# **PSY/CD Field Internship Site List**

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# **Overview**

The following fieldwork internship sites have been reviewed and are monitored by faculty. Our internship sites provide on-site supervision from an appropriate professional, relevant training, and hands-on experience in a quality environment. If these criteria are not met, you should contact your faculty supervisor or the site's faculty coordinator. Please review our department website for additional internship information (https://psycd.calpoly.edu/undergraduate/internships).

# **Psychology and Child Development Internship Timeline**

Junior Year	Fall	Read internship FAQ; Decide on field vs. research internship
	Fall	Submit research track application if relevant
Quarter prior to	Week 4	Attend mandatory internship meeting for fieldwork internships*
internship enrollment	Week 5	Contact faculty site coordinator for your top site choice
quarter	Weeks 6-8	Interview at site, contact 2 <sup>nd</sup> choice site coordinator if needed
quarter	Before week 9	Once internship position secured, get site supervisor's signature on
		orange card
	Week 9	Turn in orange card to PSY&CD main office
	Finals week	Register with add code provided by dept internship coordinator
PSY/CD 453 &	Week 1	Clarify requirements with site supervisor and faculty supervisor
PSY/CD 454	Week 10	Provide intern evaluation form to site supervisor; turn in your site
Quarter Enrolled		evaluation form to your faculty supervisor
Quarter Embleu		

<sup>\*</sup>For research internships, all of the following steps will be completed with your faculty advisor (the person with whom you enroll in PSY or CD 448)

#### **Glossary of Terms**

**Department internship coordinator:** the faculty member who organizes the internship process and documents; facilitates mandatory internship meeting; reviews applications for off-list internships; coordinates provision of add codes for student registration

**Faculty site coordinator**: the faculty person who is a point person for the internship site (they are listed below the site on the internship site list); person from whom you receive contact information to set up your interview

**Faculty supervisor**: the faculty member with whom you will register for the internship class; will assign credit for internship; may or may not be the same person as the faculty site coordinator

**Site supervisor**: the person at your internship site who will meet with you weekly and provide on-site supervision.

# Parent Education and Services

A few opportunities to intern with professionals who work in a variety of children's heath-related fields (e.g., prenatal education, birthing options, lactation consulting, newborn care, nutrition counseling and education) are available. Completion of CD304 prior to internship preferred.

# Children's Health (e.g., Lactation consultants)

Faculty Coordinator: contact Dr. Jennifer Jipson

#### **SLO Adult School -- Parent Participation Program**

http://ppp.slcusd.org,

Faculty Coordinator: Dr. Jennifer Jipson

# Clinical/Counseling-Related Sites

#### Big Brothers / Big Sisters – San Luis Obispo (2 quarters required)

Program Assistant Intern, under the direction of the Program Director, will manage case files, provide support, counsel and document outcomes for volunteers and families who are enrolled in the Big Brothers Big Sisters Community Based and School Based programs. Interns will learn essential assessment skills, as well as problem-solving and case management skills. Interns will supervise and work hands on with high school aged volunteers and their elementary school aged Littles on a school campus. Opportunities to work with diverse populations and develop multicultural competencies. Interns might interview, background screen and match volunteers with children. Tuesday and/or Friday afternoon (2-5pm) availability preferred. Two quarter placements required. Research Assistant Intern will assist the Program Director in distributing, collecting, entering and evaluating statistical surveys (Program Outcome Evaluations) as recommended by Big Brothers Big Sisters of America's evidence-based practices. The intern will also have the opportunity to help institute a new Strength of Relationship study, support the School Based Program and Big and Little Program Activities. There will be opportunities to work with diverse populations and develop multicultural competencies. Tuesday and/or Friday afternoon (2-5pm) availability preferred. Two quarter placements preferred. http://www.slobigs.org/

Faculty Coordinator: Dr. Aaron Estrada

#### **Central Coast Hospice**

Central Coast Hospice (CCH) is a Medicare based Hospice agency that provides comfort care to patients and their families in their homes and local facilities who are dealing with end of life concerns. Central Coast Hospice care focuses on comfort and quality of life, rather than cure. Description: The program seeks psychology student interns for two types of positions: **Direct Support Internship:** CCH is looking for Interns who are able to share their time with hospice patients. Interns will be trained and matched to patients to help provide emotional support and companionship. Interns may also assist with administrative projects or with the CCH Bereavement Department, which helps to support families who are dealing with the loss of their loved ones. Interns will participate in volunteer training, bi-monthly interdisciplinary team meetings (along with CCH nurses, medical director, social workers, dietician and spiritual counselor etc.), ride-alongs to shadow team members, regular supervision with the CCH volunteer coordinator Community Development Internship: Intern to help support community outreach to promote growth of volunteer program and awareness of Central Coast Hospice/Home Health services according to his/her experience and training in compliance with organization policies. Outreach to local service clubs, churches, and media outlets. Responsibilities include: Distribute marketing materials throughout community, represent Central Coast Hospice/Home Health at upcoming

events, prepare training materials/presentations, communicate with volunteers, assist with volunteer screening process, track and report current public relations activities, research local outreach events, assist at volunteer training, maintain an open communication and reports regularly to the volunteer coordinator, participate in performance review, document weekly hours and tasks performed. Faculty Coordinator: Dr. Debra Valencia-Laver

# SLO Hotline program, Transitions Mental Health Association (2 quarter placement)

Description: The program seeks psychology student interns for two types of positions: **Call Center Intern:** after completion of training, will staff the call center, providing mental health support, crisis intervention and suicide prevention telephone services to callers. Interns will assist the Program Coordinator in the operations of the call center, and may participate in a variety of activities depending on their interests. Activities may include: making follow up calls to complete satisfaction surveys, compiling statistical data about the calls, updating the call center resource information and staffing informational tables at public events.

