2011-13 Cal Poly Catalog

Psychology & Child Development Department

GERONTOLOGY MINOR AND CERTIFICATE PROGRAM

An interdisciplinary minor that prepares students in various majors whose careers will be directly or indirectly related to gerontology. The certificate program is available to upgrade the skills and increase the knowledge of persons already in the field of gerontology. Coursework includes the psychological, biological, and social aspects of aging; changing roles; stress-related problems; and an understanding of the impact of an aging population on social, economic, and political institutions. Among the requirements for admission to the program is a minimum GPA of 3.00. All applicants are reviewed by the program coordinator.

Required core	Units
KINE 408 Exercise/Health Promotion for Sr Adults	4
PSY 318 Psychology of Aging (D5)	4
SOC 326 Sociology of the Life Cycle	4
FSN 315 Nutrition in Aging	4
Approved electives (choose two)	8
Gerontology-related Fieldwork	4
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