

**Note: Up to 4 units of credit/no credit grading may be selected for courses in Major, Support, or Concentration.**

MAJOR COURSES		
HLTH 101	Orientation to Public Health	1
HLTH 255 or HLTH 260	Prsl Hlth/Multicultural Approach (E) <sup>1</sup> (USCP) Women's Health Issues (E) <sup>1</sup> (USCP)	4
HLTH 265	Introduction to Community and Public Health	3
HLTH 298	Introduction to Epidemiology	4
HLTH 305	Drugs in Society	4
HLTH 310	Injury Prevention	3
HLTH 318	Applied Epidemiology	4
HLTH 320	Media and Technology in Health Promotion	4
HLTH 334	Health Behavior Theory	3
HLTH 402	Research Methods in Public Health Settings	4
HLTH 405	Stress, Health and Chronic Illness	4
HLTH 410	Global Health	4
HLTH 434	Health Promotion Program Planning	4
HLTH 435	Health Promotion Program Implem & Eval	4
HLTH 453	Obesity Prevention and Treatment	4
HLTH 460 or HLTH 461 or HLTH 462 or HLTH 463	Experiential Senior Project Senior Project Report Research Senior Project Public Health Internship	1
Approved Electives <sup>2,3,4</sup> Select courses from the list of approved electives on reverse. At least 4 units must be at the 300-400 level.		12
Select one concentration		19-20
<b>Total Major Units</b>		<b>86-87</b>
SUPPORT COURSES		
ANT 201 or SOC 110	Cultural Anthropology (D2) <sup>1</sup> Comparative Societies (D2) <sup>1</sup>	4
BIO 161	Intro to Cell & Molecular Bio (B2 & B3) <sup>1</sup>	4
BIO 231	Human Anatomy and Physiology I	5
BIO 232	Human Anatomy and Physiology II	5
CHEM 127	General Chemistry for Agriculture and Life Science I (B1 & B3) <sup>1</sup>	4
FSN 202	Introduction to Human Nutrition	4
MCRO 221 or MCRO 224	Microbiology (GE Electives) <sup>1</sup> General Microbiology I (GE Elects) <sup>1</sup>	4-5
PSY 201 or PSY 202	General Psychology General Psychology	4
STAT 218	Applied Stats for the Life Sciences (B4) <sup>1</sup>	4
STAT 313	Applied Experimental Design and Regression Models (Upper-Division B) <sup>1,6</sup>	4
<b>Total Support Units</b>		<b>42-43</b>

GENERAL EDUCATION		
Area A English Language Communication & Critical		
A1	Oral Communication	4
A2	Written Communication	4
A3	Critical Thinking	4
Area B Scientific Inquiry and Quantitative Reasoning		
B1	Physical Science (4 units in Support) <sup>1</sup>	0
B2	Life Science (4 units in Support) <sup>1</sup>	0
B3	One lab taken with either a B1 or B2 course	
B4	Math/Quantitative Reasoning (4 units in Support) <sup>1</sup>	0
Upper-Division B (4 units in Support) <sup>1</sup>		0
Area C Arts and Humanities		
<i>Lower-division courses must come from three different subject prefixes.</i>		
C1	Arts	4
C2	Humanities <sup>8</sup>	4
Lower-Division C Elective - Select from either C1 or C2		4
Upper-Division C		4
Area D Social Sciences		
<i>Select courses in Area D from at least two different prefixes</i>		
D1	American Institutions (Title 5, Section 40404 Req)	4
D2	Lower-Division D (4 units in Support) <sup>1</sup>	0
Upper-Division D		4
Area E Lifelong Learning and Self-Development		
Lower-Division E (4 units in Major) <sup>1</sup>		0
Area F Ethnic Studies		
F	Ethnic Studies	4
GE Electives in Areas B, C, and D		
<i>Select from two different areas; may be lower- or upper-division courses.</i>		
GE Electives (4 units of Area B in Support) <sup>1</sup>		0
GE Electives (Area C or D)		4
<b>Total GE Units</b>		<b>44</b>
<b>FREE ELECTIVES</b>		<b>6-8</b>
<b>TOTAL DEGREE UNITS</b>		<b>180</b>
FOOTNOTES		
<sup>1</sup> Required in Major or Support; also satisfies General Education (GE) requirement.		
<sup>2</sup> Consultation with advisor is recommended prior to selecting Approved Electives; bear in mind your selections may impact pursuit of post-baccalaureate studies and/or goals.		
<sup>3</sup> Approved Electives have been organized by area of interest to guide students in their selections. Any course listed can be used as an Approved Elective; courses not listed can serve as an Approved Elective but require faculty advisor approval.		
<sup>4</sup> If a course is taken to satisfy a Major, Support, or Concentration requirement, it cannot be double-counted as an Approved Elective.		
<sup>5</sup> Maximum of 4 units may be applied toward Approved Electives from: HLTH 201, HLTH 400.		
<sup>6</sup> Students need to complete MATH 118 to meet a course prerequisite for STAT 313.		
<sup>7</sup> If a General Education (GE) course is used to satisfy a Major or Support requirement, additional units of Free Electives may be needed to complete the total units required for the degree.		
<sup>8</sup> It is recommended that students pursuing the Physical Activity in Public Health concentration take PHIL 230 or PHIL 231 to fulfill GE Area C2.		