Suicide Prevention Research and Development Project Intern: (INACTIVE) will assist in a project to expand and improve mental health support, crisis intervention and suicide prevention telephone services in the region. This project will help set the stage for SLO Hotline to apply for accreditation as a suicide prevention center through the American Association of Suicidology. Aspects include: protocols for screening, training, testing and monitoring volunteers and staff who answer the line, and for provision of the service in accordance with the national standards. Web based provision of services will also be explored. www.t-mha.org
Faculty Coordinator: Dr. Taylor Smith

#### Transitions Mental Health Association – Wellness Center (2 quarter placement)

The Wellness Center sites are located in San Luis Obispo, Arroyo Grande, and Atascadero. Our internships run September-March (Fall &Winter Quarter), and March-September (Spring & Summer Quarter) of each year (Interviews are every August and February). The internship is a 6-month requirement of 10-15 hours per week. We take one intern per center. Intern responsibilities include: facilitating group lessons, supporting members in leading activities, interacting with members, organizing the center, and attending all team and individual meetings.

Fingerprinting, TB test, is required. www.t-mha.org and www.slothestigma.org Faculty Coordinator: Dr. Jessica Kaczorowski

# Community Planning and Support Services

#### CAPSLO Child, Youth, & Family Services (Community Action Partnership, SLO)

Description: Community Action Partnership of San Luis Obispo County is a non profit agency that focuses on helping people and changing lives through serving nearly 40,000 persons across Central and Southern California. We are committed to eliminating poverty by empowering individuals and families to achieve economic self-sufficiency and self-determination through a comprehensive array of community-based programs. Includes opportunities to work with Head Start/Early Head Start Managers, Family & Community Partnership Coordinators, Behavior Specialists, and other program managers. <a href="http://www.capslo.org">http://www.capslo.org</a> Faculty Coordinator: Dr. Denise Daniels

#### First 5

Description: First 5 San Luis Obispo County allocates funds and advocates for quality programs and services, supporting children prenatal to age 5, to ensure that every child is healthy and ready to learn in school. Interns participate in various activities including office and program administration, planning and development and also in projects/events that advocate for the well-

being of children, ages 0-5. Advocacy events/projects/activities may include developing supportive materials, scheduling and organizing various events, developing and giving presentations in the community, and assisting staff at community outreach events.

http://www.first5slo.org

Faculty Coordinator: Dr. Denise Daniels

## **SLO County Child Care Planning Council**

Description: Assist with community event planning (Month of the Child, Children's Day in the

Plaza). Two Quarter: Winter & Spring internship. http://www.sanluischildcare.org

Faculty Coordinator: Dr. Linda Lee

#### **United Way of SLO**

Description: Early Learning Resource Specialist Intern. Will manage the local Born Learning program for San Luis Obispo Co., a public engagement campaign that helps parents, grandparents an caregivers explore ways to turn everyday moments into fun learning opportunities.

Faculty Coordinator: Dr. Linda Lee

# Early Childhood Care and Education Programs

The San Luis Obispo area is fortunate to have several high-quality early care centers that welcome child development majors as fieldwork interns. If you select to conduct your internship at one of the following early childhood programs, you will actively participate in the daily activities of the classroom. As you do so, you will learn how to anticipate children's needs, plan learning activities, and practice communication with staff, children, and families. As the quarter progresses, you will reflect on the varied roles of early childhood educators (including: teacher as observer, curriculum planner, documenter, family partner). Opportunities are also available to explore the roles of program administrators.

#### Cal Poly Preschool Learning Lab

Description: This agency is affiliated with the Department of Psychology & Child Development. It offers half and full time programs for children 3-4. Internship responsibilities may include but are not limited to: Administrative tasks and responsibilities; working with special needs children, parent communication and education; developing exploration areas. Pre-requisite: CD230.

http://psycd.calpoly.edu/preschool/?pid=6

Faculty Coordinator: Dr. Linda Lee

### Cuesta College Children's Center

Description: This agency is located on the Cuesta College campus and offers care for children between the ages of 18 months and 5 years. The Center is used as a laboratory by students with a variety of academic interests. To Learn more about this program, please visit their website at https://www.cuesta.edu/student/resources/childrenscenter/

Faculty Coordinator: Dr. Denise Daniels

# The Orfalea Family and ASI Children's Center

Description: This agency is located on the Cal Poly campus and offers programs for children between the ages of 4 months - 6 years. This site is currently only accepting current employees as interns. http://www.asi.calpoly.edu/childrens center

Faculty Coordinator: Dr. Linda Lee

#### **United Methodist Children's Center**

Description: This agency is located in San Luis Obispo and offers a faith-based program for children ages 2 and 6 years. To Learn more about this program, please visit their website at

http://sloumcc.org/

Faculty Coordinator: Dr. Denise Daniels

# The Village Children's Center

Description: This agency is located in Los Osos and offers programs for children between the ages of 3 months and 5 years. To learn more about this program please visit their website at

http://trinitylososos.org/preschool

Faculty Coordinator: Dr. Denise Daniels

# Schools

A background check and finger printing will mostly likely be required by school sites and the cost will be the intern's responsibility.

