

2026-28 Course Mappings

To be used to show how previously taken quarter courses will count towards the 2026-28 Semester Catalog Requirements

| QUARTER COURSE | SEMESTER COURSE or MAPPING | NOTES |
|--|--|--|
| KINE 180 Orientation to Kinesiology | ➔ KINE 1180 Introduction to Kinesiology | |
| HLTH 250 Healthy Living OR HLTH 255 Personal Health: A Multicultural Approach OR HLTH 260 Women's Health Issues | ➔ Credit in: HLTH 1155 Multicultural Perspectives & Health OR HLTH 1160 Women's Health & Society | HTLH 250 - credit applied to HLTH 1155 or 1160 course requirement, but does not meet GE 4B on the 26-28 catalog. |
| KINE 266 Sport & Exercise Psychology | ➔ KINE 2266 Sport and Performance Psychology | |
| KINE 301 Functional Anatomy | ✗ Units applied to overall major units or concentration electives | |
| KINE 303 Physiology of Exercise | ➔ KINE 3303 Physiology of Exercise | |
| KINE 304 Pathophysiology & Exercise | ➔ KINE 4404 Clinical Exercise Physiology | Required for Exercise Science. Concentration elective for Sport Science/Health Promotion Concentration |
| KINE 307 Adapted Physical Activity | ➔ KINE 3307 Adapted Physical Activity | |
| KINE 312 Motor Learning & Control | ➔ KINE 3312 Motor Learning | |
| KINE 319 Intro to Research Methods in KINE | ➔ KINE 3319 Intro to Research Methods in KINE | |
| KINE 349 Exercise Testing & Prescription for Healthy Population | ➔ KINE 3349 Exercise Testing & Prescription | Required for Exercise Science. Concentration elective for Sport Science/Health Promotion |
| KINE 401 Managing Exercise, Health & Sport Programs | ➔ KINE 4401 Leadership in Health & Physical Activity Programs | Required for Health Promotion & Sport Science. Concentration elective for Exercise Science Concentration. |
| KINE 403 Biomechanics | ➔ KINE 4403 Biomechanics | |
| KINE 323 Sport and Gender | ➔ KINE 3323 Sport and Gender | If taken prior to Fall 26, does not meet GWR |
| KINE 324 Sports, Media, and American Popular Culture | ➔ KINE 3324 Sports, Media, and US Popular Culture | If taken prior to Fall 26, does not meet GWR |

MAJOR COURSES



Visit the BCSM semester conversion website for more information at csmadvising.calpoly.edu/semester-conversion



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| MAJOR COURSES | KINE 412 Physical Activity & Public Health | ➔ KINE 4412 Physical Activity & Public Health | |
| | KINE 451 Nutrition for Fitness & Sport | ➔ KINE 4451 Nutrition for Fitness & Sport | |
| | KINE 459 Personal & Group Fitness Instruction | KINE 3330 Group Exercise & Personal Training | Required for Sport Science & Exercise Science |
| | KINE 460 Experiential Senior Project OR KINE 461 Senior Project Report OR KINE 462 Research Honors Senior Project OR KINE 463 Exercise Science & Health Promotion Fieldwork | ➔ KINE 4460 Senior Project- Experiential OR KINE 4461 Senior Project- Report OR KINE 4462 Senior Project- Research OR KINE 4463 Senior Project- Internship | |

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| SUPPORT COURSES | BIO 232 Human Anatomy & Physiology II | ➔ BIO 2232 Human Anatomy & Physiology II | |
| | CHEM 127 Gen. Chem for Ag & Life Science I | ➔ CHEM 1120 Fundamentals of Chemical Structure & Properties | |
| | CHEM 128 Gen Chem for Ag & Life Science II | ➔ | Units applied to support or free electives |
| | CHEM 312 Survey of Organic Chemistry OR CHEM 216 Organic Chemistry I | CHEM 2240 Organic Chemistry: Fundamentals & Applications OR CHEM 2242 Organic Chemistry I | Credit applied to support units or free electives |
| | PHYS 121 General Physics I | ➔ PHYS 1121 General Physics I | |
| | STAT 218 Applied Stats for Life Science | ➔ STAT 1110 Applied Statistical Concepts & Methods | |
| | MATH 119 Precalculus Trigonometry OR MATH 141 Calculus I | ➔ MATH 1007 Precalculus OR MATH 1261 Calculus I | |



