



ROOMMATE RESOLUTIONS

Disagreements are normal parts of life and living with other people. Learning to recognize the sources of conflicts and making plans for the next time a challenging situation surfaces can help you and your roommates be more prepared to handle it together. For more roommate resources, visit www.housing.calpoly.edu/content/res_life/roommate-life.

WHAT'S GOING ON?

Lately, we've been experiencing some challenges related to (check all that apply):

- | | |
|-------------------------------------|---|
| <input type="radio"/> Communication | <input type="radio"/> Cleanliness |
| <input type="radio"/> Absences | <input type="radio"/> Friends and guests |
| <input type="radio"/> Sleeping | <input type="radio"/> Private time |
| <input type="radio"/> Studying | <input type="radio"/> COVID-19 |
| <input type="radio"/> Sharing | <input type="radio"/> Other (please specify briefly): _____ |

In a few sentences, briefly describe the challenges you and your roommates are experiencing:

As roommates, we previously:

- Had set a written expectation related to one or more of these challenges, as outlined in our roommate agreement
- Had verbally agreed on an expectation related to one or more of these challenges
- Have never established an expectation related to any of these challenges
- Other (please specify): _____

If applicable, please summarize the expectation(s) you had previously agreed upon as roommates related to the challenges you're facing:

WHERE DO WE GO FROM HERE?

Moving forward, we want to:

- Maintain the expectation(s) we set earlier in the year
- Set a new expectation(s) that all of us agree upon and commit to in writing
- Other (please specify): _____

If applicable, please describe the new expectation(s) you plan to put in place to help address the challenges you're facing both now and in the future:

HOW CAN WE DO BETTER NEXT TIME?

If we experience a similar challenge in the future, we will:

- Gently remind each other (e.g., via note or text) of the expectation(s) we set
- Schedule a time to sit down, chat about the issue, and review the expectation(s) we set
- Consult our RA for help navigating the situation
- Other (please specify): _____

Additionally, we will take the following steps to keep the lines of communication between roommates open (for example, you may want to consider scheduling regular roommate check-ins, making plans to review your roommate agreement(s) monthly or quarterly, or encouraging each other to take timeouts if conversations get too heavy or heated):

Related to the challenges we've been experiencing, some additional on-campus resources (people, places, programs, etc.) we want to check out include:

AFFIRMATION OF AGREEMENT

By signing this agreement, we agree to abide by the aforementioned terms and guidelines:

Roommate 1: _____

Roommate 2: _____

Roommate 3: _____

Roommate 4: _____

Date: _____ **Building:** _____ **Room/Apartment #:** _____