#### **SLO County Public School Classroom**

Options for placement in a TK-6<sup>th</sup> grade classroom throughout SLO County, including Pacheco Elementary (Dual immersion program: English-Spanish). Students are placed in schools depending on grade level interest and classroom availability.

Faculty Coordinator: Dr. Jasna Jovanovic

## **SLO County Special Day Classroom or Resource Specialist**

Options for placement in Special Day Classrooms for children with a variety and range of disabilities. Additional options for working directly with a Resource Specialist who provides one-on-one assistance to children with learning disabilities. Students are placed in schools depending on grade level interest and classroom availability.

Faculty Coordinator: Dr. Jasna Jovanovic

#### Non-Traditional School Classroom

Options for placement in a TK-6<sup>th</sup> grade classroom throughout SLO County, including Pacheco Elementary (Dual immersion program: English-Spanish). Students are placed in schools depending on grade level interest and classroom availability.

# 1. Shell Beach Elementary Charter School, Shell Beach

Faculty Coordinator: Linda Lee

#### 2. Montessori Children's School

Faculty Coordinator: Denise Daniels

#### 3. SLO High School

Assist Home Economics teachers with child development and preschool lab classes Faculty Coordinator: Dr. Jasna Jovanovic

# Health Related Sites for Adults

#### County of San Luis Obispo Behavioral Health - Drug and Alcohol Services

Interns will be trained on how to provide naloxone training to groups and provide the training to a variety of group services. They may also be trained on MAT (medically assisted treatment) and how to explain those services in a group setting. Some of the weekly hours will include sitting in and observing group services being provided by drug and alcohol staff. If student interns are interested other short topic specific presentations can be made to groups under the guidance of the program supervisor. Monthly topic specific trainings and group supervision will be provided, as well as weekly check-ins with the program supervisor.

Faculty Coordinator: Dr. Carrie Languer

# Cal Poly Center for Health Research (Formerly called STRIDE) (4 quarters)

This site is only available for students who are already volunteering at CHR, in which case it can potentially be counted as internship (453&454). You should apply to volunteer with them well **BEFORE** you plan to register for your internship. If you are currently a volunteer and would like to count this as your internship, please contact the PSY/CD internship coordinator.

The Center for Health Research is an institute that conducts interdisciplinary research and special projects related to obesity prevention and healthy lifestyles. There are a wide variety of duties depending on the project. Full list of programs students can get involved in are listed <a href="here">here</a>.

Students often participate in the **Health Ambassadors Program** (2 quarters + enrollment in KINE 290-01) The Health Ambassadors program is committed to making a positive difference in the lives of San Luis Obispo community members by fostering campus-community outreach efforts and promoting healthy lifestyle behaviors. Students collaborate to develop sustainable educational programs targeted to all populations. By creating and delivering presentations in local classrooms, health fairs and community settings, Health Ambassadors take a proactive and integrated approach in teaching various aspects of healthy living. The Health Ambassadors class (KINE 290-01) is certified as a Service Learning Class through Student Life and Leadership at Cal Poly. Apply with Casey Heaney: heaney@calpoly.edu

# **Campus Wellbeing (PULSE) (4 quarters)**

This site requires a three-quarter minimum commitment, as well as one quarter of training. The application process begins in the year prior to the internship. First, you must apply via the online application process in fall or winter. In spring, you must complete 50 hours of training. Then, the following year, you must complete three quarters of internship.

Peers Understanding Listening Supporting Educating (PULSE) is a nationally awarded Peer Health Education program that supports the health and wellbeing of all Cal Poly students. PULSE is comprised of four teams, each dedicated to a specific area of education: Sexual Wellbeing (EROS), Mental Wellbeing (REAL), Nutrition and Physical Activity (HEAT), and Alcohol & Drug Education (TLC). Every Peer Health Educator is professionally trained and BACCHUS Certified. Our Peer Health Educators disseminate evidence-based information through private one-on-one consultations, tabling events and educational presentations to the Cal Poly community. For further information contact <a href="mailto:pulse@calpoly.edu">pulse@calpoly.edu</a>.

Faculty Coordinator: Dr. Carrie Languer

#### **Pre-Health Advisor (3 quarters)**

College of Science and Mathematics Advising Center

Must apply the year prior to completing the internship. Application deadline is in Winter quarter. One year commitment is required. Assist pre-health students with creating a health profession timeline. This includes but is not limited to: when to take their prerequisite courses, entrance exams and when to apply to their program. Also, it includes incorporating when and how often to complete community service, leadership and health-related activities that will be needed to be a competitive applicant when applying to a health professions program.

https://prehealth.calpoly.edu/ For further information contact prehealth@calpoly.edu.

Faculty Coordinator: Dr. Kelly Bennion

# Informal Learning Programs

# San Luis Obispo Children's Museum

Description: This agency has hands-on exhibits that encourage learning through play. The museum is located in downtown San Luis Obispo. Interns at this site will work with the education specialist to facilitate children's learning as they explore the museum. For more information about the museum, please visit: http://www.slocm.org/

Faculty Coordinator: Dr. Jennifer Jipson

#### **Camp Ocean Pines**

Description: Outdoor naturalist education will include the co-teaching of small groups of students (10-15) about environmental sciences relative to the local region and larger evening programs (~100 students). Interns will develop lesson plans based on the Coastal Institute curriculum. Activities may include: tide-pooling, hiking, kayaking, songs/skits, team-building activities, sports, handling of live specimens (non-venomous snakes, lizards, and birds of prey).

