poly faculty and staff members, greek organizations, student clubs and organizations, and any interested community members are invited to participate in this spectacular event to raise awareness for sexual assault and gender violence. Awards and competitions

are being developed for groups that are able to complete the race in the best time. This event is usually hosted by RISE

Other On-Campus Programs:

1. **November: Presentation to Cru Bible study leaders**, presentation at SLO Cru's weekly bible study training and presented on sexual assault and bystander intervention; specifically how they, as bible study leaders, could help students who are in their bible studies and have experienced sexual assault.
2. **February: Change the Status Quo (CSQ)**, undergraduate Safer student assistants co-developed and presented a 2 hour workshop "The 3 C's To Embracing Your Sexuality: Confidence, Communication, Consent" at the Center for Community Engagement's CSQ event.
3. **SLO CRU: sexual assault bible study**: Safer student assistant served as a liaison between Safer and CRU for a bible study for victims and survivors of sexual assault.
4. **Campus Dining**: Campus dining supervisors were trained by Safer.

Safer General Outreach Activities:

1. **Monthly: Safer Newsletter**, details all upcoming events and activities for the month and was distributed to all interested parties that sign-up to receive the newsletter via email.
2. **Poster Campaigns (continuous)**, "Make Your Move," a collaboration with the Athletics department, and "Don't Be That Guy," a collaboration with Cal Poly students, that highlight the need for students to treat each other with respect and intervene when a threatening situation arises (bystander intervention).
3. **September - December: Safer Advocacy Training**, 12-hr Safer advocacy training for Cal Poly students, including guest speakers (Dean of Students, UPD, RISE employee, Director of Safer), curriculum and discussion to train new Safer advocates and volunteers.
4. **October: Clothesline Project on Dexter Lawn**, awareness project that seeks to open up the dialogue about sexual assault, rape, domestic/intimate-partner/dating violence, by allowing survivors and anyone affected by them to create a shirt that represents their experience. These shirts are then shared with the community to aid in awareness.
5. **October: Campus Climate Survey on Cal Poly Student's Sexuality**, received about 300 anonymous respondents to questions evaluating students' sexuality as far as practices and preferences. Survey was undertaken to create an open dialogue about sexual health.

6. **October: Let's Talk Sex: Hookups**, our monthly "Let's Talk Sex" series focused on confidential conversations about hookups and sex in college, hosted by Safer students.
7. **October: Make a Difference Day**, Safer staff and students partnered with Cal Poly's Center for Community Engagement and RISE to clean up a local women's shelter for national Make a Difference Day.
8. **November: Healthy Sex on Dex**, Safer boot on Dexter Lawn with ice cream sundaes, music, games, contests. Promoted healthy relationships and sexuality models. Displayed survey results of Cal Poly's sexual climate. Shared fun facts about sex to start a healthy conversation.
9. **November: Let's Talk Sex**, our monthly "Let's Talk Sex" series focused on confidential conversations about sex in college and sex toys, hosted by Safer students.
10. **January: Friday Night Live (FNL)**, Safer presented a Pint Night with FNL. Mock drinking games, and root beer floats created alternative activities to drinking. Provided a discussion on how alcohol correlates to sexual assault.
11. **January: Let's Talk Sex: LGBTQIA edition**, our monthly "Let's Talk Sex" series focused on confidential conversations about LGBTQIA-related sex topics, hosted by Safer students in collaboration with Cal Poly's Pride Center.
12. **January – March: Safer Advocacy Training**, 12-hr Safer advocacy training for Cal Poly students, including guest speakers (Dean of Students, UPD, RISE employee, Director of Safer), curriculum and discussion to train new Safer advocates and volunteers.
13. **February: Red Flag Campaign**, Safer held a presentation in honor of The Red Flag Campaign, which addresses the occurrence of dating violence and promotes the prevention of it on college campuses. This public awareness campaign encourages bystanders (friends and any other community member) to intervene when they see warning signs, or "red flags" of dating violence. By using a series of posters to explain various components of dating violence, how friends can intervene, and what a healthy relationship looks like, this campaign is a means to encourage bystander intervention.
14. **Winter: LEAD project**, one of Safer's Community Outreach Coordinators, started this empowerment project, which stands for: Love. Empower. Affirm. Decide. Students attended a 6-hour mentorship program to guide self-understanding, college culture, and empowerment.
15. **Winter: Safer Presenter Training**, 2-hour training for staff, advocates and volunteers on how to present Safer material to the community.

