

**Subject:** IS NEWS FOR THE WEEK OF 1/20

**Date:** Tuesday, January 20, 2026 at 12:30:00 PM Pacific Standard Time

**From:** isla-faculty-request@calpoly.edu on behalf of Interdisciplinary Studies Cal Poly

**To:** isla-faculty@calpoly.edu, ismajors@calpoly.edu

# INTERDISCIPLINARY STUDIES

## WEEKLY NEWS 1/20

### NOTE FROM DR. RYALLS

I hope you all had a wonderful long weekend! As I announced last week, ISLA is looking for a new Student Assistant. This person will join us this year and be trained by our current Assistant, Keely. Then, we'll expect them to work all of next year as well. If you're interested, please email me by no later than this Friday, 1/23 at [eryalls@calpoly.edu](mailto:eryalls@calpoly.edu)

I'm happy to announce that given student demand, the ISLA Lab (52; E1) is now available Tuesday, Wednesday, and Thursday from 6PM-9PM for students to use to study. In order to get access to the lab, you will need to email Krysia Hall (KHall39) for the code. Please limit these emails to working hours. Please remember to leave the lab as you found it.

We will once again be hosting the ISLA Senior Project Information Session this quarter. This is open to any ISLA majors, but particularly useful for those of you who will be completing your Senior Project in Spring or Fall. All of the ISLA Senior Project advisors will be there to offer tips and advice. The meeting is Thursday, February 19 at 11:10AM. Here is the Zoom link: [ISLA Senior Project Meeting Zoom](#)

My office hours this quarter will be Monday 2PM-4PM and Thursday 12PM-2PM. During these times, we can meet in my office (52-D3) or via Zoom. Please be sure to schedule an appointment: [Schedule with Dr. Ryalls](#) I am also happy to set up other meeting times if you are not able to make these office hours. Just send me an email and we can arrange a day/time.



MEET KEELY - YOUR ISLA STUDENT  
ASSISTANT!



Hi everyone! I'm Keely, a fourth year ISLA major/STS minor. I am also the ISLA student assistant!

I create these newsletters, run our ISLA social media, and support events throughout the quarter. I'm also here as a resource for you — whether you have questions about the ISLA program, need help navigating course selection or declaring a concentration/minor, or want to get more involved in the ISLA community.

 My contact information: [kfrobert@calpoly.edu](mailto:kfrobert@calpoly.edu)

I'd love to hear from you — don't hesitate to reach out, connect, or say hi around campus!

## ISLA ASSOCIATED CLUBS



# Cal Poly ISLA Club

Instagram  
@calpolyislaclub

Slack



## ISLA CLUB

A group of students has founded the ISLA club as a space for ISLA students to meet and connect! The first meeting has been held, but meetings will continue across the quarter.

Follow the Instagram @calpolyislaclub or join the GroupMe for more updates.



The graphic features a green background with a white border. In the top left is a stylized white and brown horse logo. To the right of the logo, the text "MUSTANG FILM SOCIETY" is written in large, bold, dark blue capital letters. In the top right corner is a yellow and brown gavel icon. Below the main title, there is a blue square icon with a white camera symbol. To its right, the text "Instagram" and "@mustangfilmsociety" is displayed. Below this, there is a white circle icon with a white envelope symbol. To its right, the text "For more info contact" and "eryalls@calpoly.edu" is displayed. To the right of the contact information is a green rounded rectangle containing two yellow star icons and the text "CONNECT WITH PEERS INTERESTED IN FILM!" and "BUILD IMPORTANT INDUSTRY SKILLS!".

## MUSTANG FILM SOCIETY

Mustang Film Society is a new club on campus aimed at fostering a community around film and providing students interested in film with opportunities to connect to others in the film industry and explore their interests! This may be of interest to any MAST minor students.

If interested, please contact Dr. Emily Ryalls at [eyalls@calpoly.edu](mailto:eyalls@calpoly.edu) or follow the Instagram @mustangfilmsociety

## STUDENT & FACULTY SUCCESSES





## Congratulations to Ella R. Colby and Dr. Mang!

Ella R. Colby and Dr. Mang presented a research paper at the American Studies Association (ASA) in November 2025.

