

Kinesiology

Major Courses

2026-28 Course Mappings

To be used to show how previously taken quarter courses will count towards the 2026-28 Semester Catalog Requirements

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QUARTER COURSE	SEMESTER COURSE or MAPPING	NOTES
KINE 180 Orientation to Kinesiology	KINE 1180 Introduction to Kinesiology	
HLTH 250 Healthy Living OR HLTH 255 Personal Health: A Multicultural Approach OR HLTH 260 Women's Health Issues	Credit in: HLTH 1155 Multicultural Perspectives & Health OR HLTH 1160 Women's Health & Society	HTLH 250 - credit applied to HLTH 1155 or 1160 course requirement, but does not meet GE 4B on the 26-28 catalog.
KINE 266 Sport & Exercise Psychology	KINE 2266 Sport and Performance Psychology	
KINE 301 Functional Anatomy	X Units applied to overall major units or concentration electives	
KINE 303 Physiology of Exercise	KINE 3303 Physiology of Exercise	
KINE 304 Pathophysiology & Exercise	KINE 4404 Clinical Exercise Physiology	Required for Exercise Science. Concentration elective for Sport Science/Health Promotion Concentration
KINE 307 Adapted Physical Activity	KINE 3307 Adapted Physical Activity	
KINE 312 Motor Learning & Control	KINE 3312 Motor Learning	
KINE 319 Intro to Research Methods in KINE	KINE 3319 Intro to Research Methods in KINE	
KINE 349 Exercise Testing & Prescription for Healthy Population	KINE 3349 Exercise Testing & Prescription	Required for Exercise Science. Concentration elective for Sport Science/Health Promotion
KINE 401 Managing Exercise, Health & Sport Programs	KINE 4401 Leadership in Health & Physical Activity Programs	Required for Health Promotion & Sport Science. Concentration elective for Exercise Science Concentration.
KINE 403 Biomechanics	KINE 4403 Biomechanics	
KINE 323 Sport and Gender	KINE 3323 Sport and Gender	If taken prior to Fall 26, does not meet GWR
KINE 324 Sports, Media, and American Popular Culture	KINE 3324 Sports, Media, and US Popular Culture	If taken prior to Fall 26, does not meet GWR



Visit the BCSM semester conversion website for more information at csmadvising.calpoly.edu/semester-conversion



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Kinesiology

Major & Support Courses

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QUARTER COURSE	SEMESTER COURSE or MAPPING	NOTES
KINE 412 Physical Activity & Public Health	→ KINE 4412 Physical Activity & Public Health	
KINE 451 Nutrition for Fitness & Sport	→ KINE 4451 Nutrition for Fitness & Sport	
KINE 459 Personal & Group Fitness Instruction	KINE 3330 Group Exercise & Personal Training	Required for Sport Science & Exercise Science
KINE 460 Experiential Senior Project OR KINE 461 Senior Project Report OR KINE 462 Research Honors Senior Project OR KINE 463 Exercise Science & Health Promotion Fieldwork	→ KINE 4460 Senior Project- Experiential OR KINE 4461 Senior Project- Report OR KINE 4462 Senior Project- Research OR KINE 4463 Senior Project- Internship	

QUARTER COURSE	SEMESTER COURSE	NOTES
BIO 161 Intro to Cell/Molecular Bio	→ BIO 1151 Life: Molecules and Cells	
BIO 231 Human Anatomy & Physiology I	→ BIO 2231 Human Anatomy & Physiology I	
BIO 232 Human Anatomy & Physiology II	→ BIO 2232 Human Anatomy & Physiology II	
CHEM 127 Gen. Chem for Ag & Life Science I	CHEM 1120 Fundamentals of Chemical Structure & Properties	
CHEM 128 Gen Chem for Ag & Life Science II		Units applied to support or free electives
CHEM 312 Survey of Organic Chemistry OR CHEM 216 Organic Chemistry I	→ CHEM 2240 Organic Chemistry: Fundamentals & Applications OR CHEM 2242 Organic Chemistry I	Credit applied to support units or free electives
PHYS 121 General Physics I	PHYS 1121 General Physics I	
STAT 218 Applied Stats for Life Science	STAT 1110 Applied Statistical Concepts & Methods	



