

## Aaron R. Estrada, Ph.D.

Office: (805) 756-2125

aaestrada@calpoly.edu

### PROFESSIONAL EXPERIENCE

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Aug. 2012 – Present      **California Polytechnic State University**      San Luis Obispo, CA  
Associate Professor  
Assistant Professor  
Department of Psychology and Child Development  
Aug. 2012 – Aug. 2016  
Consultant to the Provost & the Office of University Diversity & Inclusivity (OUDI)

### LICENSURE

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Oct. 10, 2013      Licensed Psychologist (PSY 26030): Board of Psychology, State of California

### EDUCATION & TRAINING

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Aug. 2011 – Aug. 2012      **Stanford University**      Stanford, CA  
Postdoctoral Fellowship - Mental Health Promotion  
Vaden Health Center - Counseling and Psychological Services

Aug. 2010 – Aug. 2011      **Montana State University**      Bozeman, MT  
APPIC accredited Pre-doctoral Internship  
Counseling and Psychological Services (CAPS)  
Indian Health Service (IHS) – Crow Agency, MT

Aug. 2006 – Aug. 2011      **University of California Santa Barbara**      Santa Barbara, CA  
Counseling, Clinical, & School Psychology Department - Clinical Psychology emphasis  
Ph.D. Counseling, Clinical, & School Psychology - September, 2011  
M.A. Counseling Psychology - December, 2008

Aug. 2004 – May 2006      **San Francisco State University**      San Francisco, CA  
M.S. Clinical Psychology: Marriage & Family Therapy emphasis

Jan. 1999 – Dec. 2001      **University of California Santa Cruz**      Santa Cruz, CA  
B.A. Psychology; B.A. Sociology

### GRANTS & FELLOWSHIPS

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- College of Liberal Arts Summer Research Stipend - 2016, *Cal Poly*, SLO: \$6,000
- American Psychoanalytic Association (APsaA) Fellowship - 2013 – 2014: (14 selected nationally)
- Stanford University Postdoctoral Fellowship: Mental Health Promotion - 2011 - 2012, *Stanford University*
- Donald Atkinson Multicultural Research Fellowship - 2011, *U.C. Santa Barbara*: (Inaugural recipient)
- American Psychological Association - Minority Fellowship Program (PSI) – 2009: (21 selected nationally)
- Chicano Studies Institute Graduate Student Research Grant - 2009 - 2010, *U.C. Santa Barbara*: \$2,000
- UCSB Graduate Student Central Fellowship - 2006 - 2011, *U.C. Santa Barbara*
- CSU Sally Casanova Pre-doctoral Scholar - 2005 - 2006, *San Francisco State University*

### HONORS & AWARDS

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- Outstanding Mentor of American Indian, Alaska Native, Native Hawaiian and Pacific Islander Students:  
The Native Community at Stanford University - Feb. 2012 - *Stanford University*
- Ray E. Hosford Award for Excellence in Clinical Dedication - 2007-08, *U.C. Santa Barbara*
- Outstanding Teaching Assistant: Office of Residential Life and Residence Hall Association - 2006-07,  
*U.C. Santa Barbara*
- Highest Honors in Sociology Major - Dec. 2001, *U.C. Santa Cruz*
- Male Scholar-Athlete of the Year - 2000-01, *U.C. Santa Cruz*
- Stevenson College Honors - Dec. 2001, *U.C. Santa Cruz*

## TEACHING, SUPERVISION & ADVISING

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Department of Psychology & Child Development, Cal Poly, San Luis Obispo, CA.

- (PSY 599) Masters Thesis [Graduate Course]
- (PSY 576) Traineeship: Marital and Family Therapy - Supervision [Graduate Course]
- (PSY 569) Counseling Clinic Practicum - Supervision [Graduate Course]
- (PSY 555) Counseling & Communication [Graduate Course]
- (PSY 462) Senior Project
- (PSY 454/CD 430) Supervised Fieldwork II
- (PSY 453/CD 330) Supervised Fieldwork I
- (PSY 370) Introduction to Clinical and Counseling Psychology
- (PSY 372) Multicultural Psychology
- (PSY 323) The Helping Relationship
- (PSY 305) Personality

### Prior to Cal Poly, SLO

Jan. 8 - 15, 2012      Mental Health & Peer Counseling Skills

*Co-Instructor* (with Alejandro Martinez, Ph.D.) - *Renmin University, Beijing, China*

Sept. 2011 - June 2012      Listen Up!: Core Peer Counseling Skills.