Their presentation was entitled, "Uncle Sam's Proving Grounds: The Beltsville National Farm, Scientized Agriculture, and Experimentation as Logics of American Empire." Their presentation was about how agricultural experimentation, supported by the "USDA-Research Complex" at Beltsville, MD, played a significant role in expanding American imperialism in the early 20th century.

Ella is a 3rd year ISLA student with a concentration in Ethics, Law, and Social Justice.

## EVENTS

# CAN YOU? NARCAN?



**Tuesdays at 3:00-5:00pm**

**Thursdays 3:30-5:30pm**

 **HEALTH CENTER (BLDG. 27)**

Interested in learning more about the life-saving benefits of Naloxone?

Training only takes 15 minutes!

**Where else can you get Naloxone?**

Naloxone, test strip refills and overdose prevention kits are also available by appointment.

Email [wellbeing@calpoly.edu](mailto:wellbeing@calpoly.edu) for more information or for group training inquiries.

**Make an appointment here:**



[ODPREVENTION@CALPOLY.EDU](mailto:ODPREVENTION@CALPOLY.EDU)



Opioid Overdose Prevention & Free Narcan Kits

Cal Poly's Alcohol and Other Drug (AOD) Prevention team is partnering with ISLA to support student safety and wellness. With fentanyl-related overdoses on the rise nationally and locally, it's more important than ever to know how to recognize an overdose and respond effectively. Join us for a brief, interactive training covering:

- How to identify an opioid overdose
- How to safely administer Narcan (Naloxone)
- How to access free Narcan + Overdose Prevention Kits

Students can pick up supplies at Building 27 (Health Center) or during weekly distributions: Tuesdays, 3–5 PM and Thursdays, 3:30–5:30 PM on the Health Lawn.

Want us to come to your space for a distribution or presentation? We're happy to schedule a time that works for you!

## OPPORTUNITIES

# Are you a parent in San Luis Obispo County with young children?

Let me hear your thoughts about **healthcare access** in SLO County in this survey!



It takes only **10-15 minutes** of your time.

Scan this QR code to take you to the survey.

For more information, please  
contact Sophia Santo Tomas at  
[ssantoto@calpoly.edu](mailto:ssantoto@calpoly.edu)

Help Shape Research on Early Childhood Healthcare in SLO County

A graduate student in Cal Poly's Master of Public Policy Program, is conducting their thesis research on the healthcare system in San Luis Obispo County, with a focus on parents and caregivers of children aged 2 and under. They are currently seeking survey participants to better understand access, experiences, and challenges within the local healthcare system.

Faculty and community members are invited to support this research by sharing [this survey](#) with eligible parents.

Thank you for helping advance research that supports families and young children in our community.

# NEW MUSTANG MAKERSPACE

## OPEN TO ALL CAL POLY STUDENTS!



### LOCATION

In Bonderson,  
Building 197, Room 110



### HOURS

Fall Quarter, Weeks 2-7  
Mon-Fri: 10-7pm  
Sat: 9-6pm



### CONTACT INFO

Email:  
calpolyshoptechs@gmail.com



A completely free space open to all students, regardless of major. No engineering experience necessary. Work on class projects, senior projects or even personal projects!!

### OUR SERVICES

- 56 easy-to-use 3D printers
- Lasers for wood, acrylic, vinyl and more
- Embroidery and Sewing Machines

Link to  
our  
website



The Cal Poly Machine Shops (College of Engineering) are excited to welcome students to the Mustang Makerspace, **located in Bonderson (Building 197), next to Mustang '60. This free, all-major space is your go-to hub for digital fabrication, creativity, and hands-on learning.**

Inside you'll find **56 3D printers (Bambu, Prusa, Elegoo, Formlabs, MarkForged), 4 laser cutters, an embroidery machine, an industrial Cricut vinyl cutter, and sewing machines.** Whether you're working on a class assignment, a senior project, or just a personal idea, the Makerspace has the tools to help bring your vision to life. **No prior experience is needed—our shop techs are here to teach you, answer questions, and support your projects.**



#### **Winter Quarter Hours (Weeks 2–10):**

- Monday–Friday: 10:00 a.m. – 7:00 p.m.
- Saturday: 9:00 a.m. – 5:00 p.m.

