

Anna F. Cahn, PhD, RDN, CLE

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EDUCATION

Ph.D.	2021	Prevention Science Specialization: Community-Based Nutrition Promotion Dissertation title: “The COVID-19 Pandemic and University of Oregon Students’ Food Security and Eating Behaviors” University of Oregon, Eugene, OR
M.S.	2020	Prevention Science University of Oregon, Eugene, OR
M.S.	2015	Nutritional Science & Dietetic Internship Concentration: Nutrition Across the Lifecycle Thesis title: “Behavioral changes and learning differences in students registered in online versus in-seat general education nutrition classes” California State University, Long Beach, CA
B.S.	2012	Nutrition Double concentration: Applied Nutrition and Nutrition Sciences Minor: Biological Sciences California Polytechnic State University, San Luis Obispo, CA

PROFESSIONAL EXPERIENCE

09/2022-present	<p>Assistant Professor – Food Science & Nutrition Dept. California Polytechnic State University, San Luis Obispo, CA Instructor for various courses in 2021-22 academic year</p> <ul style="list-style-type: none">• Create course materials, lead synchronous instruction, manage Canvas class site, and advise students on a group and individual basis <p>Co-Principal Investigator for project “Cal Poly Health & Wellness: A Needs Assessment of the Cal Poly Faculty & Staff” with Dr. Kari Pilolla (September 2022-present)</p> <ul style="list-style-type: none">• Market survey to faculty and staff to encourage participation• Manage distribution of Qualtrics survey• Allocate funds for gift card drawings for participants <p>Faculty Advisor: Nutrition Club</p> <ul style="list-style-type: none">• Advise students on the operation of Cal Poly nutrition club• Connect with potential speakers for the club• Assist in the planning of events for students
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Co-Principal Investigator for project “A dietary and lifestyle intervention to reduce cancer risk in wildland firefighters” with Dr. Kari Pilolla, Sherry Elliston and Rob Fatner (August 2022-present)

- Objective: develop and pilot test a novel intervention to reduce cancer risk for wildland firefighters in California by promoting a healthy lifestyle including proper hygiene, being physically active, and consuming nutritious foods
- Design research materials including needs assessment survey and intervention deliverables
- Manage student employees in data collection and education material development
- \$120,000 total for a 3 year project

Quarter to Semester Nutrition Curriculum Team (June 2022-present)

- Collaborate with other nutrition faculty on re-design of Cal Poly nutrition curriculum on a semester schedule
- Design courses including course names, learning objectives and number of units to allocate for each

Faculty Advisor for Food Day Instructionally Related Activity (IRA) (February 2022-present)

- Assist students in the planning of an event celebrating Food Day in October 2022
- Connect with other like-minded groups across campus to participate in the Food Day event
- Work with students to purchase materials needed for this event to be successful

09/2021-06/2022

Part-Time Lecturer (8-14.7 WTU/quarter) – Food Science & Nutrition Dept.

California Polytechnic State University, San Luis Obispo, CA
Instructor for various courses in 2021-22 academic year

- Create course materials including lectures for synchronous and asynchronous instruction, video recordings, assignments, and exams for online and in-person learning
- Manage Canvas class site including grading, answering student questions and mentorship

Faculty co-advisor for project: “Advancing Wellness in the Workplace for Cal Poly Faculty and Staff” with Dr. Kari Pilolla, Dr. Cindy Heiss, Dr. Samir Amin, Sherry Elliston and Karli McCarthy (November 2021-present):

- Assist in successful submission for a Baker and Koob Endowment for program funding (\$5,000)

- Work with students and faculty to implement a pilot program to help with workplace wellness for Cal Poly faculty and staff
- Manage Qualtrics survey creation and distribution
- Assist in formative assessments including interviews and focus groups, transcription, and analysis of formative assessments with NVIVO software
- Aid in pilot-intervention content creation and implementation
- Analyze survey and intervention results
- Collaborate on manuscripts of findings for publication
- Instructionally Related Activity (IRA) funded projects related to employee wellness starting Fall 2022 including: employee wellness fair, cooking classes

