

Kinesiology

Major Courses

2022 - 2026 Catalog Requirements

To be used only for students completing quarter requirements in the 2026-27 year.

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**Do you need to fulfill a quarter course?
Check the semester equivalency!**

QUARTER COURSE	SEMESTER COURSE	NOTES
KINE 180 Orientation to Kinesiology	KINE 1180 Introduction to Kinesiology	
HLTH 250 Healthy Living OR HLTH 255 Personal Health: A Multicultural Approach OR HLTH 260 Women's Health Issues	DISCONTINUED	
KINE 266 Sport & Exercise Psychology	KINE 2266 Sport and Performance Psychology	
KINE 301 Functional Anatomy	X DISCONTINUED	Course content merged with KINE 403. Take KINE 4403 for credit in both KINE 301 and 403.
KINE 303 Physiology of Exercise	KINE 3303 Physiology of Exercise	
KINE 304 Pathophysiology & Exercise	KINE 4404 Clinical Exercise Physiology	
KINE 307 Adapted Physical Activity	KINE 3307 Adapted Physical Activity	
KINE 312 Motor Learning & Control	KINE 3312 Motor Learning	
KINE 319 Intro to Research Methods in KINE	KINE 3319 Intro to Research Methods in KINE	
KINE 349 Exercise Testing & Prescription for Healthy Population	KINE 3349 Exercise Testing & Prescription	
KINE 401 Managing Exercise, Health & Sport Programs	KINE 4401 Leadership in Health & Physical Activity Programs	
KINE 403 Biomechanics	KINE 4403 Biomechanics	
KINE 412 Physical Activity & Public Health	KINE 4412 Physical Activity & Public Health	
KINE 451 Nutrition for Fitness & Sport	KINE 4451 Nutrition for Fitness & Sport	

MAJOR COURSES



Visit the BCSM semester conversion website for more information at csmadvising.calpoly.edu/semester-conversion

Kinesiology

Major & Support Courses

2022 - 2026 Catalog Requirements

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MAJOR COURSES	QUARTER COURSE	SEMESTER COURSE	NOTES
	KINE 459 Personal & Group Fitness Instruction KINE 460 Experiential Senior Project OR KINE 461 Senior Project Report OR KINE 462 Research Honors Senior Project OR KINE 463 Exercise Science & Health Promotion Fieldwork	KINE 3330 Group Exercise & Personal Training KINE 4460 Senior Project- Experiential OR KINE 4461 Senior Project- Report OR KINE 4462 Senior Project- Research OR KINE 4463 Senior Project- Internship	

SUPPORT COURSES	QUARTER COURSE	SEMESTER COURSE	NOTES
	BIO 161 Intro to Cell/Molecular Bio BIO 231 Human Anatomy & Physiology I BIO 232 Human Anatomy & Physiology II CHEM 127 Gen. Chem for Ag & Life Science I CHEM 128 Gen Chem for Ag & Life Science II CHEM 312 Survey of Organic Chemistry OR CHEM 216 Organic Chemistry I PHYS 121 General Physics I STAT 218 Applied Stats for Life Science	BIO 1151 Life: Molecules and Cells BIO 2231 Human Anatomy & Physiology I BIO 2232 Human Anatomy & Physiology II CHEM 1120 Fundamentals of Chemical Structure & Properties CHEM 1122 Fundamentals of Chemical Reactivity CHEM 2240 Organic Chemistry: Fundamentals & Applications OR CHEM 2242 Organic Chemistry I PHYS 1121 General Physics I STAT 1110 Applied Statistical Concepts & Methods	



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Major Courses

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MAJOR COURSES	QUARTER COURSE	SEMESTER COURSE	NOTES
	APPROVED ELECTIVES: Select from the following:	Approved Electives: Select from the following:	
	BIO 162 BIO 253 BIO 305	DISCONTINUED DISCONTINUED BIO 3315	
	CHEM 129 CHEM 217/CHEM 220 CHEM 314	DISCONTINUED CHEM 2244/DISCONTINUED CHEM 3350	
	COMS 211 COMS 213 COMS 301 COMS 316	COMS 2211 COMS 2213 COMS 3301 COMS 3316	
	FSN 310 FSN 315 FSN 415 FSN 416	NUTR 3310 NUTR 3315 NUTR 4415 NURT 4416	
	HLTH 297 HLTH 305 HTLH 320	HLTH 2297 HLTH 3305 DISCONTINUED	
	IME 320 KINE 181 KINE 201 KINE 308	IME 3320 KINE 1181 KINE 2200 DISCONTINUED	
	KINE 323 KINE 382 KINE 400 KINE 406 KINE 409 KINE 446	KINE 3323 KINE 3382 KINE 4400 KINE 4406 KINE 4409 DISCONTINUED	KINE 3323 will fulfill Upper Division D, GWR, and USCP if taken on semesters
	PHYS 122 PHYS 123	DISCONTINUED PHYS 1123	Students may need to take a bridge or cap course
	PSY 201/PSY 202 PSY 252 PSY 256 PSY 302 PSY 310	PSY 2201/DISCONTINUED PSY 2252 PSY 2256 PSY 3302 PSY 3310	
	PSY 318 PSY 320 PSY 340 PSY 350	PSY 3318 PSY 3320 PSY 2240 PSY 3350	
	RPTA 160 RPTA 255 RPTA 275 RPTA 450	EIM 1160 EIM 2255 EIM 2275 EIM 4450	



