SUGGESTED COURSES FOR TRANSFER STUDENTS

NUTRITION MAJOR

Fall Quarter – (13-15 total units):

1. **FSN 101-(01)**, Orientation to the Nutrition Major (1 unit)
   - **Required** of ALL Nutrition majors their first Fall at Cal Poly. ONLY offered Fall quarter!

2. **One (or possibly 2) of the following FSN courses** (4 units each):
   - **FSN 121**, Fundamentals of Food (4 units, lecture + lab)
   - **FSN 210**, Nutrition (4 units). **NOTE**: many transfer students have completed the equivalent of FSN 210 and may consider enrolling in **FSN 310 Maternal & Child Nutrition or FSN 315 Nutrition in Aging**.
   - **FSN 250**, Food and Nutrition: Customs and Culture (4 units). This course fulfills GE D4 and USCP as well as a requirement in the major.

3. **A science course (4-5 units)** – choose 1 from the following depending on what you have fulfilled so far. **Priority is to move forward with Chemistry series** but if that is not possible then choose another science that is not yet fulfilled.
   - **Chemistry**
     - CHEM 312 Survey of Organic Chemistry (most students) or CHEM 216 Organic Chemistry I (for pre-med or any students needing full year of organic chemistry)
     - CHEM 313 Survey of Biochemistry (most students) or CHEM 371
   - **Life Sciences**
     - BIO 161 Introduction to Cell and Molecular Biology (first priority in life sciences)
     - BIO 302 Human Genetics or BIO 303 Survey of Genetics
     - BIO 231 or 232 Anatomy and Physiology I and II
     - MCRO 221 Microbiology or MCRO 224 General Microbiology I (note: students considering health profession such as nursing, medicine, or similar MUST take MCRO 224)

4. **One other course if needed to bring total first quarter units to 13-15.**
   - Consider:
     - FSN 310, FSN 315 *(if you have met the prerequisites)*
     - Course in concentration of interest, if known
     - Upper level GE (C4, D5, F)