Change of Major to Public Health Application Worksheet

(type in the information)

Date:

Name:

Cal Poly Email Address:

EMPLID:

Current Major:

What catalog year are you on:

Class Standing/Year:

Cal Poly GPA:

To Do:

1. Did you attend or are you scheduled to attend a Change of Major Workshop in the Mustang Success Center (MSC) or meet with an Advisor in the MSC to discuss the process of changing your major at Cal Poly?

\_\_\_\_ Yes \_\_\_\_ No

1. Do some research. Complete at least three of the choices listed here and check the box for those you completed.

***Complete at least three of the five choices listed on this page.***

☐**Career Services:** Meet with the Career Counselor for the Public Health major to help you determine how your skills/interests would fit into a career path. Call Career Services at (805) 756-2501 for an appointment.

☐**Kinesiology & Public Health Website:** Take a tour of the Kinesiology & Public Health Department website. <https://kinesiology.calpoly.edu/>

☐**Public Health Professional Websites:** Visit these Public Health professional websites, and research others as well. Please discuss what you learned and the impact of it on your decision below.

<https://www.apha.org/>

<https://www.apha.org/what-is-public-health>

<https://www.apha.org/about-apha/centers-and-programs/quality-improvement-initiatives/10-essential-public-health-services>

<http://www.sophe.org/>

<https://www.sophe.org/careers/health-education-profession/>

<https://www.allalliedhealthschools.com/public-health/degree/>

<https://www.allalliedhealthschools.com/public-health/public-health-job-outlook/>

<https://www.nchec.org/responsibilities-and-competencies>

<https://www.speakcdn.com/assets/2251/7SkillsofCHES.png>

<https://www.speakcdn.com/assets/2251/NCHEC-Infographic_2_revised-2.jpg>

<https://www.speakcdn.com/assets/2251/26356032-2611-4c67-ac95-bcf633ae0b80_7.png>

<https://www.speakcdn.com/assets/2251/career_settings9.png>

☐**Web research: Graduate Survey Status Report and Alumni Profiles**: Visit the website: www.careerservices.calpoly.edu. Select “Student Quick Links” bottom left of page, and then click “Alumni Career Profiles.” Check out the Kinesiology and Health Professions Alumni Profiles, and then go back and click on the Graduate Status report, which lists employers, job titles, and salary information of recent Cal Poly graduates divided by major. Look for job titles that interest you.

☐**Cal Poly Catalog:** Go to [www.catalog.calpoly.edu](http://www.catalog.calpoly.edu) and read through the course descriptions for the Public Health major. See which classes interest you the most.

C. Answer the following questions. Please limit your responses to no more than 300 words per question. Type your answers in and make more space as needed.

*1.* *What is your current major, why did you select it and why do you think it is not the right major for you? What did you learn about your current major when you spoke with an advisor from your program?*

*2. Why are you seeking to change your major to Public Health at this time and why do you think it is a better fit for you? How confident are you that changing your major to Public Health is the right decision?*

*3. Review the curriculum sheet for the BS in Public Health at:* [*http://flowcharts.calpoly.edu/mymap.php*](http://flowcharts.calpoly.edu/mymap.php)*. How many units have you already completed that would apply to the Public Health degree (include GE, major, support and concentration courses)?*

*4. Do you know what concentration in the Public Health degree program you’re thinking of pursuing? Why? If not sure, why?*

*5. What are you considering as a career path? (It’s okay to list more than one thing or say you’re not sure). What is involved in becoming qualified for that career(s).*

*6. Read through the course descriptions in the Public Health major on catalog.calpoly.edu. Name at least three classes that sound most interesting to you and why?*

*7. If you are unable to change your major to Public Health, what is your backup plan to reach your goals (be specific)?*

***Print out a copy of your Poly Profile (unofficial transcript) and attach it to this application****.*