



CAL POLY

DRUG FREE SCHOOLS AND COMMUNITY ACT

Biennial Report 2020-2022

Compiled with information provided by a multidisciplinary team consisting of:
Human Resources, Office of Student Rights & Responsibilities, Civil Rights & Compliance Office, Campus Health & Wellbeing.

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CAL POLY
Campus Health
& Wellbeing

PRESIDENTIAL SIGNATURE MEMO

Attached is the Drug Free Schools & Campuses biennial review report for the academic years 2020-2022. The review contains prevalence data, prevention education efforts, application of conduct sanctions and outcomes, as well as policies pertaining to alcohol & other drug use on campus and within our campus community. The biennial review highlights increased interdisciplinary collaboration resulting from an AOD specific strategic plan, regular meetings of the High-Risk Event subcommittee as a part of the Substance Use & Misuse Advisory Committee, and consolidation of conduct efforts across campus. The report highlights significant decreases in high-risk drinking as a result of greater cross campus collaboration.

Cal Poly is a drug and nicotine free campus and all members of our campus community are expected to abide by all local, state, and federal laws pertaining to drug and alcohol use. In addition, we as a campus are committed to utilizing educational outcomes and supportive measures to ensure the best possible outcomes for students, staff, and faculty. The report attached is the product of a campus commitment to safety and education.

Approved by:

Jeffrey D. Armstrong

JH

Jeffrey D. Armstrong
President

03/22/2023

Date



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INTRODUCTION TO THE DFSCA BIENNIAL REVIEW AND SUMMARY

In compliance with the Drug Free Schools & Campuses regulations (34CFR, Part 86) California Polytechnic State University, San Luis Obispo (CalPoly) completes a biennial review of our Drug and Alcohol Abuse Prevention Program (DAAPP) in order to best assess our strengths and challenges and make appropriate adjustments. All members of our campus community are expected to abide by all local, state, and federal laws pertaining to drug and alcohol use as well as campus policies as referenced in the coming pages and appendices of this document.

The Substance Use & Abuse Advisory Committee (SUAAC) is a presidentially appointed committee with representation from myriad offices on campus to ensure a multidisciplinary and holistic view of our drug & alcohol prevention programs. Recommendations from this committee are made directly to the president's office.

For the purposes of this review, a smaller subcommittee was brought together with representatives from the Office of Civil Rights and Compliance, Office of Student Rights & Responsibilities, Campus Health & Wellbeing, and Health Education. The completed draft was reviewed by our SUAAC committee ensuring that our prevention efforts happening at every level were adequately captured and assessed.

Cal Poly is a drug and nicotine free campus with all rules and regulations detailed in our Student Code of Conduct, Residential Life alcohol policy, as well as specific regulations for athletics and registered student organizations. Each of the policies are detailed in the coming pages, with their entire text available as appendices.

This report contains all appropriate policies, all direct contact with students, staff, and faculty pertaining to drug and/or alcohol use, rates of conduct and university police involvement in drug and alcohol offenses, as well as a comprehensive chart of much of our prevention education efforts. This information is utilized to reference strengths & challenges in our DAAPP as well as to make recommendations and set goals for the coming years.

Annual Notification to employees (appendix 1)

Sent out by Human Resources & New Employee Orientation, all employees receive annually during the fall quarter via email (appendix 1). The full Drug & Alcohol Free Workplace text (Policy 1012) is made available through our CSUPD-SLO Manual on our website (<https://afd.calpoly.edu/police/police-administration/policies/1000/1012-alcohol-and-drug-use-policy.pdf>). Faculty and staff may access the full New Employee Orientation via our website (<https://afd.calpoly.edu/learn-and-grow/new-employee/new-employee-orientation>).

Annual Notification to students (appendix 2)

All students receive the drug free schools notification from our director of Campus Health & Wellbeing annually before prior to fall quarter. The notification is sent via email to all incoming students. Policy for use of campus email as official notification as follows:

Campus email is an official method of campus communication to students, and may be used as the sole method of communication for some campus matters.

Official university communications are sent to a student's university-assigned e-mail address (username@calpoly.edu). Students are responsible for receiving and reading official email communications in a timely manner and for taking necessary action when appropriate. This also applies when university emails are redirected to a non-university email account (appendix 3)

ALCOHOL AND OTHER DRUGS (AOD) POLICY

Alcohol and Other Drugs (AOD) Policy (appendix 4)

Text offered below is direct policy related to the use of alcohol and drugs for faculty, staff, students, and all other campus entities.

Campus-wide Policy

Use, possession, manufacture or distribution of illegal drugs or drug-related paraphernalia, (except as expressly permitted by law and University regulations) or the misuse of legal pharmaceutical drugs is against the Student Code of Conduct.

Marijuana Policy

Marijuana is against Campus Policy as of The California Code of Regulations Title 5.2 §41301(b)(9) and the Cal Poly University Housing contract both prohibit the possession of and use of illegal drugs or drug-related paraphernalia on campus, including marijuana. This means that a medical marijuana card is not a defense for using or possessing marijuana on campus. Valid medical marijuana cards are only used as a defense to a criminal charge. Refer to Campus Administrative Policy 170 Student Code of Conduct – particularly relating to Alcohol and Other Drugs.

172 Alcohol Policy

172.1 Philosophy and Objective

The University is guided by the tenets of the Mustang Way: pride, responsibility and character. Further, the University is dedicated to maintaining a safe and healthy learning environment for all members of the campus while fostering an academic setting that values community engagement and student success.

In keeping with these principles, the University Alcohol Policy is designed to serve the campus-wide community while taking into account the variety of events held by its members, such as fundraising and public relations activities. This policy is intended to provide clear, consistent and constructive guidelines for the application of standards and expectations for the use, service, sale and consumption of alcoholic beverages.

The Alcohol Policy governs the use of alcoholic beverages, defined as beer, wine and distilled spirits and products, at University events on and off campus, and on premises under the administration of the University and/or its auxiliary organizations. In every instance where alcohol is permitted, the individuals and organizations involved are responsible for compliance with this policy and other relevant University regulations, such as the proper use of University funds as well as applicable local, state and federal laws.

This policy applies to all Cal Poly faculty, staff, students and alumni as well as campus volunteers, vendors, visitors and guests. Those acting as University hosts for events that include alcohol shall utilize prudent judgment in the planning, management, direction and control of the event. Members and guests of the campus community are expected to take individual responsibility for their behavior and for the consequences of alcohol consumption at such events.

A fundamental objective of this policy is for University hosts to engage the community in University events that consider the health and wellbeing of the participants while mitigating risks and reduce and/or transfer liability by regulating alcohol use under carefully prescribed circumstances at University events.

172.4 Violations of the Alcohol Policy--University administration and/or appropriate legal authorities will address any violation of this policy by faculty, staff, students, alumni, volunteers, vendors, visitors or guests.

172.5.2 Use of Alcohol

172.5.2.1 Alcohol Use by Students on Campus

In an effort to maintain a high level of student success and public health, and in accordance with state law, all students are prohibited from possession and/or consumption of alcohol on campus outside of authorized areas. Any student under the age of twenty-one is strictly prohibited from possession and/or consumption of alcohol on campus or at off-campus University-hosted events. Students' events are not allowed to serve or sell alcohol on campus; thus, University events, meetings and activities that are student club and/or student managed are not considered University events under this definition, unless they are under the direction and control of a University host and have an approved permit.

172.5.2.2 Alcohol Use and On-Campus Residential Life

Faculty, staff, administrators, students and others live on campus. Those residents that are legally able to purchase and/or consume alcohol and choose to do so may only do so in accordance with state law and campus policy.

172.5.2.2.1 Alcohol Use in Residence Halls

Alcohol possession and use is strictly prohibited in the license agreement for the residence halls on campus, which is managed by University Housing, even if a person is legally able to purchase, possess and consume alcohol products.

172.5.2.2.2 Alcohol Use in On-Campus Apartments

Alcohol possession and use is strictly controlled in the license agreement for on-campus apartment-style living, even if a person is legally able to purchase, possess and consume alcohol products. Alcohol possession, consumption and service for apartment-style living on campus are further regulated by University Housing rules and regulations as well as state law.

172.5.2.2.3 Alcohol Use and the Agricultural Housing Program

Alcohol possession and use is prohibited in the student license agreement for the Agricultural Housing Program, which is managed by University Housing, even if a student is legally able to purchase, possess and consume alcohol products. Alcohol possession, consumption and service for the Agricultural Housing Program are further regulated by University Housing rules and regulations as well as state law.

172.5.2.2.4 Alcohol Use in Faculty, Staff and Administrator Residences



On-campus residences may be assigned, licensed or leased to specific faculty, staff or administrators. These facilities are to be operated in accordance with the provisions of the residence agreement.

172.5.2.3 Alcohol Use Outside Campus Authorized Areas

All use of alcohol including open containers of alcohol is restricted to designated and authorized areas of campus only.

172.5.2.4 Alcohol Use in Academic Programs

This policy authorizes the academic use of various alcoholic beverages, products and related activities as part of identified academic programs within the educational mission of the University and in accordance with state law. Academic use includes but is not limited to instructional programs and courses; manufacturing and processing related activities; and research and study as it relates to the business, production and sensory aspects of the alcoholic beverage industry.

172.5.2.4.1 College of Agriculture, Food & Environmental Sciences (CAFES) – Wine and Viticulture Major

CAFES is authorized to allow the use of alcohol in courses under the approved Wine and Viticulture major in accordance with state law.

172.5.3 Service of Alcohol

When the University authorizes that alcoholic beverages may be included at a public or private event, the responsible University host must follow state law, obtain a properly authorized campus permit and follow proper campus procedures and serving requirements. These events are required also to serve non-alcoholic beverages and provide substantive appetizers or a meal as part of the event.

Temporary permits to serve alcoholic beverages are reviewed and approved by Strategic Business Services. In academic year 202-2021 there were 2 approved applications and in 2021-2022 there were 50 approved applications. This increase is largely attributable for the number of in-person events offered after the lifting of some of the COVID-19 restrictions in place in the year prior.

Amnesty/Responsible Action Protocol Policies (appendix 5)

The Cal Poly AOD amnesty protocol removes barriers when seeking help for community members in potentially life-threatening situations involving alcohol and other drugs or substances. This is both a Good Samaritan and Medical Amnesty protocol, encouraging a shared responsibility among all Cal Poly students to call for help without fear of consequences. This protocol removes punitive sanctions for first-time infractions involving alcohol and/or other drugs and substances for both the person making the call for help as well as the person experiencing the medical emergency. California Assembly Bill 1999 protects persons under 21 from legal repercussions when calling 911 in cases of alcohol poisoning. The Bill “gives a safe and scientifically proven way for young people in trouble to reach out for help. It also sends a message that if you do the right thing by helping a friend in distress you will not be punished (CA-AB 1999 Bill Analysis).” Likewise, the purpose of the Cal Poly AOD protocol aligns with the intention of CA-AB 1999. The distinction between California law and the Cal Poly AOD protocol is CA-AB 1999, which concerns our state’s legal system whereas the Cal Poly AOD protocol concerns the campus-wide judicial process.

Housing Policies (appendix 6)

University Housing Policies

Alcohol: Residents Under Age 21

Residents under 21 years of age may not possess alcohol or alcohol-related paraphernalia within University Housing. The following is prohibited for underage residents: a.) Possession, manufacturing, and distribution of alcohol beverages in and around University Housing communities. b.) Use, public intoxication, or being under the influence of alcohol beverages in or around University Housing communities. If you choose to consume, we encourage you to be aware of your safety and consume responsibly. c.) Possession, collection, or display of alcohol containers or paraphernalia including but not limited to cans, bottles, flasks, shot glasses, empty containers of alcohol, beer bong or other devices utilized for binge drinking, and kegs. d.) Simulated drinking games (e.g., water pong, flip cup) or drinking games. e.) Residents are to remove themselves from situations where any of the policies above are being violated.

Alcohol: Residents Age 21 and Over

The following policies apply to all residents who are 21 years of age or older, living in any apartment community, including the Cal Poly Lofts. University Housing expects residents over 21 to drink responsibly and follow all local, California State, and federal laws. If alcohol is being consumed, all residents assigned to live in the apartment must be 21 or older and mutually agree to permit alcohol within the apartment. The following is not permitted within University Housing: a.) Possession or consumption of alcohol within common areas, including, but not limited to, study lounges, courtyards, etc. b.) Common sources of alcohol, including kegs of any size. c.) Simulated drinking games (i.e., water pong, flip cup) or drinking games. d.) Collection or display of alcohol containers or paraphernalia, including, but not limited to: cans, bottles, flasks, shot glasses, empty containers of alcohol, beer bong, and alcohol boxes.

Drugs and Paraphernalia

Drugs are defined as any illegal substance that is not prescribed to an individual by a medical professional. The following is not permitted in student communities: a) Possession, use, distribution, or being under the influence of any state or federally banned drug. b) Possession of paraphernalia, such as pipes, water pipes, bong, vaporizers, scales, grinders, hookahs, rolling papers, or any other devices created for drug use. c) Selling, distributing, or misusing prescription medication.

Smoke and Tobacco Free Environment

Per Executive Order 1108, Cal Poly is a smoke and tobacco-free campus. Smoking and tobacco are not allowed on campus in any form including vaping, chewing, etc. Possession, use, and/or consumption of tobacco is prohibited.

Athletics Drug Testing Policy (appendix 7)

Cal Poly is committed to the health, safety and welfare of all campus community members including student-athletes who participate in and represent the University in intercollegiate athletics. The inappropriate use of alcohol, tobacco, and illegal and/or performance enhancing drugs is inconsistent with this commitment, the mission of the University, and the purpose of intercollegiate athletics, and creates a danger to the health and safety of student-athletes and their teammates. Moreover, Cal Poly student-athletes are prohibited from using illegal substances, as well as those banned by the National Collegiate Athletic Association (NCAA), whether or not such substances are used to give them a competitive edge or enhance performance. College student-athletes are generally viewed as role models in the local and national community, and membership on a Cal Poly intercollegiate athletics team is a privilege. Substance use and abuse in sports can pose risks to the student-athlete's health and negatively impact academic and athletic performance. It can also compromise the integrity of athletic competition, the Cal Poly athletics program, and the ideals and reputation of the university.

Any student-athlete behavior that is not consistent with this policy will be addressed through an educational process that is designed to promote health and safety, good citizenship, and, when necessary, impose appropriate consequences.

NCAA Bylaw 14.1.4.2 requires the University to educate student-athletes about NCAA banned substances and the products that may contain them. Moreover, use, possession, manufacture, or distribution of illegal drugs or drug-related paraphernalia (except as expressly permitted by law and University regulations), or the misuse of legal pharmaceutical drugs is prohibited by the University and is a violation of the California State University Standards for Student Conduct. (Title 5, Article 2, Section 41301(b)(9) of the California Code of Regulations). Violation of the University's Standards for Student Conduct regarding drug and alcohol use may lead to University discipline, up to and including academic suspension or expulsion, separate and apart from the education, treatment, and consequences set forth in this policy.

This policy has been adopted by Cal Poly and is administered by the Department of Intercollegiate Athletics and is separate and distinct from the University's Standards for Student Conduct, and the NCAA's Drug Testing Program. Every student-athlete shall sign a notification and consent form acknowledging their agreement with and consent to the requirements of this policy. The intent of this policy is to preserve the health, safety and welfare of each student-athlete, and prevent and deter the use and abuse of prohibited substances through education, testing, professional guidance, and sanctions, when applicable.

RSO (Recognized Student Organizations) AOD Policy (Appendix 8)

Use, possession, manufacture, or distribution of illegal drugs or drug-related paraphernalia (except as expressly permitted by law and University regulation) or the misuse of legal pharmaceutical drugs at an organization-related event or facility. 10CAP 141 <https://policy.calpoly.edu/cap/100/cap-14011> California Penal Code 245.6 https://leginfo.ca.gov/faces/codes_displaySection.xhtml?lawCode=PEN§ionNum=245.6.

RSO HANDBOOK (Updated November 6, 2020)

1310. Alcohol. Use, possession, manufacture, or distribution of alcoholic beverages (except as expressly permitted by law and University policy) or public intoxication while on campus or at a university-related activity (see Cal Poly's Alcohol Policy 12 regarding on-and off-campus use, service, sale, and consumption for more detailed information (see appendices)).

Financial Aid Drug Convictions Policy

Loss of Financial Aid for Conviction Involving Possession/Sale of Illegal Drugs A conviction under federal or state law for any offense involving the possession or sale of illegal drugs will result in the loss of eligibility for any Title IV, HEA grant, loan, or work-study assistance (HEA Sec. 484(r)(1)); (20 U.S.C. 1091(r)(1)), if the conviction occurs during a period of enrollment for which the student was receiving Title IV HEA program funds.

Data Driven (Appendices 8, 9, 10)

Cal Poly utilizes various different methods to ensure that our prevention efforts and their effects are data driven and research based. Comparisons of our ACHA-NCHA survey outcomes between 2018 and 2022 illustrated several positive trends and recommendations for upcoming prevention education efforts. Utilization of the 2018 data and 2022 data allowed for comparisons based on "normal" student residency and availability of in-person events. These differences were particularly evident when comparing high-risk drinking behaviors.

Number of drinks consumed the last time students drank in a social setting:

Number of drinks consumed	2018	2022
4 or fewer	47.1	72.6
5	15.3	10.9
6	14.7	6.4
7	17.1	10.2

Changes to the ACHA-NCHA data collection and questions make it impossible for us to have a clear picture of cannabis and nicotine use changes over this time, comparable data indicates slight decreases in lifetime and prior 90 day use (see appendices for comparison data).

While comparing data collected in 2021 to data collected in 2022 poses unique challenges due to the effects of the COVID-19 pandemic, comparisons between 2021 and 2022 show slight increases in the use of almost all substances surveyed. Significant increases in cannabis, methamphetamine, and hallucinogens form recommendations for increased education and interventions related to these substances.

Lifetime use:

Substance	2021	2022
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)	27.0	31.4
Alcoholic beverages (beer, wine, liquor, etc.)	74.2	78.2
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]	44.4	53.3
Cocaine (coke, crack, etc.)	8.3	8.8
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]	7.9	6.9
Methamphetamine (speed, crystal meth, ice, etc.)	0.4	1.2
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)	3.2	3.8
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]	2.4	3.5
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)	11.5	16.1
Heroin	0	0.5
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]	2.8	1.9

AOD PREVALENCE RATE & TREND DATA

Increases between academic years may be accounted for by COVID-19. Total on-campus students living in residence halls on campus are referenced in the chart below.

Total campus population	2020-2021	2021-2022
Residence Halls	4405	8102

University Police Data	2020-2021	2021-2022
Alcohol/ Drug related incidents involving CPPD	67	89
Alcohol/Drug medical aid transports	38	49

Conduct/ OSSR Data	2020-2021	2021-2022
Number of drug and alcohol-related fatalities that occur on campus	0	0
Number of drug and alcohol-related incidents that occur on campus.	221	475
Number of drug and alcohol-related incidents and fatalities that are reported to campus officials	0	0
Number of drug and alcohol-related incidents reported to campus officials	430	260
Alcohol and other drug related admissions to local emergency room	N/A	N/A
Alcohol and other drug related ambulance transports/calls for service	21	57

Other assessment data that seems pertinent (counted in above totals)	2020-2021	2021-2022
Public Intoxication/Open Container	22	26
Fake ID	6	3
Minor in Possession	3	4
DUI	9	6

AOD PREVENTION AT CAL POLY

Cal Poly boasts a robust Prevention Education program with strong partnerships across campus and in the community. Annual prevention efforts are listed below.

Program or Initiative Name	Leading Organization	Audience	Type of Program Frequency	Description
Housing Programming	Health Education & Peer Health Educators	On-Campus Residents	Workshops, Presentations; ongoing	University Housing in collaboration with the peer AOD team, offers multiple programs throughout the academic year in the Residence Halls and apartments that focus on alcohol and drug awareness, safer partying tools, values identification as they relate to use, and confronting incorrect assumptions about AOD use in students.
SLO Days: Summer Orientation	New Student & Transition Programs (NSTP)	Incoming and Parents & NSTP student Leaders	Presentation; Annually (several sessions throughout summer)	All parents & supporters who attend mandatory orientation receive information and education about alcohol, overdose, mixing substances, and the importance of establishing communication with their students. NSTP leaders are versed in discussing AOD topics with incoming students and encouraged to utilize their positions of power to help set more accurate norms & expectations.
“Not Anymore” Online Programs	Office of Student Rights & Responsibilities	Incoming & Returning Students	Annual Training	These are mandatory training programs that must be completed by all new and continuing students at the beginning of each academic year. The AOD educational modules focus on dispelling misconceptions of drug and alcohol use in college, reiterate safety and overdose prevention, and educate incoming students about the ramifications of drug and alcohol use.
Week of Welcome (WOW)	NSTP	Incoming Students & WOW student leaders	Presentation; Annual	All incoming students attending mandatory WOW receive a one-hour presentation on norms, expectations, possible physical & mental ramifications of AOD use, overdose awareness, the Good Samaritan Laws and general safety with alcohol, cannabis, study drugs, opiates, and mixing substances. The student leaders are led through a training to encourage reflection on their roles as leaders for incoming students, setting health, caring and supportive norms, and the importance of maintaining a AOD free orientation experience.



AOD PREVENTION AT CAL POLY

Annual Prevention Efforts Continued:

Program or Initiative Name	Leading Organization	Audience	Type of Program Frequency	Description
Fraternity & Sorority Narcan and overdose awareness	Wellbeing Services	Fraternity and Sorority leadership	Small Group Facilitation; annually	The leadership teams from each chapter attend a brief training outlining the dangers of illicit drugs and the inclusion of fentanyl in the national and local drug supply. They are encouraged to maintain awareness that any illicit drug may be cut with this potentially deadly opiate, how to recognize the signs of overdose, and where Narcan—an opioid antagonist—can be obtained.
New Member Institute	Fraternity & Sorority Life (FSL)	New Greek Members	Presentation; Quarterly	Workshop on hazing prevention, healthy relationships, diversity and inclusion, alcohol consumption, sexual assault, bystander intervention, and drug and alcohol abuse. Education is conducted by Dean of Students, Campus Health and Wellbeing, Pride Center, Gender Equity Center, WITH US, and Safer. AOD specific presentation includes awareness and education as well as reflection of how their use may impact their chapter.
Classroom Presentations	Peer Health Educators	Students	Lectures and Workshops, by request	AOD offers classroom presentations to a broad array of classes on the foundations of tools for safer partying, awareness of overdose, and direct conversations about the realities of AOD use. These presentations are based in de-stigmatization and non-shaming conversational tones.
BASICS/ CASICS (Brief Alcohol/ Cannabis Screening & Intervention for College Students)	Wellbeing Services	Students	OSSR or Housing sanction or self-referral	Rooted in Motivational Interviewing techniques and considered a best practice for moderate-significant use issues, BASICS/CASICS are a 2-3 session model allowing students to reflect upon their AOD use and negative consequences that they have suffered as a result. Students may be referred as the result of a significant or multiple AOD sanctions or may self-refer.
Health & Safety staff advisor for Theta Chi	AOD Prevention Specialist	Theta Chi membership	Monthly	Monthly presentations focusing on changing the chapter's culture of drinking and drug use. Trainings included safety with drugs and alcohol, Narcan and overdose awareness and prevention, and talking with a friend about drug & alcohol use.

AOD PREVENTION AT CAL POLY

Annual Prevention Efforts Continued:

Program or Initiative Name	Leading Organization	Audience	Type of Program Frequency	Description
First 6 Weeks programming	PULSE (AOD)	Students, Faculty and Staff	Events; Annually	Freaky Fall programming occurs at the end of the first six weeks of school and aligns with Halloween and the UCSB v. Cal Poly soccer game. Educational efforts are heavily safety focused with additional education about increases in possible legal and conduct related ramifications.
St. Patrick's Day	PULSE (AOD)	Students, Faculty and Staff	Events; Annually	St. Patrick's Day and the weeks surrounding it, has been identified in the AOD Task Force "High-Risk Guidebook" as one of the higher risk days for drug and alcohol use on campus. The AOD peer team conducts a comprehensive campaign including: social media education, flyer and specific residence life messaging, and collaborative alternative events in the identified days leading up to St. Patrick's Day.
4/20 Education	PULSE (AOD)	Graduating Students	Annual	This campaign focuses attention and education on the use of cannabis. Education includes harm-reduction as well as information about dependence and recovery support.
Commencement	PULSE (AOD)	Graduating students	Annual	This campaign focuses on the legacy of the students' time at Cal Poly and how that may be affected by overuse before or at commencement. Also focuses on safety and DUI awareness.
Mustangs for Recovery meetings	Mustangs for Recovery	Students and community members	Peer support; ongoing	Mustangs for Recovery events center the experience of students in recovery, seeking recovery, or affected by the use of a friend or family member. Events include weekly recovery meetings, monthly social events, and weekly meetings for those on the journey towards sobriety. Also offered are training and mentorship opportunities for students to connect with staff & faculty who are in recovery.

AOD PREVENTION AT CAL POLY

Annual Prevention Efforts Continued:

Program or Initiative Name	Leading Organization	Audience	Type of Program Frequency	Description
Mustangs for Recovery Events	Mustangs for Recovery w/various partnerships	Campus and Community members	Ongoing; episodic events	<p>Mustangs for Recovery hosts multiple events throughout the year to grow community and awareness for those seeking or in recovery.</p> <p>-Family dinners—hosted at various times during the year (particularly larger holidays) open to all students in recovery or allies</p> <p>-Game Nights—weekly collaboration with Cal Poly, UCSB, UCLA & Sal State East Bay to allow a safe and supportive sober Saturday Night</p> <p>-Sober Tailgates—Hosted in the CHW plaza to encourage students to take part in the “college experience” without AOD involvement and begin to destigmatize those in recovery</p>
AOD presentations	PULSE (AOD)	Students	Workshops, Presentations; Ongoing	AOD, the Alcohol and Other Drug peer team advised by the AOD Prevention Specialist, offers workshops to the campus community regarding general party safety, alcohol and other drug safety, overdose awareness, how to talk to a friend about substance use concerns, and other specific AOD education as requested.
Social Media Outreach	PULSE (AOD) & Mustangs for Recovery	Campus and Community Members	Ongoing	Safer utilizes their social media platform (particularly Instagram) to engage students and meet them where they’re at. Successful campaigns include entirely virtual Awareness & Prevention Months, boundary setting, Be That Mustang, interactive Myths vs Facts, IGTV interviews, and more.
Athletics Trainings	AOD Prevention Specialist	Student Athletes	Fall quarter, Annually	All new and returning student athletes complete mandatory trainings about alcohol and drug use with a focus on binge drinking, overdose awareness, and ways to manage the stressors of being a student athlete.

AOD PREVENTION AT CAL POLY

Annual Prevention Efforts Continued:

Program or Initiative Name	Leading Organization	Audience	Type of Program Frequency	Description
Peer Health Coach Consultation	PULSE (PCS)	Students	Consultations; Ongoing	Students who are referred for lower risk alcohol or drug involvement meet with peer health coaches trained to utilize Motivational Interviewing and strengths based interventions to help motivate behavior change and safety with AOD. These students may be self-referred or mandated through a conduct process.
Overdose Prevention Education & Narcan Distribution	AOD Prevention Specialist	Students, Staff and Faculty	Presentations; Ongoing	With the increase of fentanyl in the illicit drug supply and availability of Narcan through various state grants, the AOD Prevention Specialist offered multiple trainings to students and staff regarding opiate awareness, signs of overdose, and ways to obtain Narcan.
ScreenU	AOD Prevention Specialist	Students, Staff & Faculty	Ongoing; available virtually	ScreenU is an SBIRT software program designed and administered by HECAOD. SBIRT (Screening, Brief intervention and Referral to Treatment) have been shown to have significant impact as early intervention strategies. Launched in Winter 2021 anonymous assessments available to all students focused on alcohol, cannabis, or prescription drug use. Students referred through CHW providers, interventions with Health Educators, or by self-selection through the Wellbeing Assessment page.
With Us	Student Affairs	Students	Ongoing	The With Us program offers prevention strategies for alcohol poisoning by educating teens, young adults and parents on the dangers and symptoms of alcohol overdose. Aware Awake Alive generates awareness and dialogue around amnesty-based policy and legislation, and creates an atmosphere of partnership in which young people, parents, educators, and like-minded organizations share responsibility for supporting and educating one another.

2021-2022 ACADEMIC YEAR HIGHLIGHTS

Altered system to distribute community funds

Students who are sanctioned for minor drug or alcohol offenses in the residence halls are required to attend a Not Anymore refresher course that also results in a \$65 fee for service. Students for whom this is a financial hardship may apply for a waiver for the cost. The \$65 fee is then placed into our Community Funds account to be utilized for additional prevention efforts and/or alternative events. In 2020-21 we changed the distribution of those funds to allow for the payment for Not Anymore (the drug & alcohol segments) and for more directed support for a graduate assistant to aid in the administration of BASICS (Brief Alcohol Screening & Referral to Treatment) consultations. Any surplus funds will be made available for specific outreach and events that support our mission of reducing high-risk drinking on campus.

Overdose Prevention Efforts

With the national and local increases in fentanyl poisoning deaths, and the introduction of SB-367 we began educating students about fentanyl and how to get Narcan (naloxone hydroxide) beginning in 2019. In AY 2020-21, we were approved for a standing order through the California Department of Public Health and were able to distribute 291 Overdose Prevention kits to Cal Poly students through our Health Education team. This included targeted outreach and distribution to student leaders, including Resident Advisors and members of Fraternity & Sorority Life. This distribution led to at least one successful reversal.

Consolidation of Conduct Efforts

Recognizing the University's non-compliance with Title 5 and Executive Order 1098 in reference to misconduct originating in UH and examining the effectiveness of alternative approaches to managing student misconduct in UH, it was recommended that the Office of Student Rights & Responsibilities (OSRR) manages all allegations of student misconduct reported in University Housing. Beginning with the 2021-22 academic year, OSRR began managing alleged misconduct that occurred in and was reported by University Housing (UH). With a consistently rising volume of alleged misconduct reported to year-to-year from 2016 – present, adding the case volume reported from UH presented a challenge for OSRR and prevented this shift from happening earlier. Through strategic partnerships and creative thinking OSRR with the support of UH, was able to manage the case volume. The Associate Director for OSRR played an integral role in the management of this functional partnership. Although challenges presented during this shift, the foundation was established for how Cal Poly's Office of Student Rights & Responsibilities can provide a high quality, educational, and compliant approach to managing student conduct reported by UH.

Implementation of High-Risk Playbook Recommendations (Appendix 11)

As part of a previous year's annual report recommendations, we began the process of creating a "High-Risk Playbook" for high-risk times and key education points throughout a student's time at Cal Poly. The first version of the playbook was completed and utilized throughout the 2020-21 academic year. Additional recommendations and changes were made to create a comprehensive and multi-pronged approach to prevention including multiple offices on campus. This living document will be accessible for any incoming staff to ensure continuity of universal prevention efforts.

Hiring an additional Prevention Specialist to focus on primary prevention of binge drinking

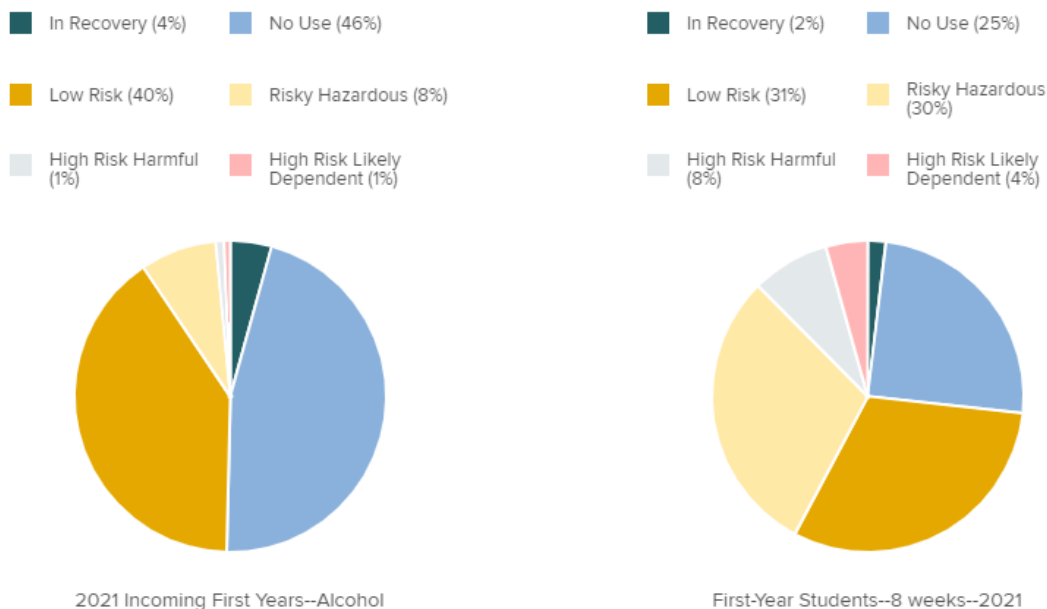
As a part of the AOD Task Force recommendations, an additional Prevention Specialist was hired in October 2021 with a focus on universal prevention and specifically targeting the high rates of binge drinking. This prevention specialist established strong relationships across campus and began administering additional outreach and education by spring quarter of 2022.

Decrease in high-risk alcohol use (ACHA-NCHA 2022)

In 2018 and 2022, Wellbeing Services administered the American College Health Association-National College Health Assessment to collect data relating to Cal Poly student health. As part of the survey, data is collected about specific drinking habits. In 2022 we saw an increase in the number of students who drank 4 or fewer drinks the last time they drank (from 49% to 74%) and a decrease in the number of students drinking 7 or more drinks (from 24% to 10%). This decrease in high-risk drinking can be attributed to the interdisciplinary and cross campus efforts to educate, reduce harm, and hold students accountable and connect them with resources.

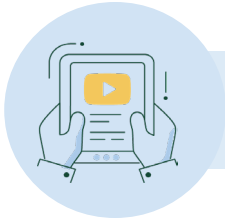
Implementation of ScreenU to monitor college effect

ScreenU is a screening, brief intervention, and referral to treatment (SBIRT) tool available through the Higher Education Center for Drug & Alcohol Misuse & Recovery (HECAOD) at the Ohio State University. This tool allows students to take brief surveys about their alcohol, cannabis, or prescription medication use and gives real time feedback assessing levels of risk based on their use. This survey was administered to incoming students in WOW 2021 with the support of NSTP leaders. A follow up survey was administered at the beginning of spring 2022 to assess levels of change in alcohol use. Findings show significant increases in higher risk drinking and a significant decrease in the number of students who don't drink. See graph below.



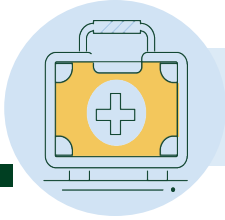
AOD PREVENTION GOALS & RECOMMENDATIONS

1.



Implementation of ScreenU

2.



Increased Narcan distribution and education

3.



Social Norm campaigns devoted to binge drinking

4.



Collect baseline data related to recidivism and BASICS/

5.



Increase education efforts connected to increases in specific substance use

APPENDICES

Appendix 1: Annual Drug-Free Workplace Notification

Cal Poly is fully committed to achieving an alcohol and drug-free environment for its students and employees. Federal law requires Cal Poly to create and maintain a drug-free environment and implement a prevention program for students and employees. Consistent with federal law, this message serves as annual notice of campus rules and regulations, possible sanctions and penalties for violation, and assistance to students and employees who may be struggling with substance misuse or dependence.

Proposition 64 Does Not Alter the Drug-Free Workplace Policy

The passage of Proposition 64 by California voters does not alter the Drug-Free Workplace Policy. Cannabis remains a controlled substance under federal law. Nothing in Proposition 64 changes the obligations of Cal Poly to maintain a drug-free community, prevent illegal drug use, and discipline employees who unlawfully manufacture, possess, distribute, dispense or use illegal drugs on university property or activities.

Standards of Conduct

Cal Poly employees and students are expected to comply with campus rules and regulations which expressly prohibit the unlawful manufacture, use, sale, purchase, transfer or possession of dangerous drugs or narcotics, as those terms are used in federal statutes. This includes all substances illegal under federal law as well as unlawful distribution. In addition, campus regulations prohibit employees and students from being under the influence of alcohol and/or any legal or illegal drug while engaged in work on or off campus. Legally prescribed medications which do not adversely affect the employee's or student's work ability, job performance, or the safety of that individual or others, are an exception to this policy.

Possible Sanctions and Penalties

Health Risks Associated with Alcohol and Other Drug Abuse

Drinking alcohol and other drug misuse can cause a host of negative health outcomes. Overdose and driving while intoxicated are the most recognized but alcohol and drug misuse have been linked to higher rates of cancer, heart disease, cognitive impairment, unintended pregnancy, sexually transmitted infections, and are associated with higher rates of suicide; among a number of other negative health outcomes.

Health Effects of Alcohol and Other Drugs

- Health Effects of Alcohol Use - <https://www.niaaa.nih.gov/alcohols-effects-health>
- Evaluating Your Drinking - <https://www.rethinkingdrinking.niaaa.nih.gov/>
- Other Health Effects - <https://www.drugabuse.gov/drug-topics/health-consequences-drug-misuse/other-health-effects>

Fentanyl

According to local data, fentanyl has been found in much of the illegal drug market—including non-opioids. Rates of overdose deaths involving synthetic opioids other than methadone, which includes fentanyl and fentanyl analogs, increased over 16% from 2018 to 2019. Overdose deaths involving synthetic opioids were nearly 12 times higher in 2019

than in 2013. (<https://www.cdc.gov/opioids/basics/fentanyl.html>).

- Fentanyl Facts - <https://www.cdc.gov/opioids/basics/fentanyl.html>
- Reversing Overdose with Naloxone - <https://www.drugabuse.gov/publications/drugfacts/naloxone>
- Contact Wellbeing Services to schedule a training and receive Narcan-wellbeing@calpoly.edu

Student Assistance for Alcohol and Other Drug Abuse

Students are encouraged to seek assistance for alcohol and other drug problems. Students seeking guidance and referrals for drug and alcohol counseling may contact Campus Health and Wellbeing, which offers students counseling and resources for alcohol and other drug use.

Mustangs for Recovery is an on-campus resource and sober-friendly environment for students in recovery, seeking recovery, or those affected by the addiction of a friend or family member.

Overdose Prevention

Reversing Overdose with Naloxone - <https://www.drugabuse.gov/publications/drugfacts/naloxone>

- Current students can access naloxone through the CHW pharmacy without a prescription or come to Wellbeing Services (lower level of the Health Center) during drop-in hours, Tuesday-Thursday 11:00 am-12:00 pm
- For more information or to schedule a different time contact wellbeing@calpoly.edu Narcan-wellbeing@calpoly.edu

Drug-Free Awareness - Resources

- Dangers of Drug Abuse - National Institute on Drug Abuse
- US Dept of Education - Higher Ed. Drug-Free Campus Regulations
- Drug Enforcement Administration

Sincerely,

Keith Humphrey, Ph.D.
Vice President for Student Affairs

Appendix 2: Employee Notification Drug Free Workplace

Cal Poly is fully committed to achieving an alcohol- and drug-free environment for its students and employees. Federal law requires Cal Poly to create and maintain a drug-free environment and implement a prevention program for students and employees. Consistent with federal law, this message serves as annual notice of campus rules and regulations, possible sanctions and penalties for violation, and assistance to students and employees who may be struggling with substance misuse or dependence.

Proposition 64 Does Not Alter the Drug-Free Workplace Policy

The passage of Proposition 64 by California voters does not alter the Drug-Free Workplace Policy. Cannabis remains a controlled substance under federal law. Nothing in Proposition 64 changes Cal Poly's obligations to maintain a drug-free community, prevent illegal drug use, and discipline employees who unlawfully manufacture, possess, distribute, dispense or use illegal drugs on university property or activities.

Standards of Conduct

Cal Poly employees and students are expected to comply with campus rules and regulations, which expressly prohibit the unlawful manufacture, use, sale, purchase, transfer, or possession of controlled substances, as defined in schedules I through V of the Controlled Substances Act (21 U.S.C. §812) and 21 C.F.R. Part1308. In addition, campus regulations prohibit employees and students from being under the influence of alcohol and/or any legal or illegal drug while engaged in work on or off campus. Legally prescribed medications that do not adversely affect the employee's or student's work ability, job performance, or the safety of that individual or others, are an exception to this policy.

Possible Sanctions and Penalties

Employees violating this policy are subject to discipline up to and including dismissal. In addition to, or in lieu of discipline, Cal Poly may require employees violating the policy to participate in a drug-use rehabilitation program.

Health Risks Associated with Alcohol and Other Drug Abuse

Drinking alcohol and other drug misuse can cause a host of negative health outcomes. Overdose and driving while intoxicated are the most recognized, but alcohol and drug misuse also have been linked to higher rates of cancer, heart disease, and cognitive impairment, and they are associated with higher rates of suicide; , among a number of other negative health outcomes.

Health Effects of Alcohol and Other Drugs

- [Health Effects of Alcohol Use](#)
- [Evaluating Your Drinking](#)
- [Other Health Effects](#)

Fentanyl

According to local data, fentanyl has been found in much of the illegal drug market—including non-opioids. Rates of overdose deaths involving synthetic opioids other than methadone, which includes fentanyl and fentanyl analogs, increased over 16% from 2018 to 2019. Overdose deaths involving synthetic opioids were nearly 12 times higher in 2019 than in 2013. (<https://www.cdc.gov/opioids/basics/fentanyl.html>).

- [Fentanyl Facts](#)
- [Reversing Overdose with Naloxone](#)

Employee Assistance for Alcohol and Other Drug Abuse

Cal Poly recognizes drug and alcohol dependency as a treatable condition and offers employee support programs for individuals with substance dependency. Employees in need of guidance and referrals for drug and alcohol counseling may contact [LifeMatters](#), the university's employee assistance program (EAP) provider, for confidential assistance.

[LifeMatters](#) provides information, evaluation, counseling, and referral services to employees seeking assistance with personal, emotional, substance abuse or chemical dependency. LifeMatters provides up to three (3) free counseling sessions for employees and/or their family members to assist with problems related to substance abuse or chemical dependency. LifeMatters can be reached directly at (800) 367-7474 or at mylifematters.com (login: calpoly) More information is available on the [Human Resources website](#).



Employees are encouraged to seek assistance for drug- and alcohol-related problems. Support services may be provided by your medical plan, and you are encouraged to contact your provider for details.

Drug-Free Awareness - Resources

- [Dangers of Drug Abuse - National Institute on Drug Abuse](#)
- [US Dept of Education - Higher Ed. Drug-Free Campus Regulations](#)
- [Drug Enforcement Administration](#)

Requirements for Employees Engaged in Work on Federal or State Contracts and Grants

The Federal Drug-Free Workplace Act of 1988 (Public Law 100-690, Title V, Subtitle D) and the State Drug-Free Workplace Act of 1990 require that university employees directly engaged in the performance of work on a federal or state contract or grant shall abide by this policy as a condition of employment.

Employees working on federal contracts and grants shall notify the university within five calendar days if they are convicted of any criminal drug statute violation occurring in the workplace or while on university business. This requirement also applies to all indirect charge employees who perform support or overhead functions related to the federal contract or grant and for which the federal government pays its share of expenses, unless the employee's impact or involvement is insignificant to the performance of the contract or grant. The university is required to notify the federal contracting or granting agency within 10 calendar days of receiving notice of such conviction and to take appropriate corrective action or to require the employee to participate satisfactorily in available counseling, treatment, and approved substance-abuse assistance or rehabilitation programs within 30 calendar days of having received notice of such conviction.

Sincerely,

Al Liddicoat, Ph.D.
Vice President, University Personnel and Chief Human Resources Officer

Appendix 3: University Policies

Statement on Commitment to Community

The Cal Poly community values a broad and inclusive campus learning experience where its members embrace core values of mutual respect, academic excellence, open inquiry, free expression and respect for diversity. Membership in the Cal Poly community is consistent with the highest principles of shared governance, social and environmental responsibility, engagement and integrity.

As students, faculty and staff at Cal Poly, we choose to:

- Act with integrity and show respect for ourselves and others and one another
- Accept responsibility for our individual actions
- Support and promote collaboration in University life
- Practice academic honesty in the spirit of inquiry and discovery
- Contribute to the university community through service and volunteerism
- Demonstrate concern for the well-being of others
- Promote the benefits of diversity by practicing and advocating openness, respect and fairness

Individual commitment to these actions is essential to Cal Poly's dedication to an enriched learning experience for all its members.



Statement on Diversity and Inclusivity

The following excerpt is taken from the Cal Poly Statement on Diversity and Inclusivity, which has been endorsed by the Cal Poly Academic Senate Resolution AS-807-15 (<http://digitalcommons.calpoly.edu/cgi/viewcontent.cgi?article=1807&context=senateresolutions>):

At Cal Poly we believe that academic freedom, a cornerstone value, is exercised best when there is understanding and respect for our diversity of experiences, identities, and world views. Consequently, we create learning environments that allow for meaningful development of self-awareness, knowledge, and skills alongside attention to others who may have experiences, worldviews, and values that are different from our own. In so doing, we encourage our students, faculty, and staff to seek out opportunities to engage with others who are both similar and different from them, thereby increasing their capacity for knowledge, empathy, and conscious participation in local and global communities.

In the spirit of educational equity, and in acknowledgment of the significant ways in which a university is transformed by, and can transform the lives of individuals and communities, we strive to increase the diversity at Cal Poly. As an institution that serves the state of California within a global context, we support the recruitment, retention, and success of talented students, faculty, and staff from across all social identities, including people who are from historically and societally marginalized and underrepresented groups.

