

Kinesiology

Major Courses

2022 - 2026 Catalog Requirements

To be used only for students completing quarter requirements in the 2026-27 year.

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**Do you need to fulfill a quarter course?
Check the semester equivalency!**

MAJOR COURSES	QUARTER COURSE	SEMESTER COURSE	NOTES
	KINE 180 Orientation to Kinesiology	KINE 1180 Introduction to Kinesiology	
	HLTH 250 Healthy Living OR HLTH 255 Personal Health: A Multicultural Approach OR HLTH 260 Women's Health Issues	DISCONTINUED HLTH 1155 Multicultural Perspectives & Health OR HLTH 1160 Women's Health & Society	
	KINE 266 Sport & Exercise Psychology	KINE 2266 Sport and Performance Psychology	
	KINE 301 Functional Anatomy	DISCONTINUED	Course content merged with KINE 403. Take KINE 4403 for credit in both KINE 301 and 403.
	KINE 303 Physiology of Exercise	KINE 3303 Physiology of Exercise	
	KINE 304 Pathophysiology & Exercise	KINE 4404 Clinical Exercise Physiology	
	KINE 307 Adapted Physical Activity	KINE 3307 Adapted Physical Activity	
	KINE 312 Motor Learning & Control	KINE 3312 Motor Learning	
	KINE 319 Intro to Research Methods in KINE	KINE 3319 Intro to Research Methods in KINE	
	KINE 349 Exercise Testing & Prescription for Healthy Population	KINE 3349 Exercise Testing & Prescription	
	KINE 401 Managing Exercise, Health & Sport Programs	KINE 4401 Leadership in Health & Physical Activity Programs	
	KINE 403 Biomechanics	KINE 4403 Biomechanics	
	KINE 412 Physical Activity & Public Health	KINE 4412 Physical Activity & Public Health	
	KINE 451 Nutrition for Fitness & Sport	KINE 4451 Nutrition for Fitness & Sport	



Visit the BCSM semester conversion website for more information at csmadvising.calpoly.edu/semester-conversion



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Make sure to check your Degree Progress Report and Degree Planner to see if you have enough units to graduate

Kinesiology

Major & Support Courses

2022 - 2026 Catalog Requirements

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	QUARTER COURSE	SEMESTER COURSE	NOTES
MAJOR COURSES	KINE 459 Personal & Group Fitness Instruction	KINE 3330 Group Exercise & Personal Training	
	KINE 460 Experiential Senior Project OR KINE 461 Senior Project Report OR KINE 462 Research Honors Senior Project OR KINE 463 Exercise Science & Health Promotion Fieldwork	KINE 4460 Senior Project- Experiential OR KINE 4461 Senior Project- Report OR KINE 4462 Senior Project- Research OR KINE 4463 Senior Project- Internship	

	QUARTER COURSE	SEMESTER COURSE	NOTES
SUPPORT COURSES	BIO 161 Intro to Cell/Molecular Bio	BIO 1151 Life: Molecules and Cells	
	BIO 231 Human Anatomy & Physiology I	BIO 2231 Human Anatomy & Physiology I	
	BIO 232 Human Anatomy & Physiology II	BIO 2232 Human Anatomy & Physiology II	
	CHEM 127 Gen. Chem for Ag & Life Science I	CHEM 1120 Fundamentals of Chemical Structure & Properties	
	CHEM 128 Gen Chem for Ag & Life Science II	CHEM 1122 Fundamentals of Chemical Reactivity	
	CHEM 312 Survey of Organic Chemistry OR CHEM 216 Organic Chemistry I	CHEM 2240 Organic Chemistry: Fundamentals & Applications OR CHEM 2242 Organic Chemistry I	
	PHYS 121 General Physics I	PHYS 1121 General Physics I	
	STAT 218 Applied Stats for Life Science	STAT 1110 Applied Statistical Concepts & Methods	



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Kinesiology

Major Courses

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MAJOR COURSES

QUARTER COURSE	SEMESTER COURSE	NOTES
APPROVED ELECTIVES: Select from the following:	Approved Electives: Select from the following:	
BIO 162	DISCONTINUED	
BIO 253	DISCONTINUED	
BIO 305	BIO 3315	
CHEM 129	DISCONTINUED	
CHEM 217/CHEM 220	CHEM 2244/DISCONTINUED	
CHEM 314	CHEM 3350	
COMS 211	COMS 2211	
COMS 213	COMS 2213	
COMS 301	COMS 3301	
COMS 316	COMS 3316	
FSN 310	NUTR 3310	
FSN 315	NUTR 3315	
FSN 415	NUTR 4415	
FSN 416	NURT 4416	
HLTH 297	HLTH 2297	
HLTH 305	HLTH 3305	
HTLH 320	DISCONTINUED	
IME 320	IME 3320	
KINE 181	KINE 1181	
KINE 201	KINE 2200	
KINE 308	DISCONTINUED	
KINE 323	KINE 3323	KINE 3323 will fulfill Upper Division D, GWR, and USCP if taken on semesters
KINE 382	KINE 3382	
KINE 400	KINE 4400	
KINE 406	KINE 4406	
KINE 409	KINE 4409	
KINE 446	DISCONTINUED	
PHYS 122	DISCONTINUED	Students may need to take a bridge or cap course
PHYS 123	PHYS 1123	
PSY 201/PSY 202	PSY 2201/DISCONTINUED	
PSY 252	PSY 2252	
PSY 256	PSY 2256	
PSY 302	PSY 3302	
PSY 310	PSY 3310	
PSY 318	PSY 3318	
PSY 320	PSY 3320	
PSY 340	PSY 2240	
PSY 350	PSY 3350	
RPTA 160	EIM 1160	
RPTA 255	EIM 2255	
RPTA 275	EIM 2275	
RPTA 450	EIM 4450	



