



FALL 2023 SUGGESTED COURSES

PUBLIC HEALTH (HLTH)

Course Load

As you adjust to the quarter system and/or a new environment, we recommend enrolling in **12-16 units**, with no more than 3 labs.

You can determine if your course has a lab in the course description. All course descriptions, including prerequisites, can be found in the [Cal Poly Catalog](#).

Course Suggestions

MAJOR

- **HLTH 101:** Orientation to Public Health (1 unit)
- **HLTH 265:** Introduction to Community and Public Health (3 units) and
- **HLTH 298:** Disease Epidemiology (4 units)
 - A permission number (from the department) is needed to take HLTH 265 and 298 concurrently
- **HLTH 305:** Drugs in Society (4 units)

If a student has credit for both HLTH 265 and HLTH 298:

- **HLTH 334:** Health Behavior Theory (3 units)

CONCENTRATION

Concentration course selection will depend on your chosen concentration.

ELECTIVES

It's a good idea to consult advisors about your elective choices, especially if you plan to pursue graduate studies. If you have a health career objective, please consult with Pre-Health Advisors in CSM Student Services.

Pay special attention to the footnotes on your curriculum sheet. If an elective course is also a GE, it can be used to fulfill both elective and GE requirements.

SUPPORT

- If needed, BIO 231 and/or BIO 232 (5 units each)
 - You cannot receive partial transfer credit at Cal Poly for Anatomy or Physiology courses. You must have taken both courses at a community college, or plan to take both courses at Cal Poly.
- If needed, complete any remaining prerequisites for Stat 313*: Applied Experimental Design and Regression Models. Prerequisites are completion of:
 - Math 118 or score of 8 on the Math Placement Exam (MAPE); and
 - Stat 217 or 218.
- If needed, complete any of the remaining support courses.

**GE Area B Upper Division will be satisfied through completion of STAT 313*



GENERAL EDUCATION

If needed, complete any remaining lower-division GE courses. Otherwise, select an upper-division GE course from area C or D. Some GE courses may also be used to satisfy elective or concentration requirements.

Other Graduation Requirements

GWR

The Graduation Writing Requirement (GWR) must be fulfilled by enrolling in a GWR-certified, upper-division course OR by completing a GWR Portfolio. For more info on the GWR, visit <https://writingandlearning.calpoly.edu/GWR>

- To find out which classes can satisfy the GWR, select "Expand Filters" in the upper right-hand corner of the Schedule Builder screen and search by GWR.

USCP

Students must satisfy the United States Cultural Pluralism (USCP) requirement

- To find out which classes can satisfy the USCP, select "Expand Filters" in the upper right-hand corner of the Schedule Builder screen and search by USCP.

Additional Information

PERMISSION NUMBERS

If you need a permission number for a particular class, please contact the instructor for that class section.

DEPARTMENT CONTACT INFO

- Location: [Building 43A \(Kinesiology\), Room 458](#)
- Website: kinesiology.calpoly.edu
- Email: publichealth@calpoly.edu
- 805-756-2545

CSM STUDENT SERVICES CONTACT INFO

- Location: [Building 53 \(Science North\), Room 211](#)
- Website: csmadvising.calpoly.edu and prehealth.calpoly.edu
- Email: csmadvising@calpoly.edu and prehealth@calpoly.edu
- 805-756-2615