

FALL2026 SUGGESTED COURSES**PUBLIC HEALTH (HLTH)**

Course Load

As you adjust to Cal Poly and/or a new environment, we recommend enrolling in 12-16 units, with no more than 3 labs. You can determine if your course has a lab by reading the course description. All course descriptions, including prerequisites, can be found in the [Cal Poly Catalog](#)

Course Suggestions

MAJOR

- **HLTH 1101:** Introduction to Public Health (3 units)
- **HLTH 3318:** Applied Epidemiology (4 units)
 - A permission number (from the department) **is needed** to take HLTH 3318 if no credit in HLTH 265 or HLTH 2261.
- **HLTH 3305:** Drugs in Society (3 units)

If you have credit for HLTH 1101:

- **HLTH 3310:** Injury Prevention (3 units)
 - A permission number (from the department) **is needed** to take HLTH 3318 if you have not received credit in HLTH 265 or HLTH 2261.

CONCENTRATION

Concentration course selection will depend on your chosen concentration.

It's a good idea to consult advisors about your choices, especially if you plan to pursue graduate studies or if you are interested in a health professions career. Pay special attention to course descriptions and the footnotes on your curriculum sheet. Courses used in the core of a major cannot also be used toward a concentration/elective. However, if a major/support/concentration/elective course is also a GE, it can be used to fulfill both requirements.

ELECTIVES

It's a good idea to consult advisors about your elective choices, especially if you plan to pursue graduate studies. If you have a health career objective, please consult with Pre-Health Advisors in Bailey College Student Services.

Pay special attention to the footnotes on your curriculum sheet. If an elective course is also a GE, it can be used to fulfill both elective and GE requirements.

SUPPORT

- If needed, **BIO 2231:** Human Anatomy and Physiology I and/or **BIO 2232:** Human Anatomy and Physiology II (4 units each)

- You cannot receive partial transfer credit at Cal Poly for Anatomy or Physiology courses. You must have taken both courses at a community college, or plan to take both courses at Cal Poly.
- If needed, complete any remaining prerequisites for **STAT 3520: Statistics II**. Prerequisites are completion of:
 - Math 1004, 1005, 1006 or 1007 or appropriate Math Placement level; *and*
 - Stat 1110, 1510 or 3210
- If needed, complete any of the remaining support courses.

GENERAL EDUCATION

If needed, complete any remaining lower-division GE courses. Otherwise, select an upper-division GE course.

Other Graduation Requirements

GWR

[The Graduation Writing Requirement \(GWR\)](#) must be fulfilled by enrolling in a [GWR-certified course](#) or by completing a [GWR Portfolio](#).

USCP

Students must satisfy the [United States Cultural Pluralism \(USCP\)](#) requirement. Please [click here](#) for a list of USCP courses in the Cal Poly catalog.

Additional Information

PERMISSION NUMBERS

Student If you need a permission number for a particular class, please contact the department at KPH@calpoly.edu.

DEPARTMENT CONTACT INFO

- [Building 43A \(Kinesiology\), Room 458](#)
- kinesiology.calpoly.edu
- publichealth@calpoly.edu
- 805-756-2545

BAILEY COLLEGE STUDENT SERVICES CONTACT INFO

- [Building 53 \(Science North\), Room 211](#)
- csmadvising.calpoly.edu and prehealth.calpoly.edu
- csmadvising@calpoly.edu and prehealth@calpoly.edu
- 805-756-2615