



CAL POLY
University Housing

ROOMMATE RESOLUTIONS

Disagreements are normal parts of life and living with other people. Learning to recognize the sources of conflicts and making plans for the next time a challenging situation surfaces can help you and your roommates be more prepared to handle it together. For more roommate resources, visit www.housing.calpoly.edu/content/res_life/roommate-life.

WHAT'S GOING ON?

Lately, we've been experiencing some challenges related to (check all that apply):

- | | |
|-------------------------------------|---|
| <input type="radio"/> Communication | <input type="radio"/> Cleanliness |
| <input type="radio"/> Absences | <input type="radio"/> Friends and guests |
| <input type="radio"/> Sleeping | <input type="radio"/> Private time |
| <input type="radio"/> Studying | <input type="radio"/> COVID-19 |
| <input type="radio"/> Sharing | <input type="radio"/> Other (please specify briefly): _____ |

In a few sentences, briefly describe the challenges you and your roommates are experiencing:

As roommates, we previously:

- ☐ Had set a written expectation related to one or more of these challenges, as outlined in our roommate agreement
- ☐ Had verbally agreed on an expectation related to one or more of these challenges
- ☐ Have never established an expectation related to any of these challenges
- ☐ Other (please specify): _____

If applicable, please summarize the expectation(s) you had previously agreed upon as roommates related to the challenges you're facing:

WHERE DO WE GO FROM HERE?

Moving forward, we want to:

- ☐ Maintain the expectation(s) we set earlier in the year
- ☐ Set a new expectation(s) that all of us agree upon and commit to in writing
- ☐ Other (please specify): _____

If applicable, please describe the new expectation(s) you plan to put in place to help address the challenges you're facing both now and in the future:

HOW CAN WE DO BETTER NEXT TIME?

If we experience a similar challenge in the future, we will:

- ☐ Gently remind each other (e.g., via note or text) of the expectation(s) we set Schedule a
- ☐ time to sit down, chat about the issue, and review the expectation(s) we set Consult our
- ☐ RA for help navigating the situation
- ☐ Other (please specify): _____

Additionally, we will take the following steps to keep the lines of communication between roommates open (for example, you may want to consider scheduling regular roommate check-ins, making plans to review your roommate agreement(s) monthly or quarterly, or encouraging each other to take timeouts if conversations get too heavy or heated):

Related to the challenges we've been experiencing, some additional on-campus resources (people, places, programs, etc.) we want to check out include:

AFFIRMATION OF AGREEMENT

By signing this agreement, we agree to abide by the aforementioned terms and guidelines:

Roommate 1: _____

Roommate 7: _____

Roommate 2: _____

Roommate 8: _____

Roommate 3: _____

Roommate 9: _____

Roommate 4: _____

Roommate 10: _____

Roommate 5: _____

Roommate 11: _____

Roommate 6: _____

Roommate 12: _____

Date: _____ Building: _____ Room #s: _____