<b>Approved Electives</b> <sup>2, 3, 4</sup>	<b>12</b>
--	-----------

Select from the following:

At least 4 units must be at the 300-400 level

**Culture and Health**

ANT 201	Cultural Anthropology
ANT 250	Biological Anthropology
ANT 360	Human Cultural Adaptations
ANT 425	Meaning, Gender, & Identity in Anthropological
ISLA 303/ HNRS 304	Values and Technology
ISLA/HNRS 320	Topics and Issues in Values, Media and Culture
WGQS 301	Contemporary Issues in Women's and Gender

**Life and Physical Science**

BIO 123	Biology of Sex
BIO 162	Introduction to Organismal Form and Function
BIO 302 or BIO 303	Human Genetics Survey of Genetics
BIO 305	Biology of Cancer
CHEM 128	General Chemistry for Agriculture and Life Science II
CHEM 129	General Chemistry for Agriculture and Life Science III
CHEM 216	Organic Chemistry I
CHEM 217	Organic Chemistry II
CHEM 218	Organic Chemistry III
CHEM 312	Organic Chemistry: Fundamentals and Applications
CHEM 314	Biochemistry: Fundamentals and Applications
MCRO 225	General Microbiology II
MCRO 320	Emerging Infectious Diseases
MCRO 342	Public Health Microbiology
MCRO 421	Food Microbiology
PHYS 121	College Physics I
PHYS 122	College Physics II

**Health Communication**

COMS 211	Interpersonal Communication
COMS 213	Organizational Communication
COMS 301	Business and Professional Communication
COMS 316	Intercultural Communication
COMS 418	Health Communication
JOUR 219	Multicultural Society and the Mass Media
JOUR 312	Public Relations
JOUR 412	Public Relations and Crisis Management

**Built Environment and Health**

CRP 212	Introduction to Urban Planning
CRP 214	Land Use and Transportation Studies
CRP 215	Planning for and with Multiple Publics
CRP 325	Reflections on Biking, Walking and the City
CRP 426	Planning Healthy Communities
NR 218	Intro to Geographic Information Systems (GIS)

**Health and Nutrition**

FSN 310	Maternal and Child Nutrition
FSN 315	Nutrition in Aging
HLTH 297	Medical Terminology
HLTH 450	Worksite and University Health Promotion Programs

**Health, Exercise and Fitness**

HLTH 201	Introductory Undergraduate Research <sup>5</sup>
HLTH 400	Special Problems for Advanced Undergraduates <sup>5</sup>
KINE 303	Physiology of Exercise
KINE 304	Pathophysiology and Exercise
KINE 349	Exercise Testing and Prescription for Healthy Populations
KINE 408	Exercise and Health Gerontology