16. **April – May: Safer Advocacy Training**, 12-hr Safer advocacy training for Cal Poly students, including guest speakers (Dean of Students, UPD, RISE employee, Director of Safer), curriculum and discussion to train new Safer advocates and volunteers.
17. **April: Great American Condom Campaign**, one Safer student applied for this grant and Safer was chosen as a safe site for Spring 2014. Five hundred Trojan condoms were shipped and they were made available in the Gender Equity Center, Pride Center, and at SAAM events. They were also distributed during UU hour.
18. **April: Sexual Assault Awareness Month educational activities**, including: a Sex Panel, which included professionals from around the campus and community who answered students' questions about sex and sexual relationships; "Nitty Gritty" event, which discussed healthy sexuality (a module of one student's Healthy Sexuality series); Safe Partying, a night of fun and games while also learning how to keep your night safe; Sex, Drugs, & Rock'n'roll, an overview of the historical foundation of sex, drugs, and stigmas in the United States, and how they shaped modernity; bystander intervention, where we discussed different ways to intervene with sexual assault and dating violence, while also keeping yourself safe and comfortable.
19. **April: Byron Hurt, guest speaker**, Byron Hurt is an award-winning documentary filmmaker, published writer, anti-sexist activist, and lecturer. Hurt is also the host of the Emmy-nominated series, "REEL WORKS with BYRON HURT." The Independent named him one of the "Top 10 Filmmakers to Watch" in 2011. His most popular documentary, "Hip-Hop: Beyond Beats and Rhymes" premiered at the Sundance Film Festival and was later broadcast on the PBS series Independent Lens. He spoke to the Cal Poly community about the involvement of men and masculinity in the movement to end gender-based violence.
20. **April: "Safe Org" registration**, A Safe Org is an organization on campus that is a part of the movement to end violence and sexual assault. Being a safe org shows the members of your organization and the Cal Poly community that you are committed to having a safer campus and that you support any of your organization's members that might be survivors. Any and all campus organizations, businesses, clubs, teams, etc. are encouraged to participate since violence affects all types of students and staff. Certification lasts for one full year. Currently, there are 4 registered "Safe Orgs": Alpha Omicron Pi, HerCampus, Kappa Alpha Theta, and Triota.
21. **April: Let's Talk Sex: Sex Toys**, our monthly "Let's Talk Sex" series focused on confidential conversations about sex toys, hosted by Safer students in collaboration with the company "Pure Romance."
22. **May: Healthy Sexuality series**, Safer hosted a four-week long series about healthy sexuality, where students learned about anatomy, contraception, protection, communication, and myths surrounding sex and sexuality.

23. **May: Let's Talk Sex: Pornography**, our monthly "Let's Talk Sex" series focused on confidential conversations about the pornography industry, hosted by Safer students.

University Housing:

California Polytechnic State University, San Luis Obispo University Housing Sexual Assault Awareness Curriculum 2013-2014

Learning Objectives:

- Residents will receive information about sexual assault awareness and learn how choices regarding safety can impact personal welfare, the residential community, academic accomplishment, and individual success.
- Residents will be able to identify support services available for assistance with a sexual assault related problems such as Safer, RISE, Counseling Center, and University Housing.
- Residents will understand the role a bystander plays in preventing sexual assault

Prior to Arriving on Campus:

- All Residential Life and Education staff will be trained to respond to sexual assault emergencies.
- Sexual assault response information will be included in staff training manuals.
- All staff members will be fingerprinted and their judicial background will be checked prior to hiring in order to increase resident safety.

Housing Opening:

- Safer wallet cards given to residents at housing opening
- Sexual Assault harm reduction will be discussed at all welcome meetings and parent orientation sessions.
- Information distributed to new students in rooms at Housing Opening:
 - Flyers on consent, GHB and campus and community resources in each student's bedroom.
 - Each room or apartment has a white board with the following information:
 - Information on notifying someone about your plans,
 - Space so roommates can share emergency contact information,
 - And sexual assault harm reduction information and resources.

Throughout the Academic Year:

- All advisor staff are responsible to fulfill the following programmatic expectations per quarter: 1 Sexual Assault Awareness program.

- Safer will preschedule self-defense programs and sexual assault programs.

1. Fall Quarter:

Week one and two:

- UPD officer and Safer representative present safety meetings in all first year student communities.
- Safer flyers on rape myths from Safer put up in housing communities.

Week three and four:

- Self Defense Classes advertised on UHTV

Week five and six:

- Safer Consent video on UHTV
- Halloween safety messages will be on UHTV
- Safer presents programs on Consent and Types of Violence

Week seven and eight:

- Bulletin boards on consent put up in housing communities
- Self Defense Classes advertised on UHTV
- Safer presents programs on Consent, Bystander Intervention and Types of Violence

Week nine and ten:

- Safety information for resident staying over holiday in break notice.

Week eleven:

- Safety information for resident staying over winter in break notice.