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KINE: Concentration Courses

Exercise Science, Sport Science

2022 - 2026 Catalog Requirements

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	QUARTER COURSE	SEMESTER COURSE	NOTES
EXERCISE SCIENCE	KINE 408 Exercise & Health Gerontology	➔ KINE 4408 Physical Activity & Aging	
	KINE 445 Electrocardiography	➔ KINE 4445 Cardiopulmonary Physiology & Assessment	Course content is being merged with KINE 446
	KINE 454 Exercise Metabolism	✗ DISCONTINUED	Course content is being merged with KINE 451. See footnote 2
	KINE 449 Exercise Prescription for Diseased and Special Populations	✗ DISCONTINUED	Course content is being merged with KINE 349. See footnote 1.
	Select from the Following: BMED/KINE/ME 409 Interdisciplinary Study in Biomechanics HLTH 405 Stress, Health, and Chronic Illness HTLH 453 Obesity Prevention and Treatment KINE 406 Neuroanatomy KINE 446 Echocardiography PHIL 339 Biomedical Ethics PSY 318 Psychology of Aging PSY 320 Health Psychology PSY 330 Behavioral Effects of Psychoactive Drugs PSY 405 Abnormal Psychology	Select from the Following: KINE 4409 Interdisciplinary Projects in Biomechanics DISCONTINUED DISCONTINUED KINE 4406 Motor Control DISCONTINUED PHIL 3339 Biomedical Ethics PSY 3318 Psychology of Aging PSY 3320 Health Psychology PSY 3330 Behavioral Effects of Psychoactive Drugs PSY 4405 Adult Mental Health & Psychopathology	
SPORT SCIENCE	KINE 278 Intro to Perspectives in Physical Activity	KINE 3325 Sport and Physical Activity Throughout Civilizations	KINE 3325 will fulfill Upper Division C and GWR if taken on semesters
	KINE 308 Motor Development	✗ DISCONTINUED	Course content is being merged with KINE 308. See footnote 3
	KINE 324 Sports, Media & American Popular Culture OR KINE 382 Psychological Aspects of Injury in Sport and Physical Activity	➔ KINE 3324 Sports, Media, and United States Popular Culture OR ➔ KINE 3382 Psychological Aspects of Injury in Sport and Physical Activity	KINE 3324 will fulfill Upper Division D, GWR, and USCP if taken on semesters
	KINE 366 Applied Sport Psychology	➔ KINE 3366 Applied Sport and Performance Psychology	
	RPTA 260 Community Relations & Sports-Based Youth Development	EIM 2260 Community Relations and Sports-Based Youth Development-S	



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KINE: Concentration Courses

Health Promotion

2022 - 2026 Catalog Requirements

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QUARTER COURSE		SEMESTER COURSE	NOTES
HEALTH PROMOTION	HLTH 265 Intro to Community & Public Health	DISCONTINUED	The suggested course to take is HLTH 2261- see footnote 4
	HLTH 298 Intro to Epidemiology	DISCONTINUED	The suggested course to take is HLTH 3318-see footnote 4
	HLTH 334 Health Behavior Theory	DISCONTINUED	The suggested course to take HLTH 4434-see footnote 4
	Select from the Following:	Select from the Following:	
	HLTH 305 Drugs in Society HLTH 320 Media & Technology in Health Promotion HLTH 405 Stress, Health & Chronic Illness HLTH 410 Global Health HLTH 434 Health Promotion Program Planning HLTH 450 Worksite & Univ Health Promotion Prgms. HLTH 453 Obesity Prevention and Treatment	HTLH 3305 Drugs in Society DISCONTINUED DISCONTINUED HLTH 4410 Global Health HLTH 4434 Health Promotion Program Planning DISCONTINUED DISCONTINUED	

1. If you have taken KINE 349, contact Dr. M to initiate a course sub using one of the concentration electives. If you have not taken KINE 349, take KINE 3349 to receive credit for both KINE 349 and KINE 449.
2. If you have taken KINE 451, contact Dr. M to initiate a course substitute using one of the concentration electives. If you have not taken KINE 451, take KINE 4451 to get credit for both KINE 451 and KINE 454.
3. If you have taken KINE 312, contact Dr. M to initiate a course substitute. If you have not taken KINE 312, take KINE 3312 to get credit for both KINE 308 and KINE 312.
4. If you need to take the suggested replacement course(s), please contact Dr. M to initiate a course substitute.



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