Faculty Coordinator: Dr. Jennifer Jipson

#### San Luis Obispo Botanical Garden

Description: This agency has internship and volunteer opportunities available. Located across from Cuesta College in El Chorro Regional Park, the Garden's mission is to display the diverse plant life of the Mediterranean climate zones of the world and to provide opportunities for education, recreation, conservation and research. Interns use their skills and energy to help move forward with plans to create a premier 150 acre botanical garden and destination location along the Central Coast of California. http://slobg.org

Faculty Coordinator: Dr. Jennifer Jipson

# Other Psychology Sites

# **Applied Social Psychology Internship Sites**

Description: Applied social psychology interns work in areas of organizational psychology (students assist in marketing, human resources, and management), in non-profits and government agencies serving public health, the environment, and social services (such as the Homeless Shelter, Friends of Prado Day Center, ECOSLO, Community Action Partnership), and in professional offices (law, public relations). *These internships are created by the student under the direction of a faculty supervisor*.

Faculty Coordinator: Dr. Carrie Languer

Career Connections - Cuesta College (Two Quarter Minimum)

Description: Assisting students new to career connections to get set up on the database and search for jobs. Help students develop resumes, write cover letters, review job search resources, post job information on job bank, make outreach presentations. The intern can also develop projects that are of interest to them.

Faculty Coordinator: Dr. Kelly Bennion

#### Creative Mediation (2 quarter placement; either Fall&Winter or Spring&Fall)

Description: Creative Mediation provides mediation services for individuals, organizations and families and training of mediators. Interns (or program assistants) participate in various aspects of program administration and development, service delivery, and general office administration. Creative Mediation offers the opportunity to take a professional mediation training, and the potential to become certified as a mediator by the end of the six-month commitment. Activities may include taking the Advanced Mediation Seminars, attending Small Claims Court to observe mediations, and spending conflict-coaching clients over the phone.www.creativemediation.net Faculty Coordinator: Dr. Lucy Zhang Bencharit

# SLO Blues Baseball Internship (Not available Winter quarter)

Description: Performs specialized work for the San Luis Obispo Blues Baseball organization to develop, promote, coordinate and execute children's activities and programs within the framework of the season. This position requires experience with children, solid judgment, and initiative and current first aid/CPR certification. <a href="www.bluesbaseball.com">www.bluesbaseball.com</a>

Faculty Coordinator: Dr. Carrie Languer

## College of Liberal Arts Advising and Mentoring Program (2 quarters preferred).

The mission of the Peer Mentor Program is to promote student success through intentional peer-to-peer mentoring of students in the College of Liberal Arts. Mentor Program Intern, under the direction of the CLA Advising Center, will mentor at-risk undergraduate students and utilize counseling skills to help those students through their academic and personal goals. Interns will participate in training, meet one-on-one with mentees, write up weekly reflections and mentee reports, meet with program coordinator and participate in professional development. Through this opportunity, interns will practice basic counseling skills, refer students to campus resources, and gain experience working with diverse populations.

Faculty Coordinator: Dr. Kelly Bennion

# Prevention/Intervention Programs

#### CASA – Court Appointed Special Advocates of San Luis Obispo County (Requires 2 quarters)

Description: CASA is a non-profit organization focusing on the general welfare of abused and neglected youth (0-19 years old) under the jurisdiction of the juvenile court. Interns work with the Program Associate and duties may include: general support for case management, summarizing reports from social service, maintaining case file including data entry and filing, opportunities to help with fundraising events. Interns must pass a fingerprint/background check and sign a confidentiality agreement. <a href="http://www.slocasa.org/">http://www.slocasa.org/</a> [No availability Winter 2020] Faculty Coordinator: Dr. Aaron Estrada

#### **Child Development Resource Center**

Description: This agency provides services for children and parents at risk for child abuse and neglect. Interns work primarily with children, either in a preschool program or in an after-school program for elementary school children. Ages: 3–10 yrs. http://www.childrensresource.org/Faculty Coordinator: Dr. Linda Lee

# Family Care Network (2 quarter requirement; paid positions)

Description: Family Care Network is a private, non profit children and families services provider. The purpose is to create family-based treatment programs as an alternative to group home or institutional care for children and youth. The agency operates multiple, accredited programs designed to strengthen and preserve families and individuals. FCNI provides therapeutic foster care, family support services, transitional housing services, school-based mental health and delinquency prevention services and community linked services.

Interns work alongside social workers and clinical staff. http://www.fcni.org Faculty Coordinator: Dr. Jessica Kaczorowski

#### **Head Start / Early Head Start**

Description: Community Action Partnership of SLO Assist children in local infant/toddler and preschool programs <a href="http://www.capslo.org/programs/sec-cyf-services/menu-head-start">http://www.capslo.org/programs/sec-cyf-services/menu-head-start</a>

Faculty Coordinator: Dr. Linda Lee

#### Martha's Place Children's Center (2 quarter placement)

Description: Martha's Place is a children's assessment center that develops a family plan and treatment strategies for children at high risk for health and behavioral health problems. With their program and public health nurse supervisors, interns will identify, assess, refer and treat children who have been prenatally exposed to alcohol and other drugs and/or who are exhibiting at-risk behaviors that may interfere with normal development. Children referred to Martha's Place undergo a comprehensive assessment of their medical, cognitive, behavioral, social, educational, and emotional development, as well as their family relationships. Services for children include: a medical examination, cognitive, psychological, behavioral, emotional and social evaluations, mental health therapy, occupational therapy, sensory integration, family support, parent education and case management. This site requires a two quarter commitment, but three quarters are preferred. http://sloparents.org/wordpress/wp-content/uploads/2009/10/s-Place-Brochure1.pdf

