# CALIFORNIA POLYTECHNIC STATE UNIVERSITY San Luis Obispo May 2010

# RECREATION, PARKS, & TOURISM ADMINISTRATION

# 1. Catalog Description

RPTA 205 – Leadership and Facilitation (4)

Recreation, parks, and tourism leadership with small and large groups. Skills, knowledge, and abilities required of effective leaders in leisure organizations and settings. 3 lectures, 1 activity. Prerequisite: Recreation, Parks, and Tourism Administration majors only, RPTA 101, sophomore standing or consent of instructor.

## 2. Instructor(s)

Marni Goldenberg/Jeff Jacobs

# 3. Learning Objectives

Upon successful completion of this course, the student will be able to:

- 1. Demonstrate entry-level knowledge of the scope of the profession, along with professional practices of the profession. (7.03.01)
  - a. Implement different techniques to leadership, including appointment, election, emergence, and charisma.
  - b. Identify the relationship between leadership and power.
  - c. Describe contemporary and traditional leadership theories and styles.
  - d. Classify leadership into one of three layers: administrative, supervisory, or direct.
  - e. Articulate conceptual, interpersonal, and technical leadership competencies.
  - f. Understand the principles and procedures of supervisory leadership.
- 2. Demonstrate the ability to apply relevant knowledge or professional practice, and the historical, scientific, and philosophical foundation to develop valid and sound arguments on which to base decisions about professional policies, procedures, practices, techniques, and related ethical and professional issues. (7.03.03)
  - a. Assemble a personal leadership philosophy.
  - b. Apply various leadership techniques and styles to enhance a recreation or leisure experience.
  - c. Describe the importance of ethical leadership principles.
- 3. Demonstrate the ability to design experiences clearly reflecting application of knowledge from relevant facets of contemporary professional practice, science, and philosophy. (7.04.01)
  - a. Utilize understanding of outstanding leadership techniques and employ exemplary practices.
  - b. Appreciate and implement effective tools to communication, including verbal, nonverbal, paraverbal, symbolic, and written techniques.
  - c. Utilize leadership principles and procedures to implement programs/events.
- 4. Demonstrate the ability to facilitate recreation and leisure experiences for diverse clientele, settings, and cultures, and contexts. (7.04.02)
  - a. Identify the theories and stages of human development.

- b. Illustrate the elements of group behavior and group dynamics.
- c. Formulate an approach to effectively manage conflict, aggression, manipulation, and resistance.
- d. Establish a leadership philosophy that synthesizes the issues of diversity, ethics, gender, and marginalization.

#### 4. Text and References

*Text*:

Jordan, D. (2007). *Leadership in leisure services: Making a difference* (3rd Edition). State College, PA: Venture Publishing, Inc.

References:

Csikszentmihalyi, M. (1990). *Flow: The psychology of optimal experience*. New York: Harper Collins.

Edginton, C., Hudson, S.D., & Scholl, K. (2005). *Leadership for recreation, parks, and leisure services*. (3<sup>rd</sup> Edition). Champaign, IL: Sagamore Publishing, L.L.C.

Russell, R. (2001). *Leadership in recreation*. (2<sup>nd</sup> Edition). Boston: McGraw Hill.

# 5. **Topical Schedule**

- a. Understanding Leadership
  - 1. Definitions
  - 2. Competencies and Skills
  - 3. Traits and Qualities
  - 4. Layers of Leadership
- b. Leadership Theories and Styles
  - 1. Early Theories
  - 2. Leadership Styles
  - 3. Later Theories
  - 4. Contemporary Views
- c. Human Development
  - 1. Theories of Human Development
  - 2. Gender
  - 3. Stages
- d. Group Dynamics
  - 1. Elements of Groups and Group Structure
  - 2. Group Development
  - 3. Team Building
- e. Communication Skills
  - 1. Functions of Communication
  - 2. Effective Communication
  - 3. Verbal Language
  - 4. Nonverbal Communication
  - 5. Body Language
  - 6. Paraverbal Language
- f. Managing and Motivating
  - 1. Conflict Resolution
  - 2. Assertiveness

