# **Honors Volunteer Opportunities**

# Have questions?

Many of your questions can be answered through the Cal Poly Center for Service in Action website: <u>Home - Center for Service in Action - Cal Poly, San Luis Obispo</u>

# **In Person Opportunities**

## Central Coast Aquarium

- Volunteer application here!
  - Behind-the-scenes volunteer: prepare food for the fish and feed them! As well as take care of any tank maintenance
  - Exhibit Hall volunteer: communicate with our guests and give them the fun facts about our critters. You can also do a public feeding for them and pick up a shark for everyone to touch!
  - o If you have any questions please email <a href="mailto:info@centralcoastaquarium.com">info@centralcoastaquarium.com</a>

# **AmpSurf**

- Website!
  - o Provide Learn to Surf Therapy clinics to those who needs support
  - Work with Para Surf League program

## Big Brothers Big Sister

- $\circ$  create and support one-to-one mentoring relationships that ignite the power and promise of youth
- If you have any questions or concerns please contact their phone number T 805-781-3226

https://www.slobigs.org/programs/#process

## Boys and Girls Club of SLO County

Volunteer application here!

- $\circ$  provides young people with a safe place to go before and after school  $\circ$  serve youth ages 5 to 18 in community schools and at our Oceano Boys & Girls Club Teen Center
- Programs tailored around 5 areas: character and leadership development, health and life skills, education and opportunity, the arts, and sports, fitness and recreation
- o If you have any questions please email <a href="myclubhub@bgcslo.org">myclubhub@bgcslo.org</a>

## CAPSLO (Community Action Partnership of San Luis Obispo

- https://www.volgistics.com/appform/2111848143
  - Empower low-income people to achieve self-sufficiency through community based collaborations and programs
  - Various volunteer or internship projects available including 40 Prado
     Homeless Services Center, Adult Day Center, Central Administration, and
     Early Education and Child Care
  - If you have any questions please email <a href="https://hoteline@capslo.org">hoteline@capslo.org</a> or contact their phone number at 805-706-8663

## El Camino Homeless Organization

- https://www.echoshelter.org/volunteer-sign-up
  - Responsibilities could include checking people in, checking temperatures, and helping guests find necessary supplies
  - Contact Raychel Nowak at 805-539-7858 or <u>Rnowak@echoshelter.org</u> with any questions or concerns.

## First Fruit Farms

- https://www.firstfruitsslo.org/join-us
  - faith-based, volunteer-run, nonprofit farm inspired by Christ's profound love for humankind to practice compassion without exception
  - organically farming and freely giving fruits and vegetables to people experiencing food insecurity in SLO

## GALA Pride and Diversity Center

- https://galacc.org/get-involved/#volunteer
  - Organization rooted in working for racial justice, indigenous sovereignty, economic justice, and all forms of social justice
  - o Contact the organization at this phone number 805-541-4252

## Hospice of SLO

- https://hospiceslo.org/volunteer
  - o non-medical volunteer service organization and community grief center
  - providing in-home support, caregiver respite, grief counseling, support groups, community response and education
  - o Contact the organization at 805-544-2266

## Lumina Alliance

- https://luminaalliance.org/volunteer
  - seek to empower those impacted by sexual and intimate partner violence through innovative advocacy, healing, and prevention programs
  - o Contact the organization at 805-781-6410

#### Meals That Connect

- https://www.mealsthatconnect.org/volunteer.php
  - o Help deliver meals to homebound seniors!
  - "Many of the typical volunteer drivers are seniors themselves, so individuals with low-risk are needed to volunteer"

## **Operation Surf**

- <a href="https://operationsurf.org/volunteer-2/">https://operationsurf.org/volunteer-2/</a>
  - channel the healing powers of the ocean to restore hope, renew purpose, and revitalize community
  - programs aim to inspire injured military and veterans to seek wellness in all aspects of their lives while providing the necessary resources, tools, and peer-to-peer support to continue this mindset indefinitely
  - Contact them via email <u>info@operationsurf.org</u> or through their phone number at 805-544-SURF

#### Restorative Partners

- https://restorativepartners.org/
  - restorative justice approach focuses on mind, body and spiritual transformation, incorporates trauma informed care, addresses responsibility

- continuum of care from incarceration through reincorporation to our community.
- Contact them via email at <u>volunteer@restorativepartners.org</u> or call them at 805-242-1272

### SLO Botanical Garden

- https://slobg.org/volunteer/
  - delight, educate and inspire people to embrace nature, outdoor recreation, community interaction, celebration of the arts, creative endeavors, and health and wellness
  - have a 150 acre garden exclusively devoted to the ecosystems and plants of the five Mediterranean climate regions of the world
  - Contact them via email at <u>info@slobg.org</u> or through phone number at 805-541-1400