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MAJOR COURSES	QUARTER COURSE	SEMESTER COURSE or MAPPING	NOTES
	APPROVED ELECTIVES: Select from the following:	Approved Electives not a Requirement	Any course taken in approved elective area applied to concentration electives units
	BIO 162 BIO 253 BIO 305	DISCONTINUED DISCONTINUED BIO 3315	
	CHEM 129 CHEM 217/CHEM 220 CHEM 314	DISCONTINUED CHEM 2244/DISCONTINUED CHEM 3350	
	COMS 211 COMS 213 COMS 301 COMS 316	COMS 2211 COMS 2213 COMS 3301 COMS 3316	
	FSN 310 FSN 315 FSN 415 FSN 416	NUTR 3310 NUTR 3315 NUTR 4415 NURT 4416	
	HLTH 297 HLTH 305 HTLH 320	HLTH 2297 HLTH 3305 DISCONTINUED	
	IME 320 KINE 181 KINE 201 KINE 308	IME 3320 KINE 1181 KINE 2200 DISCONTINUED	
	KINE 323 KINE 382 KINE 400 KINE 406 KINE 409 KINE 446	KINE 3323 KINE 3382 KINE 4400 KINE 4406 KINE 4409 DISCONTINUED	KINE 3323 major requirement; fulfills GWR
	PHYS 122 PHYS 123	DISCONTINUED PHYS 1123	
	PSY 201/PSY 202 PSY 252 PSY 256 PSY 302 PSY 310	PSY 2201/DISCONTINUED PSY 2252 PSY 2256 PSY 3302 PSY 3310	
	PSY 318 PSY 320 PSY 340 PSY 350	PSY 3318 PSY 3320 PSY 2240 PSY 3350	
	RPTA 160 RPTA 255 RPTA 275 RPTA 450	EIM 1160 EIM 2255 EIM 2275 EIM 4450	



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KINE: Concentration Courses

Exercise Science, Sport Science

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	QUARTER COURSE	SEMESTER COURSE or MAPPING	NOTES
EXERCISE SCIENCE	KINE 408 Exercise & Health Gerontology	→ KINE 4408 Physical Activity & Aging	units applied to concentration elective units
	KINE 445 Electrocardiography	→ KINE 4445 Cardiopulmonary Physiology & Assessment	units applied to concentration elective units
	KINE 454 Exercise Metabolism	✗ DISCONTINUED	units applied to concentration elective units
	KINE 449 Exercise Prescription for Diseased and Special Populations	✗ DISCONTINUED	units applied to concentration elective units
	Select from the Following: BMED/KINE/ME 409 Interdisciplinary Study in Biomechanics HLTH 405 Stress, Health, and Chronic Illness HTLH 453 Obesity Prevention and Treatment KINE 406 Neuroanatomy KINE 446 Echocardiography PHIL 339 Biomedical Ethics PSY 318 Psychology of Aging PSY 320 Health Psychology PSY 330 Behavioral Effects of Psychoactive Drugs PSY 405 Abnormal Psychology	Select from the Following: KINE 4409 Interdisciplinary Projects in Biomechanics HLTH 405- credit applied to concentration elective HLTH 453 - credit applied to concentration elective KINE 4406 Motor Control required course KINE 446 credit applied to concentration elective PHIL 3339 Biomedical Ethics- credit applied to concentration elective PSY 3318 Psychology of Aging- credit applied to concentration elective PSY 3320 Health Psychology-credit applied to concentration elective PSY 3330 Behavioral Effects of Psychoactive Drugs- concentration elective PSY 4405 Adult Mental Health & Psychopathology- concentration elective	Units applied to concentration elective units
SPORT SCIENCE	KINE 278 Intro to Perspectives in Physical Activity	KINE 3325 Sport and Physical Activity Throughout Civilizations	KINE 3325 will fulfill Upper Division GE 3 and GWR
	KINE 308 Motor Development	→ DISCONTINUED	units applied to concentration elective units
	KINE 324 Sports, Media & American Popular Culture OR KINE 382 Psychological Aspects of Injury in Sport and Physical Activity	→ KINE 3324 Sports, Media, and United States Popular Culture OR → KINE 3382 Psychological Aspects of Injury in Sport and Physical Activity	KINE 3324 major requirement KINE 3382 concentration elective units
	KINE 366 Applied Sport Psychology	KINE 3366 Applied Sport and Performance Psychology	
	RPTA 260 Community Relations & Sports-Based Youth Development	EIM 2260 Community Relations and Sports-Based Youth Development-S	credit applied to concentration elective units



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KINE: Concentration Courses

Health Promotion

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HLTH 265 Intro to Community & Public Health	X DISCONTINUED	HLTH 265 credit applied to HLTH 2261
HLTH 298 Intro to Epidemiology	X DISCONTINUED	credit applied to concentration elective
HLTH 334 Health Behavior Theory	X DISCONTINUED	credit applied to concentration elective
Select from the Following: HLTH 305 Drugs in Society HLTH 320 Media & Technology in Health Promotion HLTH 405 Stress, Health & Chronic Illness HLTH 410 Global Health HLTH 434 Health Promotion Program Planning HLTH 450 Worksite & Univ Health Promotion Prgms. HLTH 453 Obesity Prevention and Treatment	→ Select from the Following: HLTH 3305 Drugs in Society, concentration elective HLTH 320, credit applied to concentration elective DISCONTINUED, concentration elective HLTH 4410 Global Health, concentration elective HLTH 4434 Health Promotion Program Planning required course DISCONTINUED, concentration elective DISCONTINUED, concentration elective	credit applied to concentration elective

HEALTH PROMOTION



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