- 3. Power and Behavior Management
- g. Diversity and Leadership
  - 1. Diversity and Privilege
  - 2. Dimensions of Diversity
- h. Values and Ethics
  - 1. Foundational Values
  - 2. Ethics, Rights, Justice, and Care

# 6. **Delivery Mode**

Lecture, discussion, guest speakers, case studies, role-playing, oral presentations, written assignments, audio-visual presentations, written exams

#### 7. Course Resources

Classroom, Smart Room with projector, internet connection, DVD/video, Blackboard

# 8. Assignments & Learning Experiences

The class will consist of several assignments and learning experiences such as:

Attendance/Participation/Quizzes/Reflections - Students must come to class and be prepared to participate in both small group and large group discussions. Quizzes will be both announced and unannounced throughout the quarter. Students may also be asked to do both in-class and out-of-class reflections on various activities that they participate in class.

Assignments and Projects – Students are able to select from several different assignments and projects. Projects include shadowing at Chumash Challenge Course and submitting a reflection, preparing and teaching a teaching topic to the class, or participating in a group project called "Leadership Excellence" where the group participates in a community service activity.

Papers – Students are able to select the papers that they would like to complete for the quarter. Various papers include the personal leadership philosophy, book review, diversity and leadership, or values and ethics paper.

## 9. Exams

A midterm exam and a final exam will be given in class. The exams will cover lecture, guest speakers, and material from the text. Even if a topic is not discussed in class, it is still fair game for the exam.

#### 10. Policies

#### **Submission Deadlines**

You are expected to develop professional work habits in which assignments are submitted by the scheduled deadline. Exceptions will be made only by **prior arrangement** (computer malfunction does not count as an extenuating circumstance). Assignments are to be turned in at the beginning of class on the due date. Late assignments will NOT be accepted. There will be no exam or quiz make-ups.

#### **Format**

Your typed paper should be double-spaced using Times/Times New Roman, 12 point font, and 1 to 1<sup>1</sup>/<sub>4</sub> inch margins. Review, revise, and edit your paper to assure clear, concise, and correct writing. Please <u>always</u> include grading rubric when submitting a paper (see Blackboard).

## **Students with Disabilities**

Reasonable accommodations will be made for students with verifiable disabilities who are registered with the Disability Resource Center (Student Services Building 124, 756-1395). The URL for the DRC website is <a href="http://drc.calpoly.edu/">http://drc.calpoly.edu/</a>. In order to receive accommodations, students should notify the instructor by the end of the second week of classes.

#### **Method of Instruction**

A variety of methods will be used to enable you to learn the content of this course, including lecture, discussion, assigned readings, demonstrations, activities, role plays, scenarios, and group projects. The approach of this course will emphasize self-motivated and cooperative learning. An effort will be made to create a cooperative atmosphere where differing points of view can be heard.

## **Attendance**

Class attendance is required. Learning is an active process, and it is simply impossible for you to participate if you are not here.

#### **Note on Academic Ethics**

Academic dishonesty includes, but is not limited to: cheating on assignments or exams, plagiarizing (misrepresenting as your work any work that has been written by another author), and submitting the same paper or substantially similar paper to meet the requirements of more than one course without the approval and consent of all the instructors concerned. I am required to report such dishonesty. It is grounds for failure in the entire course and possible disciplinary action by the university.

#### **Classroom Civility**

Civility, appropriate conduct and ethical behavior will be expected of all students. Plagiarism and other forms of cheating will not be tolerated and will result in a failing grade for the assignment and/or course and will be reported to the Office of Student Rights & Responsibilities.

# 11. **Grading Criteria**

Attendance/Participation/Quizzes/Reflections	50 pts
Required Assignment - Leadership Role Model	50 pts
Exams	

Mid-term 100 pts Final 150 pts

For #4 and #5, students can select which assignments and projects or papers they

choose to complete. Your point total should equal 300 points.