Faculty Coordinator: Dr. Amber Williams

#### **Mental Health Services / Head Start**

Description: Assist children with behavioral problems in HS and EHS (Nipomo, Atascadero) http://www.capslo.org/programs/sec-cyf-services/menu-migrant-seasonal-head-start/menu-mshsmental-health-disabilitities

Faculty Coordinator: Dr. Linda Lee

### Preschool Early Education Program (PEEP)

(Two sites in San Luis Obispo, one in Morro Bay: 1 or 2 quarter placement) San Luis Coastal Unified Schools.

Description: Working with special needs children, ages 3-5 yrs. Work with speech and language pathologists in early intervention program that emphasizes parent involvement. Assist with learning activities designed to help special needs children make a successful transition to elementary school. A background check and finger printing will mostly likely be required by school sites and the cost will be the intern's responsibility.

http://www.slcusd.org/department-page.php?id=25

Faculty Coordinator: Dr. Denise Daniels

# Santa Maria Child Welfare Services (2 quarter placement)

Description: Interns will gain experience in their Assessment and Investigation unit as well as their Ongoing unit. Interns would work with social workers assisting them in their case management duties. Workers would also take them out in the field to give them some field work exposure. In addition, interns would get trained in parent/child visitation supervision and get experience in

assessing the quality of the parent's interactions and work with parents on making positive change in their interactions with their children. A potential intern will need to pass a background check and come in for an interview to discuss a possible

internship. http://www.countyofsb.org/social services/

Faculty Coordinator: Dr. Taylor Smith

## **SLO Child Welfare Services (2 quarter placement) (INACTIVE)**

Description: Work with social workers providing assessment, monitoring, and supportive services with families in which child abuse and/or neglect is suspected. A frequent intern responsibility is supervision of visits between parents and children who have been removed from their homes. Ages: Birth–Adults

http://www.slocounty.ca.gov/dss/Child Welfare Services.htm

Faculty Coordinator: Dr. Taylor Smith

# **SLO County Child Abuse Prevention Council**

Description: Work with managers to support the organizational function of programs such as Parent Connection, Child Safety, and Professional Development & Community Trainings, and

Foundation Research/Proposal Writing. Faculty Coordinator: Dr. Linda Lee

# **The Central Coast Autism Center**

Description: The Central Coast Autism Spectrum Center is a non-profit organization whose mission is to strengthen the quality of life for individuals with autism spectrum disorders, and the lives they touch, through compassion, commitment, and collaboration. Our current programs include an annual 2-week summer camp, open mic nights, game nights, parent and caregiver support group (both in English and Spanish), teen dances, and gymnastics days. We also have our yearly fundraisers, the Zombie Invasion SLO 5K and the WALK for Autism & Awareness Fair. Interns will participate by bringing energy and support to these events, including creation, implementation, advertising/outreach of events. The main purpose of our programs is to facilitate school-aged children and teens/young adults getting out of the house, families coming together, and providing novel experiences, away from therapy and electronics. Examples of new programs can be bowling, hiking, beach walk, obstacle courses, pizza meet-up, speed friending, park days, bingo nights, to name a few. We would also like interns to assist in branching out with activities in safe places where adults with autism can hang out, like getting together in coffee shops, simple table games, community projects (creating crafts and cards for nursing homes, etc.) Lastly, we would like interns to help us with updating our current website to incorporate neurodiversity movement terminology and change our wording to more sensitive language. We also will need to create a Spanish page on our website. Through this internship, students will gain knowledge and skills in working with the autism community.

Faculty Coordinator: Dr. Jessica Kaczorowski

#### PRAISE: Supporting individuals with autism and related disabilities (paid positions)

Praise uses empirically validated tools of behavior analysis to help improve the lives of the individuals (primary age of our clients range from 3 -12 years) and their caregiving teams. Our direct therapists work 1:1 with our clients. They implement teaching procedures as well as responding to acting out behaviors using function-based intervention strategies. The teaching procedures address skill areas including (but not limited to): language acquisition, self-help, learning to learn, social skills, sustained attention, fine motor, and gross motor. The problem behaviors direct therapists help decrease include (but are not limited to): verbal aggression, physical aggression, noncompliance, elopement, tantrums, skin picking, property destruction, etc. We work with individuals with wide ranges of disabilities including: autism, intellectual disabilities, down syndrome, genetic disorders, prenatal exposure, etc. Additionally many of our individuals have comorbid mental health diagnoses

in addition to their developmental disability. Our clients are all supported in the natural environment which typically is the client's home but can also include after school programs, parks, stores, etc. Faculty Coordinator: Dr. Jessica Kaczorowski

# Services for Disabled and Older Adults

# **Alzheimer's Association of the Central Coast (AACC)**

Description: Interns engage in a variety of duties and activities to support this non-profit organization. The AACC runs several fundraisers throughout the year and also is involved with education and referral. Interns would be involved in supporting programs such as Safe return and events such as the Memory Walk.

