



CAL POLY

College of Agriculture, Food
& Environmental Sciences

NUTRITION

FOOD SCIENCE AND NUTRITION DEPARTMENT

OVERVIEW

Cal Poly's Food Science and Nutrition Department offers comprehensive education in food science and nutrition, from the development of new foods to the study of how foods impact health, wellness and disease prevention. The department's exceptional Learn by Doing methodology provides industry-ready graduates with the expertise to nourish the world.

Our students are directly involved in the community, participating in unique hands-on learning opportunities that enhance critical thinking and problem-solving. This active learning environment has earned Cal Poly and the Food Science and Nutrition Department tremendous respect throughout the industry.

MAJORS

FOOD SCIENCE · NUTRITION

MINORS

- FOOD SCIENCE
- NUTRITION

GRADUATE PROGRAMS

- MASTER OF SCIENCE IN FOOD SCIENCE
- MASTER OF SCIENCE IN NUTRITION
- DIETETIC INTERNSHIP

NUTRITION CONCENTRATIONS

- APPLIED NUTRITION (ACEND ACCREDITED)
- NUTRITION SCIENCE

FOOD SCIENCE CONCENTRATIONS

- ADVANCED FOOD SCIENCE (INSTITUTE OF FOOD TECHNOLOGISTS-APPROVED)
- CULINOLOGY

DEPARTMENT HIGHLIGHTS

+\$22,000

in scholarships for Food science and nutrition students.

~176

students receive scholarships or are involved in paid opportunities in the Food Science and Nutrition Department.

STUDENT CLUBS

Food Science Club

Nutrition Club

DIETETIC INTERNSHIP PROGRAM

The Cal Poly San Luis Obispo Dietetic Internship is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics. We are proud to have a 100% one-year pass rate on the Registration Examination for Dietitians. The internship is housed in Cal Poly's Food Science and Nutrition Department and has rotation sites in two counties on California's Central Coast: San Luis Obispo and Santa Barbara.



ON THE JOB

CAREERS

Registered dietitian nutritionists

Foodservice professionals

Public health officials

EXAMPLES OF EMPLOYERS

Valley Children's Hospital, Fresno

Marian Regional Medical Center,
Santa Maria

Lucile Packard Children's
Hospital, Stanford

Mount Sinai Hospital, NYC

Oregon Health and Science
University

Kansas City Royals

Glanbia Nutritionals

NUTRITION RESEARCH STRENGTHS

40

nutrition undergraduate students working closely with faculty on research projects with faculty

- 1 OBESITY, DIABETES, CARDIOVASCULAR AND OTHER DIET-RELATED CHRONIC DISEASES
- 2 SPORTS NUTRITION AND BODY COMPOSITION
- 3 METABOLOMICS, GENOMICS AND THE MICROBIOME
- 4 GLOBAL AND COMMUNITY NUTRITION
- 5 FUNCTIONAL FOODS AND NUTRACEUTICALS

The nutrition major offers two concentrations: applied nutrition, which is a Didactic Program in Dietetics accredited by The Accreditation Council for Education in Nutrition and Dietetics (ACEND) and Nutrition Science.

APPLIED NUTRITION/DIDACTIC PROGRAM IN DIETETICS provides students with contemporary knowledge, including medical nutrition therapy, and practical skills to prepare them for successful completion of a dietetic internship and a career in dietetics, including the option to become a registered dietitian (RD), clinical dietitian, nutrition consultant and more.

NUTRITION SCIENCE prepares students for post-graduate studies in health-related professions, such as medicine or nursing, by emphasizing a strong background in physical and life sciences as well as human nutrition. Graduates are poised to pursue careers in nutritional biochemistry, molecular nutrition, public health and more.



Accreditation Council for Education in Nutrition and Dietetics

the accrediting agency for the
Academy of Nutrition and Dietetics

CONNECT

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