*Co-Instructor* (with Alejandro Martinez, Ph.D.) - *Education Dept., Stanford University*

Sept. 2011 - June 2012      Peer Counseling at the Bridge

*Co-Instructor* (with Alejandro Martinez, Ph.D.) - *Education Dept., Stanford University*

Sept. 2010 - Dec. 2010      Counseling Skills (Graduate Course)

*Co-Instructor* - *Health & Human Development Dept., Montana State University*

March 2010 - June 2010      Introduction to Applied Psychology – Instructor of Record

*Teaching Associate* - *Counseling, Clinical, School Psychology Dept., U.C. Santa Barbara*

Jan. 2010 - March 2010      Introduction to Vocational Guidance – Molly Steen, C.C.

*Teaching Assistant* - *Counseling, Clinical, School Psychology Dept., U.C. Santa Barbara*

Sept. 2010 - Dec. 2010      Introduction to Vocational Guidance – Lily Maestas, M.S.W.

*Teaching Assistant* - *Counseling, Clinical, School Psychology Dept., U.C. Santa Barbara*

March 2009 - June 2009      Personality and Emotional Assessment (Graduate Course) – Steven Smith Ph.D.

*Teaching Assistant* - *Counseling, Clinical, School Psychology Dept., U.C. Santa Barbara*

March 2009 - June 2009      Introduction to Vocational Guidance – Molly Steen, C.C.

*Teaching Assistant* - *Counseling, Clinical, School Psychology Dept., U.C. Santa Barbara*

Jan. 2009 - March 2009      Chicana Diversity – Edwina Barvosa, Ph.D.

*Teaching Assistant* - *Chicano Studies Dept., U.C. Santa Barbara*

Sept. 2008 - Dec. 2008      Advanced Personality Assessment (Graduate Course)– Steven Smith, Ph.D.

*Teaching Assistant* - *Counseling, Clinical, School Psychology Dept., U.C. Santa Barbara*

Sept. 2008 - Dec. 2008      Cognitive Assessment (Graduate Course) – Erin Dowdy, Ph.D.

*Teaching Assistant* - *Counseling, Clinical, School Psychology Dept., U.C. Santa Barbara*

March 2008 - June 2008      Personality and Emotional Assessment (Graduate Course) – Steven Smith, Ph.D.

*Teaching Assistant* - *Counseling, Clinical, School Psychology Dept., U.C. Santa Barbara*

March 2008 - June 2008 Introduction to Applied Psychology – Mike Furlong, Ph.D.  
*Teaching Assistant - Counseling, Clinical, School Psychology Dept., U.C. Santa Barbara*

Jan. 2008 - March 2008 Chicana Diversity – Edwina Barvosa, Ph.D.  
*Teaching Assistant - Chicano Studies Dept., U.C. Santa Barbara*

Sept. 2007 - Dec. 2007 Cognitive Assessment (Graduate Course) – Erin Dowdy, Ph.D.  
*Teaching Assistant - Counseling, Clinical, School Psychology Dept., U.C. Santa Barbara*

March 2007 - June 2007 Introduction to Sociology – Jennifer Rogers, Ph.D.  
*Teaching Assistant - Sociology Dept., U.C. Santa Barbara*

Jan. 2007 - March 2007 Sociology of Urban Poverty – Raymond Wong, Ph.D.  
*Teaching Assistant - Sociology Dept., U.C. Santa Barbara*

Aug. 2004 - May 2006 Introduction to Psychology Statistics (Inferential) – Michael Mocchiola, Ph.D.  
*Teaching Assistant - Psychology Dept., San Francisco State University*

June 2005 - Aug. 2005 EOP First Year Seminar - Jesus Magana & Frances Kleven  
*Lead Instructor - Educational Opportunities Program, San Francisco State Univ.*

#### PUBLICATIONS & SCHOLARSHIP

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**Estrada, A. R.** (2018). Interpersonal Context of Assessment. In S. R. Smith, & R. Krishnamurthy, (Eds.), *Diversity-sensitive personality assessment*. New York, NY: Taylor & Francis/Routledge.

**Estrada, A. R.** & Smith, S. R. (2017). An exploration of Latina/o respondent scores on the Personality Assessment Inventory. *Current Psychology*. Advance online publication.  
doi: 10.1007/s12144-017-9652-2

**Estrada, A. R.** & Schlemmer, L. T. (2015). Taxonomy of faculty assumptions about students. *2015 IEEE Frontiers in Education Conference (FIE) Proceedings*, 1-5. doi: 10.1109/FIE.2015.7344036

Matsumoto, D., Nakagawa, S., & **Estrada, A.** (2009). A new theoretical framework concerning country and ethnic group differences on adjustment. *Journal of Personality*, 77(1), 177-212.

#### MANUSCRIPTS IN PREPARATION (\*denotes student co-author)

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**Estrada, A. R.** & Lewis, R. J. The helping relationship: An experiential helping skills course for undergraduates.