We are a culturally invested university whose members take personal responsibility for fostering excellence in our own and others' endeavors. To this end, we support an increased awareness and understanding of how one's own identity facets (such as race, ethnicity, gender, sexual orientation, religion, age, disability, social class, and nation of origin) and the combinations/intersections of these identities and experiences that may accompany them can affect our different worldviews.

* The definition of diversity is specifically inclusive of, but not limited to, an individual's race/ethnicity, sex/gender, socioeconomic status, cultural heritage, disability, and sexual orientation.

Statement on Sustainability

In 1987, the United Nations' World Commission on Environment and Development defined sustainable development as, "development which meets the needs of current generations without compromising the ability of future generations to meet their own needs." In 2009, Cal Poly's Academic Senate adopted a more academically focused definition of sustainability with the passage of Sustainability Learning Objectives (<http://catalog.calpoly.edu/universitylearningobjectives/>):

"Cal Poly defines sustainability as the ability of the natural and social systems to survive and thrive together to meet current and future needs. Cal Poly students should be able to consider sustainability when making reasoned decisions. Students should be able to:

- *Define and apply sustainability principles within their academic programs*
- *Explain how natural, economic, and social systems interact to foster or prevent sustainability*
- *Analyze and explain local, national, and global sustainability using a multidisciplinary approach*
- *Consider sustainability principles while developing personal and professional values"*

As a comprehensive polytechnic university with a hands-on, Learn-by-Doing pedagogy, Cal Poly offers a wide breadth of academic programs in technical disciplines, the arts, and humanities. A Cal Poly education seeks to achieve two distinct but complementary goals—technical knowledge and proficiency in a chosen discipline to prepare for the workplace, and a transformative exposure to diverse cultures and critical thinking to create life-long learners and responsible global citizens.



By definition, sustainability seeks to balance three things--protection of the natural environment, healthy economy, and social justice and equity. As a framework in higher education, sustainability helps foster critical and systems thinking, development of personal and professional ethics, a commitment to environmental stewardship, and inspires students to make positive contributions to human society.

As a Charter Signatory to the Second Nature Climate Commitment, Cal Poly is committed to achieving carbon neutrality and climate resilience as soon as possible, and is infusing this work into curriculum, research, and student experience.

For more information on sustainability at Cal Poly see Sustainability Practices (<http://catalog.calpoly.edu/academicsupportandcampuslife/campuslife/sustainabilitypractices/>).

Policies on the Rights of Individuals

Cal Poly is a community enriched by individual differences. The University is committed to respecting and protecting the rights of individuals. This section presents a summary of University non-discrimination policies and procedures for pursuing complaints under these policies. The Civil Rights and Compliance Office (<https://crco.calpoly.edu/>) has been designated to oversee and coordinate implementation of compliance with campus non-discrimination policies.

Except where otherwise indicated, procedures for reporting incidents of discrimination can be found in “Reporting Guidelines.”

CSU Non-discrimination Policy and Procedure for Addressing:

Protected Status: Age, Disability (physical or mental), Gender (or sex), Gender Identity (including nonbinary and transgender), Gender Expression, Genetic Information, Marital Status, Medical Condition, Nationality, Race or Ethnicity (including color, caste, or ancestry), Religion or Religious Creed, Sexual Orientation, and Veteran or Military Status.

The California State University is committed to maintaining an inclusive community that values diversity and fosters tolerance and mutual respect. The CSU embraces our community differences in Age, Disability (physical and mental), Gender (or sex), Gender Identity (including nonbinary and transgender), Gender Expression, Genetic Information, Marital Status, Medical Condition, Nationality, Race or Ethnicity (including color, caste, or ancestry), Religion (or religious creed), Sexual Orientation, Veteran or Military Status. All Students and Employees have the right to participate fully in CSU programs, activities (including admission and access), and employment free from Discrimination and/or Harassment based on any Protected Status (see above), Sexual Misconduct, Sexual Exploitation, Dating Violence, Domestic Violence, Stalking and Retaliation pursuant to the Interim CSU Policy Prohibiting Discrimination, Harassment, Sexual Misconduct, Sexual Exploitation, Dating Violence, Domestic Violence, Stalking, and Retaliation Revised December 24, 2021 (<https://calstate.policystat.com/policy/10926024/latest/>) (herein after “Interim CSU Policy”) and any successor policy. State and federal laws, including the California Equity in Higher Education Act, Title IX of the Education Amendments

of 1972, the Violence Against Women Reauthorization Act of 2013 which amends the Jeanne Clery Disclosure of Campus Security and Campus Crimes Statistics Act, commonly known as the Clery Act) (VAWA) under its Campus Sexual Violence Elimination Act provision (Campus SAVE Act), Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, Title II of the Americans with Disabilities Act of 1990, and the Age Discrimination Act of 1975, among other applicable state and federal laws, prohibit such discrimination. Interim CSU Policy (and any successor policy) is the system wide policy and procedure for addressing allegations of discrimination, harassment & retaliation made by students, employees, and third parties against the CSU, a CSU employee, other CSU students or a third-party.

The following person has been designated to handle inquiries regarding the non-discrimination policy and procedure for California Polytechnic State University, San Luis Obispo:



Maren Hufton

Assistant Vice President for the Civil Rights & Compliance Office & Title IX Coordinator
Civil Rights & Compliance Office
Building 33 (Fisher Science), Room 2901 Grand Avenue, San Luis Obispo, CA 93407
E-mail: mhufton@calpoly.edu or crco@calpoly.edu
Phone: (805) 756-6770

If you are in the midst of an emergency, please call the police immediately by dialing 9-1-1.

Cal Poly University Police Department (when you are on-campus) Emergency: 911
Non-emergency: 805-756-2281
Location: Building 36
<https://www.afd.calpoly.edu/police/>

Local Police (when you are off-campus)

San Luis Obispo Police

Emergency: 911

Non-Emergency: 805-781-7317

Location: 1042 Walnut Street, San Luis Obispo, CA 93401 (at the intersection of Santa Rosa)

Confidential Resources

Cal Poly Counseling Center

(805) 756-2511

<https://chw.calpoly.edu/counseling> (<https://chw.calpoly.edu/counseling/>)

Cal Poly Health Services

(805) 756-2282

Hearing or Speech Impaired: Call 711 (Telecommunications Relay Service)

<https://chw.calpoly.edu>

Cal Poly Safer

(805) 756-2282

<https://safer.calpoly.edu>

Lumina Alliance (Formerly RISE & Stand Strong)

(805) 545-8888 (24/7 Crisis and Information Hotline)

Contact@luminaalliance.org

<https://luminaalliance.org>

Safety of the Campus Community

Alleged victims and witnesses should not be deterred from reporting any incidents of Sexual Misconduct, Sexual Exploitation, Dating Violence, Domestic Violence, or Stalking out of a concern that they might be disciplined for related violations of drug, alcohol, or other University policies. The University's primary concern is the safety of the Campus community; therefore, a person who participates as a Complainant or witness in investigations or proceedings involving Sexual Misconduct, Sexual Exploitation, Dating Violence, Domestic Violence, or Stalking shall not be subject



to discipline for related violations of the Student Conduct Code at or near the time of the incident unless the University determines the violation was egregious, including but not limited to plagiarism, cheating, academic dishonesty, or conduct that places the health and safety of another person at risk.

Protection from Retaliation

It is critical that individuals not be deterred from reporting potential policy violations. Interim CSU Policy prohibits retaliation against individuals for exercising rights under the non-discrimination policy, opposing discrimination, or participating in any related investigation or proceeding.

Information Regarding Discipline

Employees and Students who are found to have violated University non-discrimination policy shall be subject to discipline commensurate to the violation. If employee discipline is warranted, it shall be administered in a manner consistent with applicable collective bargaining agreements, CSU policies, and legal requirements. Student discipline shall be administered in accordance with 5 Cal. Code Regs. § 41301 CSU Student Conduct Procedures, Executive Order 1098 Revised August 14, 2020 and any University Policies 3successor policy (<https://calstate.policystat.com/policy/8453518/latest/>) (hereinafter “Executive Order 1098”).

Further Questions

Individuals with inquiries regarding the non-discrimination policy at California Polytechnic State University, San Luis Obispo, or seeking to file a complaint, may contact:

Civil Rights and Compliance Office
Fisher Science (Bldg. 33), Room 290
1 Grand Avenue, San Luis Obispo, CA 93407
Email: crco@calpoly.edu
Phone: (805) 756-6770
<https://crcr.calpoly.edu>

Notice of Non-Discrimination on the Basis of Gender or Sex

The California State University does not discriminate on the basis of gender, which includes sex and gender identity or gender expression, or sexual orientation in its education programs or activities. Title IX of the Education Amendments of 1972, and certain other federal and state laws, prohibit discrimination on the basis of gender or sexual orientation in employment, as well as in all education programs and activities operated by the University (both on and off campus), including admissions. The protection against discrimination on the basis of gender or sexual orientation includes sexual harassment, sexual misconduct, sexual exploitation, dating and domestic violence and stalking.

Any person may report sex discrimination, including sexual harassment (whether or not the person reporting is the alleged to have experienced the conduct that could constitute sex discrimination or sexual harassment), in-person, by mail, by telephone, or by electronic mail, using the contact information listed below for the Title IX Coordinator, or by any other means that results in the Title IX Coordinator receiving the person’s verbal or written report. Such a report may be made at any time (including during non-business hours) by using the telephone number or electronic mail address, or by mail to the office address listed for the Title IX Coordinator.

The following person has been designated to handle inquiries regarding the non-discrimination policy and procedure, including Title IX complaints, for Cal Poly, San Luis Obispo:



Maren Hufton
Assistant Vice President for the Civil Rights & Compliance Office & Title IX Coordinator
Civil Rights & Compliance Office
Building 33 (Fisher Science), Room 2901 Grand Avenue, San Luis Obispo, CA 93407
E-mail: mhufton@calpoly.edu or crco@calpoly.edu
Phone: (805) 756-6770

Questions may also be addressed to:

Office of Civil Rights
San Francisco Office
U.S. Department of Education
50 United Nations Plaza
San Francisco, CA, 94102
Telephone: (415) 486-5555
Facsimile: (415) 486-5570
Email: OCR.SanFrancisco@ed.gov

Academic Freedom

Cal Poly recognizes and supports the principle of academic freedom, by which each instructional faculty member, researcher, librarian and counselor has the right to teach, to conduct research, and to publish material relevant to that faculty member's discipline, even when such material is controversial.

The University also guarantees to its faculty the same rights shared by all citizens, which include:

The right to free expression
The right to assemble, and
The right to criticize and seek revision of the institution's regulations

At the same time, the faculty should recognize an equally binding obligation to perform their academic duties responsibly and to comply with the internal regulations of the University.

Each faculty member is expected to recognize the right of free expression of other members of the university community.

Faculty shall not claim to be representing the University unless authorized to do so.

Cal Poly endorses the nationally recognized definition of academic freedom from the American Association of University Professors (AAUP): The 1940 Statement of Principles on Academic Freedom and Tenure with 1970 Interpretative Notes, is as follows:

1. Teachers are entitled to full freedom in research and in the publication of results, subject to the adequate performance of their other academic duties; but research, for pecuniary return, should be based upon an understanding with the authorities of the institution.
2. Teachers are entitled to freedom in the classroom in discussing their subject, but they should be careful not to introduce into their teaching controversial subject matter which has no relation to the subject. Limitations of academic freedom because of religious or other aims of the institution should be clearly stated in writing at the time of appointment.



3. College and university teachers are citizens, members of a learned profession, and officers of an educational institution. When they speak or write as citizens, they should be free from institutional censorship or discipline, but their special position in the community imposes special obligations. As scholars and educational officers, they should remember that the public may judge their profession and institution by their utterances. Hence, they should at all times be accurate, should exercise appropriate restraints, should show respect for the opinions of others, and should make every effort to indicate they are not speaking for the institution.

The footnote from the 1940 Statement states: "The word 'teacher' as used in this document is understood to include the investigator who is attached to an academic institution without teaching duties."

The footnote from the 1970 Interpretative Notes on the AAUP Statement reads: "The intent of this statement is not to discourage what is 'controversial.' Controversy is at the heart of free academic inquiry which the entire statement is designed to foster. The passage serves to underscore the need for teachers to avoid persistently intruding material which has no relation to their subject." Reference: AAUP: The 1940 Statement of Principles on Academic Freedom and Tenure with 1970 Interpretative Notes, adopted by the Council of the American Association of University Professors in April 1970 and endorsed by the Fifty-sixth Annual Meeting as Association policy, www.aaup.org/AAUP/pubsres/policydocs/contents/1940statement.htm (<https://www.aaup.org/report/1940-statement-principles-academic-freedom-and-tenure/>).

Student Academic Rights & Responsibilities

The classroom (including laboratories, field trips, independent study, etc.) is the essential part of any university where freedom to learn should flourish. The instructor has the responsibility for the manner of instruction and the conduct of the classroom. The instructor should not act in any way that denies the rights of students as set forth below:

Students are free to take reasoned exception to the data or views offered in courses. It is the responsibility of the instructor to take every precaution to ensure that what is presented is factual. If the instructor's presentation is in the area of opinion, belief, or debatable fact, it is the instructor's responsibility to make this clear to the students. Students may be required to know thoroughly the particulars set forth by the instructor, but they are free to reserve personal judgment as to that which is presented in the classroom.

The student has the right to substantial presentations appropriate to the course. Unjustified failure of the instructor to meet or prepare for classes, which results in incompetent performance, is a legitimate ground for student complaints against the instructor.

The student has the right to a statement at the beginning of each quarter providing: instructor's name, office location, office telephone number, and office hours; texts and supplementary materials required for the course; purpose of the course; prerequisites; requirements for grading; frequency and types of tests; and other information to assure student's understanding of the nature and requirements of the course.

A Fairness Board has been established to hear grievances of students who believe their academic rights have been denied or violated. The legitimacy of the process and procedure of evaluation in the course shall be the sole criterion of the Fairness Board. Students may contact the Academic Senate at 805.756.1258, www.academicssenate.calpoly.edu/ (<http://academicssenate.calpoly.edu/>) for clarification of the description and procedures for the Fairness Board and the appeal process for grade disputes. Students should address grade disputes involving allegations of academic dishonesty to the Office of Student Rights & Responsibilities at 805.756.2794. Students may also contact the University Ombuds at 805.756.1380 for informal assistance with grade disputes.



Academic Responsibilities

Students enrolled in a class are responsible for meeting standards of performance and conduct established by the University and the instructor. Students are given full control over their enrollment transactions through the Student Information System within the limits of the academic policies and dates as published. Therefore, it is the students' responsibility to ensure that all their enrollment transactions have been successfully processed in a timely manner. These transactions include, but are not limited to, adding, dropping, withdrawing, auditing, and choosing the desired grading basis when applicable. Students are also responsible to make sure that those enrollment transactions initiated after the add/drop period, during the course of the term, are successfully processed and appropriately reflected in their record before the end of the said term (e.g., course and/or term withdrawals).

Students are responsible for completing and submitting all class assignments, examinations, tests, projects, reports, etc., by scheduled due dates, or face penalties. If any problem arises regarding coursework or attendance, the student is held responsible for initiating communication and contact with the instructor. In addition, students are held responsible for behavior and conduct adverse to the preservation of order as established by the University and the instructor. Students are responsible for meeting their degree requirements as provided in the university catalog.

Cheating and Plagiarism

Academic Dishonesty: Cheating and Plagiarism

The University does not condone academic cheating or plagiarism in any form. Faculty are expected to uphold and support the highest academic standards in this matter. Instructors should be diligent in reducing potential opportunities for academic cheating and plagiarism to occur. Students' rights shall be ensured through attention to due process, as detailed on the Office of Student Rights and Responsibilities' webpage for Academic Integrity (<https://osrr.calpoly.edu/academic-integrity/>).

Definition of Cheating:

Cheating is defined as obtaining or attempting to obtain, or aiding another to obtain credit for work, or any improvement in evaluation of performance, by any dishonest or deceptive means. Cheating includes, but is not limited to: lying; copying from another's test or examination; discussion at any time of answers or questions on an examination or test, unless such discussion is specifically authorized by the instructor; taking or receiving copies of an exam without the permission of the instructor; using or displaying notes, "cheat sheets," or other information devices inappropriate to the prescribed test conditions; allowing someone other than the officially enrolled student to represent same.

Definition of Plagiarism

Plagiarism is defined as the act of using the ideas or work of another person or persons as if they were one's own without giving proper credit to the source. Such an act is not plagiarism if it is ascertained that the ideas were arrived at through independent reasoning or logic or where the thought or idea is common knowledge. Acknowledgment of an original author or source must be made through appropriate references; e.g., quotation marks, footnotes, or commentary. Examples of plagiarism include but are not limited to the following: the submission of a work, either in part or in whole completed by another; failure to give credit for ideas, statements, facts or conclusions which rightfully belong to another; failure to use quotation marks (or other means of setting apart, such as the use of indentation or a different font size) when quoting directly from another, whether it be a paragraph, a sentence, or even a part thereof; close and lengthy paraphrasing of another's writing without credit or originality; use of another's project or programs or part thereof without giving credit.



Students who have received a grade reduction as a result of academic dishonesty are NOT eligible to receive a CR/NC, or to withdraw from the course in which the grade for the course has been impacted by academic dishonesty. All CR/NC will revert to the letter grade issued by the instructor for the course. For the complete policy regarding Cheating and Plagiarism see Academic Programs and Planning (<https://academicprograms.calpoly.edu/content/academicpolicies/Cheating/>).

For more information, please visit the Academic Integrity webpage by the Office of Student Rights and Responsibilities (<https://osrr.calpoly.edu/academic-integrity/>).

Use and Release of Student Information

https://registrar.calpoly.edu/ferpa_summary (https://registrar.calpoly.edu/ferpa_summary/)

The Family Educational Rights and Privacy Act (FERPA) affords students certain rights with respect to their education records. This federal law applies to all schools that receive funding under most programs administered by the Department of Education. The primary rights afforded each student are the right to inspect and review his/her education records, the right to seek to have the records amended, and the right to have some control over the disclosure of information from the records.

Responsible Use of Information Technology Resources

Information technology resources are provided to support the University's mission of education, research and service. To ensure these shared and finite resources are used effectively to further the University's mission, each user has the responsibility to:

- Use the resources appropriately and efficiently
- Respect the freedom and privacy of others
- Protect the stability and security of the resources
- Understand and fully abide by established University policies and applicable public laws

The Responsible Use Policy covers authorized use, data security, confidentiality and privacy, copyright infringement and more. All students, faculty and staff acknowledge the policy each time they change their my.calpoly.edu passwords. It can also be viewed by visiting: IT Responsible Use Policy (<https://policy.calpoly.edu/cap/1200/cap-1200/#cap-1203-1>)

E-Mail - an Official Means of Communication to Students

<https://tech.calpoly.edu/services/email-and-calendar-o365> (<https://tech.calpoly.edu/services/email-and-calendar-o365/>)

Campus email is an official method of campus communication to students, and may be used as the sole method of communication for some campus matters. Official university communications are sent to a student's university-assigned e-mail address (username@calpoly.edu). Students are responsible for receiving and reading official email communications in a timely manner and for taking necessary action when appropriate. This also applies when university emails are redirected to a non-university email account.

Campus policy permits colleges, departments, and faculty to use email to send official communications to students, for example, messages pertaining to the conduct of university business for academic or administrative purposes. Using email for such purposes is at the discretion of the sender and in no way precludes the use of other communication methods.

For more information about the campus email policy and related standards and practices, including frequently asked questions, visit <https://tech.calpoly.edu/services/email-and-calendar-o365> (<https://tech.calpoly.edu/services/email-and-calendar-o365/>).



Accessibility of Cal Poly Electronic and Information Technology Resources

accessibility.calpoly.edu (<http://accessibility.calpoly.edu>)

In recent years, copyright holders, like the Recording Industry Association of America (RIAA), have stepped up legal efforts to combat infringement, which includes targeting college students with an increased number of copyright infringement notices. Here's what you should know:

- Hundreds of Cal Poly students receive copyright infringement notices each year.
- You can receive a notice for downloading or for allowing others to upload content from your computer. If you have file sharing software on your computer, you may be distributing copyrighted materials anytime your computer is on the network.
- If you receive a notice for inappropriate activity on the campus network, your network access will be temporarily disabled and you will be required to complete specific actions before access is reinstated.
- Repeat offenders will be referred to the Office of Student Rights and Responsibilities for further disciplinary action.

Please review these frequently asked questions to learn more about peer-to-peer file sharing and copyright infringement, the potential dangers and penalties you may incur from file sharing, and what you can do to protect yourself and your computer: security.calpoly.edu/content/faq/dmca-faqs (<http://security.calpoly.edu/content/faq/dmca-faqs/>).

Information Security Program

security.calpoly.edu (<http://security.calpoly.edu>)

Information security is everyone's responsibility. Only you can protect your personal devices and information. By following some basic security practices, you can help protect university data and devices you access, as well as your own; this includes using anti-virus and other technical safeguards (e.g., keeping software and operating systems up-to-date, using strong passwords, not responding to "phishing" emails, and avoiding unsecured network connections).

It is the collective responsibility of all users to ensure:

- Confidentiality of information which Cal Poly must protect from unauthorized access
- Integrity and availability of information stored on or processed by Cal Poly information systems
- Campus compliance with applicable laws, regulations, and policies governing information security and privacy protection.

Cal Poly's Information Security Office provides direction to the campus to accomplish the above while not inhibiting the sanctioned use of campus information assets as required to meet the university's core mission and academic and administrative goals. To help safeguard and secure campus information and information resources, all users and campus departments are expected to adhere to these policies and standards where applicable. Please report suspected violations and questions to security@calpoly.edu.

Appendix 4: University Organization and Campuswide Policies

170 Policies on Public Health

171 Smoking Policy

The California State University Chancellor's Office has issued a Policy on Systemwide Smoke and Tobacco Free Environment that the University follows:

CSU Executive Order (EO) 1108 (<https://www.calstate.edu/eo/EO-1108.html>), Effective September 1, 2017



Please see references below for additional information:

References for CAP 171:

1. Date approved by the President: August 21, 2017
2. Effective Date: September 1, 2017
3. Responsible Department/ Office: Campus Health & Wellbeing
4. Revision History: January 2, 2024, May 22, 2014, September 1, 2018
5. Related University Policies, Procedures, Manuals and/or Documents:
 - a. Class Schedule (<http://registrar.calpoly.edu/content/class-schedule>)
 - b. University Catalog (<http://www.catalog.calpoly.edu/>)
 - c. Human Resources Policies and Procedures (<http://afd.calpoly.edu/hr/policies.asp?pid=10&id=all>)
 - d. University Housing Resident Handbook
6. Laws, regulations and/ or Codes of practice referred to herein or related to this policy:
 - a. Title 5, California Code of Regulations, Section 42356
 - b. [Executive Order No. 599](#)
 - c. California Government Code Section 7597 et seq (<http://www.leginfo.ca.gov/cgi-bin/displaycode?section=gov&group=07001-08000&file=7596-7598>)

172 Alcohol Policy

172.1 Philosophy and Objective

The University is guided by the tenets of the Mustang Way: pride, responsibility and character. Further, the University is dedicated to maintaining a safe and healthy learning environment for all members of the campus while fostering an academic setting that values community engagement and student success.

In keeping with these principles, the University Alcohol Policy is designed to serve the campuswide community while taking into account the variety of events held by its members, such as fundraising and public relations activities. This policy is intended to provide clear, consistent and constructive guidelines for the application of standards and expectations for the use, service, sale and consumption of alcoholic beverages.

The Alcohol Policy governs the use of alcoholic beverages, defined as beer, wine and distilled spirits and products, at University events on and off campus, and on premises under the administration of the University and/or its auxiliary organizations. In every instance where alcohol is permitted, the individuals and organizations involved are responsible for compliance with this policy and other relevant University regulations, such as the proper use of University funds as well as applicable local, state and federal laws.

This policy applies to all Cal Poly faculty, staff, students and alumni as well as campus volunteers, vendors, visitors and guests. Those acting as University hosts for events that include alcohol shall utilize prudent judgment in the planning, management, direction and control of the event. Members and guests of the campuswide community are expected to take individual responsibility for their behavior and for the consequences of alcohol consumption at such events. A fundamental objective of this policy is for University hosts to engage the community in University events that consider the health and wellbeing of the participants while mitigating risks and reduce and/or transfer liability by regulating alcohol use under carefully prescribed circumstances at University events.

172 Definitions Specific for Purposes of CAP 172

172.2.1



A University host is the highest-ranking management employee in the division or college that is responsible for the direction and control of the University event.

172.2.2

A University event is defined as a University activity that furthers the mission of the University wherein the University is partly or wholly responsible and the event is under the control and supervision of a University host.

172.2.3

A public event is defined as one in which the University advertises the event as open to anyone who would like to attend (i.e., the general public).

172.2.4

A private event is defined as one in which the University utilizes invitations to the event and thus the event is closed to the general public.

172.2.5

ABC is the abbreviation for the California Department of Alcoholic Beverage Control, which regulates the consumption, service and sales of alcohol.

172.2.6

Consideration is defined as money as well as tickets, tokens or similar methods that have been issued in exchange for money or anything else of value including a charge of admission for any event at which alcoholic beverages are served or otherwise provided without an exchange of additional consideration.

172.3 Implementation and Maintenance of the Alcohol Policy

The vice president for Administration & Finance is designated by the President to develop and maintain requirements and procedures to implement this policy including authorizing ABC license applications and designating campus permit approvers.

172.4 Violations of the Alcohol Policy

University administration and/or appropriate legal authorities will address any violation of this policy by faculty, staff, students, alumni, volunteers, vendors, visitors or guests.

172.5 Alcohol Use, Service, Sale and Consumption

This policy allows the responsible use, service, sale and consumption of alcoholic beverages and products on and off campus under properly authorized circumstances and at controlled locations in accordance with all local and state laws, including the California Alcoholic Beverage Control Act and any regulations under the auspices of the California Department of Alcoholic Beverage Control, in order to accommodate the various University events and activities of authorized campus hosts for the benefit of the campuswide community.



All University hosts requesting the service of alcohol at a University event, whether via approved caterer, staff and/or volunteers, shall be required to follow a system of server training that conforms to state law and campus requirements.

172.5.1 Facilities for Alcohol Use, Service, Sale, and Consumption

The University has authorized several locations on campus to hold an ABC alcohol sales license. Licensed facilities include but are not limited to Mustang Station and Myron's restaurants and the Christopher Cohan Performing Arts Center, each of which are currently licensed as dining establishments with beer and wine sales for on-site consumption.

The University President or a designee (per CAP 172.3) is authorized to approve additional organizations to hold temporary or permanent ABC licenses for locations on campus to produce, serve and/or sell alcoholic beverages and products.

172.5.1.1 On-Campus Leased or Licensed Facilities

Certain on-campus locations and facilities may be leased or licensed by the University or an auxiliary organization to individuals and/or companies and are operated in accordance with the provisions of the lease or license agreement.

The University may authorize the use of alcoholic beverages at on-campus leased or licensed facilities such as football tailgating areas and private suites at athletic venues for athletic supporters and guests. Authorized areas must be clearly marked, and no open containers are allowed outside those authorized areas.

172.5.1.2 On-Off-Campus Leased or Licensed Facilities

Certain off-campus locations and facilities may be leased or licensed to the University or an auxiliary organization and are required to operate in accordance with the provisions of the lease or license agreement and state law.

172.5.1.2.1

If off-campus licensed or leased facilities involve the course-related academic use of alcohol, then the academic portions of this policy applies, including but not limited to responsible management oversight.

172.5.1.2.2

If off-campus licensed or leased facilities involve a non-academic University event that includes the use of alcohol, then the non-academic portions of this policy applies, including but not limited to event approval and other campus requirements.

172.5.2 Use of Alcohol

172.5.2.1 Alcohol Use by Students on Campus

In an effort to maintain a high level of student success and public health, and in accordance with state law, all students are prohibited from possession and/or consumption of alcohol on campus outside of authorized areas.



Any student under the age of twenty-one is strictly prohibited from possession and/or consumption of alcohol on campus or at off-campus University-hosted events. Students' events are not allowed to serve or sell alcohol on campus; thus, University events, meetings and activities that are student club and/or student managed are not considered University events under this definition, unless they are under the direction and control of a University host and have an approved permit.

172.5.2.2 Alcohol Use and On-Campus Residential Life

Faculty, staff, administrators, students and others live on campus. Those residents that are legally able to purchase and/or consume alcohol and choose to do so may only do so in accordance with state law and campus policy.

172.5.2.2.1 Alcohol Use in Residence Halls

Alcohol possession and use is strictly prohibited in the license agreement for the residence halls on campus, which is managed by University Housing, even if a person is legally able to purchase, possess and consume alcohol products

172.5.2.2.2 Alcohol Use in On-Campus Apartments

Alcohol possession and use is strictly controlled in the license agreement for on-campus apartment-style living, even if a person is legally able to purchase, possess and consume alcohol products. Alcohol possession, consumption and service for apartment-style living on campus are further regulated by University Housing rules and regulations as well as state law.

172.5.2.2.4 Alcohol Use in Faculty, Staff and Administrator Residences

On-campus residences may be assigned, licensed or leased to specific faculty, staff or administrators. These facilities are to be operated in accordance with the provisions of the residence agreement

172.5.2.4.1 College of Agriculture, Food & Environmental Sciences (CAFES) – Wine and Viticulture Major

CAFES is authorized to allow the use of alcohol in courses under the approved Wine and Viticulture major in accordance with state law.

172.5.2.4.1.1 Responsibility for Direction and Control Supervised course-related alcohol use and related academic activities are authorized under the direction and control of the responsible dean of CAFES as part of the Wine and Viticulture curricular program.

172.5.2.4.2 Extended Education – Alcohol-related Courses and Certificates Extended Education is authorized to offer courses and certificate programs related to alcohol products and the alcoholic beverage industry and to allow the use of alcohol in approved alcohol-related courses and certificate programs in accordance with state law.

172.5.2.4.2.1 Responsibility for Direction and Control Supervised courses, certificate programs and related academic activities that include alcohol use are authorized under the direction and control of the responsible head of Extended Education as part of the educational curricular program.

172.5.3 Service of Alcohol



When the University authorizes that alcoholic beverages may be included at a public or private event, the responsible University host must follow state law, obtain a properly authorized campus permit and follow proper campus procedures and serving requirements. These events are required also to serve non-alcoholic beverages and provide substantive appetizers or a meal as part of the event.

172.5.3.1 Alcohol Service on Campus by a University Host

A University host must hold the event at an already licensed facility on campus or must obtain a campus permit to include alcohol in accordance with state law and campus policy.

172.5.3.2 Alcohol Service on Campus by an Off-Campus Entity

Any off-campus entity wishing to hold an event that includes alcohol on campus must be authorized under the direction and control of Conference and Event Planning as the University host or utilize an established campus venue with an ABC sale license.

172.5.3.3 Alcohol Service at ABC Licensed Facilities

University hosts of a public or private University event on or off campus where alcohol is served should utilize ABC licensed facilities managed by properly trained professional staff and servers when feasible

172.5.3.4 Alcohol Service at Non-ABC Licensed Facilities

University hosts of a public or a private University event on or off campus where alcohol is served at facilities that are neither ABC licensed, nor managed by properly trained professional staff and servers, must follow state law, obtain a properly authorized campus permit and follow proper campus procedures and serving requirements.

172.5.3.5 Alcohol Service and Sale and Service Requirements for all events

- All service and sales must be in compliance with state law, including prohibition of sale and service to persons who may be intoxicated.
- All events are required to make available non- alcoholic beverages and substantive appetizers or a meal as part of the event.
- Servers of alcoholic beverages must have appropriate training in safe service and in compliance with ABC requirements,
- Approvers of the campus permit will set a limit on the number of alcoholic beverages that can be purchased per transaction, limit the commencement of sales to a specific period of time prior to the start of an event, and require the cessation of sales at a specific point prior to the end of the event.
- Attendees will not be permitted to bring alcoholic beverages into any facility where alcohol is being served or sold and served and attendees will not be permitted to leave a facility with alcohol.
- A system or process of checking the age of patrons purchasing or consuming alcohol for legal drinking age will be agreed upon.
- The campus University Police Department will establish guidelines for appropriate levels of security at athletic events where alcohol is being sold or served.



172.5.4 Sale of Alcohol

An ABC alcohol sales license is required for any University event during which alcoholic beverages are to be provided and there is an exchange of consideration. The University, in its role as an agency of the State of California, cannot obtain an ABC license; the Cal Poly Corporation or a University designee may hold an ABC license.

172.5.4.1 Direct Sales of Alcohol

With University approval, the Cal Poly Corporation or a University designee may hold permanent or temporary ABC licenses for the direct sale of alcohol to the public on campus or at off-campus University events consistent with the intent of CSU Executive Order (EO) 1109. Refer to EO 1109 or its successor for specific details.

172.5.4.2 Alcohol Sales at Public Events

The University is authorized to approve the sale of alcoholic beverages at public events including at intercollegiate athletic events held at university-owned or operated facilities or other facilities over which the university has jurisdiction consistent with under EO 1109 or its successor when the properly authorized campus permit(s) and ABC licensing are in place. The University host of the event must follow state law and follow proper campus procedures and serving requirements.

172.5.4.3 Alcohol Sales at Intercollegiate Athletic Events Held at University-Owned or Operated Facilities

The University is authorized to approve the sale of alcoholic beverages at public events including intercollegiate athletic events held at university-owned or operated facilities or other facilities over which the university has jurisdiction consistent with EO 1109 or its successor when the properly authorized campus permit(s) and ABC licensing are in place. The University host of any public event at such an athletics facility must follow state law and follow proper campus procedures and serving requirements for public events.

Sales and service of alcoholic beverages at athletic events shall be limited to beer and wine, except in one circumstance. Beverages with distilled spirits (hard liquor) may be served or sold and served provided the provision and consumption of such beverages is limited to premium seating areas such as VIP suites, skyboxes, or similar areas that are distinctly separate and secure from general seating and the premium seating area is not predominately used by students or minors at the time.

172.5.4.4 Alcohol Sales at Private Events

The University is authorized to approve the sale of alcoholic beverages at private events when the properly authorized campus permit(s) and ABC licensing are in place. The University host of a private event must follow state law and follow proper campus procedures and serving requirements.

172.5.4.5 Auctions of Alcohol

With the properly authorized campus permit and ABC licensing in place, a University organization or program may auction donated or purchased alcohol (wine, beer and/or distilled spirits) for fundraising purposes and not for immediate consumption. An auction is considered a sale of alcohol; thus, an ABC license is required for the day(s) of the actual auction. A nonprofit organization such as an auxiliary organization may obtain an auction sales license up to 3 times per calendar year.



172.5.4.5 Raffles of Alcohol

EO 966 limits alcohol advertising on campus in accordance with the Coalition of Higher Education Associations for Substance Abuse Prevention (CoHEASAP) Guidelines for Beverage Alcohol Marketing distributed by the InterAssociation Task Force on Alcohol and Other Substance Abuse Issues. Campus constituents shall comply with EO 966 whenever advertising alcoholic beverages or products and must get approval from University Advancement's Marketing and Communications office before advertising.

172.5.6.1 Guidelines for Marketing of Academic Courses and Programs that Include Alcohol

172.5.6.1.1 Marketing of the Wine & Viticulture Major in CAFES

When advertising Wine & Viticulture academic courses and programs that involve alcohol products and/or the industry as part of the curriculum, the University may include reference to alcohol and related products under the direction of the responsible dean of CAFES and pursuant to guidance from the Marketing and Communications office before advertising.

172.5.6.1.2 Marketing of Courses and Certificate Programs in Extended Education

When advertising Extended Education courses and certificate programs that involve alcohol products and/or the industry as part of the curriculum, the University may include reference to alcohol and related products under the direction of the responsible head of Extended Education and pursuant to guidance from the Marketing and Communications office before advertising.

172.5.6.2 Guidelines for Marketing of Non-Academic Events and/or Activities that Include Alcohol

The University is authorized to approve the sale of alcoholic beverages at public events including intercollegiate athletic events held at university-owned or operated facilities or other facilities over which the university has jurisdiction consistent with EO 1109 or its successor when the properly authorized campus permit(s) and ABC licensing are in place. The University host of any public event at such an athletics facility must follow state law and follow proper campus procedures and serving requirements for public events.

172.5.6.2.1 Advertising of Non-Academic Public Events

EO 966 limits on-campus alcohol advertising in accordance with CoHEASAP guidelines. Campus constituents shall comply with EO 966 whenever advertising alcoholic beverages or products as part of a non-academic public event. This policy does not preclude events such as wine tastings and beer gardens at University events that are being held to promote and support the University.

172.5.6.2.2 Advertising of Non-Academic Private Events

Events that fall under the definition of private events for advertising purposes are by invitation and are not advertised to the public at large and, therefore, are not commercially advertised. Private events shall follow the same considerations outlined in EO 966 as they relate to the promotion of the events and the incorporation of alcohol and any sponsorship.



Appendix 5: Cal Poly's Alcohol and Other Drug (AOD) Amnesty Protocol

What is it?

The Cal Poly AOD amnesty protocol removes barriers when seeking help for community members in potentially life-threatening situations involving alcohol and other drugs or substances. This is both a Good Samaritan and Medical Amnesty protocol, encouraging a shared responsibility among all Cal Poly students to call for help without fear of consequences. This protocol removes punitive sanctions for first-time infractions involving alcohol and/or other drugs and substances for both the person making the call for help as well as the person experiencing the medical emergency.

Here in California, California Assembly Bill 1999 protects persons under 21 from legal repercussions when calling 911 in cases of alcohol poisoning. The Bill "gives a safe and scientifically proven way for young people in trouble to reach out for help. It also sends a message that if you do the right thing by helping a friend in distress you will not be punished (CA-AB 1999 Bill Analysis)." Likewise, the purpose of the Cal Poly AOD protocol aligns with the intention of CA-AB 1999. The distinction between California law and the Cal Poly AOD protocol is CA-AB 1999, which concerns our state's legal system whereas the Cal Poly AOD protocol concerns the campus-wide judicial process.

Why the AOD amnesty protocol?

The Cal Poly AOD amnesty protocol promotes safety and responsibility throughout the university community. It sends a message that health and safety is a priority and students should feel safe doing the right thing. The protocol also provides a natural mechanism to educate students on the signs of alcohol poisoning. Education, paired with a Medical Amnesty protocol, has been shown to increase help seeking behavior. Also, protocols such as these have been shown to increase appropriate medical attention and follow-up for at-risk students.

Cal Poly strives to foster a caring community in order to prevent alcohol poisoning and drug overdose deaths.

When Should I Call?

Use the acronym 'MUST HELP' to help remember the signs of alcohol poisoning:

Mental Confusion

Unresponsive

Snoring/Gasping for Air

Throwing Up

Hypothermia

Erratic Breathing

Loss of Consciousness Paleness/Blueness of Skin

Call 911 or seek help from a Resident Advisor (RA) if you see any one of these signs.

What will happen when I use the protocol?

1. The Office of Student Rights & Responsibilities (OSRR) or University Housing will review the incident to confirm it falls within the parameters of the Cal Poly AOD Protocol. The Protocol addresses incidents where:



A student experiencing an alcohol or drug related overdose seeks medical assistance; or any other person who, in good faith, seeks medical assistance on behalf of the person experiencing the overdose. The individual who seeks medical assistance on behalf of another must remain with the individual experiencing the alcohol or drug related overdose until help arrives.

2. Once the incident is reviewed and qualified for the CP AOD protocol, the student who experienced the medical emergency may be assigned a follow-up consultation with staff from OSRR and Campus Health & Wellbeing. The student who called for help may or may not be assigned an educational program; this is determined based on the circumstances of the incident.

3. Records are kept to track students who have qualified for the AOD amnesty protocol, but the incident will NOT result with:

- Charges or a violation of the Code of Conduct;
- Incurred punitive sanctions or outcomes;
- Go on the student's conduct record.

Will my recognized campus club or organization also receive amnesty?

If the consumption of alcohol or other drugs occurred during an event sponsored, organized, or supported by a student club or organization, Cal Poly will consider the reporting of the incident as a mitigating factor when determining any disciplinary action imposed on the student club or organization. Other mitigating circumstances could include the efforts made by hosts or officers to prevent the situation, participation in Cal Poly educational programs designed to prevent such incidents, and cooperation with any Cal Poly investigation of the incident. Conversely, failure to report such an occurrence would be considered an aggravating factor when imposing any disciplinary sanctions.

What are other important factors to consider?

- With the exception of use and/or possession of alcohol or other substances, no other major Student Conduct Code violation can occur during the time of an incident. For example, if a sexual assault occurs or university property is damaged a student will not be covered under the Cal Poly AOD amnesty protocol.
- Resources that students can contact for assistance include emergency services (911) as well as university personnel (e.g., resident advisors).
- Follow-up evaluation and education are fundamental components of any Good Samaritan/Medical Amnesty Policy such as the Cal Poly AOD amnesty protocol. If a student is assigned education or follow-up, they must complete it by the given date, otherwise eligibility for use of this protocol will be revoked and Code of Conduct charges may result.
- This Cal Poly AOD amnesty protocol covers alcohol as well as other drugs and substances.

Resources

Campus Health & Wellbeing

Campus Health & Wellbeing helps students achieve and maintain academic success and lifelong health and well-being by providing health care, disease and injury prevention education, professional mental health services and supports. Students interested in connecting with a professional Health Educator or Counselor regarding their substance use can make individual appointments to discuss their needs. Students interested in connecting with a community of support are encouraged to connect with Mustangs for Recovery.

Aware Awake Alive

Aware Awake Alive is a non-profit organization that offers resources with the mission of preventing the loss of young adult lives from alcohol poisoning.



The Office of Student Rights & Responsibilities

The Office of Student Rights & Responsibilities (OSRR) provides an overview regarding all system and institutional-wide judicial policies and processes.

University Housing

University Housing offers a safe, inclusive and welcoming community to support each student's academic goals as well as personal development.

CA-AB 1999

"This bill would grant limited immunity from criminal prosecution for any person under the age of 21 years who is subject to prosecution ... where the person under the age of 21 years called 911 and reported that either himself or herself or another person was in need of medical assistance due to alcohol consumption and conformed to other specified requirements."

CA-AB 472

"This bill would provide that it shall not be a crime for any person who experiences a drug-related overdose, as defined, who, in good faith, seeks medical assistance, or any other person who, in good faith, seeks medical assistance for the person experiencing a drug-related overdose, to be under the influence of, or to possess for personal use, a controlled substance, controlled substance analog, or drug paraphernalia, under certain circumstances related to a drug-related overdose that prompted seeking medical assistance if that person does not obstruct medical or law enforcement personnel."

Appendix 6: University Housing Resident Policies

Land Acknowledgement

On behalf of Cal Poly, we would like to acknowledge that the land that we reside on today carries the heritage and culture of the indigenous people of San Luis Obispo County, the yak tit^u ti^{tu} yak tilhini, Northern Chumash tribe. We honor the indigenous people's connection to these territories and respect the land on which we live and work today.

Welcome

Welcome to University Housing. We strive to create a safe, welcoming, and inclusive environment where all residents thrive. To do that, we rely on community members to uphold policies that benefit all residents. By electronically signing your University Housing license agreement, you have agreed to follow the policies outlined in this document. As a Cal Poly student, you are also responsible for following the Student Code of Conduct.

University Housing Staff will document potential violations of these University Housing policies and/or the Student Code of Conduct. Alleged violations will be reviewed by the Office of Student Rights & Responsibilities (OSRR). Learn about Cal Poly's Student Conduct Process and potential outcomes by reviewing the OSRR website.

Policies apply to all residents and guests of Cal Poly University Housing and are subject to updates based upon operational need, including but not limited to current public health conditions. Material changes will be communicated to residents through posted signage and/or communication to each resident's calpoly.edu email address. The current policy document will always be posted at housing.calpoly.edu.



Alcohol and Other Drugs (AOD) Amnesty Protocol

The safety of community members is everyone's responsibility. If you see something, say something. The Cal Poly AOD amnesty protocol removes barriers when seeking help for community members in potentially life-threatening situations involving alcohol and other drugs or substances. This is both a Good Samaritan and Medical Amnesty protocol, encouraging a shared responsibility among all Cal Poly students to call for help without fear of consequences. This protocol removes punitive sanctions for first-time infractions involving alcohol and/or other drugs and substances for both the person making the call for help as well as the person experiencing the medical emergency. Please review this campus policy.

University Housing Policies

1. Alcohol: Residents Under Age 21

Residents under 21 years of age may not possess alcohol or alcohol-related paraphernalia within University Housing. The following is prohibited for underage residents:

- a.) Possession, manufacturing, and distribution of alcohol beverages in and around University Housing communities.
- b.) Use, public intoxication, or being under the influence of alcohol beverages in or around University Housing communities. If you choose to consume, we encourage you to be aware of your safety and consume responsibly.
- c.) Possession, collection, or display of alcohol containers or paraphernalia including but not limited to cans, bottles, flasks, shot glasses, empty containers of alcohol, beer bong or other devices utilized for binge drinking, and kegs.
- d.) Simulated drinking games (e.g., water pong, flip cup) or drinking games.
- e.) Residents are to remove themselves from situations where any of the policies above are being violated.

1. Alcohol: Residents Under Age 21

The following policies apply to all residents who are 21 years of age or older, living in any apartment community, including the Cal Poly Lofts. University Housing expects residents over 21 to drink responsibly and follow all local, California State, and federal laws. If alcohol is being consumed, all residents assigned to live in the apartment must be 21 or older and mutually agree to permit alcohol within the apartment.

- a.) The following is not permitted within University Housing:
- b.) Possession or consumption of alcohol within common areas, including, but not limited to, study lounges, courtyards, etc.
- c.) Common sources of alcohol, including kegs of any size.
- d.) Simulated drinking games (e.g., water pong, flip cup) or drinking games.
- e.) Collection or display of alcohol containers or paraphernalia, including, but not limited to: cans, bottles, flasks, shot glasses, empty containers of alcohol, beer bong, kegs, and alcohol boxes.