3D printers are open to everyone without training, but you'll need a Red Tag Certification for lasers and some other equipment. Learn more and sign up for trainings at [machineshops.calpoly.edu](http://machineshops.calpoly.edu).



**Questions? Email [calpolyshoptechs@gmail.com](mailto:calpolyshoptechs@gmail.com) |**  **Aero Hangar: (805) 756-2266 |** **Mustang '60: (805) 756-5634**

**Come explore, create, and make your ideas a reality—see you in the Makerspace!**



# Winter 2026 Open Workshops at the Digital Scholarship Studio

**Jan 9**    **Intro to Git and Github**

**Jan 15**    **Intro to Figma**

**Jan 16**    **Intro to R and RStudio**

**Jan 22**    **Contours for Architecture**

**Jan 30**    **Intro to StoryMaps and GIS**

**Feb 6**    **Map Design and Cartography**

**Feb 13**    **Poster Layouts with InDesign**

**Feb 20**    **Intro to Adobe Illustrator**

**Feb 27**    **Intermediate Figma**

**March 6**    **Research Synthesis**



**Everyone is welcome!**  
**Details and registration:**  
[guides.lib.calpoly.edu/DPL/workshops](http://guides.lib.calpoly.edu/DPL/workshops)

## Open Workshops at the Kennedy Library Digital Scholarship Studio

The Kennedy Library Digital Scholarship Studio holds weekly open workshops to introduce basic computing, design, mapping, and visualization topics. These workshops do not require any prior experience, and we welcome beginners and experts from all disciplines.

Additionally, the Digital Scholarship Studio offers consultation support for students, staff, and faculty working on projects and research involving data, design, GIS, and data visualization. Appointment times can be found [here](#). Meetings take place in-person at the Digital Scholarship Studio on Level 1 of Kennedy Library, or on Zoom.



**CAL POLY**  
Center for Engineering,  
Science & Mathematics Education

# SCM 302: learn by doing lab

**EARN COURSE CREDIT AND GET  
REAL-WORLD EXPERIENCE WORKING WITH KIDS!**



**LEARN MORE AT [CESAME.CALPOLY.EDU](http://CESAME.CALPOLY.EDU)**



Teach, Explore, and Inspire in the Learn by Doing Lab

Looking for a meaningful, hands-on experience that blends science, teaching, and community impact? Join Cal Poly CESAME's Learn by Doing Lab through SCM 302! This interactive outreach program gives Cal Poly students the chance to lead inquiry-based STEM activities for visiting 5th–8th grade classes. You'll guide real experiments, spark curiosity, and help bring science to life—all while building confidence in communication, teamwork, and instructional design. Open to all majors and offered Winter and Spring quarters, SCM 302 counts toward early field experience hours and provides valuable, real-world teaching practice.

Enroll in SCM 302: Learn by Doing Lab during registration. For questions, contact Dr. Seth Bush at [sbush@calpoly.edu](mailto:sbush@calpoly.edu).

## STUDENT SUPPORT



contact  
info

Office:  
Building 47, Room 36E, 3<sup>rd</sup> Floor  
College of Liberal Arts

Emails:  
[Aguti168@calpoly.edu](mailto:Aguti168@calpoly.edu)  
[Lrami113@calpoly.edu](mailto:Lrami113@calpoly.edu)