**Estrada, A. R.** & \*Carr, A. K. – A systematic review of diversity reporting in psychological assessment research.

#### PROFESSIONAL PRESENTATIONS

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Rollin, J. F. (2015, June). *Psychodynamic Therapy and the Trailer Park: How Class and Racism are Addressed and Ignored in a Psychodynamic Psychotherapy*. **Estrada, A. R. (Invited Chair)** for a clinical presentation; Forrest Hamer, Ph.D. as discussant. This clinical conference presentation was provided for continuing education units (CEU) for psychotherapists and psychoanalysts. 104<sup>th</sup> Annual Meeting of the American Psychoanalytic Association (APsA), San Francisco, CA.

Smith, B. R. (2014, June). *This Couch Has Bedbugs*. **Estrada, A. R. (Invited Chair)** for a clinical presentation; Elizabeth M. Simpson, LCSW as discussant. This clinical conference presentation was provided for continuing education units (CEU) for psychotherapists and psychoanalysts. 103<sup>rd</sup> Annual Meeting of the American Psychoanalytic Association (APsA), Chicago, IL.

- Estrada, A. R.** (2013, May). *Considerations Regarding Latino College Student Experience*. Presentation provided for continuing education units (CEU) for on-site psychotherapists and psychiatrists. Counseling and Psychological Services, Stanford University, CA.
- Estrada, A. R.,** Sumalpong, P., & Smith, S. R. (2011, March). *A comparison of Latino and Anglo American Culture-specific Response styles on the Personality Assessment Inventory*. Paper to be presented at the annual meeting of the Society for Personality Assessment, Cambridge, MA.
- Estrada, A. R.,** Chang, J., & Smith, S. R. (2010, March). *Effect of Expected Examiner Ethnicity on Latino Participants Response Patterns on PAI Validity Scales*. Paper presented at the annual meeting of the Society for Personality Assessment, San Jose, CA.
- Walker, S. J. & **Estrada, A. R.** (2008, October). *Neuropsychological differences as a function of ethnicity and acculturation among a college sample*. Poster session presented at the annual meeting of the National Academy of Neuropsychology, Manhattan, NY.
- Chang, J., Smith, S.R., Staskal R., Tran, C., **Estrada, A.R.,** Edwards, J., & Rahban, R. (2008, August). *Cultural differences and stereotype threat in a neuropsychological setting*. Poster session presented at the annual meeting of the American Psychological Association, Boston, MA.
- Edwards, J., Benki, C., **Estrada, A.R.,** Cosden, M., & Smith, S.R. (2008, August). *Trauma history screen: A psychometric investigation*. Poster session presented at the annual meeting of the American Psychological Association, Boston, MA.
- Walker, S., **Estrada, A.,** & Smith S.R. (2008, March). *PAI Correlates of Self-Reported Alcohol & Substance Use Among College Students*. Poster session presented at the annual meeting of the Society for Personality Assessment, New Orleans, LA.
- Nowinski, L.A., **Estrada, A.R.,** & Smith, S. R. (2008, March). *Relationship between initial levels of symptomatic functioning and formation of early therapeutic alliance*. Paper presented at the annual meeting of the Society for Personality Assessment, New Orleans, LA.
- Estrada, A.R.,** Walker, S.J., & Smith, S. R. (2008, March). *Personality and adjustment measures highlight diversity in collectivism construct*. Poster session at the annual meeting of the Society for Personality Assessment, New Orleans, LA.
- Chang, J., Staskal, R., Tran, C., **Estrada, A.R.,** Edwards, J., & Smith, S.R. (2007, November). *Asian ethnicity differences on PAI validity scales*. Presentation at the annual research festival for the Counseling, Clinical, School Psychology Program at the University of California at Santa Barbara, Santa Barbara, CA.
- Chang, J., Smith, S.R., Staskal, R., Tran, C., **Estrada, A.R.,** Edwards, J., & Rahban, R. (2007, November). *Asian ethnicity differences on commonly used neuropsychological measures*. Poster session at the annual meeting of the National Academy of Neuropsychology, Scottsdale, AZ.
- Estrada, A. R.,** Nowinski, L. A., & Smith S. R. (2007, November). *Relationship of alliance and satisfaction in neuropsychological feedback*. Poster session at the annual meeting of the National Academy of Neuropsychology, Scottsdale, AZ.
- Estrada, A.R.,** Matsumoto, D., & Nakagawa, S. (2006, April). *Asian- & European-American differences mediated by personality*. Poster session at the annual meeting of the Western Psychological Association, Palm Springs, CA.