Collaborator on Cal Poly Track & Field Nutrition Assessment and Intervention Pilot Program with Dr. Kari Pilolla & Cal Poly Dietetic Interns (December 2021-present)

- Use survey data to inform nutrition education and counseling interventions
- Assist in intervention development and implementation
- Measure program effectiveness
- Coordinate program expansion to other Cal Poly sports
- Collaborate on manuscripts of findings for publication

Faculty co-sponsor for a project with Campus Health and Wellbeing, Basic Needs and the Food Pantry with Dr. Samir Amin, Dr. Aydin Nazmi, Erin Foote, Cal Poly Campus Health and Wellbeing and Basic Needs staff, and students Candy Ma & Kyoko Hall (FSN students & PULSE Peer Educators) (November 2021-present)

- Program aimed at allowing PULSE peer educators, Cal Poly Campus Health and Wellbeing, and Basic Needs to use the FSN Culinary Lab to prepare ready-to-eat meals for distribution at Cal Poly's food pantry
- Collaborated on a memorandum sent to Dean Andy Thulin and FSN Department Head Stephanie Jung with project proposal, purpose, goals, identified hurdles & solutions, future collaboration opportunities and potential timeline
- Help coordinate program implementation and future iterations of the program
- Create evaluation to assess value and future directions
- Discuss other programs and opportunities to support student projects and grant developments

Assisted in course content development for FSN 250 (Food and Nutrition: Customs and Culture) recertification with Dr. Amy Lammert (November 2021):

- Collaborated in application materials for recertification as a general education and United States Cultural Pluralism course
- Created expanded course outline including required weekly content, assignments, and assessments for future iterations of this course

2020-21

Graduate Teaching Fellow (19 hr/week) – Human Physiology Dept.
University of Oregon, Eugene, OR

- Created course materials including lectures, synchronous instruction, video recordings, assignments, and exams for online learning
- Managed Canvas class site including grading and answering student questions

2020

COVID-19 Contact Monitoring Lead (16 hr/week) – Lane Co. Public Health

Lane County Public Health & University of Oregon, Eugene, OR

- Managed 4 University of Oregon undergraduate student workers at a time in contact monitoring for Lane County residents who have been in contact with someone who is positive for COVID-19
- Trained and assisted students in providing professional customer service and accurate information to each COVID-19 person under monitoring

2020

Graduate Teaching Assistant (19 hr/week) – Family & Human Services

University of Oregon, Eugene, OR

- Assisted instructors for three undergraduate courses
- Guided students through the transition to online learning during Spring 2020 term
- Managed Canvas learning sites, answered student questions

2019-20

University Supervisor (19 hr/week) – Family & Human Services
University of Oregon, Eugene, OR

- Supervised undergraduate juniors and seniors while they completed year-long field site experiences with local human service agencies
- Assessed student performance at field sites
- Met 40 times total per term with field site supervisors and students
- Led weekly seminars with juniors and seniors discussing important topics including: resume writing and language, graduate school applications, and self-care

2017-19

Graduate Research Assistant (19 hr/week) – Prevention Science Institute

University of Oregon, Eugene, OR

Assisted with formative research that informed the adaptations of program materials and selection of a community partner to later pilot test an evidence-informed health promotion program for early adolescent girls (Sept. 2017-June 2018):

- Conducted four focus groups with parents and girls (25 participants total)
- Transcribed audio recordings of nine interviews and four focus groups
- Analyzed interviews and focus group transcripts using NVIVO software
- Presented formative research findings at the American Public Health Association Annual Conference (Nov. 2018)

Coordinated the pilot test of an evidence-informed health promotion program for early adolescent girls adapted for and delivered through the Boys and Girls Club of Emerald Valley (Sept. 2018-June 2019):