3. Alcohol: Animals and Pets

Residents are expected to treat animals with respect; cruelty or abuse of any animal is not tolerated. Residents with an Emotional Support Animal (ESA) or Service Animal (SA) must be approved through the Disability Resource Center (DRC) and register their animal with University Housing prior to move-in. Please visit the Disability Resource Center for more information.



- a.) Residents may have a fish tank up to ten gallons in size (total per room or apartment for fish). Fish tanks are not allowed in the Cal Poly Lofts.
- b.) Only approved Emotional Support Animals or Service Animals are permitted within University Housing.

4. Building and Room Access

University Housing facilities are accessible by residents, approved guests, and designated employees conducting approved work for the safety and security of residents.

- a.) Residents are issued a key(s) for their room and/or apartment and are not permitted to loan their key or access card to others.
- b.) Residents must ensure that the locking mechanism of their room door is always fully operational. Residents should not tamper with or alter the locking mechanism of the building or room doors.

5. Cannabis

As a drug-free campus, University Housing does not recognize Medical Marijuana 215 cards. The following are not permitted in student communities:

- a.) Possession, use, consumption, or being under the influence of cannabis. Odor or disruptive behavior attributed to cannabis is also prohibited.
- b.) Possession of paraphernalia (including grinders, bongs, pipes, papers, vaporizers or other devices used for cannabis consumption).

6. Community Respect and Responsible Action

University Housing encourages community accountability and respect. Residents are encouraged to use University Housing spaces for activities that uplift community or promote personal, academic, or intrapersonal growth. Behavior that is disrespectful of fellow residents or staff is not condoned. It is up to all residents to build a respectful community. Each resident is responsible for activities that occur in their assigned room, common room, bathroom, study lounge, and lounge.

- a.) Allowing behaviors or items that violate University Housing policy is prohibited.
- b.) Passive participation, including presence, in events that violate University Housing policies is prohibited.

7. Compliance with Staff

Residents are expected to open their doors upon reasonable request, provide accurate identification, and cooperate with university staff (including Resident Advisors, Coordinators of Student Development, the Cal Poly Police Department, etc.).

- a.) Residents must comply with reasonable requests from university staff.

8. Drugs and Paraphernalia

Drugs are defined as any illegal substance that is not prescribed to an individual by a medical professional. The following is not permitted in student communities:



- a.) Possession, use, distribution, or being under the influence of any state or federally banned drug.
- b.) Possession of paraphernalia, such as pipes, water pipes, bongs, vaporizers, scales, grinders, hookahs, rolling papers, or any other devices created for drug use.
- c.) Selling, distributing, or misusing prescription medication.

9. Fire and Life Safety

Residents are encouraged to decorate their rooms. However, for the safety of our community, some items are not allowed in student rooms or apartments. For a complete list of items to bring and to leave behind, see here. To prevent fire and protect the safety of our community, please be mindful of the following regulations:

- a.) Use or possession of items with a heating element, including, but not limited to, barbecues, electric grills, hot plates, and space heaters, is not permitted.
- b.) Highly flammable materials — including, but not limited to, gasoline, industrial cleaning solvents, spray paint, charcoal, lighter fluid, vehicle parts, fuel, and oil — is not permitted.
- c.) Possession of candles, incense, or other flame producing materials is not permitted.
- d.) Room occupancy is limited to six persons per residence hall room or twelve persons per apartment (Cerro Vista and Poly Canyon Village).
- e.) Blocking of any door or emergency exits, including window access, is a fire hazard and is not permitted.
- f.) Tampering with, discharging, or damaging a fire extinguisher when no fire is present is prohibited.
- g.) Residents may not block access to a fire extinguisher.
- h.) Tampering with or damaging fire life safety equipment, including but not limited to sprinkler system, fire alarms, etc. This includes hanging items from any life safety equipment such as pipes, sprinkler heads, pull stations, etc.
- i.) Tampering with or jumping in elevators is prohibited.
- j.) Residents are not permitted to possess or use items that create a fire hazard, including permitted items in excessive quantities.

10. Furniture

Due to safety concerns, only furniture provided by University Housing may be used in student rooms. If you would like to bunk your bed, please put in a Service Request in your Housing Portal. Please note, not all beds are able to be lofted or bunked.

- a.) All university-owned furniture must be maintained in its assigned area. Lounge furniture is not allowed in individual student rooms or outdoors.
- b.) Personal furniture is only permitted if approved as an accommodation by the Disability Resource Center.
- c.) Furniture or other items may not block doors to rooms or buildings.

11. Gambling

Gambling is defined as activities played for money, checks, credit, or any other item representing value. On State property, the California Penal Code forbids the dealing, playing, conducting, betting on, and providing facilities for games involving cards, dice, and other devices for money, checks, credit, or other representation of value.

- a.) Gambling of any kind is prohibited.



12. Guests and Visitors

University Housing reserves the right to prohibit visitors and guests at any time based upon operational and/or public health needs. Notice will be communicated via Cal Poly emails and websites.

Guests are defined as any non-residents (individual who does not have a license agreement with University Housing) who spend the night.

Visitors are any non-residents in or around University Housing who do not spend the night.

- a.) Residents are responsible and accountable for their own actions, as well as the actions of their guests and visitors.
- b.) Visitors and guests must be accompanied by the host resident while in or around University Housing.
- c.) Residents must register all overnight guests which are limited to two per resident at any time. Any unapproved guest will be required to leave. Please see the Overnight Guest Registration Procedures in your Housing Portal for more information.

13. Noise

Out of courtesy and respect for their fellow residents, always be aware of your noise level and limit noise to reasonably avoid disturbing other residents.

Quiet Hours are in effect:

- Sunday - Thursday from 11 p.m. - 8 a.m.
- Friday - Saturday from 1 a.m. - 10 a.m.
- 24/7 during entire period of finals week beginning at 5 p.m. the day prior to finals until all final exams for the term are complete.
- During Quiet Hours, noise should not be heard coming from student rooms. Excessive noise is always prohibited.

14. Public Health Guidelines

All residents are required to comply with Cal Poly policies regarding public health, including, but not limited to, face coverings, physical distancing, size of gatherings, testing requirements, vaccination requirements, etc. Updated policies will be communicated via Cal Poly emails and websites.

For more information on the current COVID-19 pandemic, please visit Cal Poly's Cal Poly Covid-19 website at <https://coronavirus.calpoly.edu/>.

15. Refrigerators and Microwaves

University Housing provides refrigerators in all areas. Refrigerator styles vary based upon room types. Additional refrigerators and/or accommodations must be approved through the Disability Resource Center.

- a.) Residents may not have an additional mini-refrigerator or microwaves within their room or apartment, unless approved by the Disability Resource Center.

16. Roommates



Residents are required to be open to and accepting of new roommates. University Housing may place a new resident into an empty bed space at any time.

a.) Residents must be welcoming to a current or prospective roommate with or without advance notice. Residents are not permitted to refuse a roommate.

17. Room Personalization

a.) String lights must be battery operated.

b.) Posters, banners, flags, and tapestries must meet a minimum fire-retardant level.

c.) To prevent damage to walls, residents are expected to use command hooks or painters' tape to affix items to walls or furniture in their room.

18. Smoke and Tobacco Free Environment

a.) Per Executive Order 1108, Cal Poly is a smoke and tobacco-free campus. Smoking and tobacco are not allowed on campus in any form including vaping, chewing, etc.

b.) Possession, use, and/or consumption of tobacco is prohibited.

19. Solicitation and Business Enterprises

Residents seeking to operate a business must obtain written approval from University Housing to operate a business (i.e., if you reside within the Cal Poly Lofts).

a.) Residents must seek approval from the Executive Director or designee before engaging in any soliciting or operating a business within University Housing.

b.) Posting of any type of advertisement must be approved prior to display.

c.) Prior approval must be obtained for door-to-door solicitation, slide ads/fliers under doors, or door hangers.

20. Sports

Residents are encouraged to utilize the sporting equipment and spaces provided by the University. Due to the potential for personal injury and property damage, sports in hallways within all University Housing communities is prohibited. The intended use of billiards, basketball, table tennis, and foosball equipment is permitted in designated areas only.

a.) Residents must utilize designated areas outside to engage in sports or play.

b.) Behaviors that are disruptive and potentially dangerous — including, but not limited to, wrestling, boxing, climbing, parkour, slacklining, hammocking, jumping, water sliding, and acrobatics — are only allowed in designated locations.

21. Theft

Theft is the tampering with and misuse of personal property or property in and around University Housing, including, but not limited to, vending machines, furniture, walls, and laundry machines.

a.) Possession of stolen property or property obtained without the direct and expressed permission of the owner is prohibited.

22. Trespassing



Residents may not enter another resident's room, apartment, or any University Housing facility without direct and expressed permission from an authorized resident. Residents should not let unknown individuals into the building. Anyone you let into the building will be considered your guest and you will be held responsible for their behavior.

a.) Unauthorized entrance into any area in or around University Housing, such as, offices, mechanical rooms, custodial closets or storage areas, roof tops, front desks, and areas marked for restricted access is prohibited.

23. Vandalism

Vandalism is defined as an action involving deliberate destruction of or unintentional damage to public or private property.

a.) Damage to any University Housing facility, university or individually owned property is prohibited (includes removal of or altering of fliers or signage posted by University Housing) and will result to charges to individuals or community.

24. Weapons

Weapons (including but not limited to, firearms, airsoft/paintball gun, fireworks, ammunition, stun guns, tasers, weapon replicas including costume props, brass/metal knuckles, explosives) are strictly prohibited. This policy extends to costume/replica weapons and/or sports equipment, including, but not limited to, martial arts weapons, replica swords, fencing weapons, and color guard rifles, etc.

a.) Non-kitchen style knives are prohibited. Kitchen-style knives are permitted if used for intended purposes if used in designated kitchen locations.

b.) Improper use of self-defense mechanisms (including but not limited to pepper spray, mace, other aerosols, chemicals, etc.) are prohibited.

25. Wheeled Devices (Bikes and Motorcycles)

As a theft prevention measure, we encourage you to register your bike with Cal Poly Police Department. Residents are responsible for securing their own bicycles in designated bike areas. Bicycles may be stored in a resident's room if permission is received from all roommates, but not in any communal building facilities (hallways, community spaces, lobbies, etc.).

a.) Recreational equipment with wheels, including, but not limited to, bicycles, scooters, skateboards, rollerblades, and electric scooters, is not allowed to be used inside University Housing buildings.

26. Windows, Roofs and Balconies

a.) Residents may not hang signs, flags, clothing, banners, etc. from any window or balcony. Due to the potential for harm to others, residents may not drop, roll, throw, or toss anything out of a window or balcony.

b.) Window coverings installed in each room are not to be modified or tampered with.

c.) Objects placed in windowsills are allowed only if they are meant to enhance the interior décor of room and not block the use of the window. Stickers, post-it notes, and decorative gels are not to be placed on windows.

d.) Accessing roof tops, balconies, ledges, entering/exiting through windows, and fire escapes outside of emergencies is strictly prohibited.



Appendix 7: Cal Poly Intercollegiate Athletics: Drug, Alcohol and Tobacco Education and Testing Program

Cal Poly is committed to the health, safety and welfare of all campus community members including student-athletes who participate in and represent the University in intercollegiate athletics. The inappropriate use of alcohol, tobacco, and illegal and/or performance enhancing drugs is inconsistent with this commitment, the mission of the University, and the purpose of intercollegiate athletics, and creates a danger to the health and safety of student-athletes and their teammates. Moreover, Cal Poly student-athletes are prohibited from using illegal substances, as well as those banned by the National Collegiate Athletic Association (NCAA), whether or not such substances are used to give them a competitive edge or enhance performance. College student-athletes are generally viewed as role models in the local and national community, and membership on a Cal Poly intercollegiate athletics team is a privilege. Substance use and abuse in sports can pose risks to the student-athlete's health and negatively impact academic and athletic performance. It can also compromise the integrity of athletic competition, the Cal Poly athletics program, and the ideals and reputation of the university. Any student-athlete behavior that is not consistent with this policy will be addressed through an educational process that is designed to promote health and safety, good citizenship, and, when necessary, impose appropriate consequences.

NCAA Bylaw 14.1.4.2 requires the University to educate student-athletes about NCAA banned substances and the products that may contain them. Moreover, use, possession, manufacture, or distribution of illegal drugs or drug-related paraphernalia (except as expressly permitted by law and University regulations), or the misuse of legal pharmaceutical drugs is prohibited by the University and is a violation of the California State University Standards for Student Conduct. (Title 5, Article 2, Section 41301(b)(9) of the California Code of Regulations). Violation of the University's Standards for Student Conduct regarding drug and alcohol use may lead to University discipline, up to and including academic suspension or expulsion, separate and apart from the education, treatment, and consequences set forth in this policy.

This policy has been adopted by Cal Poly and is administered by the Department of Intercollegiate Athletics, and is separate and distinct from the University's Standards for Student Conduct, and the NCAA's Drug Testing Program. Every student-athlete shall sign a notification and consent form acknowledging their agreement with and consent to the requirements of this policy. The intent of this policy is to preserve the health, safety and welfare of each student-athlete, and prevent and deter the use and abuse of prohibited substances through education, testing, professional guidance, and sanctions, when applicable.

Introduction

The inappropriate or illegal use, abuse, possession, manufacture, or distribution of illegal drugs, and the misuse of legal pharmaceutical drugs, alcohol, and tobacco, as well as NCAA banned substances can:

- Seriously jeopardize student-athlete health, safety and welfare;
- Seriously affect the academic and athletic performance of student-athletes;
- Subject student-athletes to University discipline under the Student Code of Conduct;
- Harm the reputation of the University, its intercollegiate athletics program, and student-athletes;
- Subject the University to liability and affect the program's NCAA and conference eligibility;
- Be detrimental to student-athlete physical and mental well-being, no matter when usage occurs during the academic year;
- Be dangerous to the student-athlete and his/her teammates in athletic competition and/or practice; and
- In some cases, provide an unfair advantage over other competitors.

A positive test during a NCAA sponsored drug test will result in the student-athlete being declared ineligible consistent with existing NCAA policies. Consequently, in the interest of the health of our student-athletes, the use of the substances defined as harmful by the NCAA is strictly prohibited.



The University recognizes the stressful nature of athletic competition and seeks to help the student-athlete deal with this stress through counseling and other educational means, while making it clear that attempting to deal with stress through the unauthorized use of alcohol, illegal drugs or banned substances is not acceptable.

The oversight and supervision of education, confidential testing, and confidential treatment under this policy resides in the office of the Coordinator of Substance Abuse Programming, as delegated and supervised by the Athletics Director. The Coordinator of Substance Abuse Programming will be appointed by the Vice President for Student Affairs and the Director of Athletics. The Coordinator of Substance Abuse Programming will be responsible to the Vice President for Student Affairs in carrying out the duties related to this program.

Program Goals

The goals of the Cal Poly Intercollegiate Athletics Drug Testing and Education Program are:

- To educate student-athletes concerning the risks of using NCAA banned substances, including dietary supplements, and the inappropriate or illegal use of alcohol and prescription medicines.
- To provide educational programs concerning the effect of substance abuse on athletic activities and the health and well-being of student athletes.
- To deter illegal drug and substance abuse by student athletes.
- To promote fairness and equity in athletic competition at Cal Poly.
- To confidentially identify a student-athlete who may be engaging in substance abuse.
- To educate student-athletes on how prohibited substance use may affect him/her and his/her teammates, as well as the athletics program.
- To encourage prompt education, confidential counseling and/or confidential treatment for student-athletes who test positive or self-identify themselves as needing services.
- To provide reasonable safeguards that every student-athlete is medically fit to engage in intercollegiate athletic competition.
- To encourage discussion at all appropriate levels about alcohol, tobacco, illegal drugs and controlled substance use and abuse.
- To encourage the proper treatment of any chronic drug or chemical dependency.
- To issue consequences and discipline, as appropriate.

Program Implementation

Participation in intercollegiate athletics at Cal Poly is a privilege and is voluntary. Any student-athlete who is active on a Cal Poly team's NCAA official roster/squad list is subject to this policy and will be included in this program, including student-athletes who are red-shirting, injured or otherwise temporarily ineligible for other reasons. For the purposes of this policy, "student-athlete" is defined as every member of every Cal Poly intercollegiate athletics team that competes in NCAA sanctioned competitions.

At least once a year, a presentation will be made to each team outlining and reviewing this policy and education program regarding drug screening/testing, its purpose, and its implementation. This policy will be publicly available on the Cal Poly Department of Intercollegiate Athletics website. All student-athletes will be given a copy of this policy and will be required to sign a form each year acknowledging (1) receipt and understanding of this policy; (2) permission for drug testing; (3) consent to confidentially share drug testing results with the Coordinator of Substance Abuse Programming, the Director of Athletics, the Head Coach of the student-athlete's team, the educator or counselor assigned to provide intervention and education related to the positive drug finding, and any other appropriate University administrator involved in implementing this policy, or issuing appropriate sanctions. The additional signature of a parent will be required for any student-athletes under the age of 18.



Student-athletes who do not sign the acknowledgment and consent form will not be eligible to participate in Cal Poly athletics.

Student-athletes who later decline to participate in this education, confidential testing and confidential treatment program will not be eligible to participate in Cal Poly's intercollegiate athletics programs and/or represent the University in competition, and may not take part in any practice or other team activity.

Student-athletes who are found to be inappropriately using alcohol, tobacco, illegal drugs or banned substances, and who subsequently fail to comply with the requirements of education and confidential treatment, will also lose their eligibility to participate in Cal Poly's intercollegiate athletics programs and activities in accordance with the consequences and sanctions outlined in this policy.

NCAA Banned Substances

This drug testing policy and program is separate and distinct from the NCAA Drug Testing Program. All student-athletes enrolled at the University are prohibited from using any illegal substances, any prescription medications without an authorized physician's approval, and any substance belonging to any of the classes of banned substances published by the NCAA. The NCAA classes of banned substances are distributed to student-athletes each year and may be found on the NCAA website.

Alcohol and Tobacco

Cal Poly may include testing for alcoholic substances in accordance with this policy. Individual teams may have additional rules related to the usage of alcohol and tobacco. Possession or consumption of alcohol by individuals under the age of 21 is prohibited by state law and by University policy. Tobacco, although not considered a banned substance subject to drug testing, is prohibited during all athletically related events, contests, meetings and practices. Cal Poly strongly discourages student-athletes from using alcohol or tobacco.

Substance Abuse Education

The University will provide regular, annual education regarding the detrimental effects of substance abuse through seminars and counseling. During these education sessions, there will be a review of this policy and the most current NCAA Banned Drugs and Drug Testing Program. For more information about NCAA drug education, refer to the NCAA Education Affairs website (www.ncaa.org/health-safety) and the Dietary Supplement Resource (REC) website (www.drugfreesport.com)

Testing

The University may test for any illegal drugs or substances, and prescription medications without an authorized physician's approval, alcohol, and any substance belonging to any of the classes of banned substances published by the NCAA. This list is provided to the student-athletes, and may also be found on the NCAA website. The standards for determining a positive institutional test may differ from the standards utilized by the NCAA.

Testing Requirements

Coaches and student-athletes will not know testing dates in advance. The testing program will consist of four components: entrance screening, random testing, reasonable suspicion testing, and post-season testing.

- Entrance Screening: Incoming student-athletes (freshman, transfers and continuing students) may be required to submit to an initial drug test before participating in athletics at Cal Poly.



- **Random Testing:** All student-athletes are subject to drug testing throughout the entire academic year. A random selection of student-athletes from each sport will be tested multiple times during the academic year. Drug testing may also be done during the summer months.
- **Reasonable Suspicion Testing:** Drug testing for reasonable suspicion may be based on objective information from a source deemed reliable by the Director of Athletics or his/her designee. This information may include, but is not limited to: observed possession of illegal or banned substance(s); arrest or conviction for a criminal offense related to the prohibited substance(s); observed abnormal appearance, conduct or behavior reasonably interpreted as being caused by the use of the illegal or banned substances (e.g. dilated or constricted pupils, slurred speech, missing class or practice, lack of motivation, mood swings); and follow-up testing after a previous positive. If student-athletes are found to be in possession of and/or using such substances, they will be subjected to the same procedures that would be followed in the case of a positive urinalysis test.
- **Post-Season Testing:** Post-season drug testing may be conducted on members of Cal Poly intercollegiate athletic teams that are in a position to qualify for post--season competition.
- **Fifth-year student-athletes** (those whose eligibility will be exhausted) must comply with all elements of this program.
- **Follow-up Testing:** A student-athlete who has returned to participation in intercollegiate athletics following a positive test under this policy may be subject to follow--up testing. Testing may be unannounced and will be required at a frequency determined by the Director of Athletics or his/her designee in consultation with the counselor or specialist involved in the student-athlete's case.

The failure or refusal to take a required drug test, to report as directed, e.g., no-show, late arrival, etc., or any attempt to circumvent, tamper with, manipulate, substitute, or adulterate the test, will result in the test being considered positive.

Any positive drug test, including an NCAA test result, will remain in a confidential file in our sports medicine office, with test results and sanctions being cumulative throughout the student-athletes career at Cal Poly.

Random Testing

Using active squad lists, the Cal Poly Coordinator of Substance Abuse Programming will obtain a random sampling of student-athletes eligible for selection using a method developed by the outside testing agency or vendor who will randomly select the student-athletes to be tested.

The University is notified confidentially of the individuals selected.

Notification of Testing

The Coordinator of Substance Abuse Programming will review the list to determine if all student-athletes selected will be available and eligible. The Coordinator of Substance Abuse Programming will contact the Sports Medicine staff, Head Coach, or designee, who will help communicate the pending test date no sooner than 24 hours of when the test is scheduled.

Student-Athlete Notification Process:

- The student-athlete will be notified by the Coordinator of Substance Abuse Programming, Sports Medicine Staff, Head Coach or designee, that they have been selected for institutional drug testing. They will be instructed to complete the Student-Athlete Notification Form.
- Student-athletes will be instructed to report to the specified testing site by a specified time. In addition, they will be instructed on best practices to provide an appropriate and timely specimen.
- If a student-athlete fails to report as directed, e.g., no-show, late arrival, etc., his/her test will be considered a positive test.



Testing Procedures

Cal Poly will contract with a qualified third party vendor to perform the drug testing. The vendor will utilize the following procedures:

- Designated personnel will verify the identity of the student-athlete being tested.
- The student-athlete will be instructed by the collector regarding protocols employed to collect the sample.
- Upon receipt of the urine specimen from the student-athlete, the collector will evaluate the sample to ensure it meets the agencies guidelines for testing.
- The collected specimen will be identified by numbers or bar code that is to be verified by the student-athlete.
- Any deviations from the standard procedures must be described and recorded by the collector. If the student-athlete claims that deviations occurred, the student-athlete will be required to provide another specimen.
- During the collection process, if a student-athlete is suspected of manipulating urine specimens or intentionally diluting, the collector may perform an additional test. If a Student-Athlete does not comply with the collection process, the collector will notify the Director of Athletics.

Distribution of Results

- The Coordinator of Substance Abuse Programming will have secured access to the test results via secure online access to the off-campus, third party testing facility. The Coordinator of Substance Abuse Programming will notify the Director of Athletics, or designee, who in turn will notify the Head Coach, student-athlete, and/or student-athlete's parents (if student-athlete is under 18), as well as the team physician, if necessary, of any positive tests results.
- If tests indicate a potential medical risk because of the substance involved, the team physician will recommend the temporary suspension of the student-athlete until such time as there is no medical risk. The team physician will provide a recommendation regarding the student-athlete's participation in practice and/or competition to the Head Athletic Trainer who will inform the Athletic Director and the Coach.

Consequences of Positive Test Results

Student-athletes who test positive for substances other than anabolic steroids are subject to the following consequences:

First Positive Test:

- Mandatory counseling and/or supplemental education offered through the Cal Poly Health Education Department, or other provider, as deemed appropriate by the Coordinator of Substance Abuse Programming. The counseling appointment and educational program must be scheduled within one week of notification of a positive result. The student-athlete will remain in the prescribed counseling program until he/she has met all requirements as outlined below.
- Required to meet with the Athletic Director (or designee), Head Coach, or Coordinator of Substance Abuse Programming.
- Subject to selective testing at more frequent intervals.
- Failure to complete the mandatory counseling and/or education program will result in the student-athlete being suspended from 25% of the next regularly scheduled (including conference and NCAA post-season) competitions in the traditional season of his/her sport. Suspensions not fully satisfied during one academic year will carry over into the next academic year.

Second Positive Test



- Suspension from competition. Suspension will be for 25% of the maximum number of NCAA allowable traditional season contests. The suspension will include any conference or NCAA post-season if the student-athlete has not satisfied the 25% by the end of the regular season. If the student-athlete has not met the 25% suspension by the end of the season, it will be carried over into the next regular season. The 25% is determined by rounding to the nearest full contest in the direction benefiting the student-athlete. Fifth-year Student-Athletes testing positive who are on post-eligibility athletic aid will not receive any additional athletic aid funding.
- The student-athlete will continue enrollment in mandatory counseling and/or supplemental education as deemed appropriate by the Coordinator of Substance Abuse Programming.
- Failure to complete the mandatory counseling and/or education program will result in permanent expulsion from all teams, and termination of athletic related financial aid.
- Required to meet further with the Athletic Director (or designee), Head Coach, and Coordinator of Substance Abuse Programming.
- Subject to selective testing at more frequent intervals.

Third Positive Test:

- A third positive test will result in permanent dismissal from all Cal Poly intercollegiate teams and termination of all athletically related financial aid

Student-athletes who test positive for anabolic steroids are subject to the following consequences:

First Positive Test

- Mandatory counseling and/or supplemental education offered through the Cal Poly Health Education Department, or other provider, as deemed appropriate by the Coordinator of Substance Abuse Programming. The counseling appointment and educational program must be scheduled within one week of notification of a positive result. The student-athlete will remain in the prescribed counseling program until he/she has met all requirements as outlined below.
- Required to meet with the Athletic Director (or designee), Head Coach, or Coordinator of Substance Abuse Programming.
- Subject to selective testing at more frequent intervals.
- The student-athlete will remain ineligible for competition through the time period ending one calendar year after the student-athlete's positive test, and until the student-athlete re-tests negative.
- Failure to complete the mandatory counseling and/or education program will result in permanent expulsion from all teams, and termination of athletic related financial aid.

Second Positive Test

- Permanent expulsion from all teams, and termination of athletically related financial aid.

Assessment, Treatment and Education Requirements

Assessment

- A student-athlete who tests positive must make an appointment with the appointed Cal Poly Drug Education Program counselor for an assessment within one week of the post-positive interview.
- The Cal Poly Drug Education Program counselor will recommend an appropriate education program for the student-athlete based on the information contained in the assessment.
- Student-athletes who attend supplemental workshops or counseling in addition to the recommended program will be required to pay all applicable attendance fees. Coaches and their sports programs may not pay these fees.



Education

The Cal Poly Drug Education Program counselor and/or the team physician may recommend an alternate education program based on the type of substance use and/or the results of the chemical dependency assessment. If so, the Cal Poly Drug Education Program counselor and the team physician will determine the length of time allowed for completion.

Safe Harbor Program

A student-athlete who has engaged in prohibited drug use is encouraged to seek assistance from the Cal Poly Athletic Department by voluntarily disclosing his or her use. When a student-athlete seeks assistance prior to receiving a positive drug test result, and prior to being notified that he or she has been selected for drug testing, the impermissible use will not be deemed a violation of this policy for purposes of determining sanctions. However, for health and safety reasons, the student-athlete will be ineligible to participate in intercollegiate sports pending an evaluation. A student-athlete may utilize the Safe Harbor program only once while at Cal Poly.

- Upon entering the Safe Harbor Program, the student-athlete may be required to undergo an initial drug test at the student-athlete's expense as well as an evaluation by a Cal Poly Drug Education Program counselor. This determination will be made by the Coordinator of Substance Abuse Programming in consultation with others, and based upon information provided by the student-athlete.
- The Cal Poly Drug Education Program counselor shall determine the appropriate form(s) of intervention and rehabilitation needed by the student-athlete, based on the circumstances of the case.
- A student-athlete will be permitted to remain in the Safe Harbor Program for a reasonable period of time, as determined by the treatment plan prescribed by the Cal Poly Drug Education Program counselor.
- Upon completion of the program, the student-athlete must complete, at his or her own expense, a negative reentry drug test. Upon negative results, the student-athlete will be reentered into the random selection pool, and be subject to further selective testing.
- The student-athlete will not be permitted to participate in any competition until completion of the rehabilitation program.
- Failure to complete any part of the Safe Harbor program will be deemed a positive test under this policy. In addition, a positive drug test result at any time after satisfactorily completing the Safe Harbor Program will also be deemed a positive test under this policy.

Student-Athlete Rights

Approval for a second opinion regarding a student-athlete's assessment and/or treatment program may be granted by the Director of Athletics, at the direction of the Coordinator of Substance Abuse Programming or Team Physician. Payment for the second assessment or treatment program will be the responsibility of the student-athlete.

Appeals process: A student-athlete may appeal a positive test result, a violation of this policy, or the sanction imposed by Cal Poly. The student-athlete must submit an appeal in writing to the Director of Athletics within three (3) business days after the student-athlete is notified of the test result, or sanction imposed by Cal Poly. If the student-athlete does not appeal within three (3) business days, the results, findings, or sanctions cannot later be reviewed.

- If a timely appeal is filed, the Director of Athletics will appoint a three-member appeals committee to review evidence and make a recommendation. One of the members will be selected to chair the committee. Committee members may be chosen from any of the following: Athletic Administration, Sports Medicine Staff, coaches from a different sport than the appealing party's sport, or the Athletic Advisory Committee.



- The committee will conduct a hearing within three (3) business days of the student-athlete's notice of appeal.
- The student-athlete may have an advisor present at the hearing, but the advisor may not play an active role and the student-athlete must present his/her own case. The hearing will be informal in nature and no cross-examination will be allowed. The Department of Intercollegiate Athletics shall provide the committee evidence of the student-athlete's drug use, the positive test result(s), reasons why sanctions should be imposed, and any other relevant information. The student-athlete will have an opportunity to address the committee and present information to support his/her case.
- At the conclusion of the hearing, the committee will provide a recommendation to the Vice President for Student Affairs. The Vice President for Student Affairs will consider this recommendation and provide a written decision to the student-athlete. The decision shall be provided no later than five (5) business days following the hearing, and shall be final and binding.
- During the appeal process, any sanction already assessed against the student-athlete will continue to be enforced. Note: The decision by a team physician to suspend a student-athlete from play or practice based on medical grounds is not considered a sanction under this policy and may not be appealed.

Coaches Role

Per the NCAA Code of Ethics and this policy, Coaches are responsible to report any known use or behavior(s) which may reasonably be deemed suspicious and which may violate this policy. Any reports of known use or suspicious behavior can be reported via the Reasonable Suspicion Notification Form or communicated to the Director of Athletics, Associate Athletic Director(s), Sports Medicine Staff, or Coordinator for Substance Abuse Programming.

Confidentiality

All members of the Cal Poly Department of Athletics and all participants in this program shall respect student-athletes' right to privacy. All rights and responsibilities provided by FERPA, HIPAA, and all other applicable laws shall be observed and enforced. All information and records associated with this program, including test results, will remain confidential and, unless otherwise required by HIPAA, will be released only to the individuals who are responsible for enforcing this policy.

Violation of State or Federal Law

If a student-athlete is arrested or charged with a criminal offense involving alcohol or drugs, the matter will be handled according to the Athletic Department policy or practice for handling arrests or criminal charges, and will be addressed through the procedures outlines in the University's Student Code of Conduct.

2015-2016 NCAA Banned Drugs

As a student-athlete, it is your responsibility to check with the appropriate or designated athletics staff before using any substance, supplement, or medication.

The NCAA bans the following classes of drugs:

- a. Stimulants
- b. Anabolic Agents
- c. Alcohol and Beta Blockers (banned for rifle only)
- d. Diuretics and Other Masking Agents
- e. Street Drugs



- f. Peptide Hormones and Analogues
- g. Anti-estrogens
- h. Beta-2 Agonists

Note: Any substance chemically related to these classes is also banned. The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions

- a. Blood Doping
- b. Local Anesthetics (under some conditions)
- c. Manipulation of Urine Samples
- d. Beta-2 Agonists permitted only by prescription and inhalation.
- e. Caffeine if concentrations in urine exceed 15 micrograms/ml.

NCAA Nutritional/Dietary Supplements Warning:

Before consuming any nutritional/dietary supplement product, review the product with the appropriate or designated athletics department staff.

- Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result.
- Student-athletes have tested positive and lost their eligibility using dietary supplements.
- Many dietary supplements are contaminated with banned drugs not listed on the label.
- Any product containing a dietary supplement ingredient is taken at your own risk.

Note to Student-Athletes: There is no complete list of banned substances. Do not rely on this list to rule out any supplement ingredient. Check with your athletics department staff prior to using a supplement.

Some Examples of NCAA Banned Substances in Each Drug Class

Stimulants:

amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); methylhexanamine, "bath salts" (mephedrone) etc.

exceptions: phenylephrine and pseudoephedrine are not banned.

Anabolic Agents (sometimes listed as a chemical formula, such as 3,6,17-androstenedione): Androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; etiocholanolone; methasterone; methandienone; nandrolone; norandrostenedione; ostarine, stanozolol; stenbolone; testosterone; trenbolone; etc.

Alcohol and Beta Blockers (banned for rifle only):

alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

Diuretics (water pills) and Other Masking Agents:

bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

Street Drugs:

heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (e.g., spice, K2, JWH-018, JWH-073)

Peptide Hormones and Analogues:

growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.



Anti-Estrogens :

anastrozole; tamoxifen; formestane; ATD, clomiphene etc.

Beta-2 Agonists:

bambuterol; formoterol; salbutamol; salmeterol; etc.

Additional examples of banned drugs can be found at www.ncaa.org/drugtesting.

Any substance that is chemically related to the class, even if it is not listed as an example, is also banned!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center (REC), 877-202-0769 or

www.drugfreesport.com/rec password ncaa1, ncaa2 or ncaa3.

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

Appendix 8: Clubs and Organizations Handbook (Attached)

Appendix 9: American College Health Association National College Health Assessment III (Attached)

California Polytechnic State University San Luis Obispo

Executive Summary

Spring 2021

Appendix 10: American College Health Association National College Health Assessment III (Attached)

California Polytechnic State University San Luis Obispo

Executive Summary

Spring 2022

Appendix 11: American College Health Association National College Health Assessment III (Attached)

California Polytechnic State University San Luis Obispo

Executive Summary

Spring 2018











CAL POLY
Clubs and Organizations

CLUBS & ORGANIZATIONS

A guide to understanding policies
and identifying resources for recognized student
clubs and student organizations



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INTRODUCTION

This handbook is designed to assist all Recognized Student Organizations (RSOs) with understanding University policies, identifying resources available through the Clubs & Organizations Office and ASI Club Services and obtaining information that will help make your activities function efficiently. This handbook is not intended to be all-inclusive, and much of the information is in excerpt or abbreviated form. Most campus-based policies are maintained in Campus Administrative Policies¹. However, there are many other policies and requirements applicable to RSOs, including system-wide CSU policies and executive orders.

If you have any questions or would like further information on a specific topic, please contact ASI Club Services or the Clubs & Organizations Office. Contents in this handbook are reviewed and approved by the Clubs & Organizations Office and Associated Students, Inc. (ASI). The contents of this handbook are subject to change.

TYPES OF RECOGNIZED STUDENT ORGANIZATIONS

At Cal Poly, there are three types of recognized student organizations: Clubs, Club Councils, and University Sponsored Organizations (USOs). This handbook uses the term “recognized student organization” or RSO when the content equally applies to all three types of recognized student organizations.

Clubs

Clubs comprise a majority of the Recognized Student Organizations at Cal Poly. Clubs must abide by the guidelines outlined under the Recognized Student Organization Recognition Process.

Councils

Cal Poly recognizes 10 student organizations as Cal Poly Club Councils. These councils are the governing bodies that represent a group of RSOs.

- Panhellenic Council (PHC)
- Interfraternity Council (IFC)
- United Sorority and Fraternity Council (USFC)
- Club Sports Council
- College Councils (CAFES, CAED, COSAM, CLA, ENG, OCOB)

A RSO is affiliated with PHC, IFC, USFC, or the Club Sports Council if:

- The RSO has been designated by the Clubs and Organizations Office as being a member organization of the council.

An RSO is affiliated with a college if:

- It is recognized as being “academic”, “honor”, or “professional” and
- It has gained approval from the dean of that college designated by the dean’s electronic signature on the RSO’s charter and
- It has been designated by the Clubs and Organizations Office as being a member organization of the council.

Note: RSOs affiliated with a college must also obtain the signature of the dean of that college on their charter.

Cal Poly Club Councils (the governing bodies) will be required to submit bylaws utilizing the Cal Poly Club Council Bylaw Template.

¹ Campus Administrative Policies (CAP) <https://policy.calpoly.edu>

USOs

University Sponsored Organizations (USOs) are student organizations that are affiliated with a national scholastic honor society.

University Sponsored Organizations invite members on the basis of scholastic achievement and may require skill-based, aptitude test requirements such as minimum grade point average, academic discipline, unit requirements, or classification (description as upper division, lower division, graduate student, etc.). University Sponsored Organizations must comply with all CSU system-wide policies, procedures, and guidelines in accordance with Student Activities Executive Order 1068. Please note that no students can be denied membership on the basis of age, disability, gender, genetic information, nationality, race or ethnicity, religion, sexual orientation, or veteran status.

COVID-19 SAFETY PROTOCOLS

RSOs must uphold all public health orders and guidance issued by federal, state, and local agencies.

On August 7, 2020, Governor Newsom released the COVID-19 Industry Guidance for Institutions of Higher Education (IHE).

It provides public health guidance and requires Institutions of Higher Education to “ensure that any organizations affiliated with the IHE, such as off-campus clubs, Greek organizations, etc., also follow these guidelines and develop systems to enforce and hold affiliated organizations accountable for adhering to this guidance.”

For the safety of your members, please ensure your organization adheres to the following state and university protocols, effective until further notice.

Events

RSOs may not host formal or informal events, activities, meetings, or gatherings in person - regardless of location - on or off campus. RSOs are strongly encouraged to convene and host activities virtually.

Facility Reservation Requests

Event Plans (E-Plans), the online platform for Recognized Student Organizations to submit meeting and event requests, are unavailable. Further, classroom and lab reservations are limited to support academic class instruction. In addition, ASI facilities are unavailable for reservations at this time.

Travel

RSO travel is suspended through June 30, 2021. The CSU Chancellor’s Office has extended all international and non-essential domestic travel restrictions for all CSU campuses and associated auxiliary organizations. This includes all Recognized Student Organizations.

Adherence

These requirements are in effect at all times and in all locations. It is critical for the health and safety of our campus community that everyone follows all COVID-19 related protocols, including physical distancing, proper wearing of face coverings, and following local ordinances related to gatherings. All students are expected to comply with these protocols.

Failure to follow the campus protocols will result in student conduct action, which could include suspension or expulsion. More information can be found on the Office of Student Rights & Responsibilities website.

CLUB OPERATIONS SUPPORT

Team members with the Clubs & Organizations Office and ASI Club Services are here to support you.

ASI Club Services Virtual Support

- ASI Club Services will be available virtually from 9 a.m. - 4 p.m. daily, with the opportunity to schedule a Zoom appointment with a staff member.
- ASI Club Services staff will also hold Zoom office hours. Availability and open office hours may vary. To see available times please visit <https://www.asi.calpoly.edu/get-involved/club-services/virtual-services-club-services/>

ASI Club Services In-person Support

In an effort to de-densify indoor operations, ASI Club Services will be operating out of the ASI Business Service Window until further notice. Services provided at the window include:

- Distribution of club mail and packages
- Collection and processing of club deposits

ASI Business Services is in a new location at the Ticket Office in the front of the Cal Poly Recreation Center (Building 43, in front of Poly Escapes and next to the Climbing Park). Open hours may vary. To see available times please visit <https://www.asi.calpoly.edu/get-involved/club-services/virtual-services-club-services/>

Clubs and Organizations Virtual Support

Clubs & Organizations team members will be available virtually from 9 a.m. - 5 p.m. daily, with the opportunity to schedule a Zoom appointment with a staff member. Availability and open office hours may vary. To set up an appointment, email clubs@calpoly.edu.

PRINCIPLES OF COMMUNITY

Cal Poly comprises a diverse community. Campus life and daily interactions are enriched by our acceptance and fostering of diversity and inclusivity in our community. Underlying Cal Poly's educational goals and mission are basic values that include intellectual honesty; mutual respect; freedom from discrimination; and the abhorrence of intimidation, harassment, disruption or violence aimed at limiting these freedoms, or interfering with a student, faculty or staff member's performance.

DIVERSITY

We affirm our positive commitment toward diversity, inclusive excellence, and basic values at Cal Poly through our mission statements, policies, and programs. We are committed to inspiring a student-centered multicultural community as a means of establishing an equitable educational community and an opportunity to Learn by Doing.

MEMBERSHIP

We encourage every student organization to make a conscious effort to undertake recruitment efforts to ensure diversity within the group's membership and to take steps to reach populations currently underrepresented. Recruitment materials and activities should be designed to promote and embrace diversity.

Membership Development

Joining a recognized student organization should be a positive experience; therefore, membership development should focus on the positive aspects of both the organization and the individual. Groups should

carefully examine their screening criteria to ensure that it is inclusive of all students on campus. Abusive behavior toward, or hazing of, a member of the campus community is strictly forbidden. (Please see sections on Hazing and RSO Code of Conduct).

FREEDOM OF EXPRESSION AND THE CAMPUS COMMUNITY

Freedom of expression is a cornerstone of a democratic society and is essential to the educational process. Universities have a special obligation not only to tolerate but also to encourage and support the free expression of ideas, values, and opinions, even where they may be unpopular or controversial. Cal Poly accepts and embraces this obligation, recognizing that such expression may take a variety of forms such as speeches, signs, written materials, public assemblies, parades, demonstrations, and artistic representation.

Acknowledging the central role - the unfettered exchange of information and ideas, plays in learning and in a free society - the University shall ensure that individuals and groups are afforded wide latitude in exercising the right of free expression and that their constitutionally protected right to free expression is not abridged. Freedom of expression, however, is not an absolute right. It coexists with other rights and the need for lawful public order.

To ensure that exercise of the right of free expression does not interfere with University functions, imperil public safety, obstruct or damage University facilities, the University will establish and enforce campus regulations regarding the time, place, and manner of the exercise of free expression by individuals and groups.

The University recognizes that causing discomfort and even causing offense is not, of itself, a basis for limiting free speech. At the same time, all members of the University community should recognize that freedom of expression includes a responsibility to respect the dignity of others, and to acknowledge the right of others to express differing opinions.

We recognize the right to freedom of expression and challenge all students to express themselves in a manner that promotes and maintains the ideals of respect, equality, diversity, and freedom from unlawful harassment. While the University does not approve or disapprove student organization activities based on content or expression, student organizations are strongly encouraged to be sensitive in selection of event themes, costumes, t-shirt designs, and promotional materials that might portray an offensive or unintended stereotype based on race, color, ethnicity, culture, national origin, ancestry, citizenship, religion, gender, gender identity or expression, sexual orientation, disability, or other personal characteristic. Programs and activities should contribute to creating a campus community that is free of conduct that interferes with any person's academic efforts or creates an unlawful hostile, intimidating, exploitative, or demeaning environment. A student or student organization that participates in unlawful harassment (see section on RSO Code of Conduct) is subject to University discipline. Anyone who believes their rights to freedom of speech or expression have been violated may submit a complaint to the Dean of Students Office.

RECOGNIZED STUDENT ORGANIZATION CODE OF CONDUCT (RSOCC)

All student organizations are required to be recognized by the University through a process administered by the Dean of Students Office and Associated Students, Inc. Recognized Student Organizations are subject to all University policies and rules and are responsible for the conduct of their members. Policies and procedures developed by external Greek councils or other external organizations are managed separately as outlined by their respective organizations and do not preclude action under this RSOCC.

In accordance with California State University (CSU) Executive Order 1068², Cal Poly's president has the responsibility for implementing campus policies, procedures, and/or guidelines for student organizations and activities. This Recognized Student Organization Code of Conduct (RSOCC) is in compliance with EO 1068 and sets forth the Code of Conduct for Cal Poly Recognized Student Organizations (RSOs). All campus RSOs are

² Executive Order 1068 <https://calstate.policystat.com/policy/6591312>

subject to this Code of Conduct. This RSOCC complies with all student organization requirements described in Title 5 of the California Code of Regulations, Sections 41500 (Withholding Recognition), 41501 (Definition of Recognition), 41503 (Filing Requisites), and 41504 (Penalties)³; CSU Executive Orders 868⁴ and 1109⁵ regarding Alcohol; CSU Executive Order 1068 (Student Activities); and Cal Poly Alcohol Policy⁶.

Authority and responsibility for administering this RSO Code of Conduct is delegated by the campus President to the Vice President for Student Affairs, the Dean of Students, and the Student Conduct Administrator.

Cal Poly is committed to maintaining a safe and healthy living and learning environment for students and employees. All campus community members should engage in activities that contribute toward this end. Student organization behavior that is not consistent with the RSOCC is addressed through an educational process that is designed to promote safety and good citizenship, and when necessary, impose appropriate consequences.

Conduct that threatens the safety or security of the campus community or substantially disrupts the functions or operation of the University is within the jurisdiction of this Code, regardless of whether it occurs on or off campus. Nothing in this code is intended to conflict with California Education Code Section 66301 that prohibits disciplinary action against students based on behavior protected by the First Amendment.