http://www.centralcoastalz.org/index.html

Faculty Coordinator: Dr. Debra Valencia-Laver

## **CAPSLO Adult Day Center**

Description: Clients served are those diagnosed with Dementia, Alzheimer's disease, stroke, Parkinson's disease, and other dementias or related disorders. Intern duties include: working with clients to meet basic needs (excluding personal care responsibilities), assisting staff with activity preparation and delivery, and making sure that clients are receiving adequate attention and help if needed. Some office duties such as working on newsletter or updating client files may also be required. http://www.eocslo.org/adc/adc home.html

Faculty Coordinator: Dr. Debra Valencia-Laver

#### **Five Cities Meals on Wheels**

Description: Meals on Wheels is a nonprofit organization providing one warm meal each day to recipients who are homebound and unable to provide for themselves. Many recipients are elderly and their only contact is from the volunteers who deliver the meals. When meals are delivered, drivers assess the health, emotional status, and safety of the recipient. Internship duties include: sorting meals for delivery, supporting and assisting volunteers in delivery, visiting with recipients, receiving telephone calls from clients, and assisting the staff in the office and/or kitchen. Hours: M-F 7:00 am to 12:00 pm.

Faculty Coordinator: Dr. Debra Valencia-Laver

Wilshire Community Services (WCS) is a local, San Luis Obispo non-profit and our mission is to support individuals and families throughout San Luis Obispo county who are facing challenging circumstances and difficult life transitions. We provide services that keep older adults and/or disabled adults from falling through the gaps. Our programs provide: in home friendly visits to reduce loneliness and isolation; transportation to medical appointments; grocery shopping for a homebound client; counseling and depression screening; and many other supportive services. Interns will assist with intakes, depression screening, referrals, home visits, reporting/data entry, and our Senior Enrichment Program (once a month activity for seniors at a senior center or facility). Faculty Coordinator: Dr. Debra Valencia-Laver

## **OPTIONS** Family of Services (2 quarter requirement; paid positions)

A non-profit organization established in 1984, is dedicated to helping people with disabilities live full and happy lives in the community of their choice. Many services are offered to help persons served make individualized choices in their lives with an emphasis on promoting full inclusion, self-reliance, behavioral support and community participation at every level. OPTIONS provides a

diverse array of services to over 200 persons throughout SLO and Northern Santa Barbara counties. Interns will work alongside our staff helping each individual meet their goals while promoting full inclusion in the community. Interns will provide instruction in activities of daily living (e.g., money management, meal planning and preparation, personal hygiene, home or community safety, cleaning and organization, social interaction, leisure activities, and mobility and travel). Interns will assist persons served attending medical appointments and may assist with medication administration. Interns will undergo a full background check at OPTIONS' cost, which includes a physical/TB test and a full background check via livescan fingerprinting as well as receiving 50+ hours of initial and ongoing training.

Faculty Coordinator: Taylor Smith

## **In-Home Support Services (IHSS; 2 quarter placement)**

Description: The In-Home Supportive Services (IHSS) program provides homemaker services in the person's home that may include bathing and dressing, personal care, shopping, laundry, feeding, meal preparation, and other household chores. It is intended to support people to remain in their own home and be an alternative to out-of-home care such as nursing homes or board and care. Services are provided by independent providers. People who may be eligible for the program are those who currently receive Supplemental Security Income (SSI) or who would be eligible for SSI except for their level of income. The program is managed by the Department of Social Services (DSS) and services are paid for by the State of California. Interns will assist with home visits, research, delivery of training modules, and statistical reporting.

http://www.slocounty.ca.gov/dss/adult.htm Faculty Coordinator: Dr. Laura Cacciamani

# Speech/Language and Occupational Therapy (Children)

Speech therapy internships are available in both private practice settings and school settings. For speech therapy internships, please contact Dr. Jennifer Jipson (and see PEEP program). For possible internships in Occupational Therapy, please contact Dr. Jennifer Jipson.

# Diversity and Inclusion Related Programs

# Cal Poly Pride Center (LGBTQ+ Services; 2 Quarters Preferred- Multiple Positions Available)

Description: The Cal Poly Pride Center serves students of all sexual orientations, gender identities, and gender expressions and we are seeking interns to serve on our team as Pride Center Ambassadors. Our Ambassadors assist in our movement building work by curating and expanding education and programmatic offerings for the central coast community. Ambassadors serve in a number of important capacities such has reception and referral services, critical programming, archive management, research initiatives, community outreach, peer education and mentorship, and special projects. In addition to this, each Ambassador has a specialized role such as archivist and historian, art and education curator, health worker, human rights and political action, allyship and accomplice education, social engagement or design your own. Ambassadors will gain experience in running a cultural center, engaging and collaborating with campus partners and affiliated organizations, marketing and communications, facilitation, and event management while also learning valuable skills for enhancing campus climate for access, equity, and inclusion. https://pride.calpoly.edu/

Faculty Coordinator: Dr. Jesús Serrano-Carrega

#### Cal Poly Dream Center (2 Quarters Preferred)

Description: The program seeks psychology student interns willing to make a 2-quarter commitment (in some cases, a one-quarter internship may be acceptable). Cal Poly's Dream Center is committed to offering a safe, inclusive space for all undocumented students, those from mixed-status families, and their allies. The mission of the Dream Center is to support, empower, and advocate for the academic, professional, and personal development and success of all undocumented students at Cal Poly through various programming efforts. Interns may work on a variety of events, presentations, and workshops intended to promote our services. The scope of your internship will be tailored towards your specific career and academic goals, with input from our staff and coordinating faculty about how to maximize your experience. Interns may also be involved in the planning of our yearly, quarterly, and monthly events. You will attend the Dream Center Intern training, UndocuAlly Training, and monthly team meetings. <a href="https://dreamcenter.calpoly.edu/Faculty Coordinator">https://dreamcenter.calpoly.edu/Faculty Coordinator</a>: Dr. Jay Bettergarcia