- Created and edited materials for the program including: facilitator training materials, a workbook and handouts for the girls and program facilitators, and fidelity checklists to assess implementation
- Coordinated participant recruitment, program implementation, and evaluation
- Managed multiple graduate students and Boys and Girls Club staff in program implementation
- Collected data via surveys and accelerometers (activity trackers) pre-, post-, and 6-week follow-up
- Analyzed data and created a final report on program feasibility, acceptability, and recommended adaptations for scale-up

Led a food environment audit of a rural Oregon town (Sept.-Dec. 2018):

- Funded by the University of Oregon's Office of the Vice President for Research Incubating Interdisciplinary Initiatives (I3)
- Used the Southwest Chicago Food Store Audit Instrument to assess food access and availability
- Supervised and mentored one undergraduate research assistant in performing the audits
- Created a spreadsheet and analyzed data collected from the audit
- Presented a poster at the University of Oregon Graduate Research Forum (May 2019) and an oral presentation at the Oregon Public Health Association Annual Conference (Oct. 2019)

- Manuscript of findings in progress
- 2015-17 **Supervising Nutritionist (40 hr/week) – Public Health Foundation Enterprises, Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)**
Los Angeles, CA
- Provided nutrition education, counseling and services for pregnant/breastfeeding women, infants, and children up to 5 years of age
 - Managed clinic providing services to approximately 5,000 participants
 - Supervised 10 employees
- 2013-14 **Substitute Teacher (8-40 hr/week) Long Beach Unified School District**
Long Beach, CA
- Taught as a substitute teacher across all grades in the district
 - Followed lesson plan given by instructor to students to teach students various subjects
 - Led both individual and group instruction when directed
 - Communicated student performance with permanent instructor
- 2013 **Performance Nutrition Intern (40 hr/week) EXOS**
Phoenix, AZ
- Worked with Registered Dietitians to create individualized diet plans and education for athletes based on weight, body composition, activity level, and food sensitivities
 - Assisted culinary team in creating gourmet meals for athletes
 - Educated athletes on various nutrition subjects
 - Provided assistance for athletes on an individual and group basis

TEACHING EXPERIENCE

California Polytechnic State University

Fall 2022 Quarter (8 WTU)

FSN 202: Introduction to Human Nutrition (1 section, in-person)

FSN 281: Writing in Nutrition Science (1 section, in-person)

FSN 461: Senior Project (4 students, individual meetings)

Spring 2022 Quarter (13.8 WTU)

FSN 281: Writing in Nutrition Science (2 sections, in-person)

FSN 416: Community Nutrition (1 section, in-person)

FSN 461: Senior Project (6 students, individual meetings)

Winter 2022 Quarter (14.7 WTU)

FSN 250: Food and Nutrition: Customs and Culture (1 section, in-person)

FSN 281: Writing in Nutrition Science (2 sections, in-person)

FSN 416: Community Nutrition (1 section, in-person)

FSN 461: Senior Project (3 students, individual meetings)

Fall 2021 Quarter (8 WTU)

FSN 250: Food and Nutrition: Customs and Culture (1 section, asynchronous, online)

FSN 281: Writing in Nutrition Science (1 section, in-person)

FSN 461: Senior Project (1 student, individual meetings)

University of Oregon

Spring 2021 Quarter (19 hours/week)

HPHY 105: Principles of Nutrition (1 section, synchronous, online)

Winter 2021 Quarter (19 hours/week)

HPHY 105: Principles of Nutrition (1 section, synchronous, online)

Fall 2020 Quarter (19 hours/week)

HPHY 105: Principles of Nutrition (1 section, synchronous, online)

Spring 2020 Quarter (19 hours/week)

Graduate Teaching Assistant for three courses:

FHS 213: Issues in Children and Families (1 section, synchronous, online)

CPSY 217: Student Health and Wellbeing (2 sections, synchronous, online)

Winter 2020 Quarter (19 hours/week)