## SLO Food Bank

- https://slofoodbank.volunteerhub.com/vv2/#\_
- Assembling fresh produce bags, sorting food from the grocery rescue program and food drive donations, and helping to prepare food donations for numerous agency partners

#### SLO NOOR Foundation

- https://www.slonoorfoundation.org/volunteer
- n committed to advancing diversity and inclusion by helping ensure that all people across our communities feel valued and have equal access to resources, services, and opportunity
- provide free medical, dental and vision care to uninsured adults in San Luis Obispo County and northern Santa Barbara County
- Contact them via email at <u>volunteer@slonoorfoundation.org</u> if you have any questions

## St. Stephen's

- https://ststephensslo.org/
- Welcome, worship, and work with and within the community of San Luis Obispo

 Contact via email <u>office@ststephensslo.org</u> or contact via phone number at (805)-543–7212

## The City of SLO

- https://www.slocity.org/living/jobs/volunteer-opportunities
- dynamic community embracing its future while respecting its past with core values of civility, sustainability, diversity, inclusivity, regionalism, partnership, and resiliency
  - oversees and includes many parts of SLO, including living, neighborhoods, parks and recreation, tourism, transportation, utilities, government, advisory bodies, city council, businesses, permits and licenses, volunteer and community, and more.

## TMHA (Transitions-Mental Health Association)

- https://www.t-mha.org/volunteer.php
- dedicated to eliminating stigma and promoting recovery and wellness for people with mental illness through work, housing, community, and family support service

# **United Way**

- focus is on education, financial literacy and community strengthening the building blocks for a good quality of life.
- bring the passion, expertise and resources needed to get things done
- If you are interested or have any questions contact Elizabeth Coronado at econorado@unitedwayslo.org or 805-541-1234

# Wilshire Community Services

- To sign up: contact Kristen Grasso at kgrasso@wilshirehcs.org
  - Assist older adults with simple daily activities like grocery shopping, providing rides, running errands, or home safety tasks

# County of SLO Animal Shelter

- https://www.slocounty.ca.gov/departments/health-agency/animal-services/volunteer
  - o You can help take care of the shelter animals in the shelter or walking dogs
  - There are group opportunities, if you want to go with friends, these usually

 This is a great year-long opportunity! You must be able to commit to 8 hours/month for 6 months

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# Growing Grounds Farm & Nursery SLO

- Volunteer Info!!
- Fact Sheet
  - From the website: "We are open to volunteers from 10am 1pm, Mondays and 9am - 1pm Tuesday - Friday."
  - Growing Grounds SLO is a nonprofit wholesale nursery three miles from the Cal Poly campus.
  - If you are planning on going with a group of 5 or more please reach out to me so I can help coordinate! My email is <u>npatel95@calpoly.edu</u>

## Surfrider Foundation, Cal Poly SLO Chapter

- Solo Beach Cleanup Guide
- https://www.surfrider.org/volunteer
  - "The Surfrider Foundation is dedicated to the protection and enjoyment of the world's ocean, waves and beaches, for all people, through a powerful activist network."

## K-12 Virtual Tutoring

- A local Cal Poly, Claudia Kraakw has organized and created this program for Cal Poly students to tutor K-12 students in the SLO area.
  - https://docs.google.com/forms/d/e/1FAlpQLSck\_Ql4WZ4Tz6znfYWnQqwBduu 7P25mA590ME8n\_TgcT4lTSg/viewform?gxids=7757 (link to sign up)
- Great opportunity for members who are studying liberal studies, child development, sociology, or anything really!

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#### https://now.calpoly.edu/event/10568283

 Join the Center for Service in Action and learn more about our Alternative Breaks trip this year to Vietnam and Catalina! We will be participating in meaningful community service projects, experiencing immersive cultural excursions, growing in intercultural abilities as well as earning a Global Leadership certificate.

## SLO Bangers Syringe Exchange & Overdose Prevention Program

- https://slobangers.com/funding.html
- SLO Bangers Syringe Exchange Program is a volunteer run organization. We rely
  entirely on local funding (San Luis Obispo County and City grants) and private
  donations to allow us to continue providing new syringes to people and removing
  used syringes off of the streets.

#### Pacific Wildlife Care

- https://pacificwildlifecare.org/volunteer/
- If you care deeply about your connection with wildlife and want to help us ensure a healthy co-existence between humans and animals, please volunteer. As a nonprofit organization we depend upon the commitment of nearly 200 volunteers that help staff our programs-and we can always use more!

#### Lumina Alliance

- https://luminaalliance.org/
- Lumina Alliance provides life-changing services that empower survivors of sexual assault and intimate partner violence in San Luis Obispo County to find safety, healing, and hope.