BS PUBLIC HEALTH

2020-2021 Units Required 180

NAME ____________________________
STUDENT ID ______________________
CONCENTRATION __________________
MINOR ____________________________

Cal Poly, Higher Ed, and Major GPA at least 2.00 [ ] YES [ ] NO
US Cultural Pluralism Met [ ] YES [ ] NO
60 Units Upper Division Met [ ] YES [ ] NO
GWR Met [ ] YES [ ] NO
Upper Div GE Met [ ] YES [ ] NO
Free Electives Met [ ] YES [ ] NO
C- or higher in A1, A2, A3, and B4 [ ] YES [ ] NO
Residency Requirements Met [ ] YES [ ] NO

Lower-Division D5…………………………………
Life Science

Lower-Division C Elective: C1 or C26 …………………

3 Units

Lower-Division D1……………………………………

3 Units

AREA A English Language Comm and Critical Thinking

A1 Oral Communication ................................................ 4
A2 Written Communication ........................................... 4
A3 Critical Thinking ......................................................... 4

Minimum of 12 units required at the 300 level.

Area B Math, Science, and Quant. Reasoning

B1 Physical Science (4 units in Support) 1 
B2 Life Science (4 units in Support) 1 
B3 Laboratory Activity with either B1 or B2 
B4 Math/Quant. Reasoning (4 units in Support) 1 

Upper-Division B 4

Area C Arts and Humanities

16 Units

Area D Society and the Individual

12 Units

Area E Lifelong Learning & Self-Dey

4 Units

GE Electives in Area C or D

4 Units

Select a course from Area C or D; may be lower- or upper-division

GE Elective (GE Area C or D) 4

GE Elective (4 units B in Support) 1

FREE ELECTIVES ........................................... 2-4

NOTE: This is a snapshot of the curriculum as originally published in the catalog. The Degree Progress Report (DPR) reflects updates to the published catalog. The DPR will be used to award your degree and calculate your EAP.

Up to 4 units of credit/no credit grading may be selected for courses in major, support, or concentration.

MAJOR COURSES (86-87) Units Grade GrdPts

HLTH 101 Orientation to Public Health 1 
HLTH/KINE 255 Personal Health: Multicultural Approach 4
or HLTH/KINE 260 Women's Health Iss. (E) 1 (USCP)
HLTH/KINE 265 Intro to Community and Public Health 3
HLTH/KINE 298 Disease Epidemiology 4
HLTH 299 Behavioral Epidemiology 4
HLTH/KINE 305 Drugs in Society 4
HLTH 310 Injury Prevention 3
HLTH/KINE 320 Media & Tech in Health Promotion 4
HLTH 334 Health Behavior Theory 3
HLTH 402 Research Methods in Public Health Settings 4
HLTH 405 Stress, Health and Chronic Illness 4
HLTH 410 Global Health 4
HLTH/KINE 434 Health Promotion Program Planning 4
HLTH/KINE 435 Health Promo Pgrm Implement & Eval 4
HLTH/KINE 453 Obesity Prevention and Treatment 4
HLTH 460/461/462/463 Capstone 1

Concentration (see reverse) 19-20

Approved Electives 2,4 Select courses from the list of approved electives on reverse.
At least 4 units must be at the 300-400 level. 12

Approved Electives 2,4

SUPPORT COURSES (42-43)

ANT 201 Cultural Anthropology (D2) 1
or SOC 110 Comparative Societies (D2) 1
BIO 161 Intro to Cell & Molecular Biology (B2&B3) 1
BIO 231 Human Anat & Phys I 5
BIO 232 Human Anat & Phys II 5
CHEM 127 Gen Chem for Ag & Life Science I (B1&B3) 4
FSN 210 Nutrition 4
MCRO 221 Microbiology 4
or MCRO 224 General Microbiology I 4-5
PSY 201 General Psychology 4
or PSY 202 General Psychology 4
STAT 218 Applied Statistics for the Life Sciences (B4) 4
STAT 313 Applied Exper. Dsgn & Regression Models (GE Electives) 4

1 Required in Major/Support; also satisfies GE.
2 Consultation with advisor is recommended prior to selecting approved electives; bear in mind your selections may impact pursuit of post-baccalaureate studies and/or goals.
3 It is recommended that students pursuing the Physical Activity in Public Health concentration take PHIL 230 or PHIL 231 to fulfill GE Area C2.
4 Requirement may be fulfilled if a student takes a GE course to fulfill an approved elective or concentration requirement. If so, the student may need additional units of free electives to complete the total units required for the degree.
5 Must be a different subject prefix than course taken for GED2 in support.
### PUBLIC HEALTH CONCENTRATIONS

Please select a concentration:

### COMMUNITY AND PUBLIC HEALTH

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSN 310 Maternal and Child Nutrition</td>
<td>4</td>
</tr>
<tr>
<td>or FSN 315 Nutrition in Aging</td>
<td></td>
</tr>
<tr>
<td>JOUR 312 Public Relations</td>
<td>4</td>
</tr>
<tr>
<td>or POLS 351 Public Policy and Administration</td>
<td></td>
</tr>
<tr>
<td>MCRO 320 Emerging Infectious Diseases</td>
<td>3</td>
</tr>
<tr>
<td>MCRO 342 Public Health Microbiology</td>
<td>4</td>
</tr>
<tr>
<td><strong>Approved Electives</strong></td>
<td>4</td>
</tr>
<tr>
<td>Select from the following:</td>
<td></td>
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<tr>
<td>CRP 212, 215, 325, 426</td>
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### CULTURE AND SOCIETY IN HEALTH

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>COMS 316 Intercultural Communication</td>
<td>4</td>
</tr>
<tr>
<td>or COMS 418 Health Communication</td>
<td></td>
</tr>
<tr>
<td>PSY 252 Social Psychology</td>
<td>4</td>
</tr>
<tr>
<td>or PSY 310 Psychology of Death</td>
<td></td>
</tr>
<tr>
<td>or PSY 372 Multicultural Psychology</td>
<td></td>
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<tr>
<td>PHIL 339 Biomedical Ethics (C4)</td>
<td>4</td>
</tr>
<tr>
<td><strong>Approved Electives</strong></td>
<td>8</td>
</tr>
<tr>
<td>Select from the following:</td>
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<tr>
<td>ANT 250, 401, 402; ES/WGS 350; POLS 310, 459; POLS/WGS 457; PSY 344, 360</td>
<td></td>
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### PHYSICAL ACTIVITY IN PUBLIC HEALTH

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>KINE 278 Introduction to Perspectives in Physical Activity</td>
<td>4</td>
</tr>
<tr>
<td>KINE 303 Physiology of Exercise</td>
<td>4</td>
</tr>
<tr>
<td>KINE 349 Exercise Test and Prescr for Healthy Populations</td>
<td>4</td>
</tr>
<tr>
<td>NR 218 Applications in GIS</td>
<td>3</td>
</tr>
<tr>
<td><strong>Approved Electives</strong></td>
<td>4</td>
</tr>
<tr>
<td>Select from the following:</td>
<td></td>
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<tr>
<td>CRP 212, 215, 325</td>
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### WORKSITE AND UNIVERSITY HEALTH PROMOTION

<table>
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<tr>
<th>Course</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>COMS 301 Business and Professional Communication</td>
<td>4</td>
</tr>
<tr>
<td>or JOUR 312 Public Relations</td>
<td></td>
</tr>
<tr>
<td>KINE 401 Managing Exercise, Health, Sport Prgm</td>
<td>3</td>
</tr>
<tr>
<td>HLTH/KINE 450 Worksite and University Health Promo Programs</td>
<td>4</td>
</tr>
<tr>
<td>PSY 330 Behavioral Effects of Psychoactive Drugs</td>
<td>4</td>
</tr>
<tr>
<td>or PSY 340 Biopsychology</td>
<td></td>
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<tr>
<td>PSY 302 Behavior in Organizations</td>
<td>4</td>
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<tr>
<td>or PSY 350 Teamwork</td>
<td></td>
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<tr>
<td>or PSY 352 Conflict Resolution: Violent and Nonviolent</td>
<td></td>
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</tbody>
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**Approved Electives** 

Approved electives have been organized by area of interest to guide students in their selections. Any course listed below can be used as an elective; courses not listed below can serve as an elective but require faculty advisor approval. At least 4 units must be at the 300-400 level.

Courses used to satisfy a concentration or support requirement cannot also count towards Approved Electives.

**Culture and Health**

- ANT 201, 250, 360, 425; HNRS 304/ISLA 303, HNRS/ISLA 320; WGS 301

**Life and Physical Science**

- BIO 123, 162, 302 or 303, 305; CHEM 128, 129, 216, 217, 218, 312, 313; MCRO 225, 320, 342, 421; PHYS 121, 122

**Health Communication**

- COMS 212, 213, 301, 316, 418; JOUR 219, 312, 412

**Built Environment and Health**

- CRP 212, 214, 215, 325, 426; NR 218

**Health and Nutrition**

- FSN 310, 315; KINE 297, 450

**Exercise and Fitness**

- KINE 303, 304, 349, 408

**Public Policy and Health**

- POLS 310, 333, 351, 451, 459; RPTA 450

**Behavioral Health**

- PSY 252, 256, 302, 310, 311, 318, 320, 330, 340, 344, 372, 405; SOC 326.

**Spanish**

- SPAN 101 or 111, 102, 103, 104, 201, 202, 203

**Statistics**

- STAT 323, 324, 330, 331