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Make sure to check your Degree Progress Report and Degree Planner to see if you have enough units to graduate

KINE: Concentration Courses

Exercise Science, Sport Science

2022 - 2026 Catalog Requirements

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QUARTER COURSE

SEMESTER COURSE

NOTES

KINE 408 Exercise & Health Gerontology



KINE 4408 Physical Activity & Aging

KINE 445 Electrocardiography



KINE 4445 Cardiopulmonary Physiology & Assessment

Course content is being merged with KINE 446

KINE 454 Exercise Metabolism



DISCONTINUED

Course content is being merged with KINE 451. See footnote 2

KINE 449 Exercise Prescription for Diseased and Special Populations



DISCONTINUED

Course content is being merged with KINE 349. See footnote 1.

Select from the Following:

BMED/KINE/ME 409 Interdisciplinary Study in Biomechanics

HLTH 405 Stress, Health, and Chronic Illness

HTLH 453 Obesity Prevention and Treatment

KINE 406 Neuroanatomy

KINE 446 Echocardiography

PHIL 339 Biomedical Ethics

PSY 318 Psychology of Aging

PSY 320 Health Psychology

PSY 330 Behavioral Effects of Psychoactive Drugs

PSY 405 Abnormal Psychology

Select from the Following:

KINE 4409 Interdisciplinary Projects in Biomechanics

DISCONTINUED

DISCONTINUED

KINE 4406 Motor Control

DISCONTINUED

PHIL 3339 Biomedical Ethics

PSY 3318 Psychology of Aging

PSY 3320 Health Psychology

PSY 3330 Behavioral Effects of Psychoactive Drugs

PSY 4405 Adult Mental Health & Psychopathology

EXERCISE SCIENCE

SPORT SCIENCE

KINE 278 Intro to Perspectives in Physical Activity

KINE 3325 Sport and Physical Activity Throughout Civilizations

KINE 3325 will fulfill Upper Division C and GWR if taken on semesters

KINE 308 Motor Development



DISCONTINUED

Course content is being merged with KINE 308. See footnote 3

KINE 324 Sports, Media & American Popular Culture

OR

KINE 382 Psychological Aspects of Injury in Sport and Physical Activity



KINE 3324 Sports, Media, and United States Popular Culture

OR

KINE 3382 Psychological Aspects of Injury in Sport and Physical Activity

KINE 3324 will fulfill Upper Division D, GWR, and USCP if taken on semesters

KINE 366 Applied Sport Psychology



KINE 3366 Applied Sport and Performance Psychology

RPTA 260 Community Relations & Sports-Based Youth Development

EIM 2260 Community Relations and Sports-Based Youth Development-S



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KINE: Concentration Courses

Health Promotion

2022 - 2026 Catalog Requirements

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HEALTH PROMOTION

QUARTER COURSE	SEMESTER COURSE	NOTES
HLTH 265 Intro to Community & Public Health	X DISCONTINUED	The suggested course to take is HLTH 2261- see footnote 4
HLTH 298 Intro to Epidemiology	X DISCONTINUED	The suggested course to take is HLTH 3318-see footnote 4
HLTH 334 Health Behavior Theory	X DISCONTINUED	The suggested course to take HLTH 4434-see footnote 4
Select from the Following: HLTH 305 Drugs in Society HLTH 320 Media & Technology in Health Promotion HLTH 405 Stress, Health & Chronic Illness HLTH 410 Global Health HLTH 434 Health Promotion Program Planning HLTH 450 Worksite & Univ Health Promotion Prgms. HLTH 453 Obesity Prevention and Treatment	→ Select from the Following: HTLH 3305 Drugs in Society DISCONTINUED DISCONTINUED HLTH 4410 Global Health HLTH 4434 Health Promotion Program Planning DISCONTINUED DISCONTINUED	

1. If you have taken KINE 349, contact Dr. M to initiate a course sub using one of the concentration electives. If you have not taken KINE 349, take KINE 3349 to receive credit for both KINE 349 and KINE 449.
2. If you have taken KINE 451, contact Dr. M to initiate a course substitute using one of the concentration electives. If you have not taken KINE 451, take KINE 4451 to get credit for both KINE 451 and KINE 454.
3. If you have taken KINE 312, contact Dr. M to initiate a course substitute. If you have not taken KINE 312, take KINE 3312 to get credit for both KINE 308 and KINE 312.
4. If you need to take the suggested replacement course(s), please contact Dr. M to initiate a course substitute.



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