FSH 407: Seminar: Supervision Issues: Beginning (1 section, in-person)

FHS 407: Seminar: Supervision Issues: Advanced (1 section, in-person)

Fall 2019 Quarter (19 hours/week)

FSH 407: Seminar: Supervision Issues: Beginning (1 section, in-person)

FHS 407: Seminar: Supervision Issues: Advanced (1 section, in-person)

Invited Lectures

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| 11/2021 | Panel member for University of Oregon Prevention Science, Graduate Public Health
<i>Title: Prevention Scientists' work during the COVID-19 pandemic</i> |
| 11/2021 | Guest lecturer for UNIV 125: First Year Seminar for Student Athletes (6 sections)
<i>Title: Nutrition for Student-Athletes</i> |
| 2018-present | Guest lecturer for California State University, Long Beach Individualized Supervised Practice Pathways Dietetic Internship & combined Master of Science and Dietetic Internship
<i>Title: Surviving the RD Exam</i> |

2018-21 Guest lecturer for Peer Health Educators in the Ducks Nest at University of Oregon
Title: Why is Nutrition Important?

2020-21 Guest lecturer for undergraduate course titled “Student Health and Wellbeing” at University of Oregon
Title: Nutrition and Wellbeing for College Students

02/2020 Guest lecturer for the University of Oregon senior level nonprofit management course
Title: WIC through the Nonprofit Lens

2019-20 RDN speaker and supervisor for undergraduate cooking classes through the Ducks Nest Wellness Center at the University of Oregon
 Various topics including: vegetarian cooking, meal preparation, and cooking for one

11/2019 Guest lecturer for the Oregon Health and Sciences University Dietetic Internship
Title: Food Insecurity on College Campuses and in Rural Communities

05/2019 Guest lecturer for University of Oregon masters level Prevention Science Seminar
Title: Job Hunting Survival Tips

03/2019 Guest lecturer for undergraduate Research Methods Course at University of Oregon
Title: Quantitative Methods & Analysis

11/2018 Guest lecturer for Health Sciences Majors at University of Oregon
Title: Why is Nutrition Important?

02/2018 Guest lecturer for undergraduate Research Methods Course at University of Oregon
Title: Ethics in Research

01/2018 Invited speaker for Lane County Firefighters New Year Challenge
Title: Lane County Firefighter Challenge

09/2016 Guest lecturer for California State University, Long Beach combined Master of Science and Dietetic Internship
Title: Working in Dietetics and the PHFE WIC Program

2015-17 Invited speaker at Public Health Foundation Enterprises monthly nutritionist meetings
 Various topics including: supermarket psychology, creating meals with WIC superfoods, veggies are yummy, etc.

2013-17 Guest lecturer for California Polytechnic State University, San Luis Obispo softball program
 Topics including: nutrition for performance, recovery nutrition and hydration

Course Development

- 11/2021 Assisted in course development for FSN 250 (Food and Nutrition: Customs and Culture) recertification with Dr. Amy Lammert
- Collaborated on application materials for recertification as a general education and United States Cultural Pluralism course
 - Created expanded course outline including required weekly content, assignments, and assessments for future iterations of this course

RESEARCH INTERESTS

- Community Nutrition
- Food Security
- Food Environment Audits
- Employee Wellness
- Federally Funded Nutrition Programs
- Lifespan Nutrition including: Maternal, Children, College & Emerging Adults, Older Adults
- Community pantries, fridges, kitchens & teaching kitchens
- Rural Food Access
- Nutrition Policy
- Food Access & Availability
- Obesity
- Needs Assessments & Implementation Frameworks

RESEARCH PUBLICATIONS

Peer-Reviewed Publications

Pooya, S., Herzig, L., Levitt, J., & **Cahn, A.F.** (2021). The Effect of COVID-19 on Students Food Security and Eating Habits at California State University, Fresno. *Nutrition & Food Science International Journal*, 11(2), 1-13.
<https://doi.org/10.19080/NFSIJ.2021.11.555810>

Published Abstract

Cahn, A. (2017). Behavioral Changes and Learning Differences in Students Registered in Online Versus In-Seat General Education Nutrition Classes (Poster Abstract). *Journal for Nutrition Education and Behavior* 49(7, Suppl. 1) S61-62.

