

Updated 6/1/2022

FRESHMAN			SOPHOMORE			JUNIOR			SENIOR		
Fall	Winter	Spring	Fall	Winter	Spring	Fall	Winter	Spring	Fall	Winter	Spring
<b>Orientation to Public Health</b> <b>HLTH 101 (1)</b>	<b>Intro to Community and Public Health</b> <b>HLTH 265 (3)</b> (Choose one: HLTH 250, 255, or 260. Recom: HLTH 101)	Choose one: <b>ANT 201 (4)</b> <b>SOC 110 (4)</b> [D2]	<b>Introduction to Epidemiology</b> <b>HLTH 298 (4)</b> (HLTH 265; STAT 217 or 218. Recom: MCRO 221 or 224)	<b>Health Behavior Theory</b> <b>HLTH 334 (3)</b> (HLTH 298. Recom: HLTH 318; PSY 201 or 202)	<b>Media and Technology in Health Promotion</b> <b>HLTH 320 (4)</b> (GE Area A w/min C-; KINE 180 or HLTH 265; choose one: HLTH 250, 255, or 260. Recom: HLTH 318)	<b>Drugs In Society</b> <b>HLTH 305 (4)</b> (BIO 231; HLTH 250, 255, 260, or HLTH/KINE 443. Recom: BIO 232)		<b>Injury Prevention</b> <b>HLTH 310 (3)</b> (BIO 231; BIO 232; HLTH 265. Recom: HLTH 298)	<b>Health Promotion Program Planning</b> <b>HLTH 434 (4)</b> (HLTH 265; HLTH 298; KINE 266 or HLTH 334)	<b>Obesity Prevention &amp; Treatment</b> <b>HLTH 453 (4)</b> (FSN 202/210 or KINE 451; HLTH 298, KINE 304, or FSN 310. Recom: HLTH 405; KINE 266, HLTH 334, or FSN 415)	<b>Global Health</b> <b>HLTH 410 (4)</b> (Jr Standing; GE Areas D1, D2, & E; ANT 360, or HLTH 298 & 334)
Choose one: Health Issues <b>HLTH 255 (4)</b> <b>HLTH 260 (4)</b> [E & USCP]	<b>General Chem for Agriculture &amp; Life Science I</b> <b>CHEM 127 (4)</b> * [B1 & B3]	<b>Intro to Cell and Molecular Biology</b> <b>BIO 161 (4)</b> (Recom: CHEM 110, 124, or 127) [B2 & B3]	Choose one: Microbiology <b>MCRO 221 (4)</b> <b>MCRO 224 (5)</b> * [GE Elective]	<b>Human Anatomy and Physiology I</b> <b>BIO 231 (5)</b> (BIO 111 or 161; CHEM 110, 111, 124, 127, or PSC 102)	<b>Human Anatomy and Physiology II</b> <b>BIO 232 (5)</b> (BIO 111 or 161; CHEM 110, 111, 124, 127, or PSC 102)	<b>Applied Epidemiology</b> <b>HLTH 318 (4)</b> (HLTH 298; PSY 201 or PSY 202. Recom: STAT 313)	<b>Approved Elective</b> <b>(4)<sup>1</sup></b> *	<b>Stress, Health and Chronic Illness</b> <b>HLTH 405 (4)</b> (BIO 231; 232; HLTH 318 or KINE 304; HLTH 334 or KINE 266)	<b>Research Methods in Public Health Settings</b> <b>HLTH 402 (4)</b> (HLTH 318; HLTH 334; STAT 313)	<b>Health Promotion Prog Implem &amp; Eval</b> <b>HLTH 435 (4)</b> (HLTH 320 & 434)	Choose one: Senior Project <b>HLTH 460 (1)</b> <b>HLTH 461 (1)</b> <b>HLTH 462 (1)</b> <b>HLTH 463 (1)</b> *
<b>General Psychology</b> <b>PSY 201 or 202 (4)</b> *	<b>Applied Statistics for the Life Sciences</b> <b>STAT 218 (4)</b> * [B4]	<b>Applied Exp Design &amp; Regression</b> <b>STAT 313 (4)<sup>2</sup></b> * [Upper-Div B]	<b>Introduction to Human Nutrition</b> <b>FSN 202 (4)</b>			<b>Approved Elective</b> <b>(4)<sup>1</sup></b> *	<b>Introduction to Perspectives in Physical Activity</b> <b>KINE 278 (4)</b> (Completion of GE Areas A w/min C- and C2. Recom: PHIL 230 or 231)	<b>Introductory Principles of Exercise Science and Sport</b> <b>KINE 240 (4)</b> (Completion of GE Areas B2, B4 w/min C-, & E. Recom: MATH 119 and PHYS 121 or 141)	<b>Physical Activity in Public Health</b> (See Catalog for Courses) <b>(4)</b>	<b>Physical Activity in Public Health</b> (See Catalog for Courses) <b>(4)</b>	<b>Approved Elective</b> <b>(4)<sup>1</sup></b> *
<b>Oral Communication</b> <b>COMS 101/102 (4)**</b> [A1]			<b>GE (4)</b> **	<b>GE (4)</b> **	<b>GE (4)</b> **	<b>GE (4)</b> **	<b>GE (4)</b> **	<b>GE (4)</b> **		<b>GE (4)</b> **	<b>Physical Activity And Public Health</b> <b>KINE 412 (3)</b> (CRP 214, HLTH 298, or KINE 319. Recom: KINE 303)
<b>Expository Writing</b> <b>ENGL 133/134 (4)**</b> [A2]				<b>Free Elective (4)</b>			<b>GE (4)</b> **		<b>Free Elective (3-4)</b>		
			<b>Reasoning, Argumentation, &amp; Writing [A3]</b> <b>COMS 126, 145, ENGL 145, 147, ES 145, PHIL 126, or WGQS 145 (4)**</b> (Completion of GE A2 with a C- or better) Can be taken anytime between Winter of Freshman and Winter of Sophomore Years.			<b>Graduation Writing Requirement GWR*</b> (Students can attempt to fulfill the requirement after 90 earned units; students should complete the requirement before senior year)					
13	15	16	16-17	16	13	16	16	15	15-16	16	12
										<b>TOTAL:</b>	<b>180</b>

