### B.S. in Public Health (Worksite and University Health Promotion Concentration) Suggested 4-Year Academic Flowchart

#### Freshman

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orientation to Public Health</td>
<td></td>
</tr>
<tr>
<td>HLTH 101 (4)</td>
<td></td>
</tr>
<tr>
<td>Intro to Community and Public Health</td>
<td></td>
</tr>
<tr>
<td>HLTH 265 (3)</td>
<td></td>
</tr>
<tr>
<td>(Choose one: HLTH/KINE 250, 255, or 260; Recom: HLTH 101)</td>
<td></td>
</tr>
<tr>
<td>Intro to Cell and Molecular Biology</td>
<td></td>
</tr>
<tr>
<td>BIO 161 (4)</td>
<td></td>
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<tr>
<td>(Rec: CHEM 110; 111, 124, or 127)</td>
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</tr>
<tr>
<td>General Psychology</td>
<td></td>
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<tr>
<td>PSY 201 or 202 (4)</td>
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<tr>
<td>[E]</td>
<td></td>
</tr>
<tr>
<td>General Chem for Agriculture &amp; Life Science I</td>
<td></td>
</tr>
<tr>
<td>CHEM 127 (4)</td>
<td></td>
</tr>
<tr>
<td>[B1 &amp; B3]</td>
<td></td>
</tr>
<tr>
<td>Applied Statistics for the Life Sciences</td>
<td></td>
</tr>
<tr>
<td>STAT 218 (4)</td>
<td></td>
</tr>
<tr>
<td>[D2]</td>
<td></td>
</tr>
<tr>
<td>Expository Writing</td>
<td></td>
</tr>
<tr>
<td>ENGL 131/134 (4)**</td>
<td></td>
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<tr>
<td>[A2]</td>
<td></td>
</tr>
<tr>
<td>Oral Communication</td>
<td></td>
</tr>
<tr>
<td>COMS 101/102 (4)**</td>
<td></td>
</tr>
<tr>
<td>[A1]</td>
<td></td>
</tr>
<tr>
<td>Reasoning, Argumentation, &amp; Writing</td>
<td></td>
</tr>
<tr>
<td>(A3)</td>
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</tbody>
</table>

### Sophomore

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
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</thead>
<tbody>
<tr>
<td>Intro to Cell and Molecular Biology</td>
<td></td>
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<tr>
<td>HLTH 269 (4)</td>
<td></td>
</tr>
<tr>
<td>(Choose one: HLTH/KINE 250; STAT 217 or 218; Recom: HLTH/KINE 231)</td>
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<tr>
<td>Disease Epidemiology</td>
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<tr>
<td>HLTH 298 (4)</td>
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<tr>
<td>(HLTH/KINE 228; STAT 217 or 218; Recom: BIO 221 or 224)</td>
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</tr>
<tr>
<td>Human Anatomy and Physiology I</td>
<td></td>
</tr>
<tr>
<td>BIO 231 (5)</td>
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</tr>
<tr>
<td>(BIO 111 or 121; CHEM 110, 111, 124, 127, or PSC 102)</td>
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</tr>
<tr>
<td>Research meth in Public Health Settings</td>
<td></td>
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<tr>
<td>HLTH 402 (4)</td>
<td></td>
</tr>
<tr>
<td>(HLTH/KINE 292; HLTH 334; STAT 313 or Recom: HLTH 310)</td>
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<tr>
<td>Human Anatomy and Physiology II</td>
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<tr>
<td>BIO 232 (5)</td>
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<tr>
<td>(BIO 111 or 161; CHEM 110, 111, 124, 127, or PSC 102)</td>
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<tr>
<td>Research Meth in Public Health Settings</td>
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<tr>
<td>HLTH 402 (4)</td>
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<tr>
<td>(HLTH/KINE 292; HLTH 334; STAT 313 or Recom: HLTH 310)</td>
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<tr>
<td>Choose one: Communication</td>
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<tr>
<td>COMS 301 (4)</td>
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<tr>
<td>JOUR 312 (4)</td>
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<td>[A]</td>
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<tr>
<td>Approved Elective</td>
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<tr>
<td>HLTH 305 (4)</td>
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<tr>
<td>(BIO 231, 232, and KINE 266)</td>
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<tr>
<td>Approved Elective</td>
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<tr>
<td>HLTH 310 (3)</td>
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<tr>
<td>(BIO 231, 232, and KINE 266)</td>
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<tr>
<td>Approved Elective</td>
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<tr>
<td>HLTH 320 (4)</td>
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<tr>
<td>(BIO 231, 232, and KINE 266)</td>
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### Junior

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<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>General Psychology</td>
<td></td>
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<tr>
<td>PSY 302 (4)</td>
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<tr>
<td>[A2]</td>
<td></td>
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<tr>
<td>Applied Exp Design &amp; Regression</td>
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<tr>
<td>STAT 313 (4)</td>
<td></td>
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<tr>
<td>(STAT 217, 218, 312, or 542; MATH 118)</td>
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<tr>
<td>Applied Exp Design &amp; Regression</td>
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<tr>
<td>STAT 313 (4)</td>
<td></td>
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<tr>
<td>(STAT 217, 218, 312, or 542; MATH 118)</td>
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<tr>
<td>Choose one: Psychology</td>
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<tr>
<td>PSY 330 (4)</td>
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<tr>
<td>PSY 340 (4)</td>
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<tr>
<td>[A]</td>
<td></td>
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<tr>
<td>Stress, Health, and Chronic Illness</td>
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<tr>
<td>HLTH 405 (4)</td>
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<tr>
<td>(BIO 231, 232; HLTH 298; and KINE 314; HLTH 334 or KINE 266)</td>
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<tr>
<td>Choose one: Psychology</td>
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<tr>
<td>PSY 330 (4)</td>
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<tr>
<td>PSY 340 (4)</td>
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<tr>
<td>[A]</td>
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<tr>
<td>Managing Exercise, Health, &amp; Sport Prog.</td>
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<tr>
<td>KINE 401 (3)</td>
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<tr>
<td>(GE Areas D2 and D4/E)</td>
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<tr>
<td>Global Health</td>
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<tr>
<td>HLTH 410 (4)</td>
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**Notes:**

- **Most General Education Courses Can Be Taken in Any Order as Long As Prerequisites Are Met.**
- Refer to current catalog for prerequisites.
- **Cross-listed KINE course options.**
- Consultation with advisor is recommended prior to selecting approved electives; bear in mind your selections may impact pursuit of post-baccalaureate studies and/or goals.
- If GE courses are used to satisfy Concentration requirements, additional units of Free Electives may be required to meet the 180 total units requirement for degree.

### Graduation Writing Requirement

GWR* (Students can attempt to fulfill the requirement after 50 earned units. Students should complete the requirement before senior year)

<table>
<thead>
<tr>
<th>Course Title</th>
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<tbody>
<tr>
<td>Major (67)</td>
</tr>
<tr>
<td>Support (42-43)</td>
</tr>
<tr>
<td>Concentration (19)</td>
</tr>
<tr>
<td>General Ed. (48)</td>
</tr>
<tr>
<td>[GE Area]</td>
</tr>
<tr>
<td>Cross-listed dept</td>
</tr>
<tr>
<td>Free Electives (3-4)**</td>
</tr>
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*Updated 5/13/2021*

*Cross-listed KINE course options.*