Equal Access

Cal Poly RSOs shall not discriminate either in the content of bylaws or in practice against any person on the basis of age, disability, gender, gender identity, genetic information, nationality, race or ethnicity, religion, sexual orientation, citizenship or veteran status⁷.

The prohibition on membership policies that discriminate on the basis of gender does not apply to social fraternities or sororities.

Member Responsibilities

Members of RSOs are expected to be good citizens and to engage in responsible behaviors that reflect well upon their student organization and the University. Cal Poly has established this Code of Conduct to ensure that all student organization officers and members understand and accept responsibility for their actions, and the actions of their members and guests.

Application of This Code

The Office of Student Rights and Responsibilities (OSRR) will exercise jurisdiction over the conduct of all recognized student organizations, including fraternities, sororities, and sports clubs.

Action by the OSRR does not preclude action by one of the independent Greek councils, Associated Students, Inc., or other external governing bodies.

Sanctions for the conduct listed below may be imposed on student organizations found responsible for violating this RSOCC. The Office of Student Rights & Responsibilities uses a preponderance of evidence standard when making determinations regarding violations of this RSOCC in accordance with the policy and procedures set forth in CSU Executive Order 1098⁸. Misconduct by members of student organizations may also subject the members, in their role as a student, to discipline under the CSU Student Code of Conduct. Individual student discipline is addressed elsewhere; this Code focuses on discipline against the organization.

³ California Code of Regulations, Title 5, Section 41500, et seq. <https://www.cde.ca.gov/lr/fa/sf/title5regs.asp>

⁴ Executive Order 868 <https://calstate.policystat.com/policy/6695942>

⁵ Executive Order 1109 <https://calstate.policystat.com/policy/6716728>

⁶ CAP 172 <https://policy.calpoly.edu/cap/100/cap-170>

⁷ Executive Order 1068 <https://calstate.policystat.com/policy/6591312>

⁸ Executive Order 1098 <https://calstate.policystat.com/policy/6742449>

Interim Sanctions

The Dean of Students or designee may immediately impose interim sanctions where there is reasonable cause to believe that such an action is required to protect the health, safety, and well-being of members of the campus community, to protect University resources and property, and/or to ensure the maintenance of order. This may include, but is not limited to, cases involving hazing, incidents involving injury or violence, sexual misconduct, illegal alcohol or drug activity, or an ongoing pattern of serious violations. Interim sanctions may include a temporary suspension of official recognition and/or restrictions on specific activities including, but not limited to, social probation, participation in campus events, hosting activities, conducting meetings, and recruiting members. Interim sanctions may remain in effect until a final sanctions decision has been reached at the discretion of the Dean of Students or designee.

Procedure

OSRR has responsibility for handling all allegations of RSO misconduct on behalf of the University. When OSRR receives a report or information about a student organization's alleged misconduct, an investigation may occur if warranted (as determined by OSRR). OSRR will send the president or chair of the student organization a written letter to schedule an informal conference as well as to notify the president or chair of the charges and the range of potential sanctions. Allegations involving discrimination, harassment, and/or retaliation based on a protected status, or allegations of sex/gender discrimination, harassment, retaliation, sexual misconduct, dating or domestic violence, or stalking, will be handled by the campus Title IX Coordinator/ DHR Administrator in accordance with the policy and procedures set forth in CSU Executive Order 1097⁹, in coordination with OSRR.

During the informal conference, the Student Conduct Administrator will meet with the president or chair of the RSO to discuss the allegations and charges, as well as the proposed sanctions. The RSO president or chair may have one advisor of their choice. The RSO charged may elect to be accompanied by an advisor of their choice to a meeting, interview, or hearing regarding the allegations, subject to the same limitations set forth in Executive Order 1098 Article II. C (pertaining to individual student conduct proceedings). The advisor may not answer questions regarding the subject matter of the proceedings for the RSO charged. Where attorneys are permitted, the RSO charged may elect an attorney as an advisor. However, an advisor is limited to observing, consulting with, and providing support to the RSO. RSO Code of Conduct matters are not legal processes, and attorneys may not participate directly in the process. If the RSO is found responsible for misconduct by the Student Conduct Administrator, the Student Conduct Administrator will issue a written notice to the RSO president or chair setting forth the final charges and related sanctions. Outcome letters from the Office of Student Rights & Responsibilities are Administrative Actions and, therefore, are not required to be memorialized in writing by the RSO president or chair. An opportunity to speak into the proposed sanctions will be provided to the RSO president or chair prior to the office Outcome Letter being submitted. The University does not have an appeals process for RSOs.

The RSO president or chair may view their organization's disciplinary file by contacting the Office of Student Rights & Responsibilities. Organization conduct files will not be released during an open investigation. Conduct files may contain the following documents: photographs, supporting documents, memos, police reports, and official letters submitted to the RSO president or chair. Each case is unique, and not all files will contain each of these components. If necessary, the Office of Student Rights & Responsibilities may redact documents to protect any student/witness identities as appropriate. The University will not release the Student Conduct Administrator's investigation notes. RSO disciplinary files must remain in the Office of Student Rights & Responsibilities and will not be sent to RSO president or chairs via email. These files will remain part of the RSO's indefinitely.

Unacceptable Student Organization/Member

The following conduct is unacceptable and may subject the student organization to disciplinary sanctions:

⁹ Executive Order 1097 <https://calstate.policystat.com/policy/6742744>

1. **Dishonesty**, including:
 - a. Cheating, plagiarism, or other forms of academic dishonesty that are intended to gain unfair academic advantage.
 - b. Furnishing false information to a University official, faculty member, or campus office.
 - c. Forgery, alteration, or misuse of a University document, key, or identification instrument.
 - d. Misrepresenting the organization to be an authorized agent of the University or one of its auxiliaries. Recognized student organizations and their operations are legally separate, independent organizations, do not represent the University, and are not agents of the University.
2. **Unauthorized entry** into, presence in, or use of any facility, property, or equipment owned or operated by the University or a University auxiliary organization, including but not limited to violation of visitation policies of University or University auxiliary owned or operated student residential facilities.
3. **Disruption**. Willful, material, and substantial disruption or obstruction of University operations, University-related activities or on-campus activities; or sponsoring or encouraging activity that substantially and materially disrupts the operations of the University or that infringes on the rights of members of the University community.
4. **Noise**
 - a. Violation of municipal noise ordinances.
 - b. Violation of municipal unruly gathering ordinances.
 - c. Excessive noise which disrupts the campus or surrounding community, including violation of campus amplified sound policy, CAP 141.3.2.1¹⁰.
5. **Obstruction**. Willful, material, and substantial obstruction of the free flow of pedestrian or other traffic, on or leading to or from campus property, or an off-campus University authorized activity.
6. **Disorderly Behavior**. Disorderly, lewd, indecent, or obscene behavior at a University-related activity, or directed toward a member of the University community.
7. **Health & Safety**. Conduct that threatens or endangers the health or safety of any person within or related to the University community, including physical abuse, threats, intimidation, harassment, sexual misconduct, throwing bottles or objects that could result in personal injury, or where three or more members of a student organization engage in group violence or taunt others to engage in violence.
8. **Hazing and Conspiracy to Haze**. Hazing is defined as any method of indoctrination, initiation, or pre-initiation into a student organization or student body, whether or not the organization or body is officially recognized by an educational institution, which is likely to cause serious bodily injury to any former, current, or prospective student of any school, community college, college, university, or other educational institution in this state (Penal Code 245.6¹¹), and in addition, any act likely to cause physical harm, personal degradation, or disgrace resulting in physical or mental harm to any former, current, or prospective student of any school, community college, college, university, or other educational institution. The term "hazing" does not include customary athletic events or school sanctioned events. Neither the express or implied consent of a victim of hazing nor the lack of active participation in a particular hazing incident is a defense. Apathy or acquiescence in the presence of hazing is not a neutral act and is also a violation of this section.
9. **Drugs**. Use, possession, manufacture, or distribution of illegal drugs or drug-related paraphernalia (except as expressly permitted by law and University regulation) or the misuse of legal pharmaceutical drugs at an organization-related event or facility.

¹⁰ CAP 141 <https://policy.calpoly.edu/cap/100/cap-140>

¹¹ California Penal Code 245.6

https://leginfo.ca.gov/faces/codes_displaySection.xhtml?lawCode=PEN§ionNum=245.6

10. **Alcohol.** Use, possession, manufacture, or distribution of alcoholic beverages (except as expressly permitted by law and University policy) or public intoxication while on campus or at a University-related activity (see Cal Poly's Alcohol Policy¹² regarding on- and off-campus use, service, sale, and consumption for more detailed information).
11. **Theft or Misappropriation of University Resources and Property.**
 - a. Theft of property or services from the University community, or misappropriation of University resources. Unauthorized removal of University property from common use areas.
 - b. Possession by the student organization or presence at organization-related activities or facilities of stolen property or University property that has been removed without University authorization.
12. **Property Damage.** Unauthorized destruction, defacement or damage to University property or other property in the University community, including removal, alteration, or damage to University signs or banners.
13. **Weapons.** Possession, use, or misuse of firearms or guns, replicas, ammunition, explosives, fireworks, knives, other weapons, or dangerous chemicals at a University-related activity or at a student organization facility, function, or activity.
14. **Misuse of Computers.** Misuse of University computer facilities or resources, including:
 - a. Unauthorized entry into a file, for any purpose.
 - b. Unauthorized transfer of a file.
 - c. Use of another's identification of password.
 - d. Use of computing facilities, campus network, or other resources to interfere with the work of another member of the University community.
 - e. Use of computing facilities and resources to send obscene or intimidating and abusive messages.
 - f. Use of computing facilities and resources to interfere with normal University operations.
 - g. Use of computing facilities and resources in violation of copyright laws.
 - h. Violation of a campus computer policy.
15. **Violation of Policies.** Violation of any University policy, rule, regulation, or presidential order.
16. **Commercial Purpose.** Unauthorized recording, dissemination, or publication of academic presentations (including handwritten notes) for a commercial purpose.
17. **Failure to Comply.** Failure to comply with directions or interference with any University official or any public safety officer while acting in the performance of their duties.
18. **Violations of Law.** Any organization-related act chargeable as a violation of federal, state, or local law that poses a substantial threat to the safety or well-being of members of the University community, to property within the University community, or poses a significant threat of disruption or interference with University operations.
19. **Violation of this RSOCC,** including:
 - a. Falsification, distortion, or misrepresentation of information related to a student organization discipline matter.
 - b. Disruption or interference with the orderly progress of a student organization disciplinary matter.
 - c. Attempting to discourage a person from participating in a student organization disciplinary matter.
 - d. Attempting to influence the impartiality of any participant in a student organization disciplinary matter.

¹² CAP 172 <https://policy.calpoly.edu/cap/100/cap-170>

- e. Verbal or physical harassment or intimidation of any participant in a student organization disciplinary matter.
 - f. Failure to comply with the sanction(s) imposed under a student organization disciplinary proceeding.
20. **Aiding and Abetting.** Aiding, abetting, encouraging, permitting or assisting a student or student organization to do any act that would violate a University policy or applicable law or that could subject the student or student organization to discipline.
 21. **Debts.** Failure of the organization to pay when due debts owed to the University or a University auxiliary organization.
 22. **Discrimination.** Discrimination in membership policies on the basis of race, religion, national origin, ethnicity, color, age, gender, marital status, citizenship, sexual orientation, gender identity or expression, or disability (the prohibition on membership policies that discriminate on the basis of gender does not apply to social fraternities or sororities or to other university living groups).
 23. **Student Organization Events.**
 - a. Failure to comply with event approval conditions imposed by the Clubs and Organizations Office or other University offices.
 - b. Failure to comply with the policies governing student organization events held on campus or funded by the University or a University auxiliary organization.
 - c. Failure by a fraternity or sorority to comply with the Event Registration Policy.
 24. **Use of Cal Poly name and logo.** Unauthorized use of California Polytechnic State University or Cal Poly name, logo, or symbols, or use not in compliance with University policies and authorization.

Sanctions

Student organizations that violate the RSOCC are subject to sanctions. Sanctions may include, but are not limited to, one or more of the following:

1. **Withdrawal of recognition** – includes but is not limited to the student organization being denied use of University facilities, use of the University name, and use of Associated Student facilities and services. Withdrawal of recognition may be permanent, indefinite, or for a specified time.
2. **Suspension** – suspends all privileges granted to the student organization for a specific time. An organization under suspension must continue to fulfill the responsibilities required of the student organization and its respective governing council.
3. **Suspension of specific privileges** –suspends specific privileges of the student organization for a specific period of time.
4. **Suspension in abeyance** – places the organization on suspension, but the University does not implement the suspension. The organization retains privileges but must meet specified conditions. If the organization does not meet the conditions, the suspension immediately takes effect.
5. **Probation** – places the organization on probation for a period of time during which the organization is expected to demonstrate exemplary compliance with University policies. Probation may include conditions that the organization must meet to be removed from probation. The probationary conditions may specify the sanctions to be imposed should the organization not comply with the term(s) of probation.
6. **Reprimand** – states that the student organization’s actions were inappropriate and a warning that future infractions shall not occur.
7. **Restitution** –orders compensation for loss, damages, or injury that may include service, monetary, or material replacement.

8. **Educational and remedial sanctions** – orders attendance at education seminars by organization members or requires the organization to prepare presentation(s) to educate others.
9. **Social restrictions** – prohibits the student organization from holding social events for a specific period.
10. **Alcohol restrictions** – prohibits the student organization from having alcoholic beverages present at organization-related activities.
11. **Community service** – orders the organization to perform a specific number of hours of community service to be coordinated and/or approved by the Office of Dean of Students.
12. **Fines** – requires the student organization to pay fines not to exceed \$1000, to be used for educational or charitable purposes or to be paid directly to a charitable organization or a designated University or Associated Students program.

Recognition Reinstatement

Student organizations with recognition suspended or removed for a specified period of time must make a formal written request to be reinstated to the Dean of Students or designee before recognition will be considered. If the sanction was a permanent removal of recognition, the RSO may not make such a request.

SEXUAL MISCONDUCT

If any community member has immediate safety concerns, please contact the Police Department by dialing 911. Sexual Misconduct (including sexual harassment as well as any sexual activity without **affirmative consent**, including but not limited to sexual assault, sexual battery, rape, acquaintance rape, stalking, domestic/dating violence as defined in Executive Orders 1095¹³, 1096¹⁴, and 1097¹⁵) by students, employees or third-parties is a form of discrimination prohibited by University policy, and state and federal laws, including Title IX. Students may also have a right to file a concurrent criminal complaint for the same incident with law enforcement. It is important to note that the University's administrative process is entirely separate from the criminal process, applying different procedures, standards of proof, and possible penalties.

- If you are a student, your rights are covered in Executive Order 1097¹⁶.
- If you are an employee or third party, your rights are covered in Executive Order 1096¹⁷.
- Executive Order 1095¹⁸ contains general information.

AFFIRMATIVE CONSENT & CAPACITY

Affirmative Consent means an informed, affirmative, conscious, voluntary, and mutual agreement to engage in sexual activity. It is the responsibility of each person involved in the sexual activity to ensure Affirmative Consent has been obtained from the other participant(s) to engage in the sexual activity. Lack of protest or resistance does not mean Affirmative Consent, nor does silence mean Affirmative Consent. Affirmative Consent must be voluntary and given without coercion, force, threats, or intimidation. The existence of a dating or social relationship between those involved, or the fact of past sexual activities between them, should never by itself be assumed to be an indicator of Affirmative Consent. A request for someone to use a condom or birth control does not, in and of itself, constitute Affirmative Consent. Affirmative Consent can be withdrawn or revoked. Consent to one form of sexual activity (or one sexual act) does not constitute consent to other forms of sexual activity. Consent given to sexual activity on one occasion does not constitute consent on another occasion. There must

¹³ Executive Order 1095 <https://calstate.policystat.com/policy/6741651>

¹⁴ Executive Order 1096 <https://calstate.policystat.com/policy/6743499>

¹⁵ Executive Order 1097 <https://calstate.policystat.com/policy/6742744>

¹⁶ Ibid

¹⁷ Executive Order 1096 <https://calstate.policystat.com/policy/6743499>

¹⁸ Executive Order 1095 <https://calstate.policystat.com/policy/6741651>

always be mutual and affirmative consent to engage in sexual activity. Consent must be ongoing throughout a sexual activity and can be revoked at any time, including after penetration. Once consent is withdrawn or revoked, the sexual activity must stop immediately.

Affirmative Consent cannot be given by a person who is incapacitated. A person is unable to consent when asleep, unconscious, or incapacitated due to the influence of drugs, alcohol, or medication so that the person could not understand the fact, nature, or extent of the sexual activity. A person is incapacitated if the person lacks the physical and/or mental ability to make informed, rational decisions. Whether an intoxicated person (as a result of using alcohol or other drugs) is incapacitated depends on the extent to which the alcohol or other drugs impact the person's decision-making ability, awareness of consequences, and ability to make informed judgments. A person's own intoxication or incapacitation from drugs or alcohol does not diminish that person's responsibility to obtain Affirmative Consent before engaging in sexual activity. A person with a medical or mental disability may also lack the capacity to give consent. Sexual activity with a minor (a person under 18 years old) is not consensual, because a minor is considered incapable of giving consent due to age.

It shall not be a valid excuse that a person affirmatively consented to the sexual activity if the Respondent knew or reasonably should have known that the person was unable to consent to the sexual activity under any of the following circumstances: the person was asleep or unconscious; the person was incapacitated due to the influence of drugs, alcohol, or medication so that the person could not understand the fact, nature, or extent of the sexual activity; or the person was unable to communicate due to a mental or physical condition. It shall not be a valid excuse that the Respondent believed that the person consented to the sexual activity under either of the following circumstances: the Respondent's belief in Affirmative Consent arose from the intoxication or recklessness of the Respondent the Respondent did not take reasonable steps in the circumstances known to the Respondent at the time to ascertain whether the person affirmatively consented.

The use of alcohol or drugs does not make the complainant at fault for sexual misconduct. A complainant should not be deterred from reporting incidents of sexual misconduct out of a concern that there might be disciplinary charges for related violations of drug, alcohol, or other university policies. Except in extreme circumstances, complainants in sexual misconduct charges shall not be subject to discipline for related violations of the Standards for Student Conduct. Please note, this information above is summarized from the applicable policies, linked above.

How Do I File a Complaint?

All of the policies above contain complaint forms that may be filled out and field with the Office of Equal Opportunity and/or Title IX Coordinator, as appropriate: Completing a form is *not necessary* but it is an option. Complaints can also be taken verbally during an intake meeting with the Office of Equal Opportunity¹⁹.

You may file a complaint with the University using these processes and/or with University Police or local law enforcement.

Under the Executive Orders and mandatory reporting requirements set forth in state and federal laws, employees of Cal Poly, unless designated as confidential resources (i.e., hold medical licenses or work in medical offices or who have confidential resource certifications per Executive Order 1095²⁰) are mandatory reporters.

Where to Report

OFFICE OF EQUAL OPPORTUNITY

Location: Fisher Science, Building 33 Room 290

Maren Hufton, Title IX Coordinator

Phone: 805.756.1400 or email: mhufton@calpoly.edu

¹⁹ Office of Equal Opportunity <http://equalopportunity.calpoly.edu/content/title-ix>

²⁰ Executive Order 1095 <https://calstate.policystat.com/policy/6741651>

Kaitlyn Blakey, Assistant Director
Phone: 805.756.1425 or email: kblakey@calpoly.edu

Julie Lewis, Assistant Director
Phone: 805.756.1044 or email: jlewis51@calpoly.edu

CAL POLY UNIVERSITY POLICE

Emergency: Dial 911
Non-emergency: 805.756.2281
<https://afd.calpoly.edu/police/>

ON-CAMPUS OFF-THE-RECORD/UNOFFICIAL REPORTING

Counseling Services at 805.756.2511; <https://hcs.calpoly.edu/counseling>
Cal Poly Safer at 805.756.2282; <https://safer.calpoly.edu>

LOCAL POLICE

San Luis Obispo Police
Emergency: Dial 911; Non-Emergency Police Services: 805.781.7317
Address: 1042 Walnut at Santa Rosa, San Luis Obispo, CA

Medical & Counseling Services

CAL POLY HEALTH CENTER

Location: Building 27 (next to the Campus Recreation Center)
Phone including after hours: 805.756.1211
Hearing or Speech Impaired: Call 711 (Telecommunications Relay Service)
Website: <https://hcs.calpoly.edu>; Email: health-counseling@calpoly.edu
Main Phone including after hours: 805.756.1211

CAL POLY COUNSELING CENTER

Location: Building 27, Room 136
Hearing or Speech Impaired: Call 711 (Telecommunications Relay Service)
Website: <https://hcs.calpoly.edu/counseling>
Both During and After Hours Psychological Emergencies - Phone: 805.756.2511
Local Crisis Hotline: 800.783.0607

Support Resources & Interim Remedies

The University encourages reporting to the Office of Equal Opportunity and/or local law enforcement. If details are not reported, the University's response may be limited. Whether or not a student or community member chooses to report, reasonable interim remedies such as schedule changes, housing changes, and/or other academic accommodations may be arranged if requested. No-contact orders may also be requested. If you would like to discuss what happened in a confidential setting that will not trigger an investigation, you have several options:

Confidential Resources for Complainants and Respondents

CAL POLY COUNSELING CENTER

<https://hcs.calpoly.edu/counseling>
805.756.2511

CAL POLY SAFER (ON CAMPUS)

<https://safer.calpoly.edu>

805.756.2282

RESPECT | INSPIRE | SUPPORT | EMPOWER (RISE – 24/7 SERVICES)

<https://www.riseslo.org>

855.886.7473

EVENTS

Note: Due to COVID-19 safety guidelines, effective until further notice, RSOs may not host formal or informal events, activities, meetings, or gatherings in person - regardless of location - on or off campus. RSOs are strongly encouraged to convene and host all activities virtually. The following information is intended for reference purposes, outlining requirements and protocols during normal operating conditions. Any and/or all of the reference event information that follows will be significantly altered or rendered invalid to coincided with federal, state, county, and university safety protocols. For specifics on Cal Poly safety measures related to COVID-19, visit the Cal Poly Coronavirus page at <https://coronavirus.calpoly.edu/>.

The goal of Clubs & Organizations and ASI is to assist student groups in having successful events in a safe environment. The following information is provided so that clubs may plan events that are safe and successful.

Club Contracting for Services

Note: Because most contract submissions to the university are prompted by an agreement related to an event, and RSOs are not currently allowed to host in-person events due to COVID-19 safety protocols, few if any contracts will need to be reviewed by the university. For more information, contact clubs@calpoly.edu.

When a club enters into an agreement with a vendor or service provider it is important to document the terms of the relationship in the form of a contract. Documentation protects the club while also ensuring that there are no misunderstandings regarding the terms of the agreement. RSO officers and/or members are responsible for signing their own contracts and service agreements. The University does not sign contracts on behalf of RSOs, nor does the University advisor. It is the responsibility of the club and club officers to facilitate this review. Clubs and organizations hosting on-campus events that require a contract are required to submit a copy of the contract to the university for review prior to the event as a prerequisite for the approval process.

E-Plans

Note: Because RSOs are not currently allowed to host in-person events due to COVID-19 safety protocols, Event Plans (E-Plans), the online platform for RSOs to submit event requests, are unavailable. Further, classroom and lab reservations are limited to support academic class instruction. In addition, ASI facilities will be unavailable for reservation. The following information is intended for reference purposes, outlining requirements and protocols during normal operating conditions.

RSOs are required to submit E-Plans for on- or off-campus events, gatherings, and meetings. Social Fraternity & Sorority Life (FSL) organizations are not required to submit E-Plans for off-campus events but must provide information about off-campus events to FSL staff. ASI partners with the university to facilitate the E-plans process. An E-Plan serves as a tool for campus entities to coordinate and accommodate multiple campus events and assess each event for risk. All club events and meeting requests will be submitted via an online E-Plan. Any club member is able to create an E-Plan; the president and advisor will then be notified of the request via email and will be required to approve the request before it can be processed.

The E-Plan contains multiple deadlines determined by the event's requirements and location; some events take more time to plan for than others. An event may require three business days, seven days, or 14 days based on event needs.

Event Timeline Requirements

3 BUSINESS DAYS

The E-Plan must be submitted and approved online by the club president and advisor at least three business days prior to the date requested for the following:

- General meetings (two hours or less) that take place in classrooms or UU Conference Rooms
- Sandwich Boards, Tri-fold Displays, Information Tables, or Booths (campus-wide)
- Events involving:
 - Amplified sound or music
 - Parking permits
 - Renting equipment
 - Chalking (campus-wide)

7 CALENDAR DAYS

The E-Plan must be submitted and approved online by the club president and advisor a minimum of seven calendar days prior to the date requested for the following:

- On-campus events and meetings (exceeding two hours)
- Events involving:
 - Food or drink
 - Sale of merchandise
 - Amplified sound/music
 - Chalking in the UU Plaza
 - Renting equipment
 - Showing a film/video
 - Use of Cal Poly names, symbols, or marks

14 CALENDAR DAYS

The E-Plan must be submitted and approved online by the club president and advisor a minimum of 14 calendar days prior to the date requested for the following:

- Off-campus events
- Events located in:
 - Chumash Auditorium
 - UU 220
 - UU Plaza Stage
 - Performing Arts Center
 - Spanos Theater
 - Mott Complex
 - Recreation Center
 - Sports Complex
- On-campus events involving:
 - ASI Staffing
 - Contracts
 - Paid Service Providers (such as guest speakers)

INITIATING THE E-PLAN

The E-Plan can be found on the Clubs and Organizations webpage²¹ After selecting “E-Plans,” the club member will be directed to the Cal Poly portal to authenticate their signature. Once authenticated, they will be routed to the E-Plan. To start a new E-Plan, select “Create a New E-Plan.”

OBTAIN REQUIRED APPROVALS

While any club member may initiate an E-Plan, the E-Plan requires approval from the president and advisor listed on the current Charter. Once an E-Plan has been created, a notification will be electronically sent to the president requesting approval.

Once the president has approved the E-Plan, a notification will be electronically sent to the advisor requesting approval. The purpose of the advisor’s approval is to keep them informed about club event details. Once the advisor has approved the E-Plan, ASI Facility Scheduling will process the request. Final approval may take several weeks.

Note: The RSO president and/or advisor must approve the E-Plan prior to the specified deadline. If the E-Plan is not approved within the deadline, it will not be processed, and a new E-Plan will need to be submitted with alternative event dates. Although some requests require shorter deadlines, it is highly recommended to plan ahead.

CHECKING THE STATUS OF AN E-PLAN

The online E-Plan allows you to check the status of an E-Plan that you have previously submitted or approved. To do so, locate your event and double click the status bar for specific information as to the status of the request.

STATUS: PENDING PRESIDENT’S APPROVAL

When looking at the status bar, if no bars have been filled, the E-Plan has been submitted to the president for approval but has not yet been approved.

STATUS: PENDING ADVISOR’S APPROVAL

When one status bar has been filled, the president has approved the request, and it has been sent to the advisor for approval.

STATUS: SENT TO ASI FACILITY SCHEDULING

When two status bars have been filled, the president and/or advisor have approved the request, and it has been sent to ASI Facility Scheduling for processing.

STATUS: PENDING CAMPUS APPROVALS

When three status bars have been filled, the ASI Facility Scheduling staff has entered the E-Plan into the facility scheduling system. However, they are waiting for confirmation from other on-campus entities (e.g., University Catering, PAC, and UPD) before the E-Plan can be confirmed.

STATUS: CONFIRMED

When all four boxes of the Status Bar have been filled, the E-Plan has been confirmed. This means that all requirements have been met and the event may occur as indicated.

²¹ E-Plans <https://clubs.calpoly.edu/events/e-plans>

STATUS: DENIED

When any step in the E-Plan process has been denied, a red box will appear in the status bar. The RSO will need to submit a revised E-Plan with corrections to further proceed with the event.

Food Policy

Note: Food preparation and distribution by RSOs will be dramatically impacted by the university requirement that RSOs may not host formal or informal events, activities, meetings, or gatherings in person - regardless of location - on or off campus. As a result of this protocol, no RSO may distribute food in a way that could be described as an event or gathering, such as in-person meetings, in-person social events, or hosting a booth or table for distributing food. All of these instances would be considered in-person events or gatherings and may not take place. Additionally, students may not gather in-person for the purpose of food preparation. The following information is intended for reference purposes, outlining requirements and protocols during normal operating conditions.

For most events held on campus where food will be available, the food must be ordered from University Catering or an approved off-campus caterer. A current list of university approved caterers can be found on University Catering's website²². If an RSO wishes to use an off-campus caterer, an application and orientation provided by Environmental Health and Safety (EHS) may be required. Events involving food must have an E-Plan on file. When the E-Plan is initiated, ASI Facility Scheduling will provide the RSO with contact information for both departments and will notify the departments of the pending RSO event.

If a vendor is willing to donate food for an event, a Request for Donation form (which can be obtained at the University Catering office located next to The Avenue) must be submitted to the University Catering office a minimum of two weeks prior to the event for approval. Donated products must be delivered directly to University Catering and meet safety and health standards.

For further information about campus food policies, visit University Catering²³.

Food Safety

All events on campus involving food must follow the EHS Food Safety Policy²⁴.

Alcohol at Club Events

Alcoholic beverages are not to be served at off-campus functions by RSOs except when private service (i.e., for members and guests) is arranged by contract with a properly licensed third-party vendor or when hosted at a registered chapter facility by a Fraternity or Sorority recognized by Cal Poly. Club members may not serve or provide the alcohol themselves. Individuals at the event must purchase their drinks directly from the third-party vendor, leaving the club completely out of the alcohol transaction. Fraternities or Sororities hosting registered parties must also follow this guideline when contracting with a third party vendor or follow the guidelines for BYOB outlined in the Event Registration Policy. The facility or caterer must provide a valid Alcohol Beverage Control (ABC) license in order for the event to be approved. If a club is hosting an event at a location that does not already provide alcohol and an outside entity is hired to serve alcohol, the following is required:

- Contract with a licensed vendor
- E-Plan
- Proof that the vendor has an ABC license
- IRS Form W-9 for the vendor

In addition, each event must provide for the availability of popular non-alcoholic beverages for those persons less than 21 years of age. Students of legal age while attending an off-campus university approved activity in the

²² Approved Off-Campus Caterers <https://afd.calpoly.edu/cprm/procurement/catering/approved-caterers>

²³ University Catering <https://www.calpolydining.com/catering/>

²⁴ EHS Food Safety Policy <https://afd.calpoly.edu/ehs/foodsafety>

vicinity of a public bar may not have their rights denied except by representatives of the licensee or by civil law enforcement authorities for cause. If alcohol is available at an off-campus event, it must be noted on the E-Plan. In addition, any event involving alcohol at an off-campus location may require a meeting with the Clubs & Organizations Office prior to the event taking place. If a meeting is necessary, a representative from the Clubs & Organizations Office will contact a club officer to schedule the meeting.

Under no circumstances may club funds be used to purchase alcohol or to reimburse an individual for the purchase of alcohol (or purchase gift cards from businesses that sell alcohol). For more information on alcohol at off-campus events, please refer to the Office of Student Rights & Responsibilities²⁵.

(See Cal Poly's Alcohol Policy²⁶ regarding on- and off-campus use, service, sale, and consumption for more detailed information. See also, Cal Poly's Fraternity and Sorority Life Event Registration Procedure²⁷ regarding registration of off-campus events where alcohol is present for more detailed information.)

Amplified Sound Policy

Outdoor events and activities that involve amplified music or speech are limited to the hours of 7 a.m. to 10 p.m. All such events or activities must be scheduled by an RSO through the E-Plan process and comply with any additional guidelines pertaining to a particular venue. Refer to Campus Administrative Policy (CAP) 140²⁸ for more details about the campus-wide amplified sound policy.

In the UU Plaza, amplified sound may be used with allowed decibel rates beginning at 101 with spikes of 108, and may be used between 11:00 am and noon on Thursdays, during UU Hour. Amplified speech may also be used between 11:00 am and noon on Tuesdays in the UU Plaza.

Sponsoring a Sporting Activity

RSOs intending to sponsor a competitive sporting activity must submit a description of the activity and number of participants via the E-Plan process. The Clubs & Organizations Office is responsible for providing guidance and approval for sporting activities. All individuals participating in sporting events must complete a University Release of Liability to be submitted to the Clubs & Organizations Office.

Income Producing and Fundraising Activities

The Cal Poly Corporation Director of Retail and Concept Development or their designee must approve campus sale of goods that might be similar to merchandise available in the Bookstore.

Cal Poly Corporation
Building 15 / 805.756.5855

Raffles and Giveaways

RSOs are not permitted to hold raffles, including 50/50 raffles. However, giveaways are permitted. The distinction between raffles and giveaways is important for club officers to understand when completing paperwork as the two cannot be used interchangeably.

- **Raffle:** Selling raffle tickets to event participants for the sole purpose of being entered into a drawing to win a prize.
- **Giveaways:** Giving tickets to event participants at no charge and being entered into a drawing to win a prize.

²⁵ Office of Students Rights & Responsibilities <https://osrr.calpoly.edu>

²⁶ CAP 172 <https://policy.calpoly.edu/cap/100/cap-170>

²⁷ FSL Event Registration Procedure <https://greeklife.calpoly.edu/about/officer-resources>

²⁸ CAP 140 <https://policy.calpoly.edu/cap/100/cap-140>

Insurance and Liability

INSURANCE

The Club Liability Insurance Program (CLIP) covers general liability for Recognized Student Organization claims made both on- and off-campus. Major exclusions include:

- Automobile Liability
- Alcohol furnished at Club Activities/ Events
- Fraternal Organizations (men and women)
- Hazing
- Athletic activities
- Intentional discrimination

ADDITIONAL INSURANCE OPTIONS

If you are hosting an event that is not covered by CLIP (see major exclusions above), CSU Club Sports Insurance Program (Club Sports), or a national sponsoring organization (i.e Greek Life, etc.), you will be responsible for obtaining your own insurance as required by the off-campus venue when necessary. If a venue requires special event insurance, clubs may seek a third party insurer to purchase additional coverage for their event(s). Visit the Additional Insurance Options page²⁹ for information on obtaining coverage.

CERTIFICATE OF INSURANCE

If you require a Certificate of Insurance from the University, email riskmanagment@calpoly.edu.

INSURANCE ON EQUIPMENT OR BORROWED ITEMS

ASI and the University do not have insurance coverage for equipment or other items borrowed for use by an RSO. RSOs have a responsibility to ensure that they are trained to use any rented equipment and to follow safety procedures.

RELEASE OF LIABILITY FORM

RSOs are responsible for their own activities and assume complete responsibility and liability for their activities. If an individual is injured or causes personal or property damages or other injuries at an RSO event, that individual is personally responsible for any related expenses and damages. When RSOs sponsor on-campus activities with the potential for injuries and/or damages, participants are required to complete a Release of Liability, Promise Not to Sue, Assumption of Risk and Agreement to Pay Claims Form (otherwise known as a Release of Liability Form). The Release of Liability Form serves two important purposes: it notifies the participant that liability/accident/medical insurance is not provided for the activity and it clarifies the responsibility of the individual, the university, and the RSO. Release of Liability forms can be filled out at the event site but must be completed prior to the individual participating in the activity.

A Release of Liability form does not release RSOs from the responsibility of providing a safe environment for the activity.

Off-Campus Activities

RSOs are required to submit an E-Plan for off-campus events.

OPEN BODIES OF WATER

Events that take place on open bodies of water are only allowed under contract with a licensed third-party vendor with appropriate insurance.

²⁹ Additional Insurance Options <https://clubs.calpoly.edu/additional-insurance-options>

INELIGIBLE OFF-CAMPUS EVENTS AND ACTIVITIES

- Due to their high-risk nature, certain activities are not permitted to occur as RSO events. Ineligible activities include, but are not limited to: wine tasting, events at private student residences, and helicopter rides. The University, through the Clubs and Organizations Office will determine on a case-by-case basis whether an event or activity is deemed too risky.

STUDENT TRAVEL

Note: RSO travel is suspended through June 30, 2021. The CSU Chancellor's Office has extended all international and non-essential domestic travel restrictions for all CSU campuses and associated auxiliary organizations. This includes all Recognized Student Organizations. The following information is intended for reference purposes, outlining requirements and protocols during normal operating conditions.

Clubs, with the exception of Club Sport teams that are represented by the Club Sports Council, are not required to submit paperwork for travel. It is recommended that clubs and organizations choosing to travel out of the country consult the Cal Poly International Center unless covered under a national sponsoring organization.

Club travel request forms are only required for Club Sport teams and clubs using university vehicles. Travel forms must be completed and submitted to Club Sports staff a minimum of seven days prior to travel.

Suggested Procedure for Incidents During Travel

- Should an incident, injury, or motor vehicle accident occur during travel, an incident report is suggested to be filled out and submitted to the Clubs and Organizations Office upon return to campus so that the University can offer support and resources for students.

If a Problem or Emergency Arises

For on-campus problems or emergencies, contact University Police at 9-1-1 or (805) 756-2281. If the personal safety of any RSO member, participant, spectator, campus community member, or visitor is endangered, UPD assistance should be requested immediately.

Additionally, all problems and emergencies should be reported directly and promptly to the Dean of Students Office at (805) 756-0327.

PROMOTIONS AND COMMUNICATIONS

Online Directory

The RSO Directory is an online database of all recognized Cal Poly RSOs. This directory includes information gathered from each group's current Charter, including contact information for the president and advisor, links to club web pages, and a brief description of the RSO.

Email Account

Upon request, RSOs are given one email account and one entry in the campus directory server that redirects your messages to the email account. To set up these services, download the Request for a Cal Poly Email form found on the Forms & Resources page³⁰. Once the form is filled out and the proper signatures are obtained, submit it to ASI Club Services. This information will be forwarded to Cal Poly Information Technology Services, who will then contact the RSO representative with further information.

Use of the University's information technology resources is strictly prohibited for unauthorized commercial activities, personal gain, and private - or otherwise, unrelated to the University - business or fundraising. This

³⁰ Clubs Resources and Forms <https://clubs.calpoly.edu/forms-and-resources>

includes soliciting, promoting, selling, marketing or advertising products or services, or reselling University resources.

Mail

MAIL SERVICES

The use of campus mail delivery services is limited to official University mail and interdepartmental correspondence and may not be used by clubs for mass mailings to faculty and staff. Under no circumstance are RSOs to use the ASI or University Bulk Mail Permits for either on or off-campus mailings.

MAILBOXES

Club mailboxes are available by request only. Clubs that are interested in having an on-campus address and mailbox must contact ASI Club Services to initiate the request.

Until further notice, any club that receives mail will be notified by email with instructions for pick up.

RSO mailing addresses must include the following information:

If an RSO receives a package ASI Club Services will notify the president and advisor by email. If the package is not picked up within two weeks, it will be forwarded to the advisor's on-campus office. All mailboxes will be cleaned out at the end of the academic year. All mass mailings will be discarded, and any mail will be forwarded to the advisor.

Use of Cal Poly Name and Symbol

Use of the University's name is a privilege reserved by law to the University and organizations officially recognized and authorized by the University and may not be used to imply, either directly or indirectly, the University's endorsement, support, favor, association with, or opposition to an organization, product or service without the permission of the University³¹. This includes, but is not limited to, use of the University name or marks in printed, electronic, or other such media. Unauthorized uses may constitute a violation of state law, trademark and/or copyright infringement.

Cal Poly requires any merchandise or items displaying the marks (i.e., name, symbol, brand, or logo) of the University to be purchased from a licensed vendor³². The following list includes examples of Cal Poly marks that require approval. This list is not exhaustive.

- Cal Poly
- California Polytechnic State University
- Cal Poly abbreviations (e.g., CP, Poly)
- Mustangs
- Musty the Mustang Logo

RSOs are required to obtain prior approval from University Marketing before purchasing any items that display the university name or marks. Student representatives of RSOs can request approval via the Trademark Licensing Request Form³³. The Club Payment Request Form (PRF) includes an additional question regarding the use of Cal Poly marks. If the purchases being paid/reimbursed for on the Club PRF include the use of any Cal Poly marks, it must be indicated on the Club PRF and a copy of the approved Trademark Licensing Request Form must be included with the PRF.

Note: Failure to obtain approval and/or use a properly licensed vendor may lead to suspended privileges and/or not receiving reimbursement for unapproved purchases.

³¹ CAP 145 <https://policy.calpoly.edu/cap/100/cap-140#cap-145>

³² Approved Licensee List <https://universitymarketing.calpoly.edu/trademark-licensing/>

³³ Trademark Licensing Request Form <https://universitymarketing.calpoly.edu/trademark-licensing/request-form/>

Eventbrite

- The Cal Poly Clubs and Organizations Office authorizes the use of Eventbrite by student organizations as a means of planning, promoting, and selling tickets to events.

Payments from Eventbrite must be issued in the form of a check payable to: ASI – Cal Poly Clubs. Include the club name on the memo line or in attached documentation. Submit payments to ASI Club Services 1 Grand Ave, San Luis Obispo, CA 93407-0675.

Posting or Distributing Flyers, Posters, and Banners

The University has a Campus Administrative Policy (CAP) regarding posting or distributing flyers, posters, and banners on campus³⁴.

Sandwich Boards

The University has a Campus Administrative Policy regarding sandwich boards³⁵. The E-Plan process must be used to gain approval to set up sandwich boards on University property. The maximum size for a sandwich board is 2'x4'. Sandwich boards cannot be on display for more than seven days prior to an event and must be removed immediately following the event. All spaces for sandwich boards are assigned on a first-come, first-served basis. Sandwich board reservations will be accepted at the following locations on campus: UU Plaza, Dexter Lawn, Via Carta Mall, and Ag Circle. Sandwich boards displayed at other areas on campus will be removed by Cal Poly Facility Services.

Sandwich Boards for Recurring Events

Approved locations for recurring sandwich boards are Dexter Lawn, Ag Circle, and Via Carta Mall (between Highland Dr. and North Perimeter Rd.).

- Maximum size for signs is 2'x4'
- Maximum time is one academic quarter
- Signs may not be placed on lawns or shrub areas
- Signs may not restrict access to sidewalks or building entrances
- Signs must be maintained by the sponsoring group

Banners in the University Union (UU) Plaza

The University has a Campus Administrative Policy regarding banners on campus³⁶.

Vinyl banners displayed in the University Union Plaza shall be no larger than 3'x9' and may be attached to the railing using string or plastic twist ties. Paper banners may be affixed using blue painters tape available from the ASI Facility Supervisor. Banners may not be chained or locked to the railing, nor may they be affixed to concrete walls. Banners may not be displayed for more than seven days. After seven days, the ASI Facility Supervisor will remove the banner, and it will be stored in the UU for 30 days. If the banner has not been picked up after 30 days, it will be disposed of.

Staked Temporary Signs

- See CAP 144.6³⁷ for full details regarding the campus policy on temporary signage
- Letter-sized (i.e., 8.5" x 11") signs may be placed on redwood lath stakes
- Signs may not advertise events for longer than seven days
- Signs may not pose a safety risk

³⁴ CAP 140 <https://policy.calpoly.edu/cap/100/cap-140>

³⁵ CAP 144 <https://policy.calpoly.edu/cap/100/cap-140#cap-144>

³⁶ CAP 144 <https://policy.calpoly.edu/cap/100/cap-140#cap-144>

³⁷ Ibid

- Signs may not be taped to, attached to or placed on buildings, trees, cars, traffic signs, posts, hillsides, trash cans, or on interior doors, windows, walls, floors or ceilings
- Signs may not obstruct entrances or exits of buildings or the line of vision to vehicular or pedestrian traffic
- Signs must clearly identify the name of the RSO sponsoring the activity
- The RSO responsible for placing temporary signage shall be responsible for its removal no more than two weeks after its posting, or if advertising an event, when the event is over
- In order to ensure maintenance of an uncluttered, attractive, and safe campus, the University otherwise reserves the right to remove temporary signage (commercial and non-commercial) if it is not in compliance with University Policy, if it has been posted for more than two weeks, or if the event it advertises has taken place, whichever comes first
- Signage may also be removed when damaged, displaced, or weather so that it is no longer readable
- Organizations or persons who fail to remove temporary signage in a timely manner may be held responsible for the cost of its removal
- Posting of temporary signage is subject to additional location-specific guidelines enumerated in CAP 144.6

Distributing Materials on Campus

See Cal Poly's Free Expression policy in Campus Administrative Policy³⁸ for more details on leafletting on campus.

University Housing will only post flyers for events that have an E-Plan initiated. To have a poster advertising your event displayed in the residence halls, take ten posters to the Residential Life and Education office, located in Building 31 Room 111, a minimum of seven days prior to the event date.

Due to limited space and fire safety concerns, one flyer per event will be posted in each hall. Posters must be on letter or legal-sized paper only (i.e., no posters will be accepted). All posters will be reviewed by Residential Life and Education for compliance with the policies listed in the Residence Hall Handbook and with CAP 140³⁹.

All posters must have the sponsoring club or department name clearly indicated. All posting will be done by residence hall staff. Unapproved flyers will be removed.

RECOGNIZED STUDENT ORGANIZATION RECOGNITION PROCESS

RSOs shall:

- Operate within the laws of the State of California and the policies and procedures of the California Polytechnic State University and Associated Students, Inc. (ASI).
- Carry out all activities in accordance with its bylaws.
- Process all amendments to bylaws through ASI Club Services with final approval granted by the University (the Clubs and Organizations Office).
- Keep all RSO funds in an ASI account unless the RSO is granted an exception.
- Annually submit a Charter to ASI Club Services.
- Have a faculty/staff advisor approved by the University via the Charter renewal process.
- Have a president and treasurer (as listed on the Charter) who maintain a minimum 2.0 grade point average both quarterly and cumulative, be in good academic standing, and not be on probation of any kind. A grade check will be conducted by the Clubs and Organizations Office for the president and treasurer at the end of each academic quarter.
- Keep a current copy of the bylaws on file with ASI Club Services.
- Annually submit a roster of all active members.