2. Winter Quarter:

Week one and two:

- Safer bystander intervention information put up in housing communities
- Safer Consent Video on UHTV

Week three and four:

- Safer bystander intervention information put up in housing communities
- Self Defense Classes advertised on UHTV
- Skip a Meal for Women's Shelter throughout housing

Week five and six:

- Vagina Monologues presented on campus and advertised in housing
- Safer presents programs on Consent, Bystander Intervention and Types of Violence

Week seven and eight:

- Safer “The Truth is” Video on UHTV
- Self Defense Class advertised on UHTV

Week nine and ten:

- Spring Break Safety information given to students staying over break
- Spring Break Safety will be on UHTV
- Self Defense Classes advertised on UHTV

3. Spring Quarter:

Week one and two:

- Sexual Assault Awareness Month (SAAM) bulletin boards put up in housing communities
- Safety Information provided at Open House by Housing

Week three and four:

- Sexual Assault Awareness Month
- Safer presents program on Types of Violence
- Self Defense Classes advertised on UHTV
- Walk a Mile in Her Shoes put on by RISE in the community and advertised in housing

Week five and six:

- Safer presents programs on Consent, Bystander Intervention and Types of Violence
- Self Defense Classes advertised on UHTV

Week seven and eight:

- Safer Consent Video on UHTV

Week nine and ten:

- Safety information on UHTV

4. Specific Presentation Descriptions:

- **Fall: Sex Jeopardy**, hosted a Jeopardy-themed event in the towers as part of the competition between tower themes. Topics included birth control, STD/STI's, sexual assault, and miscellaneous facts about sex.
- **Fall: Abbreviated Safer Training**, an abbreviated Safer training was hosted by Safer in the towers. As an attempt to condense the 6-week advocacy training, topics such as types of violence, bystander intervention, survivor responses, and resources were all addressed in this 2 hour presentation.
- **Winter: Superhero Workshop**, multiple presentations on bystander intervention

- **Winter: Blurred Lines Presentation**, multiple presentations on rape culture and gender-based violence.
- **February: Empowerment Program**, Safer undergraduate student assistant pioneered a new program with housing on "deconstructing college culture" which included research and activities around addressing drinking, stress, and sex.
- **February: Valentine's Day Sex Jeopardy in Gypsum**, topics included birth control, STD/STI's, and consent.

Crisis Counseling

Safer is the first-stop resource for all Cal Poly students, faculty, and staff affected by violence, which includes sexual assault, dating violence, intimate-partner violence, sexual harassment, and stalking. Crisis counseling is offered Monday through Friday, from 9 a.m. - 5 p.m. by appointment or walk-in. Information and advocacy for the reporting of sexual assault, dating violence, stalking, and sexual harassment is also provided. Furthermore, accompaniments to the Title IX Office, University Police Department, Student Ombuds Services, Counseling Services, Health Center, Office of Student Rights and Responsibilities and more can be offered. Counseling is offered to anyone who has experienced violence in their lifetime, not just while attending Cal Poly.

During 2013/2014, 7 Safer student assistants and volunteers completed the Sexual Assault and Domestic Violence Counselor training to become California state certified crisis counselors. They have extended our ability to provide crises counseling and advocacy services on campus.

Summer and Fall Quarters 2013:

- Total crisis counseling appointments: 19*
 Female-identified: 18
 Male-identified: 1

- Survivors: 16
 Friends/family/staff: 3

- Sexual Assault (SA) related: 13
 Non-SA related: 3
 Relationship violence related: 0
 (Friends/family/staff not included)

Winter Quarter 2014:

- Total crisis counseling appointments: 12*

Female-identified: 10

Male-identified: 1

Survivors: 10

Friends/Family/Staff: 1

Sexual Assault (SA) related: 10

Non-SA related: 2

Relationship violence related: 0

Spring Quarter 2014:

- Total crisis counseling appointments: 17*

Female-identified: 13

Male-identified: 0

Survivors: 12

Friends/Family/Staff: 0

Sexual Assault (SA) related: 9

Non-SA related: 2

Relationship violence related: 1

*Totals reflect *all* appointments, including when Safer staff has met a single person on multiple occasions.

Total = 48 students

From 2010/2011 to 2013/2014

- Increased the number of students receiving Safer sexual assault and dating violence presentations by 20%. In 2010/2011, before the Student Success Fee (SSF), Safer educated 10,000 students. With the SSF, Safer educated 12,000 students
- Increased the number of students receiving crisis counseling from 24 students in 2010/2011 to 45 in 2011/2012 and 48 in 2013/2014.
- Increased the number of Safer Events from 10 events in 2010/2011 to 30 events in 2012/ 2013 and 2013/2014.

Recommendations for Safer

1. Require all first year students to complete online alcohol and drug education with a Title IX compliant sexual assault module prior to arriving on campus. Students who do not complete the on line education in a designated period of time would face University judicial action.
2. Allow for "Safe Organizations" certification to start during Fall Quarter
3. Allow for Take Back the Night to be on Campus and have a marching element to it
4. Have fewer events and pay more attention to the outreach on events. Get more attendance!
5. Continue to do outreach to new colleges, department organizations
6. Build strong collaborations with STEM departments
7. Assist in dissemination of resources on gender violence to entire campus to create a more informed campus