



CAL POLY

Student Affairs
Disability Resource Center

Disability Resource Center, Bldg 124- 119
California Polytechnic State University San
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Emotional Support Animal Verification Form

Student Name: _____

ID # _____

The student named above has indicated that you are the licensed professional* (e.g., physician, psychiatrist, mental health worker, or clinician) who has prescribed an Emotional Support Animal (ESA) in University Housing to alleviate one or more of the identified symptoms or effects of the student's disability. We accept documentation from providers in California or the student's home state if they are licensed to practice in California. We recognize that having an ESA in University Housing can benefit someone with a significant psychological disability. The practical limitations of our housing arrangements make it necessary to carefully consider the impact of the request for an ESA on the student and the campus community. Please answer the following questions to help us better evaluate the request for an ESA (attach additional pages and/or a copy of supporting diagnostic documentation e.g., evaluation report or letter):

1. How long and in what capacity have you worked with this student? Please identify the extent of your relationship (e.g., types of contact, etc.)
2. Provide the following information:
 - a. Disability diagnoses:
 - b. Date of diagnosis:
 - c. Assessments utilized:
 - d. Functional limitations of the disability:
 - e. Recommendations:
3. Is the ESA a prescribed treatment for the student? Describe specific symptoms the ESA will help reduce in the student. If the ESA is a new treatment approach, please provide the scope of the beginning and ending trial dates to be reviewed to determine the treatment goals' effectiveness (including benchmark goals)

4. Describe all interventions utilized before concluding an ESA is the recommended treatment plan for the student including:
 - a. Medication:
 - b. Therapies:
 - c. Treatments:
 - d. Other alternative coping strategies other than an animal (e.g., weighted blanket, etc.) :
5. On a scale of 1-10, please rate the student's need for assistance from an ESA (1 – not at all and 10 is significantly important):
6. Please describe why you believe this animal would be suitable for a university campus residence hall. Describe if the animal has received any training and/or do you recommend training to live in a campus housing situation?
7. How might the responsibilities of properly caring for the ESA in University Housing exacerbate the student's symptoms?
8. If the ESA is not approved, would this exacerbate the student's symptoms? If so, describe anticipated adverse impacts and provide minimum and maximum separation limitations of the student from the ESA.
9. Provide the length of time (e.g., days, weeks, months, years) the student and this recommended ESA have been together and data on the effectiveness of this ESA with the student including:
 - a. Baseline data
 - b. Decreases in symptomology (e.g., data of pre- and post-behavioral rating scales, etc)

10. Per the guidance of the CA Board of Behavioral Sciences, please indicate if you have done the following:

Completed a clinical evaluation of the individual regarding the need for an ESA

Provided a verbal or written notice to the individual that knowingly or fraudulently representing oneself as the owner or trainer of any dog licensed, qualified, or identified as a guide, signal or service dog is a misdemeanor violation of Section 365.7 of the California Penal Code.

11. Provide the following description of the ESA:

a. Name:

b. Breed:

c. Color:

d. Gender:

e. Weight:

Practitioner Contact Information:

Name: _____

CA License #: _____

Address:

Telephone: _____

Signature: _____

Date: _____

*The Americans with Disabilities Act gives special status to Service Animals (a dog that performs a task on cue that partially mitigates an impact of the disability). It does not preclude a request for an emotional support animal whose presence (passive with no specific cued behavior but verifiably reduces the impact of a disability through its relationship with the owner) as an accommodation to a standing “no pets” policy. As a clinician, you should follow your professional training, scope of practices, and ethics, not overthink legal and policy issues.