³⁸ CAP 140 <https://policy.calpoly.edu/cap/100/cap-140>

³⁹ Ibid

Benefits of Official Recognition

- Use of Cal Poly's name, logo, and symbols in conformance with campus policies.
- Use of campus facilities and equipment.
- Applying for and receiving ASI Club Funding, subject to availability and eligibility requirements.
- Scheduling and publicizing events through ASI.
- ASI Club Services support and resources.
- Maintaining an organizational mailbox.
- Participating in campus events as an RSO.
- Engaging in fundraising activities approved by the University and ASI.
- Receiving tax-exempt charitable donations through provisions administered by the Cal Poly Foundation.
- Certifying campus recognition for national and statewide affiliated organizations.

Starting a New RSO

The University, through the Clubs and Organizations Office, officially recognizes RSOs. ASI is a partner with the University in administering RSO services and support and the chartering and E-Plan process. Starting a new organization is a process that requires the participation of the prospective RSO, ASI Club Services, and the Clubs and Organizations Office, as outlined below.

- **RSO:** Ensure that no other club currently exists with a similar purpose.
- **RSO:** Find a minimum of five currently enrolled Cal Poly students that are interested in being a part of the RSO. 100% of the student organization membership shall be matriculated Cal Poly students.
- **RSO:** Find a full-time University (state) employee who would be willing to serve as the RSO's advisor.
- **RSO:** Complete a Petition for University Recognition form and Bylaws using the bylaws template⁴⁰.
- **RSO:** Submit the Petition for University Recognition form and bylaws to ASI Club Services for processing during the petition timeline. The schedule for petition review is available on the Start a Club page⁴¹.
- **ASI CLUB SERVICES:** Verify necessary documents are submitted and forward to the Clubs and Organizations Office.
- **CLUBS AND ORGANIZATIONS OFFICE:** Contact the potential club contact person to schedule a meeting.
- **CLUBS AND ORGANIZATIONS OFFICE:** Review bylaws and either approve or deny the process to continue. If denied, the Clubs and Organizations Office will notify the RSO contact.
- **ASI CLUB SERVICES:** Return bylaws to the RSO for revisions if necessary or notify the RSO that they are officially recognized by the University and the officers and advisor(s) can begin the online training.
- **RSO:** President, treasurer, and advisor complete the Online Training.
- **RSO:** Once training is completed, the president will receive the Charter via email.
- **RSO:** Complete Charter and obtain signatures from a minimum of two officers (president and treasurer) and an advisor, and submit to ASI Club Services for processing.

Note: Until the RSO receives confirmation of approved Charter, the RSO is not officially recognized as a Cal Poly RSO and therefore may not conduct any RSO business.

Renewing a Club Charter

The University, through the Clubs and Organizations Office, officially recognizes Cal Poly RSOs based on University standards and requirements, which include a current Charter. In order to remain active (e.g., maintain official recognition, access club funds, apply for ASI Club Funding, submit E-Plans), all presidents, treasurers, and advisors must complete online training annually; additionally, every RSO must renew its charter and submit a roster of all active club members each year.

⁴⁰ Start a Club <https://clubs.calpoly.edu/start-a-club>

⁴¹ Ibid

- The president is responsible for entering all relevant information into the Charter.
- The Charter must be completed and signed by all officers and advisor(s). A minimum of two different officers (president and treasurer) and one advisor are required.
- If the RSO is affiliated with a specific College, the RSO must also obtain:
 - Information and signature of a College Council Representative (an RSO member willing to attend College Council meetings of all RSOs affiliated with that College) and the College Dean's signature.
- A Community Service Representative position is listed on the Charter. The responsibility of this position is to organize and manage community service projects for the RSO. Although this position is not mandatory, the Clubs and Organizations Office recommends that this position be filled, allowing the RSO to better assist and promote its service projects.
- Once all signatures are obtained, the Charter is submitted to ASI Club Services for processing.
- ASI Club Services will verify completeness and forward the Charter to The Clubs and Organizations Office to check president and treasurer GPA and verify that the advisor is a Cal Poly State University employee.
- Note: The president and treasurer listed on the Charter must comply with the California State University definition of minor student representative officers provided by Executive Order 1068 and:
 - Be matriculated Cal Poly students;
 - Maintain a minimum overall 2.0 grade point average each academic year and a minimum 2.0 grade point average for the previous academic quarter.
 - Be in good standing and shall not be on probation of any kind;
 - Attend a minimum of 2 academic quarters during the academic year;
 - If undergraduate student:
 - Earn at least 9 student credit units per quarter while holding office;
 - Earn no more than 225 student credit units or no more than 125 percent of the units required for a specific baccalaureate degree objective, whichever is greater;
 - If graduate and credential student:
 - Earn at least 4 student credit units per quarter while holding office;
 - Earn no more than 75 student credit units or no more than 167 percent of the units required for the graduate or credential objective, whichever is greater.
- ASI Club Services will notify the president via email when the process is complete.

Online Training

The Online Training can be found on the Clubs and Organizations website⁴².

- Only the president, treasurer, and advisor are required to complete the online training. Each training takes approximately 45 minutes to complete.
- The training does not have to be completed during one session, as long as the officer/advisor resumes the training using the same computer and browser.
- Once all required positions have completed the training, ASI Club Services will email the president a Cal Poly RSO Charter within five business days of the last person completing their online training.

Roster

All recognized student organizations are required to provide a roster of all active club members with their charter renewal.

⁴² Club Officer Training <https://clubs.calpoly.edu/club-training>

Insurance for Social Fraternity & Sorority Life Organizations

Social Fraternity & Sorority Life Organizations must provide a Certificate of Liability Insurance. Coverage must be current and include Commercial General Liability Coverage of \$1,000,000 per occurrence; \$2,000,000.00 aggregate. Submit proof of insurance to the Fraternity & Sorority Life office.

Updating Bylaws

When an RSO wishes to update their bylaws, new bylaws must be submitted using the Bylaw Template⁴³. A copy of the RSO's current bylaws is available from ASI Club Services, should the RSO need them as a reference.

To update bylaws, the following must be submitted to ASI Club Services:

A digital copy of the RSO's new bylaws.

A completed Bylaw Amendment Request form⁴⁴. Once these items have been submitted, the changes will be reviewed by the Clubs and Organizations Office. If approved, the RSO will be notified and the necessary changes will be made to the RSO's file.

RSO Name Changes

When changing a RSO name, new bylaws reflecting the name change must be submitted using the Bylaw Template found on the Start a Club page⁴⁵. A copy of the RSO's current bylaws is available from ASI Club Services should the RSO need them as a reference.

To request name change, the following must be submitted to ASI Club Services:

- A digital copy of the RSO's new bylaws (updated with the RSO's new name).
- A completed Name Change Request form⁴⁶.
- Once these items have been submitted, the changes will be reviewed by the Clubs and Organizations Office. If approved, the RSO will be notified and the necessary changes will be made to the RSO's file.

Note: Once the RSO name change is approved, the RSO will be required to submit a new Charter that reflects the new RSO name.

Inactive RSOs

After two years of inactivity, defined by non-renewal of an RSO Charter, funds of dissolved RSOs will be added to ASI Club Funding for the following academic year. If the RSO reactivates, club members may petition the ASI Board of Directors for the return of the funds.

Adding Additional Officer(s)/Advisor(s) to an Existing Charter

When a RSO wishes to add additional officer(s)/advisor(s) to a Charter without removing any current officer(s)/advisor(s), the RSO can begin the Add to Charter process as outlined below.

- The RSO must notify ASI Club Services so that an Add to Charter form can be routed for signatures.
- Upon receiving the Add to Charter form, the president and new officer(s)/advisor(s) will need to sign the Charter. The only signatures needed are those of the new officer(s)/advisor(s) and the president (the current advisor's signature is not required).
- The revised Charter is submitted to ASI Club Services for processing.
- Once the chartering process is completed, the president will be notified by ASI Club Services by email.

⁴³ Start a Club <https://clubs.calpoly.edu/start-a-club>

⁴⁴ Club Forms and Resources <https://clubs.calpoly.edu/forms-and-resources>

⁴⁵ Start a Club <https://clubs.calpoly.edu/start-a-club>

⁴⁶ Club Forms and Resources <https://clubs.calpoly.edu/forms-and-resources>

Note: New officer(s)/advisor(s) will not be able to sign any paperwork until the Charter has been approved by the Clubs and Organizations Office.

Note: RSOs have the ability to add as many officers to their Charter as desired. While the Charter states specific officer titles (e.g., President, Vice President, Secretary), this does not mean that those are the only officer positions an RSO can have on file. To add another officer position with a different title, email ASI Club Services listing the officer name(s), Cal Poly email address and the desired officer titles (e.g., Chair, Historian, Social Media Coordinator). Replacing an Officer(s)/Advisor(s) on an Existing Charter

When an RSO wishes to replace officer(s)/advisor(s) on a Charter, the RSO should begin the Replace Charter process. This should be done using one of the two options outlined below.

OPTION ONE: NEW PRESIDENT, TREASURER, AND/OR ADVISOR COMPLETE ONLINE TRAINING

The new president, treasurer, and/or advisor complete the online training on the Clubs and Organizations website (as described in the Online Training section earlier in this chapter). Once all training requirements are complete, a Replace Charter form will be emailed to the new president, treasurer, and/or advisor for signature. The completed charter will be submitted to ASI Club Services for processing. Once the chartering process is completed, the president will be notified by ASI Club Services by email.

This option must be followed when replacing all three positions (president, treasurer, and advisor). However, this option can be used even in the case of replacing a single position.

Note: New officer(s)/advisor(s) will not be able to sign any paperwork until the Charter has been approved by the Clubs and Organizations Office.

OPTION TWO: NEW OFFICER (I.E. PRESIDENT, TREASURER, OR ADVISOR) NOTIFIES ASI CLUB SERVICES

This option is used to replace a single officer position without forcing the others to unnecessarily redo their training. First, the new officer or advisor must complete the online training on the Clubs and Organizations website (as described in the Online Training section earlier in this chapter). Once the training is complete, the RSO must contact ASI Club Services to request a Replace Charter form and provide the name(s) and position(s) of the new officer(s)/advisor(s). Once ASI Club Services is notified, a Replace Charter form will be routed for signature, including that of College Dean if the club is affiliated with their college. The revised Charter will be submitted to ASI Club Services for processing. Once the chartering process is completed, the president will be notified by ASI Club Services by email.

Note: New officer(s)/advisor(s) will not be able to sign any paperwork until the Charter has been approved by the Clubs and Organizations Office. No requests (e.g., Club Payment Request Forms, ASI Club Funding Applications, E-Plans) can be processed until the Charter has been approved. Officers on the previous Charter may sign paperwork until either the previous Charter expires or until the new Charter is approved.

Removing an Officer(s)/Advisor(s) from an Existing Charter

When a RSO wishes to remove, and not replace, officer(s)/advisor(s) from a Charter, the RSO can begin the Replace Charter process as outlined above.

Note: As all RSOs must have a president, treasurer, and advisor, the Replace Charter process cannot be used to remove those positions. RSOs must maintain a minimum of two officers (president and treasurer) and one advisor on the Charter at all times.

ADVISORS

RSO Responsibilities to Their Advisor(s)

It is each RSO's responsibility to utilize their advisor(s) and maintain open communication. These responsibilities provide a foundation for RSOs to work effectively with advisor(s).

RSO Responsibilities

- When planning meetings for the year, the group should make an effort to designate times that are convenient for the advisor(s) to attend the meetings.
- Minutes of meetings, as well as other club materials, should be distributed to advisor(s). This keeps advisor(s) informed and allows them to keep historical files of useful information.
- If executive meetings are established to determine agendas or to discuss issues, the advisor(s) should be invited. If the advisor(s) are unable to attend, they should be informed about what was discussed at the meeting.
- RSO officers should maintain a close relationship with the advisor(s) and should provide opportunities to meet as many members as possible.
- RSOs should invite advisor(s) to all events. It is important to not only inform advisor(s) about what is happening but also allow advisor(s) to provide input about the proposed event or activity.
- If situations arise that may cause problems for the RSOs or its members, advisor(s) should be informed immediately.
- RSOs should regularly update advisor(s) concerning the financial status of the organization.
- Although advisors do not expect special recognition, they like to know their time is appreciated.

Advisor Responsibilities to the RSO

All RSOs recognized for the academic year must have an advisor who is a University employee (i.e., Cal Poly State University employee). The advisor's employment with the state will be verified by the Clubs and Organizations Office as part of the chartering process. All advisors should understand that by agreeing to serve as an advisor, they are assuming certain responsibilities. An effective advisor has a strong belief in the RSO, a desire to help students succeed, a willingness to share expertise, and a commitment to spend time with the RSO's officers and members.

Advisor Responsibilities

- Be a University representative to the RSO.
- Learn about pertinent University policies and procedures. Advise RSO officers on adhering to these policies, including those regarding alcohol, contracts, and purchasing.
- Provide continuity from year-to-year during transitional periods.
- Help mediate within the RSO and assist with problems that may arise.
- Act as a role model. Encourage leadership and group development.
- Assist in developing the RSO's short and long-term goals and provide guidance to help the RSO reach those goals.
- Be aware of all RSO activities, be involved with all RSO events, and provide insight and guidance for activity planning.
- Review and authorize E-Plans. Failure to approve E-Plans within the proper timelines will result in the denial of the request. Review published materials and advertising before they are distributed.
- Review expenditures, support budget planning, and monitor financial records.
- Carefully review and authorize all RSO PRFs and accompanying original/itemized receipts and invoices. PRFs must have the advisor's signature in order to be processed.
- Remind RSO officers to request Purchase Orders prior to confirming orders with vendors whenever possible.
- Review all distributed material, publicity, and official correspondence before distribution.
- Review and approve Cash Securities forms, Gift-in-Kind forms, ASI Club Funding applications, and PayPal Button Request forms. Other documents do not require the advisor's approval/signature but should be reviewed.
- Report disclosed crime information. The Clery Act is a federal law that mandates crime statistic disclosure, the publication of campus security policies, and the posting of a crime log for the university. The Annual Security Report provides alcohol/other drug resources, offers information about sexual

assault, and addresses other safety issues affecting our community. The Clery Act also contains a timely warning policy mechanism to ensure that students, staff, and faculty know about serious, on-going threats to safety on campus.

- Advisors have a mandated reporting responsibility as a Campus Security Authority (CSA). If a student reports or discloses a crime to their advisor, the advisor is expected to submit a report with the University Police Department that containing information about the crime. The student's name and personally identifiable information are not a part of the report. The following are examples of crimes that must be reported:
 - A student talks to his advisor in confidence about his roommate who recently stole his bicycle.
 - A student talks to her advisor in confidence about her house being broken into and her laptop being stolen
 - If the advisor becomes aware of a missing or potentially missing person, the advisor must report the incident to the University Police Department immediately. The on-duty Police Dispatcher can be contacted at (805) 756-2281. In the case of an emergency, dial 9-1-1. Students can also make anonymous reports of crimes by text (text from a cellphone to calpoly@tipnow.org and your cell service will send the message as a text and without a name or phone number attached to it) or Email TipNow: tipnow@calpoly.edu. Visit the TipNow⁴⁷ page for more information. For questions regarding the Clery Act or the reporting of crimes at Cal Poly, please contact the Police Records Manager at (805) 756-6685.
- Receive all RSO mail at the end of the academic year that has not been picked up by club officers.

Advisor Indemnification

As employees, faculty/staff advisors are indemnified by the California State University. Each employee is protected under the university insurance program while acting in the course and scope of employment. Cal Poly will protect and defend employees that are named in civil action that results from their role as a Club Advisor when they are acting in the course and scope of this part of their job.

Co-Advisors

Although not required, RSOs are encouraged to designate a co-advisor on their Charter who will have signing authority if the primary advisor is unavailable. Co-advisors must also be Cal Poly State University employees. Failure to obtain a co-advisor could result in processing delays if the primary advisor is unavailable for signature.

Words of Wisdom for Advisors

- An effective advisor allows students to make decisions and learn from their experiences. While it may be an advisor's first reaction to intervene and fix mistakes, this is not the role of an advisor.
- An advisor does not supervise or control RSO activities. The advisor's role is strictly advisory. An advisor should help members benefit from their experience by using mistakes and opportunities as teachable moments. The advisor should be proactive when a potentially controversial or policy-related situation or decision is discussed while allowing the RSO member to make their own decisions and choices.
- Part of the educational experience students gain in leadership positions is how to manage a budget and maintain fiscal records. The advisor's primary role regarding finances will be to monitor expenses, provide feedback on the budget, and authorize PRFs. The advisor's signature (in addition to a student officer's signature) signifies that club money is being spent appropriately. The advisor provides an extra security level to protect the integrity of RSO and ASI funds.

⁴⁷ TipNow <https://afd.calpoly.edu/police/docs/tipnow.pdf>

FINANCIAL PROCESSES

RSO Accounts

RSO Funds shall be held in trust by the campus through ASI unless granted a specific exception by the University Controller. ASI works with Chase Bank to maintain club accounts. University policy requires that clubs deposit all funds with ASI. The purpose of this policy is to ensure the integrity of the funds from year to year. Financial statements, donations, and all check and purchase order requests are processed by ASI Club Services.

Clubs which have not been granted an exception are not permitted to have off-campus bank accounts. Clubs found to have off-campus bank accounts are subject to disciplinary action. Requests for checks or transfers to any club account held off-campus will not be processed.

Depositing Funds into a Club Account

To deposit non-donation money into a club account, an officer listed on the current Charter must go directly to the Chase Bank branch located at 1235 Chorro St. General members cannot deposit on behalf of the club. The Chorro Chase Bank branch is the only location that accepts club deposits.

Deposits may also be made on-campus at the ASI Business Services Window located at the front of the Cal Poly Recreation Center. For more information, please visit the [ASI Club Services webpage](#).

Refer to the “Gift and Donation Processing” section for appropriate donation processing procedures.

Separation of Duties

No single person should have complete control over the entire process of receiving funds, preparing the bank deposit, and verifying the deposit. Separation of duties must be maintained when cash is received and processed. Separation of Duties requires that two or more qualified and authorized persons are involved in the process of collecting, handling, depositing, and accounting for all cash/check transactions. The person collecting money, issuing receipts, and preparing the deposit should be someone other than the person verifying the deposit.

Preparing Deposits

At the time of this writing, RSO deposit processes are impacted by safety protocols that have necessitated the closure of the second floor of the University Union, which houses ASI Club Services. Additionally, Chase Bank officials have decided to close the Chase Bank location on Cal Poly campus.

- Accountability for and documentation of cash and checks must be maintained when preparing club deposits. The validation and preparation of deposits should be done in a non-public, safe, and secure location. A report of cash collections signed by the preparer should be kept for the club’s records.
- Deposits should be made the same day as collected if possible or as soon as possible if not (i.e., the next business day).
- RSO deposits can be made in person at two locations:
 1. The Chase Bank branch located at 1235 Chorro St in downtown San Luis Obispo
 2. On the Cal Poly campus at ASI Business Services located at the Ticket Office in the front of the Cal Poly Recreation Center.
- Deposits can also be mailed to ASI Club Services to deposit on your clubs’ behalf. Mail to:
ASI Club Services
1 Grand Avenue, San Luis Obispo, CA 93407
- Deposit slips are available on the ASI Club Services virtual services webpage. Fill out the deposit slip completely, print a copy and attach to the deposit (cash or check).
- It will take 5 – 7 business days for any RSO deposits to show up on the RSO’s transaction report

- There are two types of deposit slips: Fundraising and General Club Deposit. The fundraising deposit slip allows you to add a description (up to 20 characters) that will appear on a transaction report that officers can request from ASI Club Services. The general deposit slip provides checkboxes for you to select from that best describe your deposit type.
- Amounts should be filled in by denomination and the club's name and account number.
- For cash, place like bills together (i.e., all \$1 bills together, all \$5 bills together, etc.) and roll coins in coin wrappers if appropriate.
- For checks, make copies of all checks for the club's records. Sort checks by dollar amount.
- Note: All checks should be made payable to ASI-Cal Poly Clubs as the payee with the club name in the memo line or attached check stub/documentation. If the check has been made out to the club, the club officer must endorse the check over to ASI-Cal Poly Clubs prior to making the deposit.
 - Endorsement should be: Club Name- For deposit only to ASI (written above the endorsement stamp).
 - Stamp all checks prior to making a deposit. The appropriate endorsement stamp is available at the Chorro St Chase Bank branch and at the ASI Business Services Window.
 - Checks made payable to Cal Poly State University, or any department will require an endorsement from the University. In this case, please contact ASI Club Services for assistance.
- Donations cannot be deposited at CHASE Bank. Deposit donations at the ASI Business Services located at the Ticket Office in the front of the Cal Poly Recreation Center.

Depositors are required to stay with the teller during the entire deposit process. Physical Security

All cash and checks should be physically protected from loss at all times by locking them in a secure receptacle. If the RSO will be depositing large sums of money (e.g., over \$2,000), it is highly recommended that two officers accompany the deposit for security reasons. University Police are available to escort an officer making a deposit as well.

Depositing Checks

All checks for deposit must have:

- ASI-Cal Poly Clubs as the payee with the club name in the memo line. If the check has been made out to the club, the club officer must endorse the check over to ASI-Cal Poly Clubs prior to making the deposit (See ASI Club Services if you need assistance).
- Not be altered.
- A date within the last six months (review check for expiration date as some can be as short as 90 days).
- A legible and consistent amount, both numeric and written.
- A proper account holder signature (authorized signer).
- Printed (not handwritten) name, address, and check numbers.
- Two or fewer corrections, initialed by the signer.

Returned Checks

If a deposited check is returned from the bank due to insufficient funds (i.e., "bounced check"), stop payment, stale check, or any other reason, the ASI Business Office sends a collection letter by e-mail to the individual who wrote the returned check. The letter states that the amount of the check, plus a collection fee of \$5 in addition to current bank fees for returned items, must be paid in the form of cash, money order, or cashier's check. If the check writer approaches an officer to make a payment, the individual should be directed by the officer to the ASI Business Office to make the payment. ASI Club Services will not be able to track payments or record the transaction accurately if done otherwise.

Although the RSO is initially responsible for all fees and penalties assessed as a result of the returned check, the fees will be reimbursed once collection has occurred. Chase Bank currently charges \$25.00 per returned check, and the original check amount is reversed from the deposit. Returned check fees may change without notice.

ASI charges an additional \$5.00 for collection activities, for a total of \$30.00 per returned check. The amount of the check and associated fees will be deducted from the club's account. The funds will be credited back to the RSO account only when/if payment (including bank and collection fees) is received on the returned check.

Availability of Funds

There is a five-to-seven business day delay between the deposit of funds at Chase bank and the posting of the deposit to the RSO account. If immediate access to deposited funds is needed, contact ASI Club Services for available options.

Credit Card Transactions (Non-Donation Related)

Deposits cannot be made by providing credit card information to ASI Club Services or Chase Bank for processing.

RSOs interested in accepting credit card payments for non-donation transactions will be required to utilize PayPal. To receive a PayPal button next to your club name on the online Club Directory, please complete the PayPal Button Request form found on the Forms and Resources page of the Cal Poly website⁴⁸. All requests to receive a PayPal button must be submitted 14 days in advance to allow for processing.

PayPal Buttons can be created for:

- RSP Dues
- Event Registration
- Membership Fees

PayPal cannot be used to sell merchandise.

PayPal cannot be used to collect donations.

All requests to receive a PayPal button must be submitted 14 days before the date they are needed to allow for processing.

Note: PayPal imposes a fee for this service (currently \$.30 and 2.9% per transaction), and this fee will be passed on to the RSO.

PayPal Buttons

PayPal buttons are created from the ASI – Cal Poly account for exclusive use on the ASI – Cal Poly website on behalf of the approved organization. Copying or republishing PayPal button code for use elsewhere is not permitted.

Other Electronic Financial Applications

Venmo or other electronic financial transfer applications are not permissible methods of collecting funds.

Obtaining Funds from a State Department or Entity

ASI will provide invoicing services to RSOs in order to obtain funds from an on-campus state department or entity. The university requires RSOs to submit supporting paperwork documenting actual expenses for events, with an ASI invoice.

To request an invoice, submit back-up documentation to ASI Club Services (e.g., email authorization, Purchase Order received by the RSO, event registration forms). As soon as the ASI invoice is created (approximately seven

⁴⁸ Clubs Forms & Resources <https://clubs.calpoly.edu/forms-and-resources>

business days), the reimbursement amount will appear on the RSOs transaction report. However, this does not mean that the invoice has been paid. To confirm that the invoice has been paid, contact ASI Club Services.

Note: Product sales and services cannot be invoiced due to labor laws and sales tax regulations.

Withdrawing Funds from an Account – Club Payment Request Form (PRF)

RSOs may use RSO funds to pay invoices and reimburse members by filling out a Club PRF. A Club PRF is a form to request that funds be paid to a person, business, or other RSO (in the form of a check or transfer) or reserved in the RSO's account (through a Purchase Order) to ensure payment to a vendor or service provider at a later date, once the item/service has been received. This form requires both an advisor and officer signature, which is verified from the current Charter. The officer signature must be different than the payee. If the Club PRF is submitted with all required information, signatures, and supporting documentation, the payment will be processed within five to seven business days.

CLUB PAYMENT REQUEST FORM (PRF) GUIDELINES

- Club Payment Request Forms (PRFs) will be processed via Adobe Sign. To initiate the PRF process, complete the Club Payment Request Form (AdobeSign) found on the Forms and Resources page of the Clubs & Organizations website. Once all required fields are completed, a blank PRF will be sent to the form requester for completion. Upon submission, the PRF will be routed to the designated club officer and advisor through Adobe Sign for approval/signature.
- ASI Club Services cannot honor payment requests for expenses that do not align with guidelines and protocols from governing authorities and the university (i.e. in-person events or club travel). However, reimbursements will be honored for club activities that adhere to current university policies and protocols (i.e. virtual meetings, events, or activities).
- The purchase of prepaid credit cards or gift cards for vendors who sell alcohol (e.g., grocery stores, restaurants, Amazon) cannot be reimbursed. Since items bought with a prepaid credit card or gift card cannot be tracked, there is no way to ensure alcohol was not purchased.
- Payment Request Forms cannot be used to request petty cash. Petty cash is not available to clubs.
- Club members cannot sign Club PRFs to reimburse themselves. Another officer with financial authorization must sign the Club PRF for checks and balances purposes.
- The following information must be included on all Club PRF's:
 - Payee name.
 - Payment type: direct deposit/check, purchase order, or transfer (to other clubs only).
 - Payee mailing address (regardless of whether the payment is processed via check or direct deposit).
 - Payee phone number.
 - Payee Cal Poly email address (if applicable).
- The payee listed on the back-up documentation must match the name of the payee on the Club PRF. Reimbursements can only be made to the person that paid for the expenses. If the payee listed on the Club PRF and the name on the receipts do not match, the payee must provide proof of payment in their name, such as a credit card statement. In the event of cash payment, an original receipt is required. In some cases an Advisor Memo may need to be included to explain the circumstances of the payment. Please review the Advisor Memo for more information⁴⁹. This Advisor Memo does not guarantee approval of the Club PRF.
- Reimbursements for prepayment items cannot be processed before the product/service has been received, unless otherwise stated in an officially approved contract. If prepayment is required, RSOs must follow the Purchase Order guidelines.
- RSOs will be required to include the payee's Cal Poly email address (if applicable) on all Club PRFs. If an email address is not provided, and cannot be confirmed by ASI Club Services, the Club PRF will be

⁴⁹ Ibid

returned . If the payee is not affiliated with the university, RSOs must write “n/a” in the space provided for the Cal Poly email address.

- Please note that if your club has received ASI Club Co-Sponsorship or College Club Council funding any payments processed through a PRF will utilize those funds until they are fully allocated.
- The Club PRF includes an additional question pertaining to the use of the use of Cal Poly’s marks. This checkbox informs ASI Club Services whether any merchandise being reimbursed or paid for uses the Cal Poly name, logos, marks, and/or symbols. If you select “yes,” the approved Trademark Licensing Request Form⁵⁰ must be attached to the Club PRF in order to be processed. If you select “no,” this indicates that the organization has not used the Cal Poly name, logos, marks, and/or symbols on the items being paid/reimbursed for. If this checkbox is left blank and the back-up documentation shows that merchandise using the Cal Poly name, logo or any marks has been purchased, the Club PRF will not be processed and will be returned.

Note: Failure to use a properly licensed vendor or failure to get approval when purchasing merchandise using Cal Poly marks may lead to suspended privileges, the vendor not being paid, and/or not receiving reimbursement.

PAYMENT REQUEST FORM BACK-UP DOCUMENTATION

Every Club PRF submitted to ASI Club Services must have proper supporting documentation. Back-up documentation is required for auditing purposes and serves to protect the organization’s funds. The most common form of documentation is an original itemized sales receipt from a vendor. All members should save original receipts from transactions. Submission of a Club PRF without complete back-up documentation will result in a delay of payment. Any receipts submitted without proof of payment will not be reimbursed.

All relevant back up documentation must be uploaded through the file attachment field on the PRF request form.

- Original itemized company receipt or invoice
 - lists the items purchased
 - shows that payment was made via cash, check, or credit card
 - provides company name and contact information
- Original handwritten receipt or invoice
 - lists the items purchased
 - shows that payment was made via cash, check, or credit card
 - company name and contact information must be imprinted on the receipt
- Online orders
 - lists the items purchased
 - attach a copy of the final receipt/confirmation with the payee’s name
 - documentation must state that a payment was made via cash, check, or credit card and/or show a balance of \$0.00 due

Lost receipts require an Advisor Memo along with proof of payment, such as a bank statement. Lost receipts for cash purchases will not be reimbursed, even with an Advisor Memo.

Note: All receipts must be legible to be processed.

PAYMENT REQUEST FORM FOR REIMBURSEMENT

Every PRF submitted to ASI Club Services must have proper supporting documentation attached:

⁵⁰ Trademark Licensing Request Form <https://universitymarketing.calpoly.edu/trademark-licensing/request-form/>

- Original itemized company receipt/invoice:
 - Lists the items purchased.
 - Receipt/invoice must show that payment was made via cash, check, or credit card.
 - Receipt/invoice must provide the company name and contact information.
- Original handwritten receipt/invoice:
 - Must have company name and contact information imprinted on the receipt.
 - Lists the items purchased.
 - Receipt/invoice must show that payment was made via cash, check, or credit card.
- Online orders:
 - Print copy of acknowledgment of order (should be the final receipt) with the payee name and listing items and costs.
 - Documentation must state that payment was made via cash, check, credit card and/or show the total amount paid or show a zero balance due.
- All receipts must be legible in order to be processed. If a receipt is not legible, an individual in the organization will be required to contact the vendor/service provider to request a reprint of the receipt and attach it to the Club PRF along with the original illegible receipt.

PAYMENT REQUEST FORM FOR INVOICES

When paying a company directly based on an invoice, the following documentation must be submitted with your Club PRF:

- Original invoice from the company detailing:
 - Company name and contact information
 - Invoice date
 - Item(s) and/or service(s) purchased
 - Amount owed
- IRS Form W-9: A vendor's W-9 must be on file with ASI Club Services in order to issue payment. Contact ASI Club Services to see if a W-9 is needed from your vendor or if one is already on file.

Note: Supporting documentation must state that it is an invoice (i.e., it cannot state that it is an estimate, quote, statement, etc.). If the documentation states that it is an estimate or quote, ASI Club Services will only issue a Purchase Order.

INVOICES FROM ON-CAMPUS VENDORS

Once ASI Club Services receives an invoice from the campus vendor/service provider, we will email the RSO informing them of the amount of the charge. If the RSO does not contact ASI Club Services to dispute the amount within five business days, the invoice will be paid, and the amount will be removed from their account.

INVOICES FROM OFF-CAMPUS VENDORS

If ASI Club Services receives an invoice in the mail from an off-campus vendor and the RSO does not have a Purchase Order on file, the invoice will be emailed to the club treasurer to prepare a PRF for submission. PAYMENT REQUEST FORM FOR CONTRACTS

When paying based on a contract, the following documentation must be submitted with your Club PRF:

- An approved contract detailing:
 - Payee contact information
 - Item(s) and/or service(s) being purchased
 - Payment terms as specified in the contract
 - Amount due as specified in the contract
- IRS Form W-9 (A vendor's W-9 must be on file with ASI Club Services in order to issue payment. Contact ASI Club Services to see if a W-9 is needed from your vendor or if one is already on file.)

PAYMENT REQUEST FORM FOR SCHOLARSHIPS

When paying a Cal Poly student a scholarship, the Club PRF must be completed to include:

- Make the Club PRF payable to CPSU Financial Aid
- The Recipient's Employee ID # (EMPLID)
- The Recipient's Cal Poly email address
- For Payee Street Address, list Administration Bldg. 131 E

Back-up documentation for a scholarship must include:

- RSO name that is providing the scholarship
- Recipient's name
- Recipient's Employee ID #
- Scholarship amount
- A memo from the RSO advisor stating the reason for the scholarship and how the recipient was selected as well as supporting documentation if available

Note: Whatever is stated on the Advisor Memo must also have appropriate supporting documentation (e.g., if the scholarship is for an essay contest, the RSO must provide a copy of the contest rules).

Submit the completed Club PRF to ASI Club Services. ASI Club Services will check the Club PRF for completeness and correct signatures. If complete, the Club PRF will be processed and a check will be sent to the Cal Poly Financial Aid Office. Financial Aid will either directly deposit the scholarship into the recipient's account, or a check will be mailed to the current mailing address on the recipient's Cal Poly Portal. It takes approximately two to four weeks to process and distribute a scholarship.

Note: When paying a non-Cal Poly student a scholarship, please see ASI Club services as this process is different.

PAYMENT REQUEST FORMS FOR AWARDS

If the RSO will be distributing money as an award (e.g., cash prize), follow these directions:

- Complete the Club PRF, making it payable to (Payee Name) the recipient receiving the award.
- Submit the following back-up documentation:
 - A completed IRS Form W-9 for the award recipient
 - An Advisor Memo from the RSO advisor explaining the award
 - Supporting documentation for the memo (i.e., anything listed in the memo must have supporting documentation)

Note: If an individual is awarded over \$600.00 in a fiscal year, it is considered taxable income and must be reported to the IRS.

PAYMENT REQUEST FORM FOR DONATING FUNDS

RSO funds can be donated to nonprofit organizations of the clubs choosing. To do so, complete a Club PRF. Under "Payee Name" put the nonprofit organization's name, mailing address, contact phone number. Under "Description," write "Donation". Required back-up documentation is an Advisor Memo explaining why a donation is being made and a W9 for the non-profit organization.

Note: Donations to nonprofit organizations must be paid directly out of the club's account. Donations made by an individual cannot be reimbursed.

PAYMENT REQUEST FORM FOR PURCHASE ORDERS

A Purchase Order is an official, legal document that authorizes a vendor to deliver an ordered product or service and obligates payment once the product or service is received and invoiced. When a club submits a Purchase Order, this encumbers (or sets aside) the amount requested in the club's account until the final invoice and payment authorization is received.

By having a Purchase Order on file, it will ensure the club has sufficient funds in the club account to cover the expenses being requested. Most campus entities will require a Purchase Order from a club prior to providing any goods or services (unless the club has decided to pay out of pocket and be reimbursed after).

To request a Purchase Order, check the “Issue Purchase Order” box at the top of the Club PRF. Fill out the name, address, phone number, and fax number of the vendor along with the necessary information. Required back-up documentation for a Purchase Order includes an IRS Form W-9 for the vendor and a detailed estimate or quote of the purchase, including the anticipated total with expected shipping charges.

Note: ASI Club Services has frequently used vendor IRS Form W-9’s on file. However, if we do not have it, it is the club’s responsibility to obtain one from the vendor. Please inquire with ASI Club Services to verify if there is a W9 for your vendor on file.

Purchase Orders are processed within five to seven business days and will be emailed to the vendor.

Upon receiving the final invoice from the vendor, ASI Club Services will contact the club to ensure that the items or services were received and that the amount (if over the original Purchase Order amount) is approved to pay. If the vendor sends the club the final invoice, it is the club's responsibility to submit the invoice to ASI Club Services to request payment. CLUB PAYMENT REQUEST FORM FOR TRANSFERS

Funds can be transferred from one club’s account to another by completing a Club PRF. Under “Payee Name,” put the club’s name and account number to which funds are being transferred. In this situation, it is not necessary to fill out the “Payee Street Address” section. Insert the paying club’s information under “Club Name” and “Account Number.” Under “Description,” write “Transfer” and include an explanation of why the transfer is necessary.

Back-up documentation for a transfer must include:

- A signed Advisor Memo detailing:
 - Reason for the transfer
 - Amount to be transferred
- Any other information that will help support the reason for the transfer (e.g., club transaction report, fliers, receipts, etc.).

Note: A transfer can only be done between clubs. Whatever is stated in the advisor memo must be proved with additional supporting documentation.

Charging Privileges

ON-CAMPUS VENDORS

While most on-campus vendors require a Purchase Order, there are some vendors that will automatically charge the club account, even if a Purchase Order was never initiated by the club. In this case, the president, treasurer, and advisor will receive a notification email from ASI Club Services with the charge amount and a brief description of the charge.

It is the club’s responsibility to respond to ASI Club Services if you do not approve payment. If a response is not received within five business days of notification, the bill will automatically be paid, and the funds will be removed from the club’s account. The following on-campus vendors have the authority to do a chargeback after the product or service has been received:

- CPSU Facility Services (i.e. rental of trash cans, recycle cans, tables, chairs, etc.)
- All State Accounts (i.e. Department accounts, UPD, parking, insurance, copier charges, etc.)

Note: At times, the charge description that ASI Club Services is provided is vague. It is in the best interest of the club to keep records of any expenses incurred with on-campus vendors.

ASI

If the club is reserving space or renting equipment from ASI, you will be made aware of the estimated expenses of your request (AV, set-up, equipment rental, etc.). Prior to the event, you will provide the ASI department you are working with the club's account number.

After the event, ASI Club Services will send a notification email to the president and advisor with the charge amount and a description of the charge. It is your responsibility to respond to ASI Club Services if you do not approve payment of these charges. If a response is not received within five business days of notification, the bill will automatically be paid, and the funds will be removed from the club's account. The following ASI departments will charge back after the product or service has been received.

- ASI Audio Visual
- ASI Event Operations
- ASI Recreational Sports/Sports Complex
- Poly Escapes

Sales Tax

Clubs must abide by sales tax reporting laws. California has a "sales and use tax," which means that for all purchases, except for services, sales tax must be paid. If the vendor does not collect California sales tax from the purchaser, such as the case with out-of-state orders, ASI must assess the club for the tax that should have been collected by the vendor and remit it to the State Board of Equalization directly. Accounts Payable will determine if a sales tax reporting issue is present. This assessment may result in a different amount recorded for disbursements than originally requested.

The reimbursement to the individual will remain unchanged. However, the club will be debited the reimbursement amount plus applicable taxes. Tax is treated as an adjustment, and the officers/advisor(s) are not normally notified about the adjustment. Such adjustments are viewable on the Transaction Reports which are available by request through ASI Club Services.

Another sales tax issue occurs when a club member pays out-of-pocket for club expenses and personal items on the same receipt. Be sure to include the appropriate sales tax to the reimbursement amount. Check the receipt for the appropriate sales tax rate since sales tax rates vary throughout California. ASI Club Services will adjust the sales tax if necessary. To simplify the payment process, members should be encouraged to keep club and personal purchases separate.

TAX RATES

As of July 2020, the following tax rates were in effect:

For items delivered to Cal Poly, the tax rate is 7.25%. (Cal Poly is not considered to be in the city limits of San Luis Obispo.)

For items picked up within the city of San Luis Obispo, the tax rate is 7.75%.

The tax rates for other cities and/or counties may vary. Please check receipts for the appropriate reimbursable tax rate. The sales and use tax rates by city and county can also be found on the California State Board of Equalization⁵¹.

Avoiding Delays

PROCESSING DELAYS

Incomplete paperwork submitted for processing may cause processing delays. ASI Club Services attempts to minimize these situations by reviewing documents when received. However, if incomplete paperwork is

⁵¹ California State Board of Equalization <http://www.boe.ca.gov>

submitted that will cause a processing delay, the submitting club officer and/or advisor will be contacted via email, and the incomplete paperwork will be canceled. Once any issues are resolved, the paperwork can be resubmitted for processing.

DELINQUENT ACCOUNTS

Clubs maintain account privileges by having a positive account balance. On the 1st and 15th of every month, ASI Club Services runs a report indicating all delinquent club accounts. ASI Club Services then notifies the club president, treasurer, and advisor via email of their delinquent account status and instructs them to deposit club funds to make their account current. Please note – if a club has a delinquent balance, departments on campus where clubs are permitted to charge for products or services (e.g., audio visual, vehicle rentals, catering, etc.) will likely not permit clubs to charge to their accounts.

If the club account balance is delinquent, new paperwork (e.g., Club PRFs, E-Plans) may not be processed until the club account has a positive account balance. To do so, a deposit covering at least the negative balance amount must be made. Once the deposit has been made, a copy of the deposit slip must be hand-delivered by a club officer to ASI Club Services for verification, and to release the temporary inactivation of the club account. A delinquent account could result in judicial proceedings against the club.

Financial Statements

ASI Club Services provides transaction reports upon request.

Gift and Donation Processing

RECEIVING CREDIT CARD DONATIONS

All donations being made via credit card must be processed through the Cal Poly “Giving” website.

Follow these directions to use the website:

- Access the Cal Poly Giving website⁵²
- Click on “Give Now”
- Enter your donation amount.
- Under Designations, click on “Select College and Program(s) from Pop-Up Menu.” Select “Other – Write Fund Name Below” and click Continue.
- Type the RSO’s name in “Enter fund not listed or choose from menu.”
- Complete the “Information About You” section.
- Click on the “Save and Continue” button to continue with the transaction.
- Once completed, the donation will be processed and deposited into the club’s account.

Note: All donations made via the Cal Poly “Giving” site will incur a 15% processing fee from University Development. The processing fee will not be deducted from the initial donation, but will be accrued by Cal Poly Foundation on a monthly basis. ASI Club Services verifies the donation made against the processing fee prior to paying the Cal Poly Foundation invoice.

RECEIVING CASH OR CHECK DONATIONS

For donations by cash or check, complete a Cash/Securities Gift Information form, available on the Forms and Resources page⁵³. A separate form must be completed for each donation. Attach the check or cash to the form. Be sure to complete all required fields and have the club advisor print their name in the “Gift Received By” and sign the “Approved By” section. Submit donation and appropriate Cash/Securities Gift Information form(s) to the ASI Business Services Window. The donation will be processed, and a deposit will be made to the club account.

⁵² Cal Poly Giving <https://giving.calpoly.edu/>

⁵³ Clubs Forms and Resources <https://clubs.calpoly.edu/forms-and-resources>

Note: ASI Club Services does not charge a processing fee for donations made by cash or check.

STUDENT SOLICITATION FOR DONOR SUPPORT

To better develop and maintain positive relationships with donors, it is vitally important that the campus' cultivation, solicitation and stewardship of donors be done consistently, appropriately, and collaboratively. The University Development team considers donor relationships with a long-term view.

- Students Affairs fundraising staff will work with RSOs to solicit funding if the request is \$2,500 or more.
- Students Affairs fundraising staff will work with students and clubs to ensure their "asks" are within university guidelines and will include students in the solicitation process as appropriate and possible.

You may also contact your College Development Office for guidance. Visit the contact page for Cal Poly Giving: giving.calpoly.edu/contact-us. Scroll down to the section titled "College & Unit Teams" to see the development officers that are relevant to your area. If your club is not affiliated with a specific college, contact ASI Club Services for guidance.

Receiving Donations of Supplies or Goods (Gift-In-Kind Acceptance Form)

For donations of supplies or other goods, complete a Gift-in-Kind Acceptance form available from Cal Poly Advancement Network⁵⁴. Attach all documentation supporting the acceptance of the gift and the value of the donation (i.e., as provided by the donor). Be sure to complete all required fields and have the club advisor print their name in the "Gift Received By" section and sign their name in the "Approved By" section. Turn in all completed forms to ASI Club Services.

GIFTS-IN-KIND WITH A VALUE GREATER THAN \$5,000

All gifts-in-kind with a value greater than \$5,000 are to be reported immediately upon receipt with a Gift-in-Kind Acceptance form available from Cal Poly Advancement Network⁵⁵. All gifts-in-kind from individuals with a value more than \$5,000 and all gifts that require special expertise to establish the value, (e.g., works of art, horses) must include an appraisal executed by a qualified independent appraiser. The appraisal cannot be made more than 60 days prior to the date of the gift. If the value of the gift in the appraisal is listed as a range of values, the gift will be booked at the midpoint of the range. In most cases, gifts-in-kind that are produced or manufactured by a corporation or other business making the contribution that have a value more than \$5,000 must include an itemized inventory list, an invoice or letter from the vendor/donor, or published information on the value of the item(s). Gifts of equipment and software should be booked at the educational discount value (i.e., the value the university would have paid had the equipment or software been purchased from the vendor).

QUALIFIED APPRAISAL

A qualified appraisal must include the following information:

- A description of the property in sufficient detail for a person who is not generally familiar with the type of property to determine that the property appraised is the property that was contributed.
- The physical condition of any tangible property.
- The date (or expected date) of the contribution.
- The terms of any agreement or understanding entered into (or expected to be entered into) by or on behalf of the donor that relates to the use, sale, or other disposition of the donated property.
- The name and address of the qualified appraiser. Must include a disclaimer statement regarding any affiliation with the donor or the contributed property.
- The qualifications of the qualified appraiser who signs the appraisal, including the appraiser's background, experience, education, and membership in professional appraisal associations.

⁵⁴ Cal Poly Advancement Network <https://advancement.calpoly.edu/content/forms/index>

⁵⁵ Ibid

- The date(s) on which the property was appraised.
- The appraised fair market value on the date (or expected date) of contribution.
- The method of valuation used to determine the fair market valuation.
- The specific basis for the valuation, such as any specific comparable sales transactions.

GIFTS-IN-KIND WITH A VALUE BETWEEN \$100 AND \$5,000

All gifts-in-kind with a value between \$100 and \$5,000 are to be reported immediately upon receipt with a Gift-in-Kind Acceptance form available from Cal Poly Advancement Network⁵⁶.

Written documentation provided by the donor is required to establish the value of the gift for all gifts in-kind. Any gift-in-kind with a value in the range of \$100 to \$5,000 that is not accompanied by such documentation from the donor will be recorded on the university's gift record system with a nominal value (\$1).

GIFTS-IN-KIND WITH A VALUE UNDER \$100

Cal Poly has established a minimum value for gifts-in-kind to be recorded on the university's gift record system. Gifts-in-kind with a total value of less than \$100 will not be processed by University Development. The department or program accepting the gift is encouraged to acknowledge the gift, but no gift-in-kind paperwork is required.

ITEMS NOT CONSIDERED CHARITABLE CONTRIBUTIONS

Based on CASE and FASB guidelines as well as IRS regulations, the following types of gifts-in-kind contributions are not considered charitable contributions and will not be included in the university's annual fundraising totals:

- Use of real property
- Discounts on purchases
- Costs of appraisal
- Shipping costs
- Sales tax
- Permanent loans (i.e., property given to Cal Poly as a permanent loan will not be booked as a gift)

GIFT RECIPIENT

The advisor must be listed as the recipient of the gift-in-kind on the Gift-in-Kind Acceptance Form.

DONEE OF GIFT

In general, the University (the state) is the donee for gifts of equipment that will be used to enhance the education of students on campus and for gifts-in-kind that will directly benefit the university. The Cal Poly Corporation is the donee for gifts of equipment that will be used for enterprise ventures on campus, for all gifts of animals except for gifts of horses to the rodeo program, and for gifts-in-kind contributed with the understanding that the gift would be sold. ASI is the donee only for gifts-in-kind contributed to ASI programs.

GIFT-IN-KIND ACKNOWLEDGEMENTS

Gift acknowledgment letters and tax receipts for gifts-in-kind will only describe what was given and never include the estimated cash value or the appraised value of the gift. All donors making in-kind contributions \$250 and above will receive an official tax receipt from University Development that includes the description of the gift and the gift designation.

⁵⁶ Ibid

DONATION ACKNOWLEDGEMENTS

When your club receives a donation and the proper process has been followed (e.g., via the Cal Poly Giving website, Cash/Securities Gift Information Form, Gift-in-Kind Acceptance Form), the University will mail the donor an official tax receipt letter for their records.

In addition to University Development and University President acknowledgements, club officers are expected to write their own acknowledgement letters to thank all donors. All thank you letters should be mailed to the donor within one week.

DONATING CLUB FUNDS

- Club funds may be used to donate to nonprofit organizations. A request to donate funds must be submitted via a Club PRF. An explanation of the donation (printed email, memo, etc.) from the club advisor and a completed W-9 form for the organization being donated to must be attached to the Club PRF to be processed. The request will be reviewed by the Clubs and Organizations Office. If approved, the donation will be processed.

Note: No individual should charge a donation on their personal debit or credit card. Reimbursement requests for these expenses may not be approved.

Direct Deposits for Individuals

In an effort to ensure reimbursements can be processed in a timely manner, we strongly encourage all club officers and advisors to complete a Direct Deposit Application. Once completed, please sign as the 'authorized enrollee. A signature is required for this form to be considered a legal document. Forms submitted without a signature cannot be processed.

With the application, please include one of the following:

- A photo or scan of a check with 'VOID' written across the check, or
- A copy of your bank's direct deposit info showing the routing and checking or savings account number (found within your online banking page).
- Please email the completed application and back-up documentation to asiclubservices@calpoly.edu. Once set up, an email will be sent on the day the reimbursement is processed notifying that funds were sent to the indicated bank.

ASI Club Funding

In support of the ultimate college experience, ASI Club Funding is available to currently chartered clubs operating under contract with the university. Funding is available to enhance the cultural, educational, social, and recreational opportunities for all Cal Poly students.

ELIGIBILITY

Chartered Cal Poly clubs are eligible to receive ASI Club Funding. RSOs which are granted an exception by the University to bank off campus, student-run organizations that receive other funds supported through mandatory student fees, and Instructionally Related Activities (IRAs) are not eligible for ASI Club Funding. College Club Councils are not eligible for ASI Club Sponsorship but can apply for ASI Event Co-Sponsorship (see below for more information).

TERMS OF FUNDING

Clubs may apply for both ASI Club Sponsorship and ASI Event Co-Sponsorship funding with a maximum combined allotment of \$1,650 per club per fiscal year (i.e., July – June). For example, if your organization requests \$450 through ASI Club Sponsorship, your club is still eligible to apply for up to \$1,200 in ASI Club Event Co-Sponsorship for a maximum allotment of \$1,650.

All ASI Club Funding must be reconciled by Friday of week 9, spring quarter. After that date, any remaining ASI Club Funding will be removed from the club's account.

ASI CLUB SPONSORSHIP (\$450)

ASI Club Sponsorship is available at a maximum of \$450 per fiscal year. ASI Club Sponsorship is intended to support clubs with their general expenses. ASI Club Funding is not distributed automatically; clubs must apply for ASI Club Funding each fiscal year. Applications will be reviewed in the order received and will be approved until allocated funding is depleted.

ASI CLUB EVENT CO-SPONSORSHIP (UP TO \$1,650)

ASI Club Event Co-Sponsorship is available at a maximum of \$1,650 per fiscal year. ASI can provide funding up to 50% of the costs associated with hosting an event (not to exceed \$1,650 for a single event). ASI sponsored funds cannot be used to fund the remaining 50%. For example, an RSO may not combine ASI Club Event Co-Sponsorship funding with ASI Social Justice Program Funding. The \$1,650 may be applied to one single event or multiple events. An application must be submitted for each event and the total awarded across all events may not exceed \$1,650.

An ASI Club Event Co-Sponsorship application must be submitted to ASI Club Services no later than 14 days prior to the event. An E-Plan must be on file prior to submission of an ASI Club Event Co-Sponsorship application.

ASI CLUB SPORTS FUNDING(UP TO \$6,000)

ASI Club Sports Funding is available for currently chartered sport clubs that are recognized by the Club Sports Council. Funding is available to assist with the expenses associated with supporting the activities of the Club Sports program. Each organization that is granted ASI Club Sports Funding is ineligible to receive ASI Club Sponsorship or ASI Club Event Co-Sponsorship. The Club Sports Council is ineligible to receive ASI Club Funding. The Club Sports Council will determine how much funding each individual sport club will receive.

To receive funding, the Club Sports Council must submit an ASI Club Sport Funding Allocation Request, containing the specific funding amount being requested and the tentative allocation amounts for each club sport and/or Club Sports Council's administrative expenses. The allocation request must be submitted to the ASI Chair of the Board by the third week of winter quarter. The Club Sports Council must then submit a Club Sports Funding Allocation Report, containing specific funding amounts for each sport club recognized within the Club Sports Council to the Chair of the ASI Board of Directors by the last Board meeting of the academic year.

COLLEGE COUNCIL FUNDING (\$424.00 + \$0.16 PER STUDENT PER COLLEGE)

ASI College Council Funding is available for currently chartered College Councils. College Councils are only eligible to receive ASI College Council Funding and are ineligible to receive ASI Club Sponsorship or ASI Club Event Co-Sponsorship. College Councils are eligible to receive ASI College Council Funding with a maximum allotment of \$424.00 + \$0.16 per student in the college per fiscal year.

COLLEGE CLUB COUNCIL EVENT CO-SPONSORSHIP (UP TO \$1,150)

ASI College Club Council Event Co-Sponsorship is available at a maximum of \$1,150 per fiscal year. ASI can provide funding up to 50% of the costs associated with hosting an event that will enhance their image, promote their college to students within their college, and encourage broad student involvement in college activities (not to exceed \$1,150 for a single event). College Club Council funds cannot be used to fund the remaining 50%. The \$1,150 may be applied to one single event or multiple events. An application must be submitted for each event and the total awarded across all events may not exceed \$1,150.

An ASI College Club Council Event Co-Sponsorship application must be submitted to ASI Club Services no later than 14 days prior to the event. An E-Plan must be on file prior to submission of an ASI College Club Council Event Co-Sponsorship application.

Bank Account Exceptions

Organizations that are affiliated with national or local organizations with non-profit status may request to hold their money in a separate account not maintained by the university but maintained by the non-profit organization.

In order to be considered, organization representatives must submit a Banking Exception Request Form⁵⁷ and a completed Form 990 from their affiliated organization with tax-exempt status for each year they wish to bank off campus. Banking exception requests must be submitted with the organization's Club Charter by the deadline listed on the Clubs Banking Exception Request website⁵⁸.

Any exception will be made at the discretion of the University. Any organization which uses organization funds in a manner which violates CSU executive orders (EO) or Cal Poly Campus Administrative Policies (CAP) or engages in behavior that is not consistent with the RSOCC will be subject to an immediate revocation of this exception.

Organizations which do not use on-campus banking are not eligible to apply for ASI Club Funding.

CONTACT INFORMATION

ASI Club Services

Phone: 805-756-5807

Email ASI Club Services: asiclubservices@calpoly.edu

Clubs and Organizations

Phone: 805-756-5467

Email Clubs & Organizations: clubs@calpoly.edu

⁵⁷ Banking Exception Request <https://content-calpoly-edu.s3.amazonaws.com/clubs/1/documents/Banking-Exception-Request.pdf>

⁵⁸ Clubs Banking Exception Request <https://clubs.calpoly.edu/money/banking-exception>



**CALIFORNIA POLYTECHNIC STATE
UNIVERSITY SAN LUIS OBISPO**
Executive Summary

Spring 2021

**American College Health Association
National College Health Assessment III**

ACHA-NCHA III

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.



AMERICAN COLLEGE HEALTH ASSOCIATION

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ACHA, the nation's principal advocate and leadership organization for college and university health, represents a diverse membership that provides and supports the delivery of health care and prevention and wellness services for the nation's 20 million college students. For more information about the association's programs and services, visit www.acha.org, and www.acha.org/NCHA.

Suggested citation for this document:

American College Health Association. American College Health Association-National College Health Assessment III: California Polytechnic State University San Luis Obispo Executive Summary Spring 2021. Silver Spring, MD: American College Health Association; 2021.

Introduction and Notes

The ACHA-National College Health Assessment (ACHA-NCHA) is a national research survey organized by the American College Health Association (ACHA) to assist college health service providers, health educators, counselors, and administrators in collecting data about their students' habits and behaviors on the most prevalent health topics. The ACHA-NCHA now provides the largest known comprehensive data set on the health of college students, providing the college health and higher education fields with a vast spectrum of information on student health.

ACHA initiated the original ACHA-NCHA in 2000 and the instrument was used nationwide through the Spring 2008 data collection period. A revised survey, the ACHA-NCHA-II, was in use from Fall 2008 - Spring 2019 data collection periods. The survey was redesigned again, and data collection with the ACHA-NCHA III began in Fall 2019.

Please note that it is not appropriate to compare trends between versions of the survey. Directly comparing data points between the Original ACHA-NCHA, the ACHA-NCHA II, and the ACHA-NCHA III can lead to an erroneous conclusion and is not recommended.

Notes about this report:

1. Missing values have been excluded from analysis and only valid percents are included in this document, unless otherwise noted.
2. **The ACHA-NCHA III is programmed differently than earlier versions of the survey.** Rather than asking the respondents to answer every question (and offering a "not applicable" option), display logic was used throughout the survey to determine whether, based on their response to an earlier question, the student saw a follow-up question. This makes the valid percents of certain questions impossible to apply to the entire sample, as the denominator used was limited to only the number of students that saw the question. When appropriate, results are also presented using the entire sample as the denominator to show the proportion of the overall sample that experienced a particular issue. These differences in presentation are carefully noted throughout the document and will often explain differences observed between this document and the full data report. Please look carefully at descriptions of the data presented in each table, as well as any footnotes included.
3. **About the use of sex and gender in this report:** Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded. Please note: if your data contain a small number of transgender and gender non-conforming students, we advise you to take caution in sharing this report, as these students' responses may make it possible to identify who they are.

For additional information about the survey's development, design, and methodology, email Mary T Hoban, PhD, MCHES, (mhoban@acha.org), Christine Kukich, MS (ckukich@acha.org), or visit www.acha-ncha.org.

We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.

I. What we've done to date

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

II. Why change?

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented^[1], and schools need readily available access to this data in order to better address the needs of TGNC students.

III. What's different about the way we are reporting?

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men^[2]." A "2" has been changed from "Female" to "Cis Women^[3]." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

IV. Important considerations with this new format

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.

This Executive Summary highlights results of the ACHA-NCHA III Spring 2021 survey for California Polytechnic State University San Luis Obispo consisting of 253 respondents.
The response rate was 3.61%.

Findings

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

A. General Health and Campus Climate

- 56.1 % of college students surveyed (59.2 % cis men, 56.4 % cis women, and 30.0 % transgender/gender non-conforming) described their health as *very good or excellent*.
- 89.8 % of college students surveyed (87.3 % cis men, 92.6 % cis women, and 60.0 % transgender/gender non-conforming) described their health as *good, very good or excellent*.

Proportion of college students who reported they *agree or strongly agree* that:

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
I feel that I belong at my college/university		65.8	59.9	20.0	59.7
I feel that students' health and well-being is a priority at my college/university		49.3	41.9	20.0	42.7
At my college/university, I feel that the campus climate encourages free and open discussion of students' health and well-being.		53.4	46.7	30.0	47.4
At my college/university, we are a campus where we look out for each other		45.2	35.3	30.0	37.5

B. Nutrition, BMI, Physical Activity, and Food Security

College students reported:

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Drinking 0 sugar-sweetened beverages (per day), on average, in the last 7 days		43.8	47.0	50.0	46.0
Drinking 1 or more sugar-sweetened beverages (per day), on average, in the last 7 days		56.2	53.0	50.0	54.0
Drinking energy drinks or shots on 0 of the past 30 days		80.6	92.1	77.8	88.3
Drinking energy drinks or shots on 1-4 of the past 30 days		13.9	5.5	11.1	8.1
Drinking energy drinks or shots on 5 or more of the past 30 days		5.6	2.4	11.1	3.6
Eating 3 or more servings of fruits (per day), on average, in the last 7 days		28.8	27.5	0.0	26.6
Eating 3 or more servings of vegetables (per day), on average, in the last 7 days		35.6	42.5	10.0	39.3

■ **Estimated Body Mass Index (BMI):** This figure incorporates reported height and weight to form a general indicator of physical health. Categories defined by The World Health Organization (WHO) 2000, reprinted 2004. Obesity: Preventing and Managing the Global Epidemic. WHO Tech Report Series: 894.

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
BMI					
<18.5 Underweight		5.6	7.9	10.0	7.3
18.5-24.9 Healthy Weight		65.3	72.6	50.0	69.5
25-29.9 Overweight		19.4	12.2	30.0	15.0
30-34.9 Class I Obesity		8.3	4.9	0.0	5.7
35-39.9 Class II Obesity		1.4	0.6	10.0	1.2
≥40 Class III Obesity		0.0	1.8	0.0	1.2
Mean		23.52	22.96	23.60	23.15
Median		23.06	21.82	21.44	22.31
Std Dev		3.92	4.77	5.45	4.56

Students meeting the recommended guidelines for physical activity

Based on: US Dept of Health and Human Services. *Physical Activities Guidelines for Americans*, 2nd edition. Washington, DC: US Dept of Health and Human Services; 2018

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

Definitions:

- Recommendation for **aerobic activity**: 150 minutes or more of moderate-intensity physical activity per week or 75 minutes of vigorous-intensity physical activity or the equivalent combination
- Recommendation for **strength training**: 2 or more days a week of moderate or greater intensity activities that involve all major muscle groups
- **Active Adults** meet the recommendation for strength training **AND** aerobic activity
- **Highly Active Adults** meet the recommendation for strength training and **TWICE** the recommendation for aerobic activity (300 minutes or more of moderate-intensity physical activity per week or 150 minutes of vigorous-intensity physical activity or the equivalent combination)

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Guidelines met for aerobic exercise only	82.2	73.3	66.7	75.4
Guidelines met for Active Adults	60.3	41.2	22.2	46.0
Guidelines met for Highly Active Adults	52.1	35.8	22.2	39.9

Food Security

Based on responses to the *US Household Food Security Survey Module: Six-Item Short Form (2012)* from the USDA Economic Research Service.

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
High or marginal food security (score 0-1)	75.0	79.0	70.0	77.3
Low food security (score 2-4)	13.9	16.2	30.0	15.9
Very low food security (score 5-6)	11.1	4.8	0.0	6.8
Any food insecurity (low or very low food security)	25.0	21.0	30.0	22.7

C. Health Care Utilization

College students reported:

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Receiving psychological or mental health services within the last 12 months	13.7	33.5	90.0	29.9

*The services were provided by:

My current campus health and/or counseling center	60.0	42.9	33.3	44.0
A mental health provider in the local community near my campus	0.0	27.3	11.1	21.6
A mental health provider in my home town	40.0	44.6	66.7	46.7
A mental health provider not described above	11.1	11.4	0.0	10.2

**Only students who reported receiving care in the last 12 months were asked these questions*

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Visiting a medical provider within the last 12 months	53.4	70.7	70.0	65.7

*The services were provided by:

My current campus health center	32.4	31.9	14.3	31.6
A medical service provider in the local community near my campus	5.7	22.7	28.6	19.6
A medical service provider in my home town	89.2	84.3	100.0	86.3
A medical service provider not described above	3.4	2.3	0.0	2.5

**Only students who reported receiving care in the last 12 months were asked these questions*

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

College students reported:

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Flu vaccine within the last 12 month		50.7	64.1	70.0	60.6
Not starting the HPV vaccine series		13.7	8.4	0.0	9.6
Starting, but not completing HPV vaccine series		8.2	3.0	10.0	4.8
Completing HPV vaccine series		54.8	74.9	90.0	69.3
Not knowing their HPV vaccine status		23.3	13.8	0.0	16.3
Ever having a GYN visit or exam (females only)			39.5	40.0	
Having a dental exam in the last 12 months		72.6	75.4	70.0	74.1
Being tested for HIV within the last 12 months		9.6	9.6	10.0	9.6
Being tested for HIV more than 12 months ago		4.1	7.2	10.0	6.4
Wearing sunscreen usually or always when outdoors		12.3	43.1	30.0	33.5
Spending time outdoors with the intention of tanning at least once in the last 12 months		38.4	55.8	40.0	49.8

D. Impediments to Academic Performance

Respondents are asked in numerous places throughout the survey about issues that might have negatively impacted their academic performance within the last 12 months. This is defined as negatively impacting their performance in a class or delaying progress towards their degree. Both types of negative impacts are represented in the figures below. Please refer to the corresponding Data Report for specific figures on each type of impact. Figures in the left columns use all students in the sample as the denominator. Figures in the right columns use only the students that experienced that issue (e.g. students who used cannabis, reported a problem or challenge with finances, or experienced a particular health issue) in the denominator. (items are listed in the order in which they appear in the survey)

Negatively impacted academic performance among all students in the sample

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Alcohol use		2.7	3.6	10.0	3.6
Cannabis/marijuana use		5.5	0.6	0.0	2.0

Negatively impacted academic performance among only students that experienced the issue

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
	3.7	4.7	11.1	4.7
	13.3	1.5	0.0	4.8

Problems or challenges in the last 12 months

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Career	12.3	12.6	0.0	11.9
Finances	5.5	10.2	10.0	8.7
Procrastination	53.4	50.3	60.0	51.0
Faculty	11.0	9.6	10.0	9.9
Family	6.8	11.4	20.0	10.3
Intimate Relationships	9.6	12.0	10.0	11.1
Roommate/housemate	2.7	9.6	30.0	8.3
Peers	4.1	4.2	10.0	4.3
Personal appearance	5.5	4.2	30.0	5.5
Health of someone close to me	9.6	10.8	10.0	10.3
Death of a family member, friend, or someone close to me	8.2	7.8	30.0	8.7
Bullying	0.0	2.4	0.0	1.6
Cyberbullying	0.0	0.0	0.0	0.0
Hazing	0.0	0.0	0.0	0.0
Microaggression	1.4	3.6	10.0	3.2
Sexual Harassment	0.0	1.8	0.0	1.2
Discrimination	1.4	3.6	10.0	3.2

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
	33.3	35.0	0.0	32.3
	23.5	30.4	25.0	28.6
	67.2	65.1	66.7	65.8
	66.7	64.0	100.0	65.8
	27.8	28.8	33.3	28.9
	30.4	29.4	25.0	29.5
	12.5	23.9	60.0	23.9
	25.0	16.3	33.3	19.0
	15.4	6.7	42.9	10.1
	33.3	25.4	16.7	26.5
	37.5	32.5	60.0	36.1
	0.0	40.0	0.0	33.3
	0.0	0.0	0.0	0.0
	0.0	0.0	0.0	0.0
	16.7	19.4	14.3	18.2
	0.0	16.7	0.0	14.3
	33.3	40.0	20.0	34.8

*Due to an issue with the display logic in Qualtrics, question 63B series (academic impacts of acute medical conditions) did not appear with response options in the survey for all of your students taking the Spring 2021 NCHA. This issue occurred across all NCHA surveys that were launched before 2/18. Once the issue was identified, we corrected it in surveys that were still open and collecting responses. You may notice that there are fewer responses for question 63B than number of students diagnosed (63A series), as there were already surveys submitted before the error was corrected. We apologize for any inconvenience this may cause.

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

***Negatively impacted academic performance among all students in the sample**

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Acute Diagnoses in the last 12 months				
Bronchitis	0.0	0.6	0.0	0.8
Chlamydia	0.0	0.0	0.0	0.0
Chicken Pox (Varicella)	0.0	0.0	0.0	0.0
Cold/Virus or other respiratory illness	2.7	3.0	0.0	3.2
Concussion	0.0	0.6	0.0	0.4
Gonorrhea	0.0	0.0	0.0	0.0
Flu (influenza or flu-like illness)	2.7	3.0	10.0	3.6
Mumps	0.0	0.0	0.0	0.0
Mononucleosis (mono)	0.0	0.6	0.0	0.4
Orthopedic injury	0.0	2.4	0.0	2.0
Pelvic Inflammatory Disease	0.0	0.0	0.0	0.0
Pneumonia	0.0	0.0	0.0	0.0
Shingles	0.0	0.0	0.0	0.0
Stomach or GI virus or bug, food poisoning or gastritis	0.0	1.8	10.0	2.0
Urinary tract infection	1.4	3.0	0.0	2.4

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months	9.6	28.7	90.0	25.7

Other impediments to academic performance

Assault (physical)	1.4	1.8	0.0	1.6
Assault (sexual)	1.4	3.6	0.0	2.8
Allergies	1.4	2.4	0.0	2.0
Anxiety	26.0	40.7	80.0	37.5
ADHD or ADD	4.1	11.4	20.0	9.5
Concussion or TBI	1.4	1.8	0.0	1.6
Depression	17.8	26.9	80.0	26.1
Eating disorder/problem	1.4	6.6	20.0	5.5
Headaches/migraines	2.7	12.0	20.0	9.5
Influenza or influenza-like illness (the flu)	2.7	1.2	0.0	1.6
Injury	2.7	1.8	10.0	2.4
PMS	0.0	13.2	20.0	9.5
PTSD	1.4	4.2	0.0	3.2
Short-term illness	1.4	1.8	0.0	1.6
Upper respiratory illness	4.1	3.6	0.0	3.6
Sleep difficulties	20.5	29.3	90.0	28.9
Stress	32.9	52.1	90.0	47.4

***Negatively impacted academic performance among only students that experienced the issue**

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
0.0	50.0	0.0	66.7
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
22.2	29.4	0.0	28.6
0.0	33.3	0.0	25.0
0.0	0.0	0.0	0.0
100.0	62.5	100.0	75.0
0.0	0.0	0.0	0.0
0.0	50.0	0.0	50.0
0.0	50.0	0.0	50.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	50.0	100.0	62.5
100.0	27.8	0.0	30.0

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
14.6	37.2	100.0	34.8

100.0	100.0	0.0	100.0
50.0	33.3	0.0	33.3
4.3	7.7	0.0	6.3
54.3	58.6	88.9	59.4
37.5	82.6	66.7	70.6
33.3	42.9	0.0	40.0
54.2	68.2	88.9	66.7
25.0	44.0	66.7	43.8
16.7	36.4	100.0	34.8
40.0	16.7	0.0	22.2
22.2	27.3	100.0	28.6
0.0	27.2	66.7	28.2
100.0	46.7	0.0	47.1
16.7	18.8	0.0	17.4
37.5	23.1	0.0	25.7
45.5	59.8	90.0	58.4
48.0	58.4	90.0	57.4

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

E. Violence, Abusive Relationships, and Personal Safety

Within the last 12 months, college students reported experiencing:

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
	<i>Percent (%)</i>			
A physical fight	0.0	0.6	0.0	0.4
A physical assault (not sexual assault)	1.4	2.4	0.0	2.0
A verbal threat	8.2	4.8	40.0	7.2
Sexual touching without their consent	2.8	7.8	10.0	6.4
Sexual penetration attempt without their consent	1.4	3.0	0.0	2.4
Sexual penetration without their consent	0.0	3.0	10.0	2.4
Being a victim of stalking	0.0	1.8	0.0	1.2
A partner called me names, insulted me, or put me down to make me feel bad	8.5	6.7	20.0	7.7
A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends	5.6	2.4	10.0	3.6
A partner pushed, grabbed, shoved, slapped, kicked, bit, choked or hit me without my consent	2.8	2.4	0.0	2.4
A partner forced me into unwanted sexual contact by holding me down or hurting me in some way	1.4	1.8	0.0	1.6
A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs	2.8	4.3	0.0	3.6

College students reported feeling *very safe* :

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
	<i>Percent (%)</i>			
On their campus (daytime)	83.1	73.5	70.0	75.9
On their campus (nighttime)	49.3	12.3	20.0	23.7
In the community surrounding their campus (daytime)	56.3	44.1	20.0	46.7
In the community surrounding their campus (nighttime)	26.8	6.3	0.0	12.3

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

F. Tobacco, Alcohol, and Other Drug Use

Percent (%)	Ever Used			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)	30.1	25.7	30.0	27.0
Alcoholic beverages (beer, wine, liquor, etc.)	72.6	74.9	90.0	74.2
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]	38.4	46.1	70.0	44.4
Cocaine (coke, crack, etc.)	5.5	9.6	10.0	8.3
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]	6.8	8.4	10.0	7.9
Methamphetamine (speed, crystal meth, ice, etc.)	1.4	0.0	0.0	0.4
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)	4.1	2.4	10.0	3.2
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]	5.5	1.2	0.0	2.4
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)	9.6	12.6	10.0	11.5
Heroin	0.0	0.0	0.0	0.0
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]	6.8	1.2	0.0	2.8

*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

*Used in the last 3 months			
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
17.8	16.8	10.0	16.6
64.4	71.3	90.0	69.2
27.4	36.5	70.0	34.8
0.0	4.2	0.0	2.8
2.7	2.4	0.0	2.4
0.0	0.0	0.0	0.0
0.0	0.6	10.0	0.8
2.7	0.6	0.0	1.2
5.5	6.0	0.0	5.5
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0

Substance Specific Involvement Scores (SSIS) from the ASSIST

Percent (%)	*Moderate risk use of the substance			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Tobacco or nicotine delivery products	13.7	10.2	0.0	10.7
Alcoholic beverages	8.2	11.4	10.0	10.3
Cannabis (nonmedical use)	17.8	24.0	60.0	23.3
Cocaine	0.0	3.0	0.0	2.0
Prescription stimulants (nonmedical use)	2.7	0.0	0.0	0.8
Methamphetamine	0.0	0.0	0.0	0.0
Inhalants	0.0	0.0	0.0	0.0
Sedatives or Sleeping Pills (nonmedical use)	1.4	0.6	0.0	0.8
Hallucinogens	0.0	1.2	0.0	0.8
Heroin	0.0	0.0	0.0	0.0
Prescription opioids (nonmedical use)	0.0	0.0	0.0	0.0

*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

*High risk use of the substance			
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
0.0	0.6	10.0	0.8
0.0	1.2	10.0	1.2
1.4	1.2	0.0	1.2
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

Proportion of students (overall sample) who report misusing prescription medications (taking without a prescription, or taking more medication or more often than prescribed) in the past 3 months:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Prescription stimulants	2.7	1.2	0.0	1.6
Prescription sedatives or sleeping pills	2.7	0.6	0.0	1.2
Prescription opioids	0.0	0.0	0.0	0.0

***Tobacco or nicotine delivery products used in the last 3 months**

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Cigarettes	6.8	6.0	0.0	5.9
E-cigarettes or other vape products (for example: Juul, etc.)	13.7	13.8	0.0	13.0
Water pipe or hookah	1.4	0.0	0.0	0.4
Chewing or smokeless tobacco	4.1	0.0	0.0	1.2
Cigars or little cigars	4.1	1.8	10.0	2.8
Other	0.0	0.0	10.0	0.4

*These figures use all students in the sample as the denominator, rather than just those students who reported tobacco or nicotine delivery product use in the last 3 months.

Students in Recovery

■ 1.0 % of college students surveyed (0.0 % cis men, 1.5 % cis women, and 0.0 % transgender/gender non-conforming) indicated they were in recovery from alcohol or other drug use.

When, if ever, was the last time you:

Percent (%)	Drank Alcohol			Total
	Cis Men	Cis Women	Trans/ Gender Non- conforming	
Never	20.5	19.8	10.0	19.8
Within the last 2 weeks	56.2	58.1	50.0	56.7
More than 2 weeks ago but within the last 30 days	4.1	7.8	20.0	7.1
More than 30 days ago but within the last 3 months	6.8	5.4	20.0	6.3
More than 3 months ago but within the last 12 months	6.8	5.4	0.0	6.0
More than 12 months ago	5.5	3.6	0.0	4.0

*Students were instructed to include medical and non-medical use of cannabis.

Cis Men	Cis Women	*Used Cannabis/Marijuana	
		Trans/ Gender Non- conforming	Total
53.4	52.1	20.0	51.6
23.3	21.0	50.0	22.6
4.1	4.8	0.0	4.4
6.8	9.6	30.0	9.5
6.8	4.2	0.0	4.8
5.5	8.4	0.0	7.1

Driving under the influence

- 11.9 % of college students reported driving after having **any alcohol** in the last 30 days.*
*Only students who reported driving in the last 30 days and drinking alcohol in the last 30 days were asked this question.
- 18.6 % of college students reported driving within 6 hours of using cannabis/marijuana in the last 30 days.*
*Only students who reported driving in the last 30 days and using cannabis in the last 30 days were asked this question.

Estimated Blood Alcohol Concentration (or eBAC) of college students. Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. Only students who reported drinking alcohol within the last 3 months answered these questions.

Estimated BAC	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
< .08		77.6	74.4	77.8	75.4
< .10		79.6	80.3	77.8	80.0
Mean		0.05	0.06	0.06	0.06
Median		0.02	0.03	0.03	0.03
Std Dev		0.05	0.06	0.06	0.06

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

*Reported number of drinks consumed the last time students drank alcohol in a social setting.

Number of drinks	Percent (%)	Trans/ Gender Non- conforming			Total
		Cis Men	Cis Women		
4 or fewer		63.3	79.8	77.8	75.1
5		6.1	4.2	0.0	4.5
6		10.2	11.8	0.0	10.7
7 or more		20.4	4.2	22.2	9.6
Mean		4.2	3.2	3.7	3.5
Median		3.0	3.0	3.0	3.0
Std Dev		3.9	2.3	3.1	2.9

*Only students who reported drinking alcohol in the last three months were asked this question.

Reported number of times college students consumed five or more drinks in a sitting within the last two weeks:

	Among all students surveyed				
	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Did not drink alcohol in the last two weeks (includes non-drinkers)		43.8	41.9	50.0	43.3
None		27.4	26.9	30.0	27.0
1-2 times		17.8	24.6	10.0	21.8
3-5 times		9.6	6.6	10.0	7.5
6 or more times		1.4	0.0	0.0	0.4

*Only students who reported drinking alcohol in the last two weeks were asked this question.

*Among those who reported drinking alcohol within the last two weeks

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
48.8	46.4	60.0	47.6
31.7	42.3	20.0	38.5
17.1	11.3	20.0	13.3
2.4	0.0	0.0	0.7

*College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol:

	Percent (%)			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Did something I later regretted	20.4	25.0	22.2	23.4
Blackout (forgot where I was or what I did for a large period of time and cannot remember , even when someone reminds me)	9.3	17.2	11.1	14.6
Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)	11.1	34.4	22.2	27.1
Got in trouble with the police	0.0	2.3	0.0	1.6
Got in trouble with college/university authorities	0.0	3.9	0.0	2.6
Someone had sex with me without my consent	3.7	2.3	11.1	3.1
Had sex with someone without their consent	0.0	0.0	0.0	0.0
Had unprotected sex	9.3	15.6	0.0	13.0
Physically injured myself	5.6	11.7	11.1	9.9
Physically injured another person	0.0	0.0	11.1	0.5
Seriously considered suicide	1.9	1.6	11.1	2.1
Needed medical help	0.0	0.0	0.0	0.0
Reported two or more of the above	13.6	35.3	22.2	28.2

*Only students who reported drinking alcohol in the last 12 months were asked these questions.

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

G. Sexual Behavior

When, if ever, was the last time you had:

Percent (%)	Oral sex			Total
	Cis Men	Cis Women	Trans/ Gender Non- conforming	
Never	31.0	42.2	60.0	40.2
Within the last 2 weeks	22.5	30.7	20.0	27.7
More than 2 weeks ago but within the last 30 days	2.8	3.6	10.0	3.6
More than 30 days ago but within the last 3 months	11.3	5.4	0.0	6.8
More than 3 months ago but within the last 12 months	16.9	9.0	0.0	10.8
More than 12 months ago	15.5	9.0	10.0	10.8

Vaginal intercourse			
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
44.4	47.9	60.0	47.8
23.6	27.3	20.0	25.7
4.2	4.2	0.0	4.0
9.7	4.2	0.0	5.6
9.7	9.1	10.0	9.2
8.3	7.3	10.0	7.6

Percent (%)	Anal intercourse			Total
	Cis Men	Cis Women	Trans/ Gender Non- conforming	
Never	87.3	89.1	80.0	88.3
Within the last 2 weeks	1.4	1.2	0.0	1.2
More than 2 weeks ago but within the last 30 days	1.4	0.0	0.0	0.4
More than 30 days ago but within the last 3 months	2.8	0.6	10.0	1.6
More than 3 months ago but within the last 12 months	1.4	0.6	0.0	0.8
More than 12 months ago	5.6	8.5	10.0	7.7

*College students who reported having oral sex, or vaginal or anal intercourse within the last 12 months reported having the following number of sexual partners:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
None	0.0	0.0	0.0	0.0
1	75.6	61.6	66.7	66.2
2	9.8	15.1	0.0	13.1
3	7.3	9.3	33.3	9.2
4 or more	7.3	14.0	0.0	11.5
Mean	1.8	1.9	1.7	1.9
Median	1.0	1.0	1.0	1.0
Std Dev	2.4	1.5	1.2	1.8

*Only students who reported having oral sex, or vaginal or anal intercourse in the last 12 months were asked this question.

College students who reported having oral sex, or vaginal or anal intercourse within the last 30 days who reported using a condom or another protective barrier *most of the time* or *always*:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Oral sex	16.7	8.8	0.0	10.3
Vaginal intercourse	60.0	34.6	50.0	41.9
Anal intercourse	0.0	0.0	0.0	0.0

*Only students who reported having oral sex, or vaginal or anal intercourse in the last 30 days were asked these questions.

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they or their partner used any method to prevent pregnancy the last time they had vaginal intercourse:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Yes, used a method of contraception	100.0	91.9	100.0	94.6
No, did not want to prevent pregnancy	0.0	0.0	0.0	0.0
No, did not use any method	0.0	8.1	0.0	5.4
Don't know	0.0	0.0	0.0	0.0

*Only students who reported having oral sex, or vaginal or anal intercourse in the last 12 months were asked this question.

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

*Those students who reported using a contraceptive use the last time they had vaginal intercourse, reported they (or their partner) used the following methods:

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
	<i>Percent (%)</i>			
Birth control pills (monthly or extended cycle)	55.9	38.2	66.7	44.8
Birth control shots	0.0	0.0	0.0	0.0
Birth control implants	5.9	10.3	66.7	10.5
Birth control patch	0.0	0.0	0.0	0.0
The ring	2.9	2.9	0.0	2.9
Emergency contraception ("morning after pill" or "Plan B")	0.0	2.9	0.0	1.9
Intrauterine device	17.6	29.4	0.0	24.8
Male (external) condom	70.6	39.7	33.3	49.5
Female (internal) condom	0.0	0.0	0.0	0.0
Diaphragm or cervical cap	2.9	0.0	0.0	1.0
Contraceptive sponge	0.0	0.0	0.0	0.0
Withdrawal	14.7	22.1	0.0	19.0
Fertility awareness (calendar, mucous, basal body temperature)	2.9	4.4	0.0	3.8
Sterilization (hysterectomy, tubes tied, vasectomy)	0.0	0.0	0.0	0.0
Other method	0.0	1.5	0.0	1.0
<i>Male condom use plus another method</i>	55.9	26.5	33.3	36.2
<i>Any two or more methods (excluding male condoms)</i>	14.7	23.5	33.3	21.0

*Only students who reported they or their partner used a method the last time they had vaginal intercourse were asked these questions.

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they or their partner used emergency contraception ("morning after pill" or "Plan B") in the last 12 months:

Yes (14.7 % cis men, 15.1 % cis women, 0 % trans/gender non-conforming)

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they experienced an unintentional pregnancy or got someone pregnant within the last 12 months:

Yes (0 % cis men, 1.4 % cis women, 0 % trans/gender non-conforming)

H. Mental Health and Wellbeing

Kessler 6 (K6) Non-Specific Psychological Distress Score (Range is 0-24)

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
	<i>Percent (%)</i>			
No or low psychological distress (0-4)	30.6	24.1	0.0	24.9
Moderate psychological distress (5-12)	51.4	55.4	50.0	53.8
Serious psychological distress (13-24)	18.1	20.5	50.0	21.3
Mean	7.79	8.42	11.40	8.42
Median	8.00	7.00	11.00	7.00
Std Dev	5.12	5.07	4.88	5.19

UCLA Loneliness Scale (ULS3) Score (Range is 3-9)

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
	<i>Percent (%)</i>			
Negative for loneliness (3-5)	47.9	37.1	20.0	39.4
Positive for loneliness (6-9)	52.1	62.9	80.0	60.6
Mean	5.59	5.91	7.00	5.87
Median	6.00	6.00	8.00	6.00
Std Dev	1.84	1.76	2.26	1.83

Diener Flourishing Scale – Psychological Well-Being (PWB) Score (Range is 8-56)

(higher scores reflect a higher level of psychological well-being)

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Mean	43.38	45.01	42.10	44.42
Median	45.00	47.00	43.00	46.00
Std Dev	8.61	8.25	7.42	8.34

The Connor-Davison Resilience Scale (CD-RISC2) Score (Range is 0-8)

(higher scores reflect greater resilience)

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Mean	6.27	6.08	6.40	6.14
Median	6.00	6.00	7.00	6.00
Std Dev	1.44	1.48	1.65	1.48

Self injury

■ 10.8 % of college students surveyed (8.3 % cis men, 9.6 % cis women, and 50.0 % trans/gender non-conforming) indicated they had intentionally cut, burned, bruised, or otherwise injured themselves within the last 12 months.

Within the last 12 months, have you had problems or challenges with any of the following:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Academics	50.7	53.9	80.0	54.2
Career	37.0	35.9	60.0	37.1
Finances	23.3	33.5	40.0	31.1
Procrastination	79.5	77.8	90.0	78.9
Faculty	16.4	15.0	10.0	15.1
Family	24.7	39.5	60.0	36.3
Intimate relationships	31.5	41.3	40.0	38.2
Roommate/housemate	22.2	40.7	50.0	36.0
Peers	16.4	25.9	30.0	23.3
Personal appearance	37.0	64.1	70.0	56.6
Health of someone close to me	28.8	43.7	60.0	40.2
Death of a family member, friend, or someone close to me	22.2	24.6	50.0	24.8
Bullying	1.4	6.0	10.0	4.8
Cyberbullying	1.4	2.4	10.0	2.4
Hazing	0.0	0.6	0.0	0.4
Microaggression	8.2	18.6	70.0	17.9
Sexual Harassment	1.4	10.8	20.0	8.8
Discrimination	4.1	9.0	50.0	9.6

*Only students who reported a problem or challenge in the last 12 months were asked about level of distress.

Students reporting none of the above	11.0	3.6	0.0	5.6
Students reporting only one of the above	5.5	6.0	0.0	5.6
Students reporting 2 of the above	12.3	9.6	0.0	10.0
Students reporting 3 or more of the above	71.2	80.8	100.0	78.9

***Of those reporting this issue, it caused moderate or high distress**

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
81.1	93.3	100.0	90.4
70.4	78.3	33.3	73.1
70.6	66.1	0.0	64.1
60.3	73.6	88.9	70.6
41.7	56.0	100.0	52.6
38.9	69.7	83.3	64.8
69.6	73.9	75.0	72.9
56.3	60.3	60.0	60.0
33.3	51.2	0.0	44.8
44.4	57.0	85.7	56.3
71.4	78.1	50.0	75.2
68.8	73.2	100.0	74.2
0.0	90.0	0.0	75.0
100.0	0.0	0.0	16.7
0.0	100.0	0.0	100.0
16.7	35.5	57.1	37.8
100.0	55.6	0.0	50.0
66.7	66.7	100.0	75.0

Suicide Behavior Questionnaire-Revised (SBQR) Screening Score (Range is 3-18)

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Negative suicidal screening (3-6)	76.7	74.9	20.0	73.3
Positive suicidal screening (7-18)	23.3	25.1	80.0	26.7
Mean	5.01	5.02	9.70	5.20
Median	3.00	4.00	10.00	4.00
Std Dev	3.01	2.74	3.47	2.98

Suicide attempt

- 0.4 % of college students surveyed (0 % cis men, 0.6 % cis women, and 0 % trans/gender non-conforming) indicated they had attempted suicide within the last 12 months.

Within the last 30 days, how would you rate the overall level of stress experienced:

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
No stress	1.4	0.0	0.0	0.4
Low	30.1	13.2	10.0	17.9
Moderate	46.6	58.1	70.0	55.0
High	21.9	28.7	20.0	26.7

I. Acute Conditions

College students reported being diagnosed by a healthcare professional within the last 12 months with:

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Bronchitis	0.0	1.8	0.0	1.6
Chlamydia	0.0	1.2	0.0	0.8
Chicken Pox (Varicella)	0.0	1.8	0.0	1.2
Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)	27.4	16.8	10.0	19.9
Concussion	2.7	3.6	0.0	3.2
Gonorrhea	0.0	0.6	0.0	0.4
Flu (influenza) or flu-like illness	6.8	7.8	10.0	8.0
Mumps	0.0	0.6	0.0	0.4
Mononucleosis (mono)	0.0	1.2	0.0	0.8
Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)	4.1	8.4	0.0	7.2
Pelvic Inflammatory Disease	0.0	0.6	0.0	0.4
Pneumonia	1.4	0.6	0.0	0.8
Shingles	0.0	0.6	0.0	0.4
Stomach or GI virus or bug, food poisoning or gastritis	0.0	4.8	20.0	4.4
Urinary tract infection	1.4	19.2	10.0	13.5

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

J. Ongoing or Chronic Conditions

The questions for the *ongoing or chronic conditions* are presented differently in this report than the order they appear in the survey. In the survey, all items appear in a single list, ordered alphabetically. In this report, the conditions are presented in groups to ease burden on the reader. The findings are divided into mental health conditions, STIs and other chronic infections, and other ongoing or chronic conditions in this report.

Mental Health	College students reported ever being diagnosed with the following:			
	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming
ADD/ADHD - Attention Deficit/Hyperactivity Disorder	6.8	10.2	20.0	9.6
Alcohol or Other Drug-Related Abuse or Addiction	0.0	1.2	0.0	0.8
Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)	9.6	26.9	70.0	23.9
Autism Spectrum	4.1	0.6	20.0	2.4
Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)	0.0	0.6	0.0	0.4
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder	0.0	1.2	0.0	0.8
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)	9.6	19.8	60.0	18.7
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)	1.4	7.2	10.0	5.6
Gambling Disorder	0.0	0.0	0.0	0.0
Insomnia	1.4	1.8	50.0	3.6
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)	2.7	5.4	10.0	4.8
PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition	0.0	6.0	10.0	4.8
Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)	0.0	0.0	0.0	0.0
Tourette's or other neurodevelopmental condition not already listed	0.0	1.2	0.0	0.8
Traumatic brain injury (TBI)	0.0	0.6	0.0	0.4

***Of those ever diagnosed, those reporting contact with healthcare or MH professional within last 12 months**

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
20.0	76.5	100.0	66.7
0.0	0.0	0.0	0.0
14.3	77.8	100.0	72.9
0.0	100.0	100.0	50.0
0.0	0.0	0.0	0.0
0.0	100.0	0.0	100.0
28.6	87.9	83.3	78.3
100.0	50.0	0.0	50.0
0.0	0.0	0.0	0.0
0.0	0.0	40.0	22.2
0.0	88.9	100.0	75.0
0.0	80.0	0.0	72.7
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0

*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Students reporting none of the above</i>	75.3	63.5	30.0	65.3
<i>Students reporting only one of the above</i>	15.1	11.4	0.0	12.0
<i>Students reporting both Depression and Anxiety</i>	4.1	18.6	60.0	16.3
<i>Students reporting any two or more of the above (excluding the combination of Depression and Anxiety)</i>	5.5	6.6	10.0	6.4

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

STI's/Other chronic infections

College students reported ever being diagnosed with the following:

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
Genital herpes	0.0	0.6	0.0	0.4
Hepatitis B or C	0.0	0.0	0.0	0.0
HIV or AIDS	0.0	0.0	0.0	0.0
Human papillomavirus (HPV) or genital warts	0.0	1.2	0.0	0.8

**Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.*

***Of those ever diagnosed, had contact with healthcare or MH professional within last 12 months**

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
0.0	100.0	0.0	100.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	50.0	0.0	50.0

Other Chronic /Ongoing Medical Conditions

College students reported ever being diagnosed with the following:

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
Acne	23.3	34.1	60.0	32.3
Allergies - food allergy	8.2	12.6	20.0	11.6
Allergies - animals/pets	17.8	13.3	20.0	14.9
Allergies - environmental (for example: pollen, grass, dust, mold)	27.4	26.5	30.0	27.2
Asthma	23.9	17.5	0.0	19.0
Cancer	0.0	0.0	0.0	0.0
Celiac disease	0.0	0.6	0.0	0.4
Chronic pain (for example: back or joint pain, arthritis, nerve pain)	1.4	4.8	20.0	4.8
Diabetes or pre-diabetes/insulin resistance	1.4	1.8	0.0	1.6
Endometriosis	0.0	1.2	0.0	0.8
Gastroesophageal Reflux Disease (GERD) or acid reflux	1.4	1.8	0.0	2.0
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)	0.0	0.6	20.0	1.2
High blood pressure (hypertension)	0.0	1.2	0.0	0.8
High cholesterol (hyperlipidemia)	2.7	2.4	0.0	2.4
Irritable bowel syndrome (spastic colon or spastic bowel)	1.4	4.2	0.0	3.6
Migraine headaches	2.7	13.2	20.0	10.8
Polycystic Ovarian Syndrome (PCOS)	0.0	2.4	0.0	1.6
Sleep Apnea	2.7	1.8	0.0	2.0
Thyroid condition or disorder	0.0	3.6	0.0	2.4
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)	0.0	0.0	0.0	0.0

**Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.*

***Of those ever diagnosed, had contact with healthcare or MH professional within last 12 months**

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
29.4	45.6	16.7	40.0
33.3	28.6	0.0	27.6
15.4	27.3	50.0	24.3
15.0	31.8	33.3	26.9
23.5	31.0	0.0	28.3
0.0	0.0	0.0	0.0
0.0	100.0	0.0	100.0
100.0	62.5	100.0	72.7
0.0	66.7	0.0	50.0
0.0	50.0	0.0	50.0
100.0	66.7	0.0	75.0
0.0	0.0	50.0	33.3
0.0	0.0	0.0	0.0
0.0	75.0	0.0	50.0
0.0	85.7	0.0	75.0
50.0	27.3	100.0	34.6
0.0	25.0	0.0	25.0
100.0	66.7	0.0	80.0
0.0	100.0	0.0	100.0
0.0	0.0	0.0	0.0

Cis Men n =	73
Cis Women n =	167
Trans/GNC n =	10

Students who reported being diagnosed with diabetes or pre-diabetes/insulin resistance, indicated they had:

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Type I Diabetes	0.0	0.0	0.0	0.0
Type II Diabetes	0.0	50.0	0.0	33.3
Pre-diabetes or insulin resistance	100.0	100.0	0.0	100.0
Gestational Diabetes	0.0	0.0	0.0	0.0

K. Sleep

Reported amount of time to usually fall asleep at night (sleep onset latency):

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Less than 15 minutes	39.7	37.7	30.0	37.7
16 to 30 minutes	30.1	32.3	30.0	31.3
31 minutes or more	30.1	29.9	40.0	31.0

Over the last 2 weeks, students reported the following average amount of sleep (excluding naps):

On weeknights				
<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Less than 7 hours	31.5	27.5	40.0	29.4
7 to 9 hours	68.5	71.9	60.0	70.2
10 or more hours	0.0	0.6	0.0	0.4

On weekend nights				
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total	
13.7	13.8	20.0	13.9	
79.5	76.0	60.0	76.6	
6.8	10.2	20.0	9.5	

Students reported the following on 3 or more of the last 7 days:

Felt tired or sleepy during the day				
<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
0 days	8.2	3.6	0.0	4.8
1-2 days	32.9	23.4	30.0	26.2
3-5 days	39.7	45.5	30.0	43.3
6-7 days	19.2	27.5	40.0	25.8

Got enough sleep so that they felt rested				
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total	
11.0	16.2	20.0	15.1	
30.1	34.1	40.0	32.9	
38.4	35.9	40.0	36.9	
20.5	13.8	0.0	15.1	

Demographics and Sample Characteristics

■ Age		■ Students describe themselves as	
18 - 20 years:	59.4 %	Straight/Heterosexual:	78.8 %
21 - 24 years:	36.5 %	Asexual:	2.4 %
25 - 29 years:	1.6 %	Bisexual:	8.0 %
30+ years:	2.4 %	Gay:	2.0 %
Mean age:	20.7 years	Lesbian:	2.0 %
Median age:	20.0 years	Pansexual:	1.6 %
		Queer:	2.0 %
		Questioning:	3.2 %
		Identity not listed above:	0.0 %
■ Gender*			
Cis Women:	66.0 %		
Cis Men:	28.9 %		
Transgender/Gender Non-conforming:	4.0 %		
* See note on page 2 regarding gender categories			
■ Student status		■ Housing	
1st year undergraduate:	33.1 %	Campus or university housing:	31.6 %
2nd year undergraduate:	14.3 %	Fraternity or sorority residence:	1.6 %
3rd year undergraduate:	23.1 %	Parent/guardian/other family:	28.4 %
4th year undergraduate:	21.5 %	Off-campus:	38.4 %
5th year or more undergraduate:	4.0 %	Temporary or "couch surfing":	0.0 %
Master's (MA, MS, MFA, MBA, etc.):	3.2 %	Don't have a place to live:	0.0 %
Doctorate (PhD, EdD, MD, JD, etc.):	0.0 %	Other:	0.0 %
Not seeking a degree:	0.0 %		
Other:	0.8 %		
		■ Students describe themselves as	
Full-time student:	96.8 %	American Indian or Native Alaskan	1.2 %
Part-time student:	2.4 %	Asian or Asian American	20.9 %
Other student:	0.8 %	Black or African American	0.4 %
		Hispanic or Latino/a/x	10.7 %
■ Visa to work or study in the US:	5.2 %	Middle Eastern/North African (MENA) or Arab Origin:	2.8 %
		Native Hawaiian or Other Pacific Islander Native:	1.2 %
■ Relationship status		White:	72.7 %
Not in a relationship:	65.2 %	Biracial or Multiracial:	7.1 %
In a relationship but not married/partnered:	34.4 %	Identity not listed above:	1.2 %
Married/partnered:	0.4 %		
		<i>If Hispanic or Latino/a/x, are you</i>	
■ Primary Source of Health Insurance		Mexican, Mexican American, Chicano:	74.1 %
College/university sponsored SHIP plan:	2.4 %	Puerto Rican:	3.7 %
Parent or guardian's plan:	87.3 %	Cuban:	7.4 %
Employer (mine or my spouse/partners):	1.6 %	Another Hispanic, Latino/a/x, or Spanish Origin:	25.9 %
Medicaid, Medicare, SCHIP, or VA:	6.0 %		
Bought a plan on my own:	1.2 %	<i>If Asian or Asian American, are you</i>	
Don't have health insurance:	0.0 %	East Asian:	64.2 %
Don't know if I have health insurance:	0.0 %	Southeast Asian:	20.8 %
Have insurance, but don't know source:	1.6 %	South Asian:	18.9 %
		Other Asian:	3.8 %
■ Student Veteran:	0.8 %		
■ Parent or primary responsibility for someone else's child/children under 18 years old:	2.0 %		

■ **First generation students** 20.7 %
(Proportion of students for whom no parent/guardian have completed a bachelor's degree)

■ **Do you have any of the following?**

Attention Deficit/Hyperactivity Disorder (ADD or ADHD):	11.3 %
Autism Spectrum Disorder:	2.4 %
Deaf/Hearing loss:	0.8 %
Learning disability:	5.6 %
Mobility/Dexterity disability:	2.0 %
Blind/low vision:	2.0 %
Speech or language disorder:	0.4 %

■ **Participated in organized college athletics:**

Varsity:	2.0 %
Club sports:	8.4 %
Intramurals:	10.0 %

■ **Member of a social fraternity or sorority:**

Greek member:	13.9 %
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American College Health Association National College Health Assessment

**CALIFORNIA POLYTECHNIC STATE
UNIVERSITY SAN LUIS OBISPO**
Executive Summary

Spring 2022

**American College Health Association
National College Health Assessment III**

ACHA-NCHA III

The ACHA-NCHA III supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.



AMERICAN COLLEGE HEALTH ASSOCIATION

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ACHA, the nation's principal advocate and leadership organization for college and university health, represents a diverse membership that provides and supports the delivery of health care and prevention and wellness services for the nation's 20 million college students. For more information about the association's programs and services, visit www.acha.org, and www.acha.org/NCHA.

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Introduction and Notes

The ACHA-National College Health Assessment (ACHA-NCHA) is a national research survey organized by the American College Health Association (ACHA) to assist college health service providers, health educators, counselors, and administrators in collecting data about their students' habits and behaviors on the most prevalent health topics. The ACHA-NCHA now provides the largest known comprehensive data set on the health of college students, providing the college health and higher education fields with a vast spectrum of information on student health.

ACHA initiated the original ACHA-NCHA in 2000 and the instrument was used nationwide through the Spring 2008 data collection period. A revised survey, the ACHA-NCHA-II, was in use from Fall 2008 - Spring 2019 data collection periods. The survey was redesigned again, and data collection with the ACHA-NCHA III began in Fall 2019.

Please note that it is not appropriate to compare trends between versions of the survey. Directly comparing data points between the Original ACHA-NCHA, the ACHA-NCHA II, and the ACHA-NCHA III can lead to an erroneous conclusion and is not recommended.

Notes about this report:

1. Missing values have been excluded from analysis and only valid percents are included in this document, unless otherwise noted.
2. **The ACHA-NCHA III is programmed differently than earlier versions of the survey.** Rather than asking the respondents to answer every question (and offering a "not applicable" option), display logic was used throughout the survey to determine whether, based on their response to an earlier question, the student saw a follow-up question. This makes the valid percents of certain questions impossible to apply to the entire sample, as the denominator used was limited to only the number of students that saw the question. When appropriate, results are also presented using the entire sample as the denominator to show the proportion of the overall sample that experienced a particular issue. These differences in presentation are carefully noted throughout the document and will often explain differences observed between this document and the full data report. Please look carefully at descriptions of the data presented in each table, as well as any footnotes included.
3. **About the use of sex and gender in this report:** Survey results are reported by sex based on the responses to questions 67A, 67B, and 67C. The responses to these questions are used to create a new variable called RSEX. RSEX is used for organizing results in the ACHA-NCHA report documents. Respondents are reported as cis men or cis women only when their responses to 67A, 67B, and 67C are consistent with one another. If gender identity is consistent with sex at birth AND "no" is selected for transgender, then respondents are designated as either cis men or cis women in RSEX. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as transgender/gender non-conforming in RSEX. A respondent that selects "intersex" for sex at birth, "no" for transgender, and man or woman for gender identity are designated as cis men or cis women in RSEX. A respondent that selects "intersex" for sex at birth, "yes" for transgender, or selects a gender identity other than man or woman are designated as transgender/gender non-conforming in RSEX. A respondent that selects "another identity" on 67C is designated missing in RSEX. A respondent that skips any of the three questions is designated as missing in RSEX. Totals displayed in this report include missing responses. Please see the ACHA-NCHA III survey codebook for more information about how data on sex and gender are coded.

For additional information about the survey's development, design, and methodology, email Mary T Hoban, PhD, MCHES, (mhoban@acha.org), Christine Kukich, MS (ckukich@acha.org), or visit www.acha-ncha.org.

We need to draw your attention to an important change in your ACHA-NCHA Report documents. Beginning in Spring 2021, responses for transgender and gender-nonconforming students are readily available directly in the report documents. This represents an important change in the way we have been reporting ACHA-NCHA results. We've prepared the following information to better explain the specific changes, our reasoning for doing so, and tips for using these redesigned report documents.

I. What we've done to date

- The ACHA-NCHA has asked respondents about their gender identity for 12 years.
- Data on transgender and gender-nonconforming (TGNC) students was available in the data file, but not displayed explicitly in the report documents in an effort to protect the privacy of TGNC students, particularly those students in smaller campus environments and at schools that publicly shared their ACHA-NCHA report documents.
- We have been trying to find the right balance between protecting students' privacy and making the results accessible to campus surveyors who may not use the statistical software that would be required to extract this information directly from the data files. Until now, we've erred on the side of protecting student privacy.

II. Why change?

- The number of TGNC students in our samples has been increasing over the years. Between 2008 and 2015, the number of students identifying as TGNC was very small (less than 0.05%). We've learned over the years that gender identity is complex and fluid. To better capture this complexity, we began asking separate questions about sex at birth and gender identity in Fall 2015. Now TGNC students tend to represent 3-4% of the overall sample.
- With greater number of students identifying as TGNC on the ACHA-NCHA in recent years, we have a better opportunity to understand their needs and behaviors than we have in years past.
- A number of health disparities between TGNC students and their cisgender peers have been well documented^[1], and schools need readily available access to this data in order to better address the needs of TGNC students.

III. What's different about the way we are reporting?

- First – a note about how we have been reporting ACHA-NCHA results to date. RSEX is a variable we create based on the responses to the questions on sex at birth, whether or not a student identifies as transgender, and their gender identity. The RSEX variable had allowed us to sort respondents into 4 groups for reporting purposes: male, female, non-binary, and missing. (Details about this variable can be found in all report documents.)
- The value labels for RSEX have been revised to better represent gender identity rather than sex. A value of "1" has been changed from "Male" to "Cis Men^[2]." A "2" has been changed from "Female" to "Cis Women^[3]." The value "3" has been changed from "non-binary" to "Transgender and Gender-Nonconforming" (TGNC), as it's a more accurate and inclusive term. The value "4" on RSEX remains "missing/unknown" and is used for students who do not answer all three questions.
- The "missing/unknown" column in the Data Report document has been replaced with a "Trans/Gender-Nonconforming" column. Because space limitations in the report prevent us from displaying all 4 categories plus a total column in the same document, it's now the "missing/unknown" column that is not displayed. Now when the Total of any given row is higher than the sum of the cis men, cis women, and TGNC respondents, the difference can be attributed to "missing/unknown" respondents that selected the response option presented in that row
- A column for "Trans/Gender-Nonconforming" has been added the Executive Summary Report document.

IV. Important considerations with this new format

- Percentages in the Executive Summary may represent a very small number of TGNC students and can limit the generalizability of a particular finding. To assist with the interpretation of the percentages displayed in the Executive Summary, the total sample size for each group has been added to every page.
- We encourage ACHA-NCHA surveyors to carefully review their report documents, particularly among the student demographic variables, and consider students who may be inadvertently identified in the results based on a unique combination of the demographic characteristics before sharing the documents widely or publicly. This is especially true for very small schools, as well as schools that lack diversity in the student population.
- Think about the implication of working with and documenting very small samples – from the perspective of making meaningful interpretations, as well as the privacy of respondents. This is true of all demographic variables, and not limited to gender identity. You may consider a minimum cell size or another threshold by which you make decisions about making your Institutional Data Report publicly available. It is less of a concern in your Institutional Executive Summary as we only display the percentages with the overall sample size.

[1] Greathouse M, BrckaLorenz A, Hoban M, Huseman R, Rankin S, Stolzenberg EB. (2018). Queer-spectrum and trans-spectrum student experiences in American higher education: The analysis of national survey findings. New Brunswick, NJ: Tyler Clementi Center, Rutgers University.

[2] Cisgender refers to people whose gender identity matches their sex assigned at birth. Cis men is short for "cisgender men" and is a term used to describe persons who identify as men and were assigned male at birth.

[3] Cis women is short for "cisgender women" and is a term used to describe persons who identify as women and were assigned female at birth.

This Executive Summary highlights results of the ACHA-NCHA III Spring 2022 survey for California Polytechnic State University San Luis Obispo consisting of 1048 respondents.
The response rate was 14.97%.

Findings

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

A. General Health and Campus Climate

- 57.5 % of college students surveyed (66.3 % cis men, 53.6 % cis women, and 35.0 % transgender/gender non-conforming) described their health as **very good or excellent**.
- 89.3 % of college students surveyed (90.7 % cis men, 89.9 % cis women, and 70.0 % transgender/gender non-conforming) described their health as **good, very good or excellent**.

Proportion of college students who reported they *agree or strongly agree* that:

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
I feel that I belong at my college/university	64.7	60.6	38.1	61.0
I feel that students' health and well-being is a priority at my college/university	37.3	26.3	14.3	29.8
At my college/university, I feel that the campus climate encourages free and open discussion of students' health and well-being.	48.3	38.4	23.8	41.5
At my college/university, we are a campus where we look out for each other	43.0	32.7	16.7	35.6

B. Nutrition, BMI, Physical Activity, and Food Security

College students reported:

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
Drinking 0 sugar-sweetened beverages (per day), on average, in the last 7 days	43.0	31.3	34.1	35.6
Drinking 1 or more sugar-sweetened beverages (per day), on average, in the last 7 days	57.0	68.7	65.9	64.4
Drinking energy drinks or shots on 0 of the past 30 days	77.2	77.8	68.3	77.0
Drinking energy drinks or shots on 1-4 of the past 30 days	13.3	14.5	4.9	13.9
Drinking energy drinks or shots on 5 or more of the past 30 days	9.5	7.7	26.8	9.2
Eating 3 or more servings of fruits (per day), on average, in the last 7 days	15.0	21.1	14.3	18.5
Eating 3 or more servings of vegetables (per day), on average, in the last 7 days	21.7	34.3	26.2	29.3

■ **Estimated Body Mass Index (BMI):** This figure incorporates reported height and weight to form a general indicator of physical health. Categories defined by The World Health Organization (WHO) 2000, reprinted 2004. Obesity: Preventing and Managing the Global Epidemic. WHO Tech Report Series: 894.

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
BMI				
<18.5 Underweight	4.9	7.3	4.9	6.3
18.5-24.9 Healthy Weight	67.2	70.9	73.2	69.5
25-29.9 Overweight	21.9	16.0	9.8	18.1
30-34.9 Class I Obesity	4.1	4.3	7.3	4.3
35-39.9 Class II Obesity	1.4	0.8	4.9	1.2
≥40 Class III Obesity	0.5	0.7	0.0	0.6
Mean	23.57	22.96	23.85	23.22
Median	22.96	22.22	22.71	22.48
Std Dev	3.98	4.09	4.52	4.07

Students meeting the recommended guidelines for physical activity

Based on: US Dept of Health and Human Services. *Physical Activities Guidelines for Americans*, 2nd edition. Washington, DC: US Dept of Health and Human Services; 2018

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

Definitions:

- Recommendation for **aerobic activity**: 150 minutes or more of moderate-intensity physical activity per week or 75 minutes of vigorous-intensity physical activity or the equivalent combination
- Recommendation for **strength training**: 2 or more days a week of moderate or greater intensity activities that involve all major muscle groups
- **Active Adults** meet the recommendation for strength training **AND** aerobic activity
- **Highly Active Adults** meet the recommendation for strength training and **TWICE** the recommendation for aerobic activity (300 minutes or more of moderate-intensity physical activity per week or 150 minutes of vigorous-intensity physical activity or the equivalent combination)

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Guidelines met for aerobic exercise only	82.2	80.6	64.3	80.6
Guidelines met for Active Adults	59.8	47.6	28.6	51.2
Guidelines met for Highly Active Adults	51.8	41.1	26.2	44.3

Food Security

Based on responses to the *US Household Food Security Survey Module: Six-Item Short Form (2012)* from the USDA Economic Research Service.

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
High or marginal food security (score 0-1)	58.3	63.0	48.8	60.9
Low food security (score 2-4)	24.2	22.6	29.3	23.2
Very low food security (score 5-6)	17.5	14.4	22.0	15.9
Any food insecurity (low or very low food security)	41.7	37.0	51.2	39.1

C. Health Care Utilization

College students reported:

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Receiving psychological or mental health services within the last 12 months	16.4	38.6	61.9	31.7

*The services were provided by:

My current campus health and/or counseling center	35.0	35.4	30.8	34.9
A mental health provider in the local community near my campus	11.7	25.4	11.5	21.8
A mental health provider in my home town	53.3	51.7	53.8	52.4
A mental health provider not described above	3.8	8.0	21.7	8.3

*Only students who reported receiving care in the last 12 months were asked these questions

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Visiting a medical provider within the last 12 months	53.4	75.8	73.8	67.6

*The services were provided by:

My current campus health center	34.9	41.7	45.2	39.9
A medical service provider in the local community near my campus	14.7	28.9	35.5	25.1
A medical service provider in my home town	90.8	83.0	83.9	85.4
A medical service provider not described above	1.8	1.7	0.0	1.6

*Only students who reported receiving care in the last 12 months were asked these questions

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

College students reported:

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Flu vaccine within the last 12 month		48.9	48.1	64.3	49.0
Not starting the HPV vaccine series		6.7	8.9	9.5	8.1
Starting, but not completing HPV vaccine series		3.8	4.2	4.8	4.0
Completing HPV vaccine series		62.0	72.6	69.0	68.7
Not knowing their HPV vaccine status		27.5	14.4	16.7	19.2
Ever having a GYN visit or exam (females only)			42.2	33.3	
Having a dental exam in the last 12 months		75.3	79.4	64.3	77.2
Being tested for HIV within the last 12 months		7.0	12.6	19.0	11.0
Being tested for HIV more than 12 months ago		4.6	6.3	7.1	5.7
Wearing sunscreen usually or always when outdoors		16.4	41.1	31.0	31.8
Spending time outdoors with the intention of tanning at least once in the last 12 months		33.5	66.5	29.3	52.9

D. Impediments to Academic Performance

Respondents are asked in numerous places throughout the survey about issues that might have negatively impacted their academic performance within the last 12 months. This is defined as negatively impacting their performance in a class or delaying progress towards their degree. Both types of negative impacts are represented in the figures below. Please refer to the corresponding Data Report for specific figures on each type of impact. Figures in the left columns use all students in the sample as the denominator. Figures in the right columns use only the students that experienced that issue (e.g. students who used cannabis, reported a problem or challenge with finances, or experienced a particular health issue) in the denominator. *(items are listed in the order in which they appear in the survey)*

Negatively impacted academic performance among all students in the sample

	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Alcohol use		2.4	3.7	4.8	3.2
Cannabis/marijuana use		5.1	0.8	7.1	2.7

Negatively impacted academic performance among only students that experienced the issue

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
	3.2	4.5	5.9	4.1
	11.0	1.6	14.3	5.5

Problems or challenges in the last 12 months

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Career	8.8	10.8	16.7	10.3
Finances	10.4	12.9	26.2	12.5
Procrastination	50.0	52.8	64.3	52.4
Faculty	6.1	6.4	11.9	6.7
Family	6.1	11.4	28.6	10.5
Intimate Relationships	9.6	14.0	7.1	12.3
Roommate/housemate	8.6	11.4	16.7	10.7
Peers	3.5	5.6	9.5	5.2
Personal appearance	3.2	8.9	14.3	7.2
Health of someone close to me	7.5	9.8	21.4	9.6
Death of a family member, friend, or someone close to me	6.7	9.2	16.7	8.7
Bullying	0.8	1.6	4.8	1.5
Cyberbullying	0.3	0.3	4.8	0.6
Hazing	0.3	0.3	2.4	0.5
Microaggression	1.6	3.2	11.9	3.1
Sexual Harassment	0.3	2.1	9.5	1.9
Discrimination	1.6	2.7	14.3	3.0

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
	28.2	30.0	43.8	30.1
	33.9	34.9	57.9	35.7
	68.2	72.2	77.1	71.2
	60.5	62.5	71.4	62.5
	23.5	29.1	57.1	29.8
	27.7	35.2	18.8	32.5
	28.8	25.4	46.7	27.3
	21.7	21.9	30.8	22.7
	8.1	14.0	20.7	13.0
	21.7	25.6	40.9	25.6
	34.2	39.3	87.5	39.7
	27.3	34.5	50.0	34.8
	12.5	16.7	66.7	25.0
	20.0	40.0	100.0	41.7
	12.5	16.8	33.3	17.8
	7.1	13.3	57.1	16.4
	19.4	28.8	66.7	30.7

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

Negatively impacted academic performance among all students in the sample

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
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Acute Diagnoses in the last 12 months

Bronchitis	1.3	1.8	0.0	1.5
Chlamydia	0.3	0.6	0.0	0.5
Chicken Pox (Varicella)	0.0	0.0	0.0	0.0
Cold/Virus or other respiratory illness	9.1	17.4	14.3	14.2
Concussion	1.6	1.6	2.4	1.7
Gonorrhea	0.0	0.0	0.0	0.0
Flu (influenza or flu-like illness)	3.2	5.0	2.4	4.3
Mumps	0.0	0.0	0.0	0.0
Mononucleosis (mono)	1.1	1.3	0.0	1.1
Orthopedic injury	1.3	1.8	4.8	1.7
Pelvic Inflammatory Disease	0.0	0.0	0.0	0.0
Pneumonia	0.0	0.8	0.0	0.5
Shingles	0.0	0.2	2.4	0.2
Stomach or GI virus or bug, food poisoning or gastritis	0.5	2.7	2.4	1.9
Urinary tract infection	0.0	3.1	0.0	1.8

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Any ongoing or chronic medical conditions diagnosed or treated in the last 12 months	13.6	27.4	61.9	24.1

Other impediments to academic performance

Assault (physical)	0.0	1.4	2.4	1.0
Assault (sexual)	1.3	3.7	2.4	2.9
Allergies	2.1	2.7	4.8	2.8
Anxiety	21.1	42.8	66.7	36.2
ADHD or ADD	8.0	11.6	28.6	11.1
Concussion or TBI	1.1	1.8	2.4	1.5
Depression	17.1	28.2	52.4	25.4
Eating disorder/problem	1.1	6.3	14.3	4.9
Headaches/migraines	3.5	14.3	31.0	11.3
Influenza or influenza-like illness (the flu)	3.2	5.6	4.8	4.8
Injury	1.6	1.6	4.8	1.8
PMS	0.0	11.4	21.4	7.7
PTSD	0.5	2.4	7.1	2.0
Short-term illness	3.5	7.1	4.8	5.7
Upper respiratory illness	5.3	11.6	7.1	9.2
Sleep difficulties	20.6	27.4	40.5	25.4
Stress	30.5	52.7	66.7	45.3

Negatively impacted academic performance among only students that experienced the issue

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
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62.5	73.3	0.0	69.6
50.0	33.3	0.0	35.7
0.0	0.0	0.0	0.0
40.0	54.3	60.0	50.3
60.0	50.0	100.0	56.3
0.0	0.0	0.0	0.0
42.9	64.6	50.0	57.0
0.0	0.0	0.0	0.0
57.1	80.0	0.0	70.6
35.7	25.6	33.3	28.1
0.0	0.0	0.0	0.0
0.0	100.0	0.0	83.3
0.0	33.3	100.0	50.0
33.3	47.2	25.0	43.5
0.0	22.6	0.0	20.9

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
22.4	37.4	74.3	34.9

0.0	56.3	100.0	50.0
41.7	35.9	50.0	37.5
7.3	8.8	13.3	9.0
46.2	58.6	82.4	57.0
71.4	82.8	100.0	81.1
33.3	55.0	100.0	48.5
59.8	70.3	75.9	68.2
23.5	30.0	42.9	31.1
18.3	43.4	68.4	39.6
25.0	41.2	50.0	36.2
14.3	15.4	28.6	16.5
0.0	25.1	56.3	26.6
28.6	42.9	60.0	43.8
31.0	43.6	25.0	39.5
29.9	41.9	42.9	38.9
50.3	54.5	73.9	54.1
45.8	62.3	80.0	58.3

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

E. Violence, Abusive Relationships, and Personal Safety

Within the last 12 months, college students reported experiencing:

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
A physical fight	4.3	1.0	0.0	2.4
A physical assault (not sexual assault)	1.9	1.0	0.0	1.4
A verbal threat	9.7	6.1	16.7	8.2
Sexual touching without their consent	3.8	10.1	4.9	7.8
Sexual penetration attempt without their consent	1.6	3.1	0.0	2.5
Sexual penetration without their consent	1.1	1.8	0.0	1.4
Being a victim of stalking	1.6	2.4	7.1	2.4
A partner called me names, insulted me, or put me down to make me feel bad	4.3	11.8	0.0	8.8
A partner often insisted on knowing who I was with and where I was or tried to limit my contact with family or friends	4.4	5.0	7.1	4.9
A partner pushed, grabbed, shoved, slapped, kicked, bit, choked or hit me without my consent	1.6	2.4	0.0	2.1
A partner forced me into unwanted sexual contact by holding me down or hurting me in some way	1.1	1.9	2.4	1.6
A partner pressured me into unwanted sexual contact by threatening me, coercing me, or using alcohol or other drugs	1.9	3.9	2.4	3.1

College students reported feeling *very safe* :

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
On their campus (daytime)	84.4	73.3	61.9	76.5
On their campus (nighttime)	49.7	6.8	16.7	22.5
In the community surrounding their campus (daytime)	64.2	45.7	35.7	51.9
In the community surrounding their campus (nighttime)	29.8	5.2	7.1	14.1

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

F. Tobacco, Alcohol, and Other Drug Use

Percent (%)	Ever Used			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)	31.2	32.1	26.2	31.4
Alcoholic beverages (beer, wine, liquor, etc.)	73.6	81.0	81.0	78.2
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]	51.6	54.2	54.8	53.3
Cocaine (coke, crack, etc.)	8.4	9.4	2.4	8.8
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]	6.8	7.1	4.8	6.9
Methamphetamine (speed, crystal meth, ice, etc.)	2.2	0.6	0.0	1.2
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)	5.4	3.1	0.0	3.8
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]	3.2	3.4	7.1	3.5
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)	19.9	13.4	21.4	16.1
Heroin	0.5	0.3	2.4	0.5
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]	2.2	1.8	2.4	1.9

*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

*Used in the last 3 months			
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
20.6	22.1	14.3	21.1
67.9	78.7	78.6	74.6
39.0	43.5	47.6	42.1
3.5	3.7	2.4	3.6
1.9	2.6	2.4	2.4
0.0	0.2	0.0	0.1
1.9	1.0	0.0	1.2
0.5	1.1	0.0	0.9
8.3	5.6	14.3	7.0
0.0	0.2	0.0	0.1
0.5	0.3	0.0	0.4

Substance Specific Involvement Scores (SSIS) from the ASSIST

Percent (%)	*Moderate risk use of the substance			
	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Tobacco or nicotine delivery products	13.6	15.3	9.5	14.4
Alcoholic beverages	10.7	14.7	14.3	13.2
Cannabis (nonmedical use)	26.2	28.8	23.8	27.8
Cocaine	2.4	2.1	0.0	2.1
Prescription stimulants (nonmedical use)	1.1	1.4	2.4	1.3
Methamphetamine	0.5	0.3	0.0	0.4
Inhalants	1.3	0.5	0.0	0.8
Sedatives or Sleeping Pills (nonmedical use)	0.5	0.6	0.0	0.6
Hallucinogens	4.5	3.2	7.1	3.8
Heroin	0.0	0.2	0.0	0.1
Prescription opioids (nonmedical use)	1.1	0.3	0.0	0.6

*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.

*High risk use of the substance			
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
1.3	0.6	0.0	0.9
1.1	2.3	0.0	1.7
1.1	0.6	4.8	1.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

Proportion of students (overall sample) who report misusing prescription medications (taking without a prescription, or taking more medication or more often than prescribed) in the past 3 months:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Prescription stimulants	1.3	1.6	2.4	1.6
Prescription sedatives or sleeping pills	0.5	1.0	0.0	0.8
Prescription opioids	0.5	0.3	0.0	0.4

***Tobacco or nicotine delivery products used in the last 3 months**

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Cigarettes	11.0	10.1	14.3	10.6
E-cigarettes or other vape products (for example: Juul, etc.)	13.9	18.4	14.3	16.5
Water pipe or hookah	1.6	0.2	0.0	0.8
Chewing or smokeless tobacco	2.7	0.6	0.0	1.4
Cigars or little cigars	4.8	1.1	0.0	2.5
Other	0.3	0.0	0.0	0.1

*These figures use all students in the sample as the denominator, rather than just those students who reported tobacco or nicotine delivery product use in the last 3 months.

Students in Recovery

■ 1.4 % of college students surveyed (2.7 % cis men, 0.8 % cis women, and 0.0 % transgender/gender non-conforming) indicated they were in recovery from alcohol or other drug use.

When, if ever, was the last time you:

Percent (%)	Drank Alcohol			Total
	Cis Men	Cis Women	Trans/ Gender Non- conforming	
Never	19.9	15.1	16.7	17.1
Within the last 2 weeks	53.1	63.3	47.6	58.7
More than 2 weeks ago but within the last 30 days	9.2	9.3	16.7	9.6
More than 30 days ago but within the last 3 months	10.5	7.1	16.7	8.7
More than 3 months ago but within the last 12 months	4.3	2.9	0.0	3.4
More than 12 months ago	3.0	2.3	2.4	2.5

*Students were instructed to include medical and non-medical use of cannabis.

Cis Men	Cis Women	*Used Cannabis/Marijuana	
		Trans/ Gender Non- conforming	Total
45.7	41.6	42.9	43.2
27.0	29.0	33.3	28.4
4.3	5.5	11.9	5.5
10.3	7.3	4.8	8.2
6.2	9.2	2.4	7.9
6.5	7.4	4.8	6.9

Driving under the influence

- 10.3 % of college students reported driving after having **any alcohol** in the last 30 days.*
*Only students who reported driving in the last 30 days and drinking alcohol in the last 30 days were asked this question.
- 21.1 % of college students reported driving within 6 hours of using cannabis/marijuana in the last 30 days.*
*Only students who reported driving in the last 30 days and using cannabis in the last 30 days were asked this question.

Estimated Blood Alcohol Concentration (or eBAC) of college students. Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. Only students who reported drinking alcohol within the last 3 months answered these questions.

Estimated BAC	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
< .08		79.9	72.9	90.9	76.2
< .10		84.3	82.9	93.9	83.9
Mean		0.05	0.05	0.03	0.05
Median		0.03	0.04	0.02	0.04
Std Dev		0.05	0.06	0.04	0.06

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

*Reported number of drinks consumed the last time students drank alcohol in a social setting.

Number of drinks	Percent (%)	Trans/ Gender Non- conforming			Total
		Cis Men	Cis Women		
4 or fewer		62.1	77.6	85.3	72.6
5		11.9	10.4	8.8	10.9
6		7.1	6.3	2.9	6.4
7 or more		19.0	5.7	2.9	10.1
Mean		4.2	3.2	2.5	3.5
Median		3.0	3.0	2.0	3.0
Std Dev		3.2	2.2	2.1	2.6

*Only students who reported drinking alcohol in the last three months were asked this question.

Reported number of times college students consumed five or more drinks in a sitting within the last two weeks:

	Among all students surveyed				
	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Did not drink alcohol in the last two weeks (includes non-drinkers)		47.0	36.9	52.4	41.4
None		20.0	29.9	26.2	26.0
1-2 times		22.2	25.1	21.4	23.8
3-5 times		10.0	7.3	0.0	7.9
6 or more times		0.8	0.8	0.0	0.9

*Only students who reported drinking alcohol in the last two weeks were asked this question.

*Among those who reported drinking alcohol within the last two weeks

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
37.8	47.4	55.0	44.3
41.8	39.7	45.0	40.7
18.9	11.5	0.0	13.5
1.5	1.3	0.0	1.5

*College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol:

	Trans/ Gender Non- conforming				
	Percent (%)	Cis Men	Cis Women	Total	
Did something I later regretted		16.9	27.6	8.8	23.2
Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)		12.3	14.7	5.9	13.4
Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)		22.5	32.3	11.8	28.1
Got in trouble with the police		1.4	1.0	0.0	1.1
Got in trouble with college/university authorities		2.5	1.2	0.0	1.6
Someone had sex with me without my consent		0.7	3.5	0.0	2.4
Had sex with someone without their consent		0.4	0.0	0.0	0.1
Had unprotected sex		10.9	13.3	2.9	12.1
Physically injured myself		4.6	13.5	2.9	10.2
Physically injured another person		0.7	1.0	0.0	0.8
Seriously considered suicide		1.8	2.2	2.9	2.2
Needed medical help		1.1	1.6	0.0	1.4
Reported two or more of the above		22.4	34.2	7.4	29.3

*Only students who reported drinking alcohol in the last 12 months were asked these questions.

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

G. Sexual Behavior

When, if ever, was the last time you had:

Percent (%)	Oral sex			Total
	Cis Men	Cis Women	Trans/ Gender Non- conforming	
Never	37.9	36.0	38.1	36.8
Within the last 2 weeks	27.2	29.7	28.6	28.8
More than 2 weeks ago but within the last 30 days	9.0	9.6	11.9	9.5
More than 30 days ago but within the last 3 months	10.6	8.9	9.5	9.6
More than 3 months ago but within the last 12 months	7.4	10.2	2.4	8.8
More than 12 months ago	7.9	5.5	9.5	6.6

Vaginal intercourse			
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
44.0	40.4	56.1	42.4
24.5	32.2	14.6	28.7
7.3	8.3	4.9	7.8
8.4	6.7	12.2	7.6
6.3	8.0	7.3	7.3
9.5	4.4	4.9	6.2

Percent (%)	Anal intercourse			Total
	Cis Men	Cis Women	Trans/ Gender Non- conforming	
Never	86.0	86.5	75.6	85.7
Within the last 2 weeks	2.5	1.3	4.9	1.8
More than 2 weeks ago but within the last 30 days	1.6	1.1	0.0	1.4
More than 30 days ago but within the last 3 months	3.6	1.0	4.9	2.0
More than 3 months ago but within the last 12 months	1.4	3.1	4.9	2.7
More than 12 months ago	4.9	7.0	9.8	6.3

*College students who reported having oral sex, or vaginal or anal intercourse within the last 12 months reported having the following number of sexual partners:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
	None	2.0	0.3	0.0
1	68.1	62.0	75.0	64.4
2	9.3	12.8	12.5	11.7
3	3.9	9.6	4.2	7.7
4 or more	16.7	15.4	8.3	15.4
Mean	2.6	2.2	1.5	2.3
Median	1.0	1.0	1.0	1.0
Std Dev	6.3	2.3	1.2	4.1

*Only students who reported having oral sex, or vaginal or anal intercourse in the last 12 months were asked this question.

College students who reported having oral sex, or vaginal or anal intercourse within the last 30 days who reported using a condom or another protective barrier *most of the time* or *always*:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
	Oral sex	6.1	5.0	0.0
Vaginal intercourse	50.4	37.8	62.5	42.1
Anal intercourse	60.0	33.3	0.0	42.4

*Only students who reported having oral sex, or vaginal or anal intercourse in the last 30 days were asked these questions.

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they or their partner used any method to prevent pregnancy the last time they had vaginal intercourse:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
	Yes, used a method of contraception	88.2	95.3	93.8
No, did not want to prevent pregnancy	0.6	0.0	0.0	0.2
No, did not use any method	10.0	3.8	6.3	5.9
Don't know	1.2	0.9	0.0	0.9

*Only students who reported having oral sex, or vaginal or anal intercourse in the last 12 months were asked this question.

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

*Those students who reported using a contraceptive use the last time they had vaginal intercourse, reported they (or their partner) used the following methods:

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
Birth control pills (monthly or extended cycle)	50.0	40.9	40.0	43.5
Birth control shots	2.0	0.9	6.7	1.4
Birth control implants	10.0	9.0	6.7	9.3
Birth control patch	1.3	0.3	0.0	0.6
The ring	0.7	2.2	0.0	1.6
Emergency contraception ("morning after pill" or "Plan B")	4.0	6.2	6.7	5.5
Intrauterine device	10.7	22.3	20.0	18.7
Male (external) condom	56.7	49.8	46.7	51.6
Female (internal) condom	0.0	0.0	0.0	0.0
Diaphragm or cervical cap	0.0	0.0	0.0	0.0
Contraceptive sponge	0.0	0.0	0.0	0.0
Withdrawal	15.3	22.9	6.7	20.3
Fertility awareness (calendar, mucous, basal body temperature)	4.0	2.8	0.0	3.0
Sterilization (hysterectomy, tubes tied, vasectomy)	0.0	0.0	6.7	0.2
Other method	0.0	0.0	6.7	0.2
<i>Male condom use plus another method</i>	33.3	34.4	26.7	33.7
<i>Any two or more methods (excluding male condoms)</i>	16.0	20.4	20.0	19.1

*Only students who reported they or their partner used a method the last time they had vaginal intercourse were asked these questions.

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they or their partner used emergency contraception ("morning after pill" or "Plan B") in the last 12 months:

Yes (19.8 % cis men, 21.9 % cis women, 18.8 % trans/gender non-conforming)

College students who reported having vaginal intercourse (penis in vagina) within the last 12 months were asked if they experienced an unintentional pregnancy or got someone pregnant within the last 12 months:

Yes (0 % cis men, 0.6 % cis women, 0 % trans/gender non-conforming)

H. Mental Health and Wellbeing

Kessler 6 (K6) Non-Specific Psychological Distress Score (Range is 0-24)

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
No or low psychological distress (0-4)	31.0	21.4	4.9	24.0
Moderate psychological distress (5-12)	52.1	56.2	48.8	54.4
Serious psychological distress (13-24)	17.0	22.4	46.3	21.6
Mean	7.70	8.95	12.66	8.69
Median	6.00	8.00	12.00	8.00
Std Dev	5.20	5.07	5.16	5.23

UCLA Loneliness Scale (ULS3) Score (Range is 3-9)

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
Negative for loneliness (3-5)	47.8	46.7	31.0	46.4
Positive for loneliness (6-9)	52.2	53.3	69.0	53.6
Mean	5.56	5.67	6.29	5.66
Median	6.00	6.00	6.00	6.00
Std Dev	1.92	1.82	1.63	1.86

Diener Flourishing Scale – Psychological Well-Being (PWB) Score (Range is 8-56)

(higher scores reflect a higher level of psychological well-being)

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Mean	43.69	44.88	38.43	44.17
Median	46.00	47.00	41.00	46.00
Std Dev	9.70	7.87	10.89	8.81

The Connor-Davison Resilience Scale (CD-RISC2) Score (Range is 0-8)

(higher scores reflect greater resilience)

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Mean	6.15	6.00	5.07	6.02
Median	6.00	6.00	5.00	6.00
Std Dev	1.58	1.50	1.85	1.55

Self injury

■ 8.1 % of college students surveyed (3.5 % cis men, 8.4 % cis women, and 39.0 % trans/gender non-conforming) indicated they had intentionally cut, burned, bruised, or otherwise injured themselves within the last 12 months.

Within the last 12 months, have you had problems or challenges with any of the following:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Academics	48.0	53.5	64.3	52.2
Career	31.7	36.0	38.1	34.6
Finances	31.2	37.0	45.2	35.4
Procrastination	74.7	73.5	83.3	74.5
Faculty	10.4	10.3	17.1	10.8
Family	26.6	39.7	50.0	35.7
Intimate relationships	35.4	40.3	38.1	38.5
Roommate/housemate	30.2	45.1	35.7	39.6
Peers	16.3	26.2	31.0	23.2
Personal appearance	40.4	64.0	69.0	56.1
Health of someone close to me	35.2	38.6	52.4	38.2
Death of a family member, friend, or someone close to me	19.8	23.5	19.0	22.1
Bullying	3.0	4.7	9.5	4.4
Cyberbullying	2.2	2.1	7.1	2.4
Hazing	1.4	0.8	2.4	1.2
Microaggression	13.0	19.2	35.7	17.8
Sexual Harassment	3.8	15.8	16.7	11.8
Discrimination	8.4	9.5	21.4	9.7

*Only students who reported a problem or challenge in the last 12 months were asked about level of distress.

Students reporting none of the above	7.8	4.5	7.1	5.8
Students reporting only one of the above	13.5	6.9	0.0	8.9
Students reporting 2 of the above	11.1	11.1	2.4	10.7
Students reporting 3 or more of the above	67.6	77.4	90.5	74.6

***Of those reporting this issue, it caused moderate or high distress**

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
84.7	91.5	96.3	89.6
68.4	78.5	87.5	75.2
69.3	76.4	78.9	74.3
61.4	68.7	64.7	66.1
48.6	59.4	71.4	56.8
56.1	67.3	71.4	65.1
59.7	69.8	50.0	66.0
48.6	64.2	73.3	60.5
41.7	51.2	61.5	50.0
38.1	60.5	58.6	54.7
55.9	68.5	68.2	64.6
71.2	73.8	87.5	73.8
27.3	69.0	75.0	60.9
0.0	30.8	66.7	28.0
60.0	60.0	100.0	66.7
33.3	36.1	33.3	36.2
64.3	58.2	85.7	61.0
48.4	52.5	66.7	53.5

Suicide Behavior Questionnaire-Revised (SBQR) Screening Score (Range is 3-18)

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
Negative suicidal screening (3-6)	81.1	75.3	42.9	75.6
Positive suicidal screening (7-18)	18.9	24.7	57.1	24.4
Mean	4.81	5.13	7.79	5.14
Median	4.00	4.00	8.00	4.00
Std Dev	2.61	2.86	3.75	2.89

Suicide attempt

- 2.5 % of college students surveyed (2.7 % cis men, 2.1 % cis women, and 7.1 % trans/gender non-conforming) indicated they had attempted suicide within the last 12 months.

Within the last 30 days, how would you rate the overall level of stress experienced:

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
No stress	1.6	0.2	0.0	0.7
Low	32.7	18.7	9.5	23.3
Moderate	45.8	51.5	45.2	49.2
High	19.8	29.6	45.2	26.8

I. Acute Conditions

College students reported being diagnosed by a healthcare professional within the last 12 months with:

	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
<i>Percent (%)</i>				
Bronchitis	2.2	2.4	0.0	2.2
Chlamydia	0.5	2.1	0.0	1.5
Chicken Pox (Varicella)	0.0	0.3	0.0	0.2
Cold/virus or other respiratory illness (for example: sinus infection, ear infection, strep throat, tonsillitis, pharyngitis, or laryngitis)	23.0	32.4	23.8	28.7
Concussion	3.0	3.2	2.4	3.2
Gonorrhea	0.3	0.0	0.0	0.1
Flu (influenza) or flu-like illness	7.8	7.8	5.0	7.7
Mumps	0.0	0.0	0.0	0.0
Mononucleosis (mono)	1.9	1.6	0.0	1.7
Orthopedic injury (for example: broken bone, fracture, sprain, bursitis, tendinitis, or ligament injury)	3.8	6.9	14.3	6.2
Pelvic Inflammatory Disease	0.0	0.0	0.0	0.0
Pneumonia	0.3	0.8	0.0	0.6
Shingles	0.0	0.5	2.4	0.4
Stomach or GI virus or bug, food poisoning or gastritis	2.2	5.8	9.5	4.6
Urinary tract infection	0.8	13.6	9.5	8.9

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

J. Ongoing or Chronic Conditions

The questions for the *ongoing or chronic conditions* are presented differently in this report than the order they appear in the survey. In the survey, all items appear in a single list, ordered alphabetically. In this report, the conditions are presented in groups to ease burden on the reader. The findings are divided into mental health conditions, STIs and other chronic infections, and other ongoing or chronic conditions in this report.

Mental Health	College students reported ever being diagnosed with the following:			
	Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming
ADD/ADHD - Attention Deficit/Hyperactivity Disorder	6.5	8.1	21.4	8.1
Alcohol or Other Drug-Related Abuse or Addiction	1.1	0.5	0.0	0.7
Anxiety (for example: Generalized Anxiety, Social Anxiety, Panic Disorder, Specific Phobia)	8.6	31.9	59.5	24.8
Autism Spectrum	1.6	0.3	9.5	1.2
Bipolar and Related Conditions (for example: Bipolar I, II, Hypomanic Episode)	0.0	1.5	12.2	1.4
Borderline Personality Disorder (BPD), Avoidant Personality, Dependent Personality, or another personality disorder	0.0	0.6	0.0	0.4
Depression (for example: Major depression, persistent depressive disorder, disruptive mood disorder)	7.8	21.6	59.5	18.3
Eating Disorders (for example: Anorexia Nervosa, Bulimia Nervosa, Binge-Eating)	0.3	7.6	16.7	5.3
Gambling Disorder	0.0	0.0	0.0	0.0
Insomnia	1.9	5.0	7.1	4.1
Obsessive-Compulsive and Related Conditions (for example: OCD, Body Dysmorphia, Hoarding, Trichotillomania and other body-focused repetitive behavior disorders)	1.6	5.7	4.8	4.3
PTSD (Posttraumatic Stress Disorder), Acute Stress Disorder, Adjustment Disorder, or another trauma- or stressor- related condition	0.8	6.0	9.5	4.3
Schizophrenia and Other Psychotic Conditions (for example: Schizophrenia, Schizoaffective Disorder, Schizophreniform Disorder, Delusional Disorder)	0.0	0.0	0.0	0.1
Tourette's or other neurodevelopmental condition not already listed	1.1	0.5	0.0	0.8
Traumatic brain injury (TBI)	1.4	0.5	0.0	0.9

***Of those ever diagnosed, those reporting contact with healthcare or MH professional within last 12 months**

Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
62.5	74.0	88.9	72.3
50.0	66.7	0.0	57.1
53.1	73.7	76.0	71.6
16.7	50.0	75.0	41.7
0.0	77.8	80.0	78.6
0.0	75.0	0.0	75.0
55.2	73.9	68.0	70.5
0.0	61.7	57.1	60.0
0.0	0.0	0.0	0.0
28.6	51.6	33.3	46.3
16.7	80.0	50.0	70.5
33.3	67.6	100.0	68.2
0.0	0.0	0.0	0.0
25.0	66.7	0.0	42.9
40.0	66.7	0.0	50.0

*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non-conforming	Total
<i>Students reporting none of the above</i>	81.9	59.4	28.6	66.1
<i>Students reporting only one of the above</i>	9.4	13.5	4.8	11.8
<i>Students reporting both Depression and Anxiety</i>	4.9	18.0	52.4	14.7
<i>Students reporting any two or more of the above (excluding the combination of Depression and Anxiety)</i>	3.8	9.0	14.3	7.4

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

STI's/Other chronic infections

College students reported ever being diagnosed with the following:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Genital herpes	0.3	0.8	2.4	0.8
Hepatitis B or C	0.0	0.0	0.0	0.0
HIV or AIDS	0.0	0.0	0.0	0.0
Human papillomavirus (HPV) or genital warts	0.0	0.7	0.0	0.4

*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

***Of those ever diagnosed, had contact with healthcare or MH professional within last 12 months**

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
100.0	100.0	0.0	85.7
0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0
0.0	75.0	0.0	75.0

Other Chronic /Ongoing Medical Conditions

College students reported ever being diagnosed with the following:

Percent (%)	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Acne	28.5	34.6	19.0	32.0
Allergies - food allergy	11.6	11.4	16.7	11.7
Allergies - animals/pets	13.2	9.9	14.6	11.3
Allergies - environmental (for example: pollen, grass, dust, mold)	23.8	22.5	26.2	23.2
Asthma	18.4	13.8	16.7	15.6
Cancer	0.8	0.2	0.0	0.4
Celiac disease	0.3	0.8	0.0	0.6
Chronic pain (for example: back or joint pain, arthritis, nerve pain)	1.4	5.0	11.9	4.0
Diabetes or pre-diabetes/insulin resistance	1.6	0.6	2.4	1.1
Endometriosis	0.0	0.3	0.0	0.2
Gastroesophageal Reflux Disease (GERD) or acid reflux	0.5	2.9	4.8	2.1
Heart & vascular disorders (for example: atrial fibrillation or other cardiac arrhythmia, mitral valve prolapse or other valvular heart disease, congenital heart condition)	1.9	1.5	2.4	1.6
High blood pressure (hypertension)	3.3	0.5	0.0	1.6
High cholesterol (hyperlipidemia)	2.2	2.0	0.0	1.9
Irritable bowel syndrome (spastic colon or spastic bowel)	1.3	5.9	2.4	4.2
Migraine headaches	4.3	11.8	14.3	9.4
Polycystic Ovarian Syndrome (PCOS)	0.0	1.5	0.0	1.0
Sleep Apnea	2.2	0.0	0.0	0.9
Thyroid condition or disorder	0.8	1.8	7.3	1.8
Urinary system disorder (for example: bladder or kidney disease, urinary reflux, interstitial cystitis)	0.5	1.1	2.4	1.1

*Only students who reported ever being diagnosed were asked about contact with a healthcare or mental health professional within the last 12 months.

***Of those ever diagnosed, had contact with healthcare or MH professional within last 12 months**

Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
36.2	50.5	25.0	45.1
23.3	37.7	28.6	32.5
24.5	27.9	0.0	25.6
23.9	23.0	18.2	23.7
22.1	25.9	28.6	24.8
33.3	100.0	0.0	50.0
100.0	40.0	0.0	50.0
60.0	61.3	60.0	61.0
100.0	50.0	100.0	81.8
0.0	50.0	0.0	50.0
50.0	77.8	50.0	72.7
42.9	55.6	100.0	52.9
58.3	33.3	0.0	50.0
62.5	50.0	0.0	55.0
80.0	69.4	100.0	71.4
18.8	50.7	16.7	42.7
0.0	77.8	0.0	77.8
50.0	0.0	0.0	50.0
100.0	81.8	66.7	82.4
100.0	71.4	100.0	80.0

Cis Men n =	374
Cis Women n =	621
Trans/GNC n =	42

Students who reported being diagnosed with diabetes or pre-diabetes/insulin resistance, indicated they had:

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Type I Diabetes	16.7	0.0	0.0	12.5
Type II Diabetes	0.0	0.0	0.0	0.0
Pre-diabetes or insulin resistance	80.0	75.0	100.0	80.0
Gestational Diabetes	0.0	0.0	0.0	0.0

K. Sleep

Reported amount of time to usually fall asleep at night (sleep onset latency):

<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Less than 15 minutes	50.0	44.8	26.2	46.0
16 to 30 minutes	29.1	26.6	35.7	27.8
31 minutes or more	20.9	28.7	38.1	26.2

Over the last 2 weeks, students reported the following average amount of sleep (excluding naps):

On weeknights				
<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
Less than 7 hours	32.9	33.8	47.6	34.3
7 to 9 hours	66.8	65.1	50.0	64.8
10 or more hours	0.3	1.1	2.4	0.9

On weekend nights				
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total	
15.8	20.5	7.1	18.3	
78.6	72.3	78.6	74.8	
5.6	7.2	14.3	6.9	

Students reported the following on 3 or more of the last 7 days:

Felt tired or sleepy during the day				
<i>Percent (%)</i>	Cis Men	Cis Women	Trans/ Gender Non- conforming	Total
0 days	6.1	2.3	2.4	3.6
1-2 days	29.7	18.2	31.0	22.7
3-5 days	46.0	52.1	35.7	49.3
6-7 days	18.2	27.4	31.0	24.3

Got enough sleep so that they felt rested				
Cis Men	Cis Women	Trans/ Gender Non- conforming	Total	
10.7	13.7	16.7	12.7	
35.9	40.5	45.2	38.9	
43.2	36.6	26.2	38.7	
10.2	9.2	11.9	9.7	

Demographics and Sample Characteristics

■ Age		■ Students describe themselves as	
18 - 20 years:	62.7 %	Straight/Heterosexual:	74.9 %
21 - 24 years:	33.7 %	Asexual:	1.4 %
25 - 29 years:	2.3 %	Bisexual:	11.5 %
30+ years:	1.3 %	Gay:	1.8 %
Mean age:	20.3 years	Lesbian:	1.9 %
Median age:	20.0 years	Pansexual:	2.4 %
		Queer:	2.4 %
		Questioning:	3.5 %
		Identity not listed above:	0.2 %
■ Gender*			
Cis Women:	59.3 %		
Cis Men:	35.7 %		
Transgender/Gender Non-conforming:	4.0 %		
* See note on page 2 regarding gender categories			
■ Student status		■ Housing	
1st year undergraduate:	27.1 %	Campus or university housing:	46.7 %
2nd year undergraduate:	23.3 %	Fraternity or sorority residence:	1.1 %
3rd year undergraduate:	22.3 %	Parent/guardian/other family:	3.2 %
4th year undergraduate:	18.0 %	Off-campus:	48.9 %
5th year or more undergraduate:	4.5 %	Temporary or "couch surfing":	0.1 %
Master's (MA, MS, MFA, MBA, etc.):	4.7 %	Don't have a place to live:	0.1 %
Doctorate (PhD, EdD, MD, JD, etc.):	0.0 %	Other:	0.0 %
Not seeking a degree:	0.0 %		
Other:	0.0 %		
		■ Students describe themselves as	
Full-time student:	96.2 %	American Indian or Native Alaskan	1.3 %
Part-time student:	3.3 %	Asian or Asian American	21.1 %
Other student:	0.6 %	Black or African American	0.9 %
		Hispanic or Latino/a/x	15.7 %
■ Visa to work or study in the US:	7.5 %	Middle Eastern/North African (MENA) or Arab Origin:	2.7 %
		Native Hawaiian or Other Pacific Islander Native:	1.3 %
■ Relationship status		White:	67.5 %
Not in a relationship:	58.9 %	Biracial or Multiracial:	7.2 %
In a relationship but not married/partnered:	39.3 %	Identity not listed above:	1.0 %
Married/partnered:	1.8 %		
		<i>If Hispanic or Latino/a/x, are you</i>	
■ Primary Source of Health Insurance		Mexican, Mexican American, Chicano:	80.0 %
College/university sponsored SHIP plan:	3.6 %	Puerto Rican:	2.4 %
Parent or guardian's plan:	83.5 %	Cuban:	1.8 %
Employer (mine or my spouse/partners):	0.6 %	Another Hispanic, Latino/a/x, or Spanish Origin:	23.0 %
Medicaid, Medicare, SCHIP, or VA:	8.2 %		
Bought a plan on my own:	1.0 %	<i>If Asian or Asian American, are you</i>	
Don't have health insurance:	1.1 %	East Asian:	60.2 %
Don't know if I have health insurance:	0.6 %	Southeast Asian:	32.1 %
Have insurance, but don't know source:	1.6 %	South Asian:	14.9 %
		Other Asian:	2.7 %
■ Student Veteran:	0.3 %		
■ Parent or primary responsibility for someone else's child/children under 18 years old:	1.3 %		

■ **First generation students** 24.0 %
(Proportion of students for whom no parent/guardian have completed a bachelor's degree)

■ **Do you have any of the following?**

Attention Deficit/Hyperactivity Disorder (ADD or ADHD):	9.8 %
Autism Spectrum Disorder:	2.2 %
Deaf/Hearing loss:	1.4 %
Learning disability:	3.4 %
Mobility/Dexterity disability:	1.0 %
Blind/low vision:	4.0 %
Speech or language disorder:	1.2 %

■ **Participated in organized college athletics:**

Varsity:	3.2 %
Club sports:	11.8 %
Intramurals:	19.3 %

■ **Member of a social fraternity or sorority:**

Greek member:	11.6 %
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Cal Poly San Luis Obispo

Executive Summary

Spring 2018

American College Health Association
National College Health Assessment II



ACHA-NCHA II

The ACHA-NCHA II supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

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ACHA, the nation's principal advocate and leadership organization for college and university health, represents a diverse membership that provides and supports the delivery of health care and prevention and wellness services for the nation's 20 million college students. For more information about the association's programs and services, visit www.acha.org, and www.achancho.org.

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American College Health Association. American College Health Association-National College Health Assessment II: Cal Poly San Luis Obispo Executive Summary Spring 2018. Hanover, MD: American College Health Association; 2018.

Introduction

The ACHA-National College Health Assessment II (ACHA-NCHA II) is a national research survey organized by the American College Health Association (ACHA) to assist college health service providers, health educators, counselors, and administrators in collecting data about their students' habits, behaviors, and perceptions on the most prevalent health topics.

ACHA initiated the original ACHA-NCHA in 2000 and the instrument was used nationwide through the spring 2008 data collection period. The ACHA-NCHA now provides the largest known comprehensive data set on the health of college students, providing the college health and higher education fields with a vast spectrum of information on student health. A revised survey, the ACHA-NCHA-II, has been in use since the fall 2008 data collection period.

Please note the ACHA-NCHA II is not appropriate for trend comparison with items from the original ACHA-NCHA survey. Directly comparing pre- and post-redesign estimates on similar data points, without taking into account the impact of the survey's redesign, can lead to an erroneous conclusion.

Notes about this report:

1. Missing values have been excluded from analysis and only valid percents are included in this document.
2. Students responding "not applicable" were excluded from several analyses, which are specifically noted throughout this document. This will often explain differences observed between this document and the full data report.
3. ***A note about the use of sex and gender in this report:*** Survey responses are reported by sex based on the responses to questions 47a, 47b, and 47c. For the purpose of the ACHA-NCHA report documents, respondents are reported as male or female only when their responses to these three questions are consistent with one another. If students' gender identity is consistent with their sex at birth AND the student selects "no" for transgender, then respondents are designated as either *male* or *female*. If respondents select "yes" for transgender OR their sex at birth is not consistent with their gender identity, then they are designated as *non-binary*. A respondent that skips any of the three questions is designated as *unknown*. Totals displayed in this report include *non-binary* and *unknown* students.

For additional information about the survey's development, design, and methodology, email Mary T Hoban, PhD, MCHES, (mhoban@acha.org), E. Victor Leino, PhD (vleino@acha.org), or visit www.acha-ncha.org.

This Executive Summary highlights results of the ACHA-NCHA II Spring 2018 survey for Cal Poly San Luis Obispo consisting of 1,004 respondents.

The overall response proportion was 14.4%.

Findings

A. General Health of College Students

■48.7 % of college students surveyed (55.0 % male and 45.9 % female) described their health as *very good or excellent* .

■84.4 % of college students surveyed (88.7 % male and 82.8 % female) described their health as *good, very good or excellent* .

Proportion of college students who reported being diagnosed or treated by a professional for any of the following health problems within the last 12 months:

Allergies:	21.6 %	Hepatitis B or C:	0.5 %
Asthma:	10.1 %	High blood pressure:	2.0 %
Back pain:	10.8 %	High cholesterol:	2.2 %
Broken bone/Fracture/Sprain:	5.8 %	HIV infection:	0.3 %
Bronchitis:	6.5 %	Irritable Bowel Syndrome:	2.8 %
Chlamydia:	1.8 %	Migraine headache:	5.8 %
Diabetes:	0.5 %	Mononucleosis:	2.3 %
Ear infection:	7.7 %	Pelvic Inflammatory Disease:	0.2 %
Endometriosis:	1.1 %	Repetitive stress injury:	1.4 %
Genital herpes:	0.8 %	Sinus infection:	14.1 %
Genital warts/HPV:	0.8 %	Strep throat:	15.1 %
Gonorrhea:	0.3 %	Tuberculosis:	0.3 %
		Urinary tract infection:	12.3 %

■57.1 % of college students (44.7 % male, 63.2 % female) reported being diagnosed or treated by a professional with one or more of the above conditions within the last 12 months.

Proportion of college students who reported any of the following:

Attention Deficit and Hyperactivity Disorder (ADHD)	5.7 %
Chronic illness (e.g., cancer, diabetes, auto-immune disorders)	3.7 %
Deafness/Hearing loss	1.3 %
Learning disability	3.7 %
Mobility/Dexterity disability	0.5 %
Partial sightedness/Blindness	2.4 %
Psychiatric condition	5.7 %
Speech or language disorder	0.3 %
Other disability	1.9 %

B. Disease and Injury Prevention

College students reported receiving the following vaccinations (shots):

- 75.7 % reported receiving vaccination against hepatitis B.
- 69.4 % reported receiving vaccination against Human Papillomavirus/HPV (cervical cancer vaccine).
- 44.6 % reported receiving vaccination against influenza (flu) in the last 12 months (shot or nasal mist).
- 70.7 % reported receiving vaccination against measles, mumps, rubella.
- 75.3 % reported receiving vaccination against meningococcal meningitis.
- 70.4 % reported receiving vaccination against varicella (chicken pox).

Other disease prevention practices reported by college students:

- 83.0 % reported having a dental exam and cleaning in the last 12 months.
- 34.9 % of males reported performing a testicular self exam in the last 30 days.
- 29.0 % of females reported performing a breast self exam in the last 30 days.
- 28.8 % of females reported having a routine gynecological exam in the last 12 months.
- 59.1 % reported using sunscreen regularly with sun exposure.
- 24.7 % reported ever being tested for Human Immunodeficiency Virus (HIV) infection.

College students reported the following behaviors within the last 12 months:

<i>Percent (%)</i>	N/A, did not do this activity within the last 12 months		Never*	Rarely or sometimes*	Mostly or always*
Wear a seatbelt when you rode in a car	0.5		0.2	1.8	98.0
Wear a helmet when you rode a bicycle	39.3		36.3	31.1	32.6
Wear a helmet when you rode a motorcycle	89.5		2.9	2.9	94.3
Wear a helmet when you were inline skating	89.7		53.4	14.6	32.0

* *Students responding "N/A, did not do this activity within the last 12 months" were excluded.*

C. Academic Impacts

Within the last 12 months, students reported the following factors affecting their individual academic performance, defined as: received a lower grade on an exam, or an important project; received a lower grade in the course; received an incomplete or dropped the course; or experienced a significant disruption in thesis, dissertation, research, or practicum work; (listed alphabetically):

Alcohol use:	7.8 %	Gambling:	0.4 %
Allergies:	4.6 %	Homesickness:	9.1 %
Anxiety:	32.8 %	Injury:	2.8 %
Assault (physical):	0.7 %	Internet use/computer games:	14.8 %
Assault (sexual):	2.5 %	Learning disability:	3.4 %
Attention Deficit/Hyperactivity Disorder:	5.1 %	Participation in extracurricular activities:	16.5 %
Cold/Flu/Sore throat:	26.4 %	Pregnancy (yours or partner's):	0.7 %
Concern for a troubled friend or family member:	13.9 %	Relationship difficulties:	9.9 %
Chronic health problem or serious illness:	4.1 %	Roommate difficulties:	10.3 %
Chronic pain:	3.1 %	Sexually transmitted disease/infection (STD/I):	0.4 %
Death of a friend or family member:	6.6 %	Sinus infection/Ear infection/Bronchitis/Strep throat:	6.8 %
Depression:	20.5 %	Sleep difficulties:	25.5 %
Discrimination:	2.6 %	Stress:	43.4 %
Drug use:	2.6 %	Work:	12.2 %
Eating disorder/problem:	2.7 %	Other:	2.3 %
Finances:	5.9 %		

D. Violence, Abusive Relationships and Personal Safety

Within the last 12 months, college students reported experiencing:

	Percent (%)	Male	Female	Total
A physical fight		5.4	1.9	3.1
A physical assault (not sexual assault)		1.7	2.1	2.1
A verbal threat		18.4	11.3	13.9
Sexual touching without their consent		6.1	19.1	15.1
Sexual penetration attempt without their consent		1.7	8.1	6.4
Sexual penetration without their consent		0.7	3.4	2.7
Stalking		2.4	5.8	4.6
An emotionally abusive intimate relationship		5.1	8.2	7.2
A physically abusive intimate relationship		0.7	1.2	1.0
A sexually abusive intimate relationship		1.0	2.9	2.4

Findings continued

College students reported feeling *very safe* :

	Percent (%)	Male	Female	Total
On their campus (daytime)		92.2	80.6	83.3
On their campus (nighttime)		62.9	17.1	30.8
In the community surrounding their school (daytime)		81.6	61.2	66.3
In the community surrounding their school (nighttime)		47.8	9.1	20.6

E. Tobacco, Alcohol and Marijuana Use

Reported use versus perceived use - reported use for all students within the past 30 days compared with how often students perceived the typical student on campus used substances within the same time period. The last line of each table combines all categories of any use in the last 30 days.

Cigarette

	Percent (%)	Actual Use		
		Male	Female	Total
Never used		73.1	81.6	79.0
Used, but not in the last 30 days		15.3	12.1	13.2
Used 1-9 days		7.1	5.4	5.9
Used 10-29 days		2.0	0.4	0.9
Used all 30 days		2.4	0.4	1.0
<i>Any use within the last 30 days</i>		11.6	6.3	7.8

Perceived Use		
Male	Female	Total
19.5	9.5	12.8
28.3	25.4	25.9
44.4	52.7	50.5
5.1	10.3	8.7
2.7	2.1	2.2
52.2	65.1	61.4

E-Cigarette

	Percent (%)	Actual Use		
		Male	Female	Total
Never used		64.3	70.8	68.8
Used, but not in the last 30 days		10.2	11.6	11.1
Used 1-9 days		15.3	11.6	12.7
Used 10-29 days		6.1	3.4	4.4
Used all 30 days		4.1	2.5	2.9
<i>Any use within the last 30 days</i>		25.5	17.5	20.0

Perceived Use		
Male	Female	Total
10.6	4.9	7.1
11.6	9.7	10.0
38.7	45.3	43.6
29.5	27.3	27.5
9.6	12.8	11.8
77.7	85.4	82.9

Tobacco from a water pipe (hookah)

	Percent (%)	Actual Use		
		Male	Female	Total
Never used		81.0	85.3	83.9
Used, but not in the last 30 days		16.0	13.0	14.0
Used 1-9 days		1.4	1.3	1.3
Used 10-29 days		0.3	0.3	0.3
Used all 30 days		1.4	0.1	0.5
<i>Any use within the last 30 days</i>		3.1	1.8	2.1

Perceived Use		
Male	Female	Total
25.9	14.7	18.5
28.7	24.8	25.9
39.6	49.7	46.3
4.1	9.6	8.0
1.7	1.2	1.3
45.4	60.5	55.6

Alcohol

	Percent (%)	Actual Use			Perceived Use		
		Male	Female	Total	Male	Female	Total
Never used		17.7	12.8	14.6	2.4	0.3	1.2
Used, but not in the last 30 days		9.9	11.1	11.0	0.3	0.1	0.2
Used 1-9 days		54.8	61.5	58.9	51.0	42.6	45.2
Used 10-29 days		16.3	14.5	14.9	41.4	48.5	46.1
Used all 30 days		1.4	0.1	0.5	4.8	8.5	7.2
Any use within the last 30 days		72.4	76.1	74.3	97.3	99.6	98.6

Marijuana

	Percent (%)	Actual Use			Perceived Use		
		Male	Female	Total	Male	Female	Total
Never used		43.5	40.7	41.8	2.7	0.4	1.6
Used, but not in the last 30 days		16.3	20.5	18.9	4.1	1.0	1.9
Used 1-9 days		24.1	29.5	27.7	50.5	44.8	46.7
Used 10-29 days		10.5	5.9	7.5	35.2	43.6	40.7
Used all 30 days		5.4	3.4	4.1	7.5	10.1	9.0
Any use within the last 30 days		40.1	38.8	39.3	93.2	98.5	96.5

Drinking and Driving

- 0.4 % of college students reported driving after having **5 or more drinks** in the last 30 days.*
- 13.3 % of college students reported driving after having **any alcohol** in the last 30 days.*

*Students responding "N/A, don't drive" and "N/A don't drink" were excluded from this analysis.

Estimated Blood Alcohol Concentration (or eBAC) of college students reporting 1 or more drinks the last time they "partied" or socialized. **Students reporting 0 drinks were excluded from the analysis.** Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they "partied" or socialized, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism.

Estimated BAC	Percent (%)	Male	Female	Total
< .08		53.7	48.0	49.6
< .10		63.4	55.5	57.7
Mean		0.08	0.10	0.09
Median		0.07	0.08	0.08
Std Dev		0.07	0.08	0.07

Findings continued

Reported number of drinks consumed the last time students "partied" or socialized. Only students reporting one or more drinks were included.

Number of drinks*	Percent (%)	Male	Female	Total
4 or fewer		37.3	50.8	47.1
5		10.1	17.2	15.3
6		12.9	14.7	14.0
7 or more		39.6	17.2	23.5
Mean		6.05	4.63	5.02
Median		6.00	4.00	5.00
Std Dev		3.68	2.35	2.86

* Students reporting 0 drinks were excluded.

Reported number of times college students consumed five or more drinks in a sitting within the last two weeks:

	Percent (%)	Male	Female	Total
N/A don't drink		19.4	15.9	17.3
None		33.0	39.3	37.5
1-2 times		28.6	32.0	30.5
3-5 times		15.0	11.5	12.6
6 or more times		4.1	1.3	2.1

Percent of college students who reported using prescription drugs that were not prescribed to them within the last 12 months:

	Percent (%)	Male	Female	Total
Antidepressants		0.7	2.1	1.7
Erectile dysfunction drugs		0.3	0.4	0.4
Pain killers		4.1	3.1	3.3
Sedatives		3.4	2.8	3.0
Stimulants		9.9	10.5	10.4
<i>Used 1 or more of the above</i>		13.3	12.5	12.9

Findings continued

College students reported doing the following *most of the time* or *always* when they "partied" or socialized during the last 12 months:*

	Percent (%)	Male	Female	Total
Alternate non-alcoholic with alcoholic beverages		41.4	41.4	41.5
Avoid drinking games		21.0	26.1	24.9
Choose not to drink alcohol		15.8	20.5	19.6
Determine in advance not to exceed a set number of drinks		30.1	39.9	37.0
Eat before and/or during drinking		83.5	87.0	86.0
Have a friend let you know when you have had enough		31.1	46.7	42.2
Keep track of how many drinks being consumed		63.6	72.8	70.1
Pace drinks to one or fewer an hour		14.8	22.9	20.7
Stay with the same group of friends the entire time drinking		85.2	93.8	91.1
Stick with only one kind of alcohol when drinking		30.8	44.3	40.5
Use a designated driver		89.4	94.9	93.3
Reported one or more of the above		99.2	99.5	99.4

*Students responding "N/A, don't drink" were excluded from this analysis.

College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol:*

	Percent (%)	Male	Female	Total
Did something you later regretted		44.9	45.4	45.2
Forgot where you were or what you did		40.0	42.9	41.8
Got in trouble with the police		5.1	2.3	3.2
Someone had sex with me without my consent		1.7	2.5	2.3
Had sex with someone without their consent		0.8	0.5	0.6
Had unprotected sex		29.0	23.5	25.2
Physically injured yourself		19.3	21.4	20.7
Physically injured another person		1.7	0.7	1.0
Seriously considered suicide		4.2	5.8	5.3
Reported one or more of the above		58.8	63.0	61.6

*Students responding "N/A, don't drink" were excluded from this analysis.

F. Sexual Behavior

College students reported having the following number of sexual partners (oral sex, vaginal or anal intercourse) within the last 12 months:

	Percent (%)	Male	Female	Total
None		35.5	29.4	31.1
1		34.8	38.7	37.6
2		9.1	10.1	9.9
3		7.3	8.2	8.0
4 or more		13.2	13.6	13.5

Number of partners among students reporting to have at least one sexual partner within the last 12 months:*

	Male	Female	Total
Mean	2.83	2.57	2.67
Median	1.00	1.00	1.00
Std Dev	5.15	3.67	4.19

*Students reporting 0 sexual partners within the last 12 months were excluded.

College students reported having oral, vaginal or anal sex in the last 30 days:

Oral sex within the past 30 days

	Percent (%)	Male	Female	Total
No, have never done this sexual activity		30.6	28.4	28.9
No, have done this sexual activity but not in the last 30 days		28.2	25.1	26.0
Yes		41.2	46.4	45.2

Vaginal sex within the past 30 days

	Percent (%)	Male	Female	Total
No, have never done this sexual activity		36.3	31.2	32.9
No, have done this sexual activity but not in the last 30 days		26.0	20.7	22.1
Yes		37.7	48.2	45.1

Anal sex within the past 30 days

	Percent (%)	Male	Female	Total
No, have never done this sexual activity		73.5	79.6	77.6
No, have done this sexual activity but not in the last 30 days		20.6	16.9	18.1
Yes		5.8	3.6	4.3

Findings continued

Using a condom or other protective barrier within the last 30 days (*mostly or always*):

	Percent (%)	Male	Female	Total
<i>Sexually active students reported*</i>				
Oral sex	5.1	3.5	3.9	
Vaginal intercourse	54.2	47.8	49.2	
Anal intercourse	45.5	24.1	34.0	

*Students responding "Never did this sexual activity" or "Have not done this during the last thirty days" were excluded from the analysis.

Contraceptive use reported by students or their partner the last time they had vaginal intercourse:

	Percent (%)	Male	Female	Total
Yes, used a method of contraception	53.2	61.9	59.1	
Not applicable/Didn't use a method/Don't know	46.8	38.1	40.9	

If YES to contraceptive use the last time student had vaginal intercourse, reported means of birth control used among college students or their partner to prevent pregnancy:

	Percent (%)	Male	Female	Total
Birth control pills (monthly or extended cycle)		56.1	58.6	58.0
Birth control shots		1.3	1.7	1.5
Birth control implants		11.0	10.4	10.7
Birth control patch		0.0	0.0	0.0
Vaginal ring		1.3	2.2	1.9
Intrauterine device		16.1	17.6	17.2
Male condom		63.9	61.6	62.5
Female condom		1.3	0.7	0.9
Diaphragm or cervical cap		0.0	0.0	0.0
Contraceptive sponge		0.0	0.0	0.0
Spermicide (foam, jelly, cream)		5.2	1.7	2.7
Fertility awareness (calendar, mucous, basal body temperature)		3.2	6.3	5.7
Withdrawal		34.8	29.0	30.5
Sterilization (hysterectomy, tubes tied, vasectomy)		0.0	0.0	0.0
Other method		0.0	1.5	1.2
Male condom use plus another method		49.7	53.3	52.6
Any two or more methods (excluding male condoms)		36.1	31.2	32.7

- 17.4 % of sexually active college students reported using (or reported their partner used) emergency contraception ("morning after pill") within the last 12 months. (male: 11.6 %; female: 19.5 %).*

*Students responding "Not sexually active" were excluded from the analysis.

- 0.5 % of college students who had vaginal intercourse within the last 12 months reported experiencing an unintentional pregnancy or got someone pregnant within the last 12 months. (male: 0.0 %; female: 0.7 %).**

**Students responding "Have not had vaginal intercourse within the last 12 months" were excluded from the analysis.

G. Nutrition and Exercise

College students reported usually eating the following number of servings of fruits and vegetables per day:

	Percent (%)	Male	Female	Total
0 servings per day		13.6	5.3	7.8
1-2 per day		61.9	59.7	60.3
3-4 per day		21.1	29.4	27.1
5 or more per day		3.4	5.6	4.8

College students reported the following behaviors within the past 7 days:

Do moderate-intensity cardio or aerobic exercise for at least 30 minutes:

	Percent (%)	Male	Female	Total
0 days		18.8	14.1	15.2
1-4 days		55.5	60.7	59.3
5-7 days		25.7	25.3	25.4

Do vigorous-intensity cardio or aerobic exercise for at least 20 minutes:

	Percent (%)	Male	Female	Total
0 days		29.7	32.3	31.3
1-2 days		36.9	36.7	36.9
3-7 days		33.4	31.0	31.8

Physical Activity and Public Health: Updated Recommendations for Adults. From the American College of Sports Medicine and the American Heart Association (2007): Moderate-intensity cardio or aerobic exercise for at least 30 minutes on 5 or more days per week, or vigorous-intensity cardio or aerobic exercise for at least 20 minutes on 3 or more days per week.

Students meeting the Recommendations for moderate-intensity exercise, vigorous-intensity exercise, or a combination of the two (2 moderate-intensity exercise periods = 1 vigorous-intensity exercise period).

	Percent (%)	Male	Female	Total
Guidelines met		56.7	55.2	55.9

Findings continued

Estimated average Body Mass Index (BMI): This figure incorporates reported height, and weight to form a general indicator of physical health. Categories defined by The World Health Organization (WHO) 2000, reprinted 2004. Obesity: Preventing and Managing the Global Epidemic. WHO Tech Report Series: 894.

BMI	Percent (%)	Male	Female	Total
<18.5 Underweight		5.1	5.5	5.3
18.5-24.9 Healthy Weight		71.9	74.0	73.4
25-29.9 Overweight		17.1	15.7	16.1
30-34.9 Class I Obesity		4.8	3.6	3.8
35-39.9 Class II Obesity		0.3	1.2	0.9
≥40 Class III Obesity		0.7	0.1	0.4
Mean		23.11	22.87	23.11
Median		22.38	22.18	22.30
Std Dev		3.91	3.63	6.47

H. Mental Health

Students reported experiencing the following within the last 12 months:

Felt things were hopeless

	Percent (%)	Male	Female	Total
No, never		35.4	26.4	28.8
No, not last 12 months		17.0	14.8	15.4
Yes, last 2 weeks		19.7	20.8	20.4
Yes, last 30 days		7.8	11.4	10.7
Yes, in last 12 months		20.1	26.6	24.7
<i>Any time within the last 12 months</i>		47.6	58.8	55.8

Felt overwhelmed by all you had to do

	Percent (%)	Male	Female	Total
No, never		12.6	3.0	5.9
No, not last 12 months		6.1	2.2	3.3
Yes, last 2 weeks		45.2	63.7	57.8
Yes, last 30 days		15.3	16.7	16.6
Yes, in last 12 months		20.7	14.4	16.3
<i>Any time within the last 12 months</i>		81.3	94.8	90.7

Felt exhausted (not from physical activity)

	Percent (%)	Male	Female	Total
No, never		12.2	4.4	6.8
No, not last 12 months		6.1	2.7	3.7
Yes, last 2 weeks		46.6	62.2	57.2
Yes, last 30 days		16.0	17.3	17.0
Yes, in last 12 months		19.0	13.4	15.3
<i>Any time within the last 12 months</i>		81.6	92.9	89.4

Felt very lonely

	Percent (%)	Male	Female	Total
No, never		24.1	13.7	16.8
No, not last 12 months		12.2	13.3	13.1
Yes, last 2 weeks		27.2	32.2	30.8
Yes, last 30 days		11.9	15.3	14.3
Yes, in last 12 months		24.5	25.5	25.1
<i>Any time within the last 12 months</i>		63.6	73.0	70.2

Felt very sad

Percent (%)	Male	Female	Total
No, never	20.5	11.7	14.2
No, not last 12 months	14.7	11.1	12.2
Yes, last 2 weeks	24.9	33.5	30.8
Yes, last 30 days	10.9	16.5	15.2
Yes, in last 12 months	29.0	27.2	27.5
<i>Any time within the last 12 months</i>	64.8	77.3	73.6

Felt overwhelming anxiety

Percent (%)	Male	Female	Total
No, never	40.3	19.2	25.5
No, not last 12 months	11.6	10.2	10.6
Yes, last 2 weeks	17.7	30.1	26.5
Yes, last 30 days	8.9	17.0	14.7
Yes, in last 12 months	21.5	23.6	22.8
<i>Any time within the last 12 months</i>	48.1	70.6	63.9

Seriously considered suicide

Percent (%)	Male	Female	Total
No, never	79.5	71.2	73.3
No, not last 12 months	11.3	14.0	13.3
Yes, last 2 weeks	1.4	2.9	2.5
Yes, last 30 days	1.7	0.9	1.1
Yes, in last 12 months	6.1	10.9	9.8
<i>Any time within the last 12 months</i>	9.2	14.7	13.4

Intentionally cut, burned, bruised, or otherwise injured yourself

Percent (%)	Male	Female	Total
No, never	86.4	75.7	78.4
No, not last 12 months	9.2	14.3	12.9
Yes, last 2 weeks	1.4	2.2	2.2
Yes, last 30 days	0.0	1.5	1.1
Yes, in last 12 months	3.1	6.3	5.4
<i>Any time within the last 12 months</i>	4.4	10.0	8.8

Felt so depressed that it was difficult to function

Percent (%)	Male	Female	Total
No, never	48.1	36.8	39.9
No, not last 12 months	20.5	18.6	18.9
Yes, last 2 weeks	13.0	16.1	15.4
Yes, last 30 days	3.1	8.1	6.8
Yes, in last 12 months	15.4	20.4	19.1
<i>Any time within the last 12 months</i>	31.4	44.6	41.2

Felt overwhelming anger

Percent (%)	Male	Female	Total
No, never	44.7	37.9	39.6
No, not last 12 months	21.5	22.1	21.8
Yes, last 2 weeks	8.5	10.2	9.9
Yes, last 30 days	5.5	8.1	7.7
Yes, in last 12 months	19.8	21.7	21.1
<i>Any time within the last 12 months</i>	33.8	40.0	38.7

Attempted suicide

Percent (%)	Male	Female	Total
No, never	93.9	88.9	90.2
No, not last 12 months	5.8	9.4	8.5
Yes, last 2 weeks	0.0	0.0	0.0
Yes, last 30 days	0.3	0.3	0.3
Yes, in last 12 months	0.0	1.3	1.0
<i>Any time within the last 12 months</i>	0.3	1.6	1.3

Findings continued

Within the last 12 months, diagnosed or treated by a professional for the following:

	Percent (%)	Male	Female	Total
Anorexia		0.3	1.6	1.2
Anxiety		6.8	21.1	17.1
Attention Deficit and Hyperactivity Disorder		3.8	4.9	4.6
Bipolar Disorder		0.3	0.6	0.5
Bulimia		0.0	1.6	1.1
Depression		5.1	15.2	12.4
Insomnia		0.7	4.6	3.3
Other sleep disorder		0.7	1.6	1.3
Obsessive Compulsive Disorder		0.3	1.9	1.4
Panic attacks		1.7	10.0	7.5
Phobia		0.3	0.7	0.6
Schizophrenia		0.3	0.1	0.2
Substance abuse or addiction		2.0	0.3	0.8
Other addiction		1.0	0.1	0.4
Other mental health condition		1.0	2.4	2.0
<i>Students reporting none of the above</i>		86.4	71.2	75.6
<i>Students reporting only one of the above</i>		8.1	9.3	8.8
<i>Students reporting both Depression and Anxiety</i>		4.1	11.9	9.8
<i>Students reporting any two or more of the above excluding the combination of Depression and Anxiety</i>		1.4	7.2	5.4

Within the last 12 months, any of the following been traumatic or very difficult to handle:

	Percent (%)	Male	Female	Total
Academics		48.0	62.4	58.1
Career-related issue		20.7	24.4	23.3
Death of family member or friend		11.2	15.0	14.1
Family problems		18.4	30.7	27.3
Intimate relationships		30.5	34.1	33.1
Other social relationships		23.4	39.5	35.0
Finances		20.7	23.9	23.3
Health problem of family member or partner		13.0	22.8	20.1
Personal appearance		17.6	41.6	34.4
Personal health issue		11.9	26.1	21.8
Sleep difficulties		24.1	31.6	29.4
Other		7.8	11.8	10.8
<i>Students reporting none of the above</i>		28.8	15.6	19.4
<i>Students reporting only one of the above</i>		17.3	12.2	13.6
<i>Students reporting 2 of the above</i>		12.9	13.1	12.7
<i>Students reporting 3 or more of the above</i>		41.0	59.1	54.2

Findings continued

Within the last 12 months, how would you rate the overall level of stress experienced:

	<i>Percent (%)</i>	Male	Female	Total
No stress		3.1	0.1	1.1
Less than average stress		11.9	3.5	5.9
Average stress		41.4	36.6	38.1
More than average stress		35.6	46.9	43.5
Tremendous stress		8.1	12.8	11.4

I. Sleep

Past 7 days, getting enough sleep to feel rested in the morning:

	<i>Percent (%)</i>	Male	Female	Total
0 days		7.2	11.3	10.3
1-2 days		24.2	32.8	30.2
3-5 days		53.2	46.8	48.6
6+ days		15.4	9.0	10.9

Past 7 days, how often felt tired, dragged out, or sleepy during the day:

	<i>Percent (%)</i>	Male	Female	Total
0 days		11.9	3.4	6.1
1-2 days		34.7	28.5	30.3
3-5 days		43.5	49.9	47.9
6+ days		9.9	18.2	15.7

Past 7 days, how much of a problem with sleepiness during daytime activities:

	<i>Percent (%)</i>	Male	Female	Total
No problem		11.3	5.0	7.1
A little problem		50.5	46.3	47.2
More than a little problem		23.9	29.0	27.7
A big problem		11.3	15.3	13.8
A very big problem		3.1	4.4	4.1

Demographics and Student Characteristics

■ Age:

18 - 20 years:	72.2 %
21 - 24 years:	24.9 %
25 - 29 years:	2.0 %
30+ years:	0.9 %

■ Gender*

Female:	68.5 %
Male:	29.7 %
Non-binary	1.8 %

■ Student status:

1st year undergraduate:	43.2 %
2nd year undergraduate:	21.1 %
3rd year undergraduate:	19.3 %
4th year undergraduate:	11.1 %
5th year or more undergraduate:	2.0 %
Graduate or professional:	3.3 %
Not seeking a degree:	0.0 %
Other:	0.0 %

Full-time student:	96.6 %
Part-time student:	2.0 %
Other student:	1.4 %

■ Relationship status:

Not in a relationship:	60.7 %
In a relationship but not living together:	35.8 %
In a relationship and living together:	3.4 %

■ Marital status:

Single:	97.4 %
Married/Partnered:	1.5 %
Separated/Divorced/Other:	1.1 %

■ Primary Source of Health Insurance:

College/university sponsored plan:	2.3 %
Parents' plan:	90.8 %
Another plan:	3.0 %
Don't have health insurance:	1.6 %
Not sure if have plan:	2.2 %

■ Students describe themselves as:

White:	72.1 %
Black or African American:	1.3 %
Hispanic or Latino/a:	12.7 %
Asian or Pacific Islander:	18.0 %
American Indian, Alaskan Native or Native Hawaiian:	2.0 %
Biracial or Multiracial:	7.7 %
Other:	2.6 %

■ International Student:

International:	1.4 %
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■ Students describe themselves as:

Asexual:	0.4 %
Bisexual:	7.2 %
Gay:	1.4 %
Lesbian:	0.7 %
Pansexual:	0.9 %
Queer:	0.7 %
Questioning:	2.3 %
Straight/Heterosexual:	86.2 %
Another identity:	0.2 %

■ Housing:

Campus residence hall:	44.2 %
Fraternity or sorority house:	1.0 %
Other university housing:	11.8 %
Parent/guardian home:	2.0 %
Other off-campus housing:	40.5 %
Other:	0.5 %

■ Participated in organized college athletics:

Varsity:	3.4 %
Club sports:	10.3 %
Intramurals:	28.0 %

■ Member of a social fraternity or sorority:

Greek member:	18.7 %
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* See note on page 2 regarding gender categories

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Signature: *Jennifer Haft*

Email: jhaft@calpoly.edu







Drug Free Schools and Community Act

Final Audit Report

2023-03-22

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