Publications Under Review

Terral, H., Budd, E.L., Leve, I., **Cahn, A.F.**, & Liévanos, R. (2022). Evaluating and Predicting the Quality of Oregon's Local School Wellness Policies.

Manuscripts in Progress

Cahn, A.F., Kelly, N.R., Cronce, J.M., Wooten, S., & Budd, E.L. (2022). Changes in College Students' Food Security during the COVID-19 Pandemic. (submitting Q4 2022)

- Cahn, A.F.,** Kelly, N.R., Cronce, J.M., Wooten, S., & Budd, E.L. (2022). Changes in College Students' Eating Behaviors during the COVID-19 Pandemic. (submitting Q4 2022)
- Kiresich, E., Edens, D., & **Cahn, A.F.** (2022). California State Polytechnic University Students' Food Security During the COVID-19 Pandemic. (submitting Q4 2022)
- Kiresich, E., Edens, D., & **Cahn, A.F.** (2022). California State Polytechnic University Students' Eating Behaviors During the COVID-19 Pandemic. (submitting Q4 2022)
- Cahn, A.F.,** Kiresich, E., Pooya, S., Edens, D., Herzig, L., & Budd, E.L. (2022). A Comparison of Changes in Food Security During the COVID-19 Pandemic for Students at Three Universities on the West Coast. (submitting Q4 2022)
- Cahn, A.F.,** Kiresich, E., Pooya, S., Edens, D., Herzig, L., & Budd, E.L. (2022). A Comparison of Changes in Eating Behaviors During the COVID-19 Pandemic for Students at Three Universities on the West Coast. (submitting Q4 2022)
- Jackson, A. & **Cahn, A.F.** (2022). An Assessment of the Impacts of Food Insecurity on Intuitive Eating and Diet Quality.
- Cahn, A.F.** Budd, E.L. & Kelly, N.R. (2022). Perceived and Objective Availability of Healthy Foods in a Rural, Oregon Town.

PRESENTATIONS

- Cahn, A.F.,** Kelly, N.R., Cronce, J.M., Wooten, S. & Budd, E.L. (Oct. 2021). *LGBQAP identity and income loss are associated with increases in COVID-19 pandemic-related food insecurity among college students.* Oral presentation at the American Public Health Association, Denver. CO. (Virtual due to COVID-19)
- Cahn, A.F.,** Kelly, N.R., Pedroza, J.A. & Budd, E.L. (Sept. 2021). *Perceived and Objective Availability of Healthy Foods in One Rural, Oregon Town.* Poster presentation at NIH's Food Insecurity, Neighborhood Food Environment, and Nutrition Health Disparities: State of the Science. (Virtual)
- Jackson, A. & **Cahn, A.F.** (June 2020). *Do nutrition professionals have the tools to implement and evaluate effective nutrition programs?* Poster session at The International Society of Behavioral Nutrition and Physical Activity Conference, Auckland, New Zealand. (Postponed due to COVID-19)
- Jackson, A. & **Cahn, A.F.** (April 2020). *Do nutrition professionals have the tools to implement and evaluate effective nutrition programs?* Poster session at Washington State University Research Showcase. (Virtual due to COVID-19)
- Cahn, A.F.** & Jackson, A. (April 2020). *Applying Prevention Science to Nutrition Interventions and Programs.* Session speaker at the California Academy of Nutrition and Dietetics Annual Conference, Riverside, CA. (Virtual due to COVID-19)