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| MAJOR COURSES | APPROVED ELECTIVES: Select from the following: | Approved Electives not a Requirement | Any course taken in approved elective area applied to concentration electives units |
| | BIO 162 BIO 253 BIO 305 | DISCONTINUED DISCONTINUED BIO 3315 | |
| | CHEM 129 CHEM 217/CHEM 220 CHEM 314 | DISCONTINUED CHEM 2244/DISCONTINUED CHEM 3350 | |
| | COMS 211 COMS 213 COMS 301 COMS 316 | COMS 2211 COMS 2213 COMS 3301 COMS 3316 | |
| | FSN 310 FSN 315 FSN 415 FSN 416 | NUTR 3310 NUTR 3315 NUTR 4415 NURT 4416 | |
| | HLTH 297 HLTH 305 HTLH 320 | HLTH 2297 HLTH 3305 DISCONTINUED | |
| | IME 320 KINE 181 KINE 201 KINE 308 | IME 3320 KINE 1181 KINE 2200 DISCONTINUED | |
| | KINE 323 KINE 382 KINE 400 KINE 406 KINE 409 KINE 446 | KINE 3323 KINE 3382 KINE 4400 KINE 4406 KINE 4409 DISCONTINUED | KINE 3323 major requirement; fulfills GWR |
| | PHYS 122 PHYS 123 | DISCONTINUED PHYS 1123 | |
| | PSY 201/PSY 202 PSY 252 PSY 256 PSY 302 PSY 310 | PSY 2201/DISCONTINUED PSY 2252 PSY 2256 PSY 3302 PSY 3310 | |
| | PSY 318 PSY 320 PSY 340 PSY 350 | PSY 3318 PSY 3320 PSY 2240 PSY 3350 | |
| | RPTA 160 RPTA 255 RPTA 275 RPTA 450 | EIM 1160 EIM 2255 EIM 2275 EIM 4450 | |



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KINE: Concentration Courses

Exercise Science, Sport Science

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| EXERCISE SCIENCE | KINE 408 Exercise & Health Gerontology | ➔ KINE 4408 Physical Activity & Aging | units applied to concentration elective units |
| | KINE 445 Electrocardiography | ➔ KINE 4445 Cardiopulmonary Physiology & Assessment | units applied to concentration elective units |
| | KINE 454 Exercise Metabolism | ✗ DISCONTINUED | units applied to concentration elective units |
| | KINE 449 Exercise Prescription for Diseased and Special Populations | ✗ DISCONTINUED | units applied to concentration elective units |
| | Select from the Following: BMED/KINE/ME 409 Interdisciplinary Study in Biomechanics HLTH 405 Stress, Health, and Chronic Illness HTLH 453 Obesity Prevention and Treatment KINE 406 Neuroanatomy KINE 446 Echocardiography PHIL 339 Biomedical Ethics PSY 318 Psychology of Aging PSY 320 Health Psychology PSY 330 Behavioral Effects of Psychoactive Drugs PSY 405 Abnormal Psychology | Select from the Following: KINE 4409 Interdisciplinary Projects in Biomechanics HLTH 405- credit applied to concentration elective HLTH 453 - credit applied to concentration elective KINE 4406 Motor Control required course KINE 446 credit applied to concentration elective PHIL 3399 Biomedical Ethics- credit applied to concentration elective PSY 3318 Psychology of Aging- credit applied to concentration elective PSY 3320 Health Psychology-credit applied to concentration elective PSY 3330 Behavioral Effects of Psychoactive Drugs- concentration elective PSY 4405 Adult Mental Health & Psychopathology- concentration elective | Units applied to concentration elective units |
| | KINE 278 Intro to Perspectives in Physical Activity | KINE 3325 Sport and Physical Activity Throughout Civilizations | KINE 3325 will fulfill Upper Division GE 3 and GWR |
| KINE 308 Motor Development | ➔ DISCONTINUED | units applied to concentration elective units | |
| KINE 324 Sports, Media & American Popular Culture OR KINE 382 Psychological Aspects of Injury in Sport and Physical Activity | ➔ KINE 3324 Sports, Media, and United States Popular Culture OR ➔ KINE 3382 Psychological Aspects of Injury in Sport and Physical Activity | KINE 3324 major requirement KINE 3382 concentration elective units | |
| KINE 366 Applied Sport Psychology | KINE 3366 Applied Sport and Performance Psychology | | |
| RPTA 260 Community Relations & Sports-Based Youth Development | EIM 2260 Community Relations and Sports-Based Youth Development-S | credit applied to concentration elective units | |



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KINE: Concentration Courses

Health Promotion

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| HEALTH PROMOTION | HLTH 265 Intro to Community & Public Health | X DISCONTINUED | HLTH 265 credit applied to HLTH 2261 |
| | HLTH 298 Intro to Epidemiology | X DISCONTINUED | credit applied to concentration elective |
| | HLTH 334 Health Behavior Theory | X DISCONTINUED | credit applied to concentration elective |
| | Select from the Following: HLTH 305 Drugs in Society HLTH 320 Media & Technology in Health Promotion HLTH 405 Stress, Health & Chronic Illness HLTH 410 Global Health HLTH 434 Health Promotion Program Planning HLTH 450 Worksite & Univ Health Promotion Prgms. HLTH 453 Obesity Prevention and Treatment | → Select from the Following: HTLH 3305 Drugs in Society, concentration elective HLTH 320, credit applied to concentration elective DISCONTINUED, concentration elective HLTH 4410 Global Health, concentration elective HLTH 4434 Health Promotion Program Planning required course DISCONTINUED, concentration elective DISCONTINUED, concentration elective | credit applied to concentration elective |



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