## SERVICE & ACADEMIC PARTICIPATION

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Sept. 2016 - Present Psychology & Child Development Dept. Library Representative - Cal Poly, SLO  
Sept. 2015 - Present Master's Program Admissions Committee - Psychology Club - Cal Poly, SLO  
Sept. 2015 - Present Master's Program Comprehensive Exam Committee - Cal Poly, SLO  
Sept. 2013 - Aug. 2015 Psychology & Child Dev. Senior Project Symposium Committee - Cal Poly, SLO  
Sept. 2013 - Aug. 2016 Faculty Advisor - Psychology Club - Cal Poly, SLO  
Sept. 2012 - June 2013 Co-Advisor - Psychology Club - Cal Poly, SLO  
Sept. 2012 - Present Psychology & Child Development Dept. Diversity Committee - Cal Poly, SLO  
Sept. 2012 - Present Master's Program Curriculum Committee - Cal Poly, SLO  
Sept. 2012 - Present Master's Program Student Review Committee - Cal Poly, SLO  
Sept. 2012 - Present Faculty member - Chicana, Latino, Faculty & Staff Association - Cal Poly, SLO  
Jan. 2012 - Mar. 2012 Postdoctoral Intern Selection Committee - Stanford University  
Nov. 2011 - Jan. 2012 Pre-doctoral Intern Selection Committee - Stanford University  
Nov. 2010 - Jan. 2011 Pre-doctoral Intern Selection Committee - Montana State University  
Aug. 2006 - Aug. 2008 Curriculum Planning Committee Student Representative - U.C. Santa Barbara  
Dec. 2005 - Jan. 2006 Graduate Application Review Committee - San Francisco State University

## CLINICAL EXPERIENCE

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October 2015 – Present *Licensed Clinical Supervisor – Psychology M.S. Program, Cal Poly, SLO*

October 2013 – Present *Licensed Psychologist in Practice – San Luis Obispo, CA*

Aug. 2011 – Aug. 2012 *Postdoctoral Fellowship – Mental Health Promotion  
Counseling and Psychological Services, Stanford University*  
Supervisor: Mary Mendoza-Newman, Ph.D.

May 2011 – Aug. 2011 *Pre-doctoral Internship (External Rotation)*  
Indian Health Services (IHS) Crow Agency, Montana  
Supervisor: Paul J. Clark, Ph.D.

Aug. 2010 - Aug. 2011 *Pre-doctoral Internship*  
Counseling and Psychological Services, Montana State University – Bozeman  
APPIC accredited internship  
Training Director & Supervisor: Cheryl Blank, Ph.D.  
Supervisor: Betsy Asserson, Ph.D.

Sept. 2010 – Dec. 2011 *Co-Instructor; Clinical Supervisor*  
Montana State University Human Development Clinic  
Co-Instructor & Supervisor: Rebecca Koltz, Ph.D., NCC, LPC

Sept. 2009 - June 2010 *Hosford Clinic Supervisor – Assessment Coordinator*  
Ray E. Hosford Counseling and Psychological Services, U.C. Santa Barbara  
Clinic Director: Heidi Zetzer, Ph.D.

Jan. 2007 - June 2009 *Graduate Student Clinician*  
Psychological Assessment Center (PAC), U.C. Santa Barbara  
Supervisors: Steven R. Smith, Ph.D.; Jordan Witt, Ph.D.

Aug. 2007 - June 2008 *Graduate Student Supervisor*  
Ray E. Hosford Counseling and Psychological Services, U.C. Santa Barbara  
Supervisor: Heidi Zetzer, Ph.D.

May 2007 - Oct. 2008 *Disabled Students Program Coordinator/Academic Coach*

Student Services, U.C. Santa Barbara

Supervisor: Gary White, M.F.T.

June 2007 - July 2008      *Graduate Externship* (Affiliated with U.C. Santa Barbara)

Psychiatric and Chemical Dependence Stabilization Unit, Cottage Hospital Santa Barbara

Supervisor: Paul Erickson, M.D.

Sept. 2006 - July 2008      *Graduate Student Clinician*

Ray E. Hosford Psychology Clinic, U.C. Santa Barbara

Supervisors: Collie Conoley, Ph.D., Heidi Zetzer, Ph.D., Ron Brooks, Ph.D.

Aug. 2004 – May 2006      *Therapist Trainee*

Psychology Clinic, San Francisco State University

Supervisors: Julia Lewis, Ph.D. & David Gard, Ph.D.

Aug. 2004 – May 2005      *School Counselor Trainee*

Lowell High School, San Francisco, CA

Supervisor: Janet Frost, LCSW.

Jan. 2000 – Jan. 2002      *Mental Health Worker*

7<sup>th</sup> Avenue Center, Santa Cruz, CA

Supervisor: Kathy Champlin, MSW.

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