**Public Policy and Health**

POLS 310	The Politics of Race, Class, Gender and Sexuality
POLS 332	World Food Systems
POLS 351	Public Policy and Administration
POLS 451	Technology and Public Policy
POLS 459	The Politics of Poverty
RPTA 450	Resource and Grant Development

**Behavioral Health**

PSY 252	Social Psychology
PSY 256	Developmental Psychology
PSY 302	Behavior in Organizations
PSY 310	Psychology of Death
PSY 311	Environmental Psychology
PSY 318	Psychology of Aging
PSY 320	Health Psychology
PSY 330	Behavioral Effects of Psychoactive Drugs
PSY 340	Biopsychology
PSY 344	Behavioral Genetics
PSY 372	Multicultural Psychology
PSY 405	Abnormal Psychology
SOC 326	Sociology of the Life Cycle

**Spanish**

SPAN 101	Elementary Spanish I
or SPAN 111	Elementary Hispanic Language and Culture
SPAN 102	Elementary Spanish II
SPAN 103	Elementary Spanish III
SPAN 104	Intensive Elementary Spanish
SPAN 201	Intermediate Spanish I
SPAN 202	Intermediate Spanish II
SPAN 203	Intermediate Spanish III

**Statistics**

STAT 323	Design and Analysis of Experiments I
STAT 324	Applied Regression Analysis
STAT 330	Statistical Computing with SAS
STAT 331	Statistical Computing with R



Community and Public Health Concentration		
FSN 310 or FSN 315	Maternal and Child Nutrition Nutrition in Aging	4
JOUR 312 or POLS 351	Public Relations Public Policy and Administration	4
MCRO 320	Emerging Infectious Diseases	3
MCRO 342	Public Health Microbiology	4
Select from the following:		4
CRP 212	Introduction to Urban Planning	
CRP 214	Land Use and Transportation Studies	
CRP 215	Planning for and with Multiple Publics	
CRP 325	Reflections on Biking, Walking and the City	
CRP 426	Planning Healthy Communities	
GEOG 218	Applications in GIS	
<b>Total Units</b>		<b>19</b>

Physical Activity in Public Health Concentration		
KINE 240	Introductory Principles of Exercise Science and Sport	4
KINE 278	Introduction to Perspectives in Physical Activity	4
KINE 412	Physical Activity and Public Health	3
Select from the following:		8
CRP 212	Introduction to Urban Planning	
CRP 214	Land Use and Transportation Studies	
CRP 215	Planning for and with Multiple Publics	
CRP 325	Reflections on Biking, Walking and the City	
CRP 426	Planning Healthy Communities	
GEOG 218	Applications in GIS	
KINE 303	Physiology of Exercise	
KINE 349	Exercise Testing & Prescrip for Healthy Populations	
RPTA 112	Introduction to Parks and Outdoor Recreation	
<b>Total Units</b>		<b>19</b>

Culture and Society in Health Concentration		
COMS 316 or COMS 418	Intercultural Communication Health Communication	4
PSY 252 or PSY 310 or PSY 372	Social Psychology Psychology of Death Multicultural Psychology	4
PHIL 339	Biomedical Ethics (UD-C)	4
Select from the following:		8
ANT 250	Biological Anthropology	
ANT 401	Culture and Health	
ANT 402	Nutritional Anthropology	
ES/WGQS 350	Gender, Race, Culture, Science & Technology	
POLS 310	The Politics of Race, Class, Gender and	
POLS/WGQS 457	U.S. Reproductive Politics	
POLS 459	The Politics of Poverty	
PSY 344	Behavioral Genetics	
PSY 360	Applied Social Psychology	
<b>Total Units</b>		<b>20</b>

Worksite and University Health Promotion Concentration		
COMS 301 or JOUR 312	Business and Professional Communication Public Relations	4
HLTH 450	Worksite and University Health Promotion Programs	4
KINE 401	Managing Exercise, Health, and Sport Programs	3
PSY 330 or PSY 340	Behavioral Effects of Psychoactive Drugs Biopsychology	4
PSY 302 or PSY 350 or PSY 352	Behavior in Organizations Teamwork Conflict Resolution: Violent and Nonviolent	4
<b>Total Units</b>		<b>19</b>