



Do you need to fulfill a semester requirement?
Check the quarter course equivalent!

Psychology Major Courses

2026 - 2028 Semester Catalog Requirements

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 Requirement Fulfilled

	SEMESTER REQUIREMENT	QUARTER COURSE	NOTES
Major Courses	PSY 1102 Orientation to the Psychology Major (2)	PSY 102 Orientation to the Psychology Major (2)	
	PSY 2201 Introductory Psychology (3)	PSY 201/202 General Psychology (4)	4B GE on semesters Area E GE on quarters
	PSY/CD 2229 Research Methods in Psychology (3)	PSY 329 Research Methods in Psychology (4)	
	PSY 2240 Biopsychology (3)	PSY 340 Biopsychology (4)	5B GE if taken on semesters UD B if taken on quarters and will apply towards UD 2/5 GE on semester catalog
	PSY 3333 Advanced Research Methods (4)	PSY 333 Quantitative Research Methods for the Behavioral Sciences (4)	
	PSY 3372 Multicultural Psychology (4)	PSY 372 Multicultural Psychology (4)	
	PSY 4461 Senior Project Seminar (2)	PSY 461 Senior Project Seminar (2)	
	PSY 4462 Senior Project (2)	PSY 462 Senior Project (2)	
Foundation Course	Choose ONE from the following (3): PSY 2205 Personality PSY 2252 Social Psychology CD/PSY 2256 Developmental Psychology	Choose ONE from the following (4): PSY 305 Personality PSY 252 Social Psychology CD/PSY 256 Developmental Psychology	
Cognitive Elective	Choose ONE from the following (4): PSY 3357 PSY 4430 PSY 4440 PSY 4480	Choose ONE from the following (4): PSY 357 PSY 430 PSY 440 PSY 480	



Visit the CLA semester conversion website for more information at cla.calpoly.edu/semester-conversion



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Psychology

Major and Support Courses

2026 - 2028 Semester Catalog Requirements

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 Requirement Fulfilled

	SEMESTER REQUIREMENT	QUARTER COURSE	NOTES
Mental and Physical Health Elective	Choose ONE from the following (4): PSY 3320 PSY/CD 3356 PSY 3370 PSY 4405 PSY/CD 4460	Choose ONE from the following (4): PSY 320 PSY/CD 356 PSY 370 PSY 405 PSY/CD 460	
Social and Personality Elective	Choose ONE from the following (4): PSY 3302 PSY 3324 PSY 3352 PSY 3360 PSY 4419 PSY 4465 PSY 4475	Choose ONE from the following (4): PSY 302 PSY 324 PSY 352 PSY 360 PSY 419 PSY 465 PSY 475	
Internships	Choose TWO from the following (6): PSY 4448 PSY 4449 PSY 4453 PSY 4454	Choose TWO from the following (10): PSY 448 PSY 449 PSY 453 PSY 454	
Upper Division PSY Electives	Choose any TWO upper division (3000-4000 level) PSY courses not otherwise taken for major or support (8).	Choose any TWO upper division (300-400 level) PSY courses not otherwise taken for major or support (8).	Courses used in other areas of the major or support cannot also be used here
Support Courses	STAT 1110 Applied Statistical Concepts and Methods (3)	Choose ONE from the following: STAT 217 Introduction to Statistical Concepts and Methods STAT 218 Applied Statistics for the Life Sciences	Area 2 GE on semesters B4 GE on quarters



