



SUGGESTED COURSES FOR NUTRITION MAJOR (NUTR)

- I. Check all the courses that have been completed and articulated over from your previous institution(s) or AP credit.

Required Courses that articulate with:

- ☐ **MATH 118** Precalculus Algebra
- ☐ **CHEM 127** General Chemistry I
- ☐ **CHEM 128** General Chemistry II
- ☐ **CHEM 312** Survey of Organic Chemistry *OR*
CHEM 212 *OR* **CHEM 216** Organic Chemistry I
- ☐ **STAT 218** Applied Statistics for the Life Sciences *OR* **STAT 217** Introduction to Statistical Concepts and Methods *OR* **STAT 251** Statistical Inference for Management I

Desired Courses that articulate with:

- ☐ **BIO 161** Intro to Cell and Molecular Biology
- ☐ **MCRO 221** Microbiology *OR* **MCRO 224** Microbiology I (recommended for pre-med, health students)
- ☐ **BIO 231** Human Anatomy and Physiology I
- ☐ **BIO 232** Human Anatomy and Physiology II

II. Required Coursework for Fall 2020:

Recommended number of units for Fall quarter 2020 is 12-16 units

1. **Any unchecked courses from the required courses list above (4-5 units)**
2. **FSN 101(01), Orientation to the Nutrition Major (1 unit)**
3. **Choose one (or possibly 2) of the following FSN courses:**

NOTE: If you completed the equivalent of FSN 121, 210 or 250, consider enrolling in **one of the additional FSN courses listed below.**

FSN 121: Fundamentals of Food (4 units, lecture +lab)

FSN 202: Introduction to Human Nutrition (4 units).

FSN 250: Food Customs and Culture (4 units, USCP; E1 GE)

4. **One of the unchecked courses from the required/desired courses list above (4-5 units)**
5. **If there are still available units choose a course from the list below**

III. If you still have available units, please select from the list of courses below:

Prior to enrolling check that prerequisites have been completed

- **CHEM 313** Survey of Biochemistry (most students) *or* **CHEM 371** (Ideal in Fall or Winter for 2-yr plan)
- **FSN 281** Writing in Nutrition Science (2 units)
- **FSN 310** Maternal and Child nutrition (4 units)
- **FSN 315** Nutrition in Aging (4 units)
- **FSN 319** Food Technology for the Consumer (4 units, F/B7 GE)
- Upper Division GE (C4/UD C Elective, Upper Div D Elective, F/B7, 4 units each)

IV. Additional Notes:

- The Graduation Writing Requirement (GWR) must be fulfilled by enrolling in a GWR-certified, upper-division course *OR* by completing a GWR Portfolio. For more info on the GWR, visit <https://writingandlearning.calpoly.edu/GWR>
- To find out which classes can satisfy the GWR, select "Expand Filters" in the upper right-hand corner of the Schedule Builder screen and search by GWR.
- Students must satisfy the United States Cultural Pluralism (USCP) requirement – classes also can be found in Schedule Builder.