

Emma Gonzalez

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EDUCATION

Bachelor of Science – Child Development

September 2013– June 2017

California Polytechnic State University, San Luis Obispo, CA

Minor: Psychology

- Cumulative GPA: 3.28/4.0
- GPA for last 60 hours: 3.3/4.0
- Dean's List: Winter 2015, Spring 2016, Winter 2017
- Intermediate knowledge of Spanish

RESEARCH INTERESTS

- Using empirical data to design and measure the effectiveness of postvention, grief programs that address the loss of a student by suicide and to lessen the possibility of a suicide cluster or contagion, in the hopes to promote training for general school staff.
- Acknowledging the high percentage of homeless LGBTQ youth and women through the implementation of empirically-based training for service providers at day centers, shelters, transitional housing programs, and law organizations that provide legal assistance.
- Longitudinal studies on foster youth with specific interest in the rates of teen pregnancy and juvenile incarceration, especially for individuals that received supervision in a Trauma-Informed Care Foster Home.

RESEARCH EXPERIENCE

Research Assistant

Psychology and Child Development Department

March 2017 – present

- Researched relevant articles on the access, barriers, and experiences of mental health services for the LGBTQ+ community to complete a literature review
- Drafted a minor assent form as well as an informed consent form for survey participants over the age of 18
- Connected the research team with a local high school's Gay Straight Alliance to gain youth perspective on the needs for the Queer community in San Luis Obispo
- Compiled a list of active support groups, facilities, events, and programs that can provide participants for the needs assessment survey.
- Faculty Supervisor: Jay Bettergarcia Ph.D., Counseling Psychology

Research Assistant

Kinesiology Department

March 2017 – June 2017

- Contributed to the IRB for a qualitative assessment on the perceptions about sexual violence and associated consequences among sexual and gender minority identifying college students.
- Prepared research poster for Cal Poly's College of Math and Science Research Fair.
- Presented and answered questions about the research behind this project and the future direction of this research.
- Faculty Supervisors: Christine L. Hackman Ph.D., Public Health, Jay Bettergarcia Ph.D., Counseling Psychology

Senior Project

- Literature review on adolescent suicide clusters, vicarious traumatization, postvention bereavement programs, and the influence of social media.
- Faculty Supervisors: Taylor Smith Ph.D., Clinical Psychology, Jennifer Jipson Ph.D., Developmental Psychology, and Kendra Williams LMFT.

COUNSELING RELATED EXPERIENCE

AmeriCorps VISTA Member

September 2017 – July 2018

Transitions, The Women's Hearth, Spokane, WA

- Increased access to health education programming and activities that promote positive, healthy behaviors to an underserved population.
- Educated women about their own bodies and health related issues, with goals of understanding and better caring for diabetes, asthma, chronic conditions, smoking cessation, dental health, healthy cooking and eating (utilizing typical food from the food bank), stress and anxiety management and other conditions relevant to this marginalized population.

Direct Service Intern

January – September 2016

Family Care Network Inc., San Luis Obispo, CA

- Provided counseling designed to minimize impulsive behavior and assisted foster youth, ages 0 months to 18 years, to engage in positive activities
- Recommended interventions which redirected behaviors and prevented inappropriate behavioral responses, including cognitive behavioral interventions
- Prepared required written documentation, including case notes, incident reports, and agency forms.

Pride Center Peer Counselor

January 2015 – March 2016

California Polytechnic State University, San Luis Obispo, CA

- Offered support for students who identify as LGBTQIAP, who are questioning, or