

# CAL POLY

## Exercise and Sport Studies Minor 2019-2020 Catalog

Name: \_\_\_\_\_ EmplID: \_\_\_\_\_

Major: \_\_\_\_\_ CPSLO GPA: \_\_\_\_\_

### Required Courses<sup>1</sup> for the Minor (21 units)

<u>Course</u>	<u>Title</u>	<u>Units</u>
KINE 240	Introductory Principles of Exercise Science and Sport	4
KINE 278	Introduction to Perspectives in Physical Activity	4
KINE 308	Motor Development	3
KINE 324	Sports, Media and American Popular Culture	4
KINE 366	Applied Sport Psychology	3
KINE 401	Managing Exercise, Health and Sport Programs	3

### Approved Electives (8 units) - Select Two Courses<sup>2</sup>

<u>Course</u>	<u>Title</u>	<u>Units</u>
KINE 250 or KINE 255 or KINE 260 or KINE 443	Healthy Living (KINE 250) or Personal Health: A Multicultural Approach (KINE 255) or Women's Health (KINE 260) or Health Education for Teachers (KINE 443)	4
KINE 307	Adapted Physical Activity	4
KINE 312	Motor Learning and Control	4
KINE 323	Sport and Gender	4
PSY 350	Teamwork	4
RPTA 260	Community Relations and Sports-Based Youth Development	4
RPTA 323	Sport Marketing and the Fan Experience	4

Total Units in the Minor: 29

Alternate Courses: \_\_\_\_\_

Minor Coordinator \_\_\_\_\_  
Print Name Signature Date

Student \_\_\_\_\_  
Print Name Signature Date

Distribution: Office of the Registrar, Minor Coordinator, Student

<sup>1</sup> Students interested in the minor should check course descriptions in the current [Cal Poly Catalog](#) to ensure that they have met prerequisites.

<sup>2</sup> Some courses may require additional prerequisites.