

Sherry Elliston, MS, RD, CDE

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OBJECTIVES

To obtain a position at California Polytechnic State University as part-time lecturer in order to educate and inspire students to further their knowledge in nutrition and wellness.

WORK EXPERIENCE

Sweet Success Perinatal Clinic

Santa Maria & San Luis Obispo, California

April 2016 to Present

Certified Diabetes Educator

Counsel pregnant patients with Diabetes

Work with an interdisciplinary team to manage patient care

Insulin education and insulin pump management

California Polytechnic State University

San Luis Obispo, California

December 2015 - Present

Part-Time Lecturer

Teach both lower and upper division nutrition courses

Provide counsel and direction for students as requested

Hold office hours

Providence Holy Cross

Mission Hills, California

January 2006 - November 2015

Diabetes Educator

Provide diabetes education to inpatients

Educator for gestational diabetes clinic

Teach diabetes self management series classes

Participate in research and ongoing nursing education on diabetes

Provide support to nursing regarding inpatients on insulin pump therapy

Medtronic

Ventura County, California

January 2009 - Present

Diabetes Educator

Insulin pump & sensor (CGM) trainings

Insulin pump group trainings

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EDUCATION

Master of Science in Nutrition

California State University
Northridge

Bachelor of Science in Nutrition

California Polytechnic State University
San Luis Obispo

CERTIFICATIONS

Certified Diabetes Educator

2006

Registered Dietitian

2004

MEMBERSHIPS

American Dietetic Association

Since 2003

American Association of Diabetes Educators

Since 2007

McADE

Secretary - 2012

OF NOTE

Preceptor to Dietetic Interns

Proficient in Spanish

12+ years of patient education
and consultation in Spanish

USC Perinatal Gestational Diabetes Clinic

Lead Diabetes Educator

American Diabetes Association Recognition

Obtained recognition for outpatient
diabetes education program at
Providence Holy Cross Hospital

ADA Outpatient Clinic

Program Coordinator

Ventura County Nutrition Education

Nutrition Education Coordinator

Ventura County WIC Clinic

Supervisor

WORK EXPERIENCE (CONTINUED)

Dr. Mach, Endocrinologist

Burbank, California

March 2006 - January 2007

Diabetes Educator

Provide consulting services for local Endocrinologist's

Teach group classes to diabetic patients

Providence Holy Cross

Mission Hills, California

February 2005 to January 2006

Clinical Dietitian

Taught cardiac rehab nutrition classes

Conducted outpatient nutrition education

Attended case conferences, rounds, multidisciplinary patient care

Provided inpatient education – specializing in ICU, Telemetry, and Diabetes

Women, Infants, Children (WIC)

Thousand Oaks, California

June 2004 to February 2005

Public Health Nutritionist

Site Supervisor of WIC clinic

Nutrition Education Coordinator – developed nutrition classes for all WIC sites

Provided nutrition counseling to WIC participants

PROFESSIONAL REFERENCES

I have had the pleasure of working with Sherry for many years and served as her manager at Providence Holy Cross Medical Center in Mission Hills, California. Sherry is a dedicated and effective professional who serves her patients well with her caring and compassion. Her clinical skills and critical thinking are exceptional and she is experienced in the art of patient assessment, engagement, education and support. She provided diabetes and nutrition education to a multicultural patient population and Holy Cross and developed classes and teaching materials tailored to the cultural needs of the patients.

Sherry is an eager team member, and has a 'yes I can do that' attitude. She assisted with quality improvement projects, research, professional presentations and hospital policies and protocols. She is highly competent and learns quickly. She is one of the best diabetes educators I have had the privilege of working with and I endorse her skills, knowledge and ability to be a productive team member and effective educator. If you would like to contact me further, please do not hesitate to reach out.

Donna Ryan RN, RD, MPH, CDE, FADE

Manager, Patient Education Services
Sacred Heart Health System, Pensacola FL

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PROFESSIONAL REFERENCES (CONTINUED)

It is without hesitation that I recommend Sharon (Sherry) Elliston for any position that meets her qualifications. Over the past seven years that I have had the privilege to know her, Sherry has demonstrated consistently dependable, high standards of professional care and clinical services throughout our associations.

Sherry has been at Providence Holy Cross first working as a dietitian who many years ago, advanced her skills and became specialized as a Certified Diabetes Educator. I was previously employed as her manager in the Diabetes Education Department.

Sherry is a consummate professional and a pleasure to have as a colleague. She is appreciated for her positive attitude, strong people skills, excellent clinical knowledge, advanced technical competence and bilingual English/Spanish ability.

Sherry demonstrates mastery of adults and pediatric patients with Diabetes Types 1, Type 2 and gestational. She is an insulin pump trainer and has been a valuable resource for many complicated patients and their clinical management challenges over the years. Her contributions to program development and quality improvement projects are consistent with a magnet hospital's high standards and expectations.

In addition to her strong family commitments, Sherry manages to balance her time to participate in conferences, networking and educational opportunities to be current with industry updates. Sherry is also valued for being proactively responsive to coworkers and patients' needs and concerns, often going beyond expectations to provide support and extended resources.

I am confident that Sherry would be an asset to any team. Feel free to contact me for questions or further discussion.

Sandra Pieschel MPA, BSW, RN- CDE

Providence St. Joseph Medical Center
Diabetes EducatorL

310-480-1592

✓ ADDITIONAL REFERENCES AVAILABLE UPON REQUEST