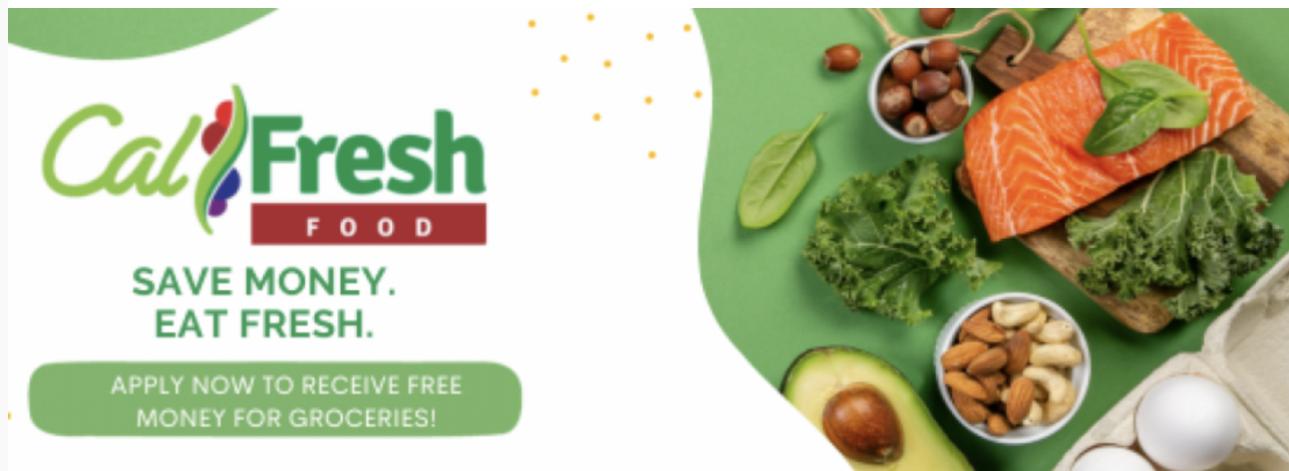
Instagram:  
[@calpolycollegepossible](https://www.instagram.com/calpolycollegepossible)

CAL POLY



The College of Liberal Arts partners with College Possible's Catalyze program to connect students with near-peer success coaches. Coaches support academics, study skills, financial literacy, career exploration, wellness, and more.

Learn more by contacting Multicultural Academic Advisor Alejandra Cebreros at [alcebrer@calpoly.edu](mailto:alcebrer@calpoly.edu) or check out the attached infographic.



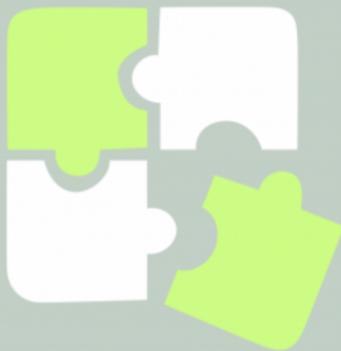
## ⚠ FINANCIAL AID FOR FOOD: GET UP TO \$250 A MONTH FOR GROCERIES

The CalFresh Outreach Team can help connect you with up to \$250 a month to buy groceries at your favorite stores and many farmers' markets! Get money to buy food, eat better, work less and focus more on school. It's easy to set up an appointment with a CalFresh Student Advocate to determine your eligibility, walk you through the application and answer any questions you may have.

Visit [calfreshcalpoly.org/](http://calfreshcalpoly.org/) to schedule an appointment today! **Hours are: M-W 10am to 7pm and TH 10:00am to 5pm.**

Although you can **apply online** on your own, we encourage you to apply with the help of the CalFresh Outreach Team to help with any questions or concerns.

Follow the CalFresh team on Instagram @calfreshcalpoly



# SLO Solutions



## SLO SOLUTIONS CONFLICT RESOLUTION

Are your students having a hard time focusing on schoolwork due to roommates or neighbors disagreeing about issues around noise, dishes, or house rules?

Students can find themselves overwhelmed by conflict with landlords, roommates, and neighbors! We can help! SLO Solutions may be able to help students and residents with access to FREE conflict resolution and mediation, funded by a partnership between the City of San Luis Obispo, Cal Poly, Cuesta College, and Creative Mediation. For more information, click [here](#).



# Morning, Mustang



## MORNING, MUSTANG - NEWS SOURCE FOR CAL POLY STUDENTS

Carly Heztel, a second year journalism student, has published a news source for Cal Poly students that summarizes every day's most important campus, San Luis Obispo and California stories in two-minute emails. Carly is working in cooperation with the nonprofit College Brief to create accessible and relevant news for college students.

Read some of the stories [here](#).



## MUSTANG NEWS

CAL POLY'S NEWS SOURCE

### ► KEEP UP TO DATE WITH CAMPUS NEWS!

Interdisciplinary Studies Students and Staff! Are you eager to be in the know about the latest campus news and updates? Do you want the most up-to-date headlines conveniently sent to your email? Look no further! Subscribe to the Mustang News Roundup today! Our Roundup newsletter brings you the freshest Mustang News and KCPR content, and is delivered straight to your inbox every Monday through Friday of the school year. Don't let this opportunity to stay well-informed pass you by!

Subscribe here: <https://mustangnews.net/the-roundup/>