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Psychology Support Courses

2026 - 2028 Semester Catalog Requirements

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 Requirement Fulfilled

	SEMESTER REQUIREMENT	QUARTER COURSE	NOTES
Support Courses	Professional Skills Choose ONE from the following (3-4): COMS 3316 COMS 3320 PSY 3304 PSY 3323 PSY 3350	Professional Skills Choose ONE from the following (4): COMS 316 COMS 320 PSY 304 PSY 323 PSY 350	
	Upper Division Science Elective Choose ONE from the following (3-4): BIO 3312 ES/WGQS 3350 FSN 3305 ISLA 3305 IME 3320 NR 3310 PSY 3344	Upper Division Science Elective Choose ONE from the following (3-4): BIO 302 ES/WGQS 350 FSN 305 ISLA 305 IME 320 NR 310 PSY 344	UD Area 2/5 GE on semesters UD B GE on quarters
	Diversity, Equity and Inclusion Choose ONE from the following (3-4): ES 3380 ES/WGQS 3351 ES 3381 PSY 3304 WGQS 3301 WGQS 3330	Diversity, Equity and Inclusion Choose ONE from the following (4): ES 380 ES/WGQS 351 ES 381 PSY 304 WGQS 301 WGQS 330	UD Area 4 GE on semesters UD D GE on quarters
Free Electives	FREE ELECTIVES	FREE ELECTIVES	Speak with a CLA Advisor to determine number of free electives required to meet the minimum 120 semester unit requirement.



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Do you need to fulfill GE semester requirements?
Check the quarter GE Area equivalent! Search for available GEs based on catalog.

General Education (GE)

for PSYCHOLOGY

2026 - 2028 Semester Catalog Requirements

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SEMESTER REQUIREMENT		QUARTER COURSE	NOTES
Lower Division GEs	1A: Written Communication (3)	➔ A2: Written Communication (4)	
	1B: Critical Thinking (3)	➔ A3: Critical Thinking (4)	
	1C: Oral Communication (3)	➔ A1: Oral Communication (4)	
	Area 2: Mathematics and Quantitative Reasoning STAT 1110 in support (3)	➔ B4: Mathematics/Quantitative Reasoning STAT 217/218 in support (4)	Will be fulfilled with support course
	3A: Arts (3)	➔ C1: Arts - Arts, Cinema, Dance, Music, Theatre (4)	
	3B: Humanities - Literature, Philosophy, and Languages other than English (3)	➔ C2: Humanities - Literature, Philosophy, and Languages other than English (4)	
	4A: American Institutions (3)	➔ D1: American Institutions (4)	Area 4 includes two lower-division courses (4A and 4B) and one upper-division course (see Upper-Division Area 4 below). These three courses must come from at least two different course prefixes. 4B course will need to be taken under semesters, PSY 201 on quarters may not apply.
	4B: Social and Behavioral Sciences (3)	➔ D2: Lower-Division D (4)	
	5A: Physical Sciences (3)	➔ B1: Physical Sciences (4)	
	5B: Life Sciences PSY 2240 in the major (3)	➔ B2: Life Sciences (4)	5B will only be fulfilled with major course if taken on semesters
	5C: Laboratory (1) Embedded in a 5A or 5B	➔ B3: Laboratory (0) Embedded in a B1 or B2	
	Area 6: Ethnic Studies (3)	➔ Area F: Ethnic Studies (4)	
Upper Division GEs	Upper-Division Area 2 or Upper-Division Area 5 Mathematics and Quantitative Reasoning or Physical & Life Sciences Science Elective in the major. See 2026-2028 semester catalog for course options (3-4)	➔ Upper-Division B Scientific Inquiry and Quantitative Reasoning Science Elective in the major. See 2026-2028 semester catalog for course options (4)	Will be fulfilled with major course
	Upper-Division Area 3 Arts and Humanities (3)	➔ Upper-Division C Arts and Humanities (4)	
	Upper-Division Area 4 Social and Behavioral Sciences Diversity Elective in the major. See 2026-2028 major semester equivalency guide for course options. (3-4)	➔ Upper-Division D Social Sciences Diversity Elective in the major. See 2026-2028 major semester equivalency guide for course options and select a corresponding quarter course. (4)	Area 4 includes two lower-division courses (4A and 4B) and one upper-division course. These three courses must come from at least two different course prefixes. UD 4 GE will be fulfilled with major course



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Note: the following GEs on the 22-26 catalog will not be required for student who switch to the 26-28 semester catalog: lower division C GE, Area E GE, GE Electives.



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