**Notes:**

**MOST GENERAL EDUCATION COURSES CAN BE TAKEN IN ANY ORDER AS LONG AS PREREQUISITES ARE MET.**

\* Refer to current catalog for prerequisites.

\*\*One course from each of the following GE areas must be completed: A1, A2, A3, C1, C2, Lower-Division C Elective, Upper-Division C, D1, Upper-Division D, F, and GE Elective. Upper-Division C and Upper-Division D should be taken only after Junior standing is reached (90 units).

Refer to online catalog for GE course selection, United States Cultural Pluralism (USCP) and Graduation Writing Requirement (GWR).

USCP requirement can be satisfied by some (but not all) courses within GE categories: Upper-Division B, C1, Upper-Division C, D1, D2, Upper-Division D, or E.

<sup>1</sup> 12 units of Approved Electives required. At least 4 units must be at the 300-400 level. See Catalog for course options and details. Consultation with advisor is recommended prior to selecting Approved Electives; bear in mind your selections may impact pursuit of post-baccalaureate studies and/or goals. Approved Electives have been organized by area of interest to guide students in their selections. Any course listed can be used as an Approved Elective; courses not listed can serve as an Approved Elective but require faculty advisor approval. If a course is taken to satisfy a Major, Support, or Concentration requirement, it cannot be double-counted as an Approved Elective.

<sup>2</sup> Students need to complete MATH 118 to meet a course prerequisite for STAT 313.

<sup>3</sup> If a General Education (GE) course is used to satisfy a Major or Support requirement, additional units of Free Electives may be needed to complete the total units required for the degree.

**Legend:**

Course Title		<b>Major (67)</b>
Course # (Units)		<b>Support (42-43)</b>
(Prerequisite)		<b>Concentration (19)</b>
[GE Area]		<b>General Ed. (44)</b>
		<b>Free Electives (7-8)<sup>3</sup></b>