- Cahn, A.F.,** Pedroza, J.A., Terral, H.F. & Budd, E.L. (Nov. 2019). *Neighborhood walkability, physical activity, and sedentary behaviors examined by perceived health status among diverse Latinx adults*. Oral presentation at the American Public Health Association, Philadelphia, PA. *American Public Health Association Physical Activity Section Outstanding Student Presentation Runner Up.
- Jackson, A. & **Cahn, A.F.** (Oct. 2019). *Healthy in Advance: Applying Prevention Science to Nutrition Interventions and Programs*. Session speaker at the Food and Nutrition Conference and Expo, Philadelphia, PA.
- Cahn, A.F.,** Campbell, M., Kelly, N.R. & Budd, E.L. (Oct. 2019). *Perceptions of Food Access and Availability for Residents of a Rural, Oregon Town*. Oral presentation at the Oregon Public Health Association, Corvallis, OR.
- Cahn, A.F.,** Campbell, M., Kelly, N.R. & Budd, E.L. (May 2019). *Perceptions of Food Access and Availability for Residents of a Rural, Oregon Town*. Poster presentation at the University of Oregon Graduate Research Forum, Eugene, OR.
- Cahn, A.,** Amidon, B. & Budd, E.L. (Nov. 2018). *Applying a Social Research Approach to Implementation Preparation of a Girls' Health Promotion Program into Afterschool Settings*. Poster presentation at the American Public Health Association, San Diego, CA.
- Cahn, A.** (July 2017). *Behavioral Changes and Learning Differences in Students Registered in Online Versus In-Site General Education Nutrition Classes*. Poster presentation at the Society for Nutrition Education and Behavior, Washington D.C.

GRANTS/SCHOLARSHIPS

California Polytechnic State University

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| 2022-23 | The Wildfire Conservancy, Cancer Cohort 3-year grant |
| 2021-22 | The Association of College and University Educators (ACUE) Effective Teaching Practices Cohort for 2021-22 academic year |

Academy of Nutrition and Dietetics (AND)

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| 2020-21 | AND Foundation Scholarship |
| 2019-20 | AND Foundation Scholarship |

University of Oregon (UO)

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| 2020-21 | UO Food Studies Graduate Research Grant |
| 2020-21 | UO Food Security Task Force Dissertation Grant |
| 2020-21 | UO General Scholarship |
| 2020 | UO College of Education Travel Award |
| 2020 | UO Dissertation Fellowship Title: "Evaluating the Objectively Measured and Perceived Food Environment on a College Campus" (not funded) |
| 2019-20 | UO General Scholarship |

2019	UO Prevention Science Travel Award
2018	UO College of Education Travel Award
2017	UO Graduate School Recruitment Fund Summer Support

HONORS & AWARDS

2021-22	AND National Nomination for Commission on Dietetic Registration's Nominating Committee (voting February 1-15, 2022)
2020-21	California State University, Chancellor's Doctoral Incentive Program Fellow
2020	California Academy of Nutrition and Dietetics Annual Conference Speaker Award
2019	American Public Health Association, Physical Activity Section Outstanding Student Presentation Runner Up
2019	Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo Speaker Award
06/2012	Speaker for California Polytechnic State University, San Luis Obispo spring graduation

Link to video: <https://www.youtube.com/watch?v=MuwQXZFJji8&t=1s>

SERVICE & INVOLVEMENT

Family & Consumer Sciences Research Journal

2021-present Manuscript Reviewer

University of Oregon

2019-21	College of Education Dean Student Advisory Committee Member
2019-21	Prevention Science Admissions Committee Member

California Academy of Nutrition and Dietetics, Orange District

2021-22	Community Chair <ul style="list-style-type: none"> • Coordinate nutrition events and connect with community partners to promote nutrition and dietetics • Assisted in creating and managing member meetings and events
2016-17	Communications Co-Chair <ul style="list-style-type: none"> • Responsible for posting content including: emerging nutrition research and upcoming meeting information to social media accounts

Academy of Nutrition and Dietetics (AND)