Assignments and Projects (students are expected to complete 2 assignments)

Shadow at Chumash 100 pts

Teaching Topic 100 pts Leadership Excellence 100 pts

Papers (students are expected to complete 1 paper)

Personal Leadership Philosophy
Book Review
100 pts
Diversity and Leadership
100 pts
Values and Ethics
100 pts

Grades will be based on a modified curve or if appropriate, the following scale:

# Grade Scale

93-100%	A	80-82 B-	67-69 D+
90-92	A-	77-79 C+	63-66 D
87-89	B+	73-76 C	60-62 D-
83-86	В	70-72 C-	<59 F

## TENTATIVE COURSE CALENDAR – Winter 2010

# \*\*Readings are to be done prior to class

<u>Date</u>	Readings**	<u>Topics</u>	Assignments
Week 1	Ch. 1	Introduction, Syllabus, Assignments	
T, 1/5	(pg. 1-14)	Definitions, competencies, traits and qualities,	
		values	
Th, 1/7	Ch 1	Layers of leadership, leaders identified, power	
	(pg 14-21)		
F, 1/8		Activity – Teambuilding	
		Location: Arboretum	
Week 2	Ch. 2	Leadership theories and styles	Book Review Title Submitted
T, 1/12			
Th, 1/14		NO CLASS – FURLOUGH DAY	
F, 1/15		Activity – Teambuilding	
		Dan Pronsolino	
Week 3	Ch. 3	Leadership and human development	Leadership Excellence Project
T, 1/19			Information Due
Th, 1/21	Ch. 4	Group dynamics	Challenge Course Release Form
			Due
F, 1/22		Activity - Low Ropes Course/Teambuilding	
		Location: Chumash Challenge Ropes Course	
Week 4	Ch. 5	Communication skills	
T, 1/26		APA lesson	
Th, 1/28		Increasing communication effectiveness, verbal	Personal Leadership Philosophy
		language, intercultural communication	Paper Due
F, 1/29		NO ACTIVITY – FURLOUGH DAY	
Week 5	Ch. 6	Non-verbal communication	Book Review Paper Due
T, 2/2		Review for Exam	
Th, 2/4		Mid-Term Exam	

F, 2/5		Role Model Talks	Leadership Role Model Paper Due
Week 6 T, 2/9	Ch. 7	Managing difficulties, conflict resolution	
Th, 2/11		Managing difficulties, assertiveness and anger management 10:15-11 a.m Daren Connor (Assistant Director of Programs, ASI)	
F, 2/12		Group Activity/Movie - TBD	
Week 7 T, 2/16		NO CLASS – Monday Schedule on a Tuesday	
Th, 2/18	Ch. 8	Managing and motivating participant behaviors Principles and application of behavior management	
F, 2/19		NO ACTIVITY – RPTA 325 Field Trip	
Week 8 T, 2/23	Ch. 9	Diversity and leisure service leadership Women in Leadership 10-11 a.m. – Renoda Campbell (Coordinator of Mulitcultural Programs)	Diversity and Leadership Paper Due
Th, 2/25	Ch. 11	Risk management in direct leadership	Leadership Excellence Assignments Due
F, 2/26		Diversity Activities – Jason Mockford (Assistant Coordinator, Orientation Programs)	-
Week 9 T, 3/2		NO CLASS – FURLOUGH DAY	
Th, 3/4	Ch 10	Values and ethics	Values and Ethics Paper Due
F, 3/5		Values and ethics Lecture and Activity – Lieutenant Calkins	
Week 10	Ch. 12	Direct leadership techniques	
T, 3/9	Ch. 13	Selected social and professional issues Final Exam Review – cumulative	
Th, 3/11		Study for Final Exam NO CLASS – CPRS Conference	
F, 3/12		NO ACTIVITY – CPRS Conference	
Finals Week Th - 3/18		FINAL – 10:10-1 p.m.	

This syllabus, assignments, and lessons can change at any time at the discretion of the instructor.