The Office of University Diversity and Inclusion (<a href="https://diversity.calpoly.edu/about">https://diversity.calpoly.edu/about</a>) leads efforts to build diversity and promote inclusion through a collective impact framework that connects with partners and aligns university-wide efforts in order to achieve inclusive excellence; attract and respond to a diverse campus community; and nurture a respectful and inclusive campus climate. OUDI's team works to increase awareness of our values in support of diversity and inclusion by communicating consistently and in multiple ways about our immediate and longer-term actions and initiatives. There are three available internship placements within OUDI:

- 1. BEACoN Intern Description (2-quarter commitment preferred), supervised by Dr. Kelly Bennion: BEACoN is a university-wide mentoring program providing underrepresented students with valuable research experience and professional development training (<a href="https://beaconmentors.calpoly.edu/">https://beaconmentors.calpoly.edu/</a>). Student intern(s) would brainstorm ideas and assist with BEACoN programming, gather information about opportunities for underrepresented students, prepare content for the BEACoN Canvas site and OUDI/BEACoN web and social media sites, collate student and faculty applications, assist with the Spring Research Symposium, and meet regularly with Dr. Kelly Bennion to assess the BEACoN program and its current needs. Faculty Coordinator: Dr. Jesús Serrano-Carrega
- 2. Cal Poly Diversity Equity and Inclusion (DEI) in Academic Affairs Intern (1-quarter commitment, with potential renewal). The Office of University Diversity and Inclusion is seeking a student intern to assist the Assoc. Vice President of Academic Affairs in OUDI (Interim: Dr. Jennifer Teramoto Pedrotti) on various diversity, equity, and inclusion (DEI) projects. The intern will meet regularly with Dr. Teramoto Pedrotti and will assist in gathering information about DEI programs and efforts at other institutions, and assist in the organization of Diversity Action Plan information and data, create templates and spreadsheets, and other documents. Faculty Coordinator: Dr. Jesús Serrano-Carrega
- 3. Program Initiatives Student Assistant (2-quarter commitment preferred), supervised by Beya Makekau: The Student Assistant supports the Director of Student Engagement and Inclusion Strategies with program initiatives of the Office of University Diversity and Inclusion. The Student Assistant will be responsible for working with a team of student leaders and professional staff. Tasks include assisting in the planning, development, logistics and execution of varies strategies and events; developing marketing material and outreach to campus community; developing and coordinating meetings for student council; developing relationships and serving as liaison to other campus student leaders, committees, centers, and departments; reporting to professional staff all community issues or concerns; cultivating an inclusive environment; modeling ethical behavior through personal and academic pursuits; and respecting and treating all individuals fairly and equitably by being open and understanding of

all religious identities, abilities, sexual orientations, gender identities and expressions, racial & ethnic identities, and citizenship or guest status.

Faculty Coordinator: Dr. Jesús Serrano-Carrega

# Gender-Related Programs

## Cal Poly Gender Equity Center (2 quarters preferred)

Description: The program seeks psychology student interns willing to make a 2-quarter commitment (in some cases, a one-quarter internship may be acceptable). Interns may participate in a variety of activities depending on their interests. Activities may include event planning and staffing (such as Love Your Body Day, The Vagina Monologues, Women's HERstory, Coffee and Careers and Intersections Week, Phallicies, The Den, MANuary). Interns may create and present workshops related to gender (women's career development, body image, eating disorders, violence against women, masculinity and homophobia, men as allies, men's health,

etc.). <a href="http://www.deanofstudents.calpoly.edu/content/genderequitycenter/index">http://www.deanofstudents.calpoly.edu/content/genderequitycenter/index</a>
Faculty Coordinator: Dr. Carrie Langner

# Cal Poly's SAFER Program (2-3 quarters; Fall/Winter, Winter/Spring, or Fall/Winter/Spring)

Description: Safer seeks PSY/CD student interns willing to make a 2-3 quarter commitment. Cal Poly's Safer program is responsible for providing prevention education regarding sexual assault, dating violence, stalking and bystander intervention. Safer also provides crisis and advocacy services for students, faculty and staff. Interns serve in a variety of capacities, coinciding with their academic and career goals. This can include outreach efforts, event planning, marketing and more. Interns may also be involved in the planning of one of Safer's Awareness Months (Domestic Violence Awareness Month in October, Stalking Awareness Month in January or Sexual Assault Awareness Month in April). Completing Safer Leadership Training prior to the start of an internship is preferred, or training can be completed concurrently during the first quarter of the internship. For more information please visit Safer's website or email safer@calpoly.edu Faculty Coordinator: Dr. Julie Garcia

#### RISE (formerly Sexual Assault Recovery and Prevention or SARP; 2 quarter placement)

Description: After a 65-hour, state certified sexual assault training (two evenings a week for 9 weeks, completed the quarter PRIOR to beginning the 2-quarter placement; counts towards internship hours), interns may be involved with crisis services, prevention education, outreach (events), volunteer/client services, depending on the student's interests and skills. Ages: children-adults <a href="http://riseslo.org/volunteer.php">http://riseslo.org/volunteer.php</a>

Faculty Coordinator: Dr. Julie Garcia

#### Stand Strong (formerly The Women's Shelter Program of SLO; 2 quarter placement)

Description: After a 40-hour domestic violence training (two evenings a week for 7 weeks is completed the quarter PRIOR to beginning the 2-quarter placement (hours counts towards internship), interns may be involved with an array of departments at Stand Strong such as; crisis services which eccompasses our safe house in SLO, housing services, prevention education, outreach (events and social media), research and grant writing, legal services support, and program administration, depending on the student's interests and skills. Some examples of internship duties include but are not limited to; assisting survivors with advocacy for housing and legal needs, budget planning with clients, researching best practices for Domestic Violence agencies across the nation, assisting in grant writing and fundraising efforts, designing and implementing social marketing campaigns, event planning, and educational outreach. Please see the website (<a href="https://standstrongnow.org">https://standstrongnow.org</a>) for more details on all of Stand Strong services (e.g., youth services, prevention, community planning).

Faculty Coordinator: Dr. Julie Garcia

# Men & Masculinity Program (2 Quarters Preferred)

Description: The Men & Masculinity Program is looking for psychology student interns willing to make a 2-quarter commitment (in some cases, a one-quarter internship may be acceptable). Our program exists program to promote and cultivate healthy models of masculinity at Cal Poly. As an intern, you'll focus on growing a specific aspect of the program (e.g., marketing, Greek Life partnerships, assessment, etc.), attend our weekly staff meeting, and receive regular professional development training from our full-time staff. The scope of your internship will be tailored towards your specific career and academic goals, with input from our staff and coordinating faculty about how to maximize your experience. Working as an intern is an amazing opportunity to build your resume, and focus your talent and ability towards creating meaningful change.

Faculty Coordinator: Dr. Jay Bettergarcia

# Youth Services

# Direct Service Program (formerly "Independent Living Program", Required 2 quarter minimum: Paid position)

Description: Independent Living Program Interns work alongside Family Care Network Case Managers to implement San Luis Obispo County Independent Living Program (ILP) for current and former foster youth. This program empowers youth through education, life skills training, advocacy, workforce development, and community collaboration. This is a paid internship that is eligible for college credit. ILP interns commit to a minimum of 2 quarters, working 12-15 hours per week. The intern must be available to work early mornings, evenings and weekend, and be willing and able to drive throughout San Luis Obispo County to transport youth to activities and events. ILP interns must have the ability and willingness to be supportive, empathetic and non-judgmental of foster youth populations and will possess excellent multicultural awareness and appreciation of diversity. The ILP intern will be responsible for supporting youth in gaining personal documentation (certified copy of birth certificate, California identification card and social security card), creating individual goals, and how to use community resources. As an intern, you will work with staff towards achieving the youth's goals set out in his/her Transitional Living Plan (TILP). Faculty Coordinator: Dr. Aaron Estrada

# Grizzly Youth Academy (Required 2 quarters) [ON HOLD/INACTIVE OVER SPRING **QUARTER**]

Description: Grizzly Youth Academy is a program designed for youth ages 16 to 18 to create positive change in their lives. Interns will be working with the RPM staff (Recruiting, Placement, and Mentoring) and will be assisting with case management, training adult mentors and providing tools to foster healthy, beneficial relationships, and working with cadets to develop life goals. Additional key areas of concentration will include providing resources for psychological, educations, and career support and an interactive, multicultural experience. This is an opportunity to help youth foster healthy, productive lifestyles and, in turn, an opportunity for you to have a professionally and personally rewarding experience. Minimum commitment of 12-15 hours a week. RPM hours: M-F 8:00 am to 6:00 pm, in addition to select weekends.

Faculty Coordinator: Dr. Jay Bettergarcia

#### School Counseling Program – Atascadero High School

A background check and finger printing will mostly likely be required by school sites and the cost will be the intern's responsibility.

Description: Placement with a high school guidance counselor (grades 9-12). Assist with attendance

and grade monitoring, tutoring, group activities and individual mentoring. Two quarter placement is preferred. More information: http://ahs.atasusd.org/counseling.html

Faculty Coordinator: Dr. Denise Daniels

## School Counseling Department -- Arroyo Grande High School

A background check and finger printing will mostly likely be required by school sites and the cost will be the intern's responsibility.

Description: Placement with high school counselors (for grades 9-12). AGHS counselors assist students with meeting academic, career, and personal/social standards. Interns will shadow several counselors, observe counselor-student meetings, assist with clerical work, work with selected student groups (e.g., AVID), tutor students at risk for not graduating, and/or choose a special interest (e.g., work with student clubs). For more information: <a href="https://www.aghseagles.org">www.aghseagles.org</a> (under Student Services).

<u>Faculty Coordinator:</u> Dr. Denise Daniels

# School Counseling Department – Nipomo High School

A background check and finger printing will mostly likely be required by school sites and the cost will be the intern's responsibility.

Description: Student-interns will be placed with high school counselors (grades 9-12). NHS counselors support students with academic, personal/social, and college/career domains. Student-interns will shadow counselors, observe counselor-student meetings, assist with clerical work, work with selected student groups (e.g. AVID or Academic Intervention students), tutor students at risk of not graduating, and/or choose a special interest (e.g. work with student clubs). For more information visit nhstitans.org.

Faculty Coordinator: Dr. Denise Daniels