

Updated 5/13/2021

FRESHMAN			SOPHOMORE			JUNIOR			SENIOR		
Fall	Winter	Spring	Fall	Winter	Spring	Fall	Winter	Spring	Fall	Winter	Spring
<b>Orientation to Public Health</b> <b>HLTH 101 (1)</b>	<b>Intro to Community and Public Health</b> <b>HLTH 265 (3)</b> (Choose one: HLTH/KINE 250, 255, or 260. Recom: HLTH 101) KINE	<b>Intro to Cell and Molecular Biology</b> <b>BIO 161 (4)</b> (Recom: CHEM 110, 111, 124, or 127) [B2 & B3]	<b>Disease Epidemiology</b> <b>HLTH 298 (4)</b> (HLTH/KINE 265; STAT 217 or 218. Recom: MCRO 221 or 224) KINE	<b>Behavioral Epidemiology</b> <b>HLTH 299 (4)</b> (HLTH 101; HLTH/KINE 298; PSY 201 or PSY 202)	<b>Health Behavior Theory</b> <b>HLTH 334 (3)</b> (HLTH/KINE 298. Recom: HLTH/KINE 299; PSY 201 or PSY 202)	<b>Drugs In Society</b> <b>HLTH 305 (4)</b> (BIO 231; HLTH/KINE 250, 255, 260, or 443. Recom: BIO 232) KINE	<b>Media and Technology in Health Promotion</b> <b>HLTH 320 (4)</b> * KINE	<b>Injury Prevention</b> <b>HLTH 310 (3)</b> (BIO 231; BIO 232; and KINE 265)	<b>Health Prom Program Planning</b> <b>HLTH 434 (4)</b> (HLTH/KINE 265; 298; and KINE 266 or HLTH 334) KINE	<b>Obesity Prevention &amp; Treatment</b> <b>HLTH 453 (4)</b> (FSN 210 or KINE 451; HLTH/KINE 298, KINE 304, or FSN 310. Recom: See Cat) KINE	<b>Health Prom Prog Implem &amp; Eval</b> <b>HLTH 435 (4)</b> (HLTH/KINE 320 & 434) KINE
Choose one: Health Issues <b>HLTH 255 (4)</b> <b>HLTH 260 (4)</b> [E]	<b>General Chem for Agriculture &amp; Life Science I</b> <b>CHEM 127 (4)</b> * [B1 & B3]	<b>Nutrition</b> <b>FSN 210 (4)</b>	Choose one: Microbiology <b>MCRO 221 (4)</b> <b>MCRO 224 (5)</b> *	<b>Human Anatomy and Physiology I</b> <b>BIO 231 (5)</b> (BIO 111 or 161; CHEM 110, 111, 124, 127, or PSC 102)	<b>Human Anatomy and Physiology II</b> <b>BIO 232 (5)</b> (BIO 111 or 161; CHEM 110, 111, 124, 127, or PSC 102)	<b>Applied Exp Design &amp; Regression</b> <b>STAT 313 (4)</b> (STAT 217, 218, 312, or 542; MATH 118)	<b>Research Meth in Public Health Settings</b> <b>HLTH 402 (4)</b> (HLTH/KINE 299; HLTH 334; STAT 313. Recom: HLTH 310)	<b>Approved Elective</b> <b>(4)<sup>1</sup></b> *		<b>Approved Elective</b> <b>(4)<sup>1</sup></b> *	Choose one: Senior Project <b>HLTH 460 (1)</b> <b>HLTH 461 (1)</b> <b>HLTH 462 (1)</b> <b>HLTH 463 (1)</b> *
<b>General Psychology</b> <b>PSY 201 or 202 (4)</b> *	<b>Applied Statistics for the Life Sciences</b> <b>STAT 218 (4)</b> * [B4]	Choose one: <b>ANT 201 (4)</b> <b>SOC 110 (4)</b> [D2]				<b>Physiology of Exercise</b> <b>KINE 303 (4)</b> (BIO 231; and BIO 232 or 361. Recom: CHEM 128)	<b>Approved Elective</b> <b>(4)<sup>1</sup></b> *	<b>Stress, Health, and Chronic Illness</b> <b>HLTH 405 (4)</b> (BIO 231; 232; HLTH 299 or KINE 304; HLTH 334 or KINE 266)	<b>Introduction to GIS</b> <b>NR 218 (3)</b>		<b>Global Health</b> <b>HLTH 410 (4)</b> *
<b>Expository Writing</b> <b>ENGL 133/134 (4)**</b> [A2]			<b>GE (4)</b> **	<b>GE (4)</b> **	<b>GE (4)</b> **	<b>GE (4)</b> **	<b>Introduction to Perspectives in Physical Activity</b> <b>KINE 278 (4)</b> (Completion of GE Areas A and C2. Recom: See catalog)	<b>Exercise Testing and Prescription for Healthy Pops.</b> <b>KINE 349 (4)</b> (KINE 303. Recom: KINE 301)	<b>GE (4)</b> **	<b>GE (4)</b> **	Choose one: Planning <b>CRP 212 (4)</b> <b>CRP 215 (4)</b> <b>CRP 325 (4)</b>
<b>Oral Communication</b> <b>COMS 101/102 (4)**</b> [A1]			<b>GE (4)</b> **		<b>GE (4)</b> **		<b>Graduation Writing Requirement GWR*</b> (Students can attempt to fulfill the requirement after 90 earned units; students should complete the requirement before senior year)		<b>Free Elective (2-4)<sup>2</sup></b>		
<b>Reasoning, Argumentation, &amp; Writing [A3]</b> <b>COMS 126; COMS/ENGL 145; ENGL 148; PHIL 126 (4) **</b> (Completion of GE A2 with a C- or better) Can be taken anytime between Winter of Freshman and Winter of Sophomore Years.											
13	15	16	16-17	13	16	16	16	15	13-15	16	13
										TOTAL:	180

**Notes:**

**MOST GENERAL EDUCATION COURSES CAN BE TAKEN IN ANY ORDER AS LONG AS PREREQUISITES ARE MET.**

\* Refer to current catalog for prerequisites.

\*\* One course from each of the following GE areas must be completed: A1, A2, A3, Upper-Division B, C1, C2, Lower-Division C Elective, Upper-Division C, D1, D2, Upper-Division D, and a GE Elective. Upper-Division B, Upper-Division C, and Upper-Division D should be taken only after Junior standing is reached (90 units).

Refer to online catalog for GE course selection, United States Cultural Pluralism (USCP) and Graduation Writing Requirement (GWR).

USCP requirement can be satisfied by some (but not all) courses within GE categories: Upper-Division B, C1, Upper-Division C, D1, D2, Upper-Division D, or E.

Cross-listed KINE course options.

<sup>1</sup> Consultation with advisor is recommended prior to selecting approved electives; bear in mind your selections may impact pursuit of post-baccalaureate studies and/or goals.

<sup>2</sup> If GE courses are used to satisfy Concentration requirements, additional units of Free Electives may be required to meet the 180 total units requirement for degree.

**Legend:**

Course Title	Major (67)
Course # (Units)	Support (42-43)
(Prerequisite)	Concentration (19)
[GE Area]	General Ed. (48)
Cross-listed dept	Free Electives (2-4) <sup>2</sup>