

COVID-19 Internship Health and Safety Guidelines

Cal Poly - San Luis Obispo

Experiential credit-bearing learning (student teaching, clinicals, practicums, internships, service learning, field placements, etc.) is an important component of student success. However, COVID-19 has posed new and emerging risks to students engaged in this experience.

According to the Centers for Disease Control and Prevention (CDC), coronavirus is a type of virus that causes diseases ranging from the common cold to more serious respiratory disease. The CDC reports that people with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness or death. Typically symptoms include fever, cough and shortness of breath. Severe illness is more common in people with underlying health conditions or weakened immune systems, as well as older adults. Symptoms may appear 2-14 days after exposure to the virus.

[Covid-19 Exposure Prevention](#)

Guidelines issued by public health agencies and federal, state, local governments must be followed during a student's internship work activities. These guidelines may change as information develops.

CDC guidance can be found at the following site: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

- Implement good hygiene and infection control practices including:
 - Maintain a minimum 6 feet of distance from others
 - Practice frequent hand washing for 20 seconds
 - Avoid touching your face with your hands
 - Wear a face covering or mask when in public and at your worksite
 - Stay home if sick and notify your supervisor
 - Practice good respiratory behaviors, including covering coughs and sneezes
 - Use tissues and dispose of in trash receptacles
 - Avoid if possible the sharing of work stations, phones, offices, equipment and tools
 - Maintain regular housekeeping practices including routine cleaning of surfaces, equipment and other elements of the work environment (e.g., shared tools, phones, computers)

- Interns shall notify their supervisor or internship advisor if unsure what to do or have a safety concern.

I acknowledge that I have been informed of and understand the risks posed to my own health due to potential exposure to COVID-19 and will adhere to the prescribed safety precautions and the guidance of federal, state and local governments.

Student Name: _____

Student Signature: _____ Date: _____