2018	AND Public Policy Day participant, Washington D.C.
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Society for Nutrition Education and Behavior

2018 Abstract reviewer for annual meeting poster session

Professional Service/Involvement

Commission on Dietetic Registration

- 2022-23 Commission on Dietetic Registration's RDN & DTR Exam Panel Chair
- Lead CDR exam meetings and member trainings
 - Assist CDR staff and exam panel on administrative tasks
 - Collaborate and discuss future directions for the RDN and DTR Exams
 - Mentor and train RDNs in item writing and review
 - Lead RDNs in successfully creating items to put on the RDN Exam
- 2021-22 Commission on Dietetic Registration's RDN & DTR Exam Panel Vice-Chair
- Assist CDR staff and exam panel chair in administrative tasks
 - Lead CDR exam panel member trainings
 - Collaborate and discuss future directions for the RDN and DTR Exams
 - Mentor and train RDNs in item writing and review
 - Lead RDNs in successfully creating items to put on the RDN Exam
- 2021 Registration Examination for Registered Dietitians Practice Audit Participant
- Collaborated with newly credentialed RDNs in discussing entry-level dietetics practices to be included/excluded on the Registration Examination
- 2019, 2020 Commission on Dietetic Registration Reference checker for the Registration Examination for Registered Dietitians
- Located and updated references for items for the entry-level, national exam to become a Registered Dietitian Nutritionist
- 2018, 2021 Commission on Dietetic Registration Item reviewer for the Registration Examination for Registered Dietitians
- Edited and reviewed new items for the entry-level, national exam to become a Registered Dietitian Nutritionist
- 2016, 2021 Commission on Dietetic Registration Item writer for the Registration Examination for Registered Dietitians
- Trained and wrote items for the entry-level, national exam to become a Registered Dietitian Nutritionist

ACADEMIC ADVISEMENT

California Polytechnic State University

- 2021 Senior project advisor: Kelvin Tran (Fall 21)
"Dietary Behaviors Among College Students Based on Varying Factors"
- 2022 Senior Project Advisor: 3 students, names TBD (Winter 22), 6 students, names TBD (Spring 22)

University of Oregon

- 2020-21 McNair Scholar, Clark Honors College Thesis Committee Member: Meg Urban
"Racial Disparities in Infant and Maternal Care in the United States: A History of Exclusion and Mistreatment"
- 2019-21 McNair scholar research mentor: Jennifer Vuong
"Assessing College Student Food Security Changes During the COVID-19 Pandemic"

California State University, Long Beach

- 2020-21 Graduate directed project committee member: Trisha Naresh
"Development of an Infographic to Support Breastfeeding in African America"
- 2016-17 Graduate thesis expert peer review panel member: Christine Gilbert
"Factors Associated with Dietetic Interns' Knowledge of Sodium and the 2015 Dietary Guidelines for Americans"

PROFESSIONAL DEVELOPMENT

- 2021-22 The Association of College and University Educators (ACUE) Effective Teaching Practices
- 2018 Commission on Dietetic Registration's Certificate of Training on Childhood and Adolescent Weight Management

CERTIFICATIONS

- 2015-present Registered Dietitian Nutritionist (RDN)
- 2016-present Certified Lactation Educator (CLE)
- 2018-present Professional Item Writer for the Commission on Dietetic Registration
- 2021-23 CPR and Basic Life Support (BLS) trained and certified through the American Heart Association
- 2021 ACUE Microcredential in Promoting Active Learning
- 2018 Completed Certificate of Training in Childhood and Adolescent Weight Management
- 2017-22 ServSafe Food Protection Manager trained and certified

ORGANIZATIONAL MEMBERSHIPS

2012-present Academy of Nutrition and Dietetics
2012-present California Academy of Nutrition and Dietetics
2018-present Nutrition and Dietetic Educators and Preceptors (NDEP)
2018-present American Public Health Association
2016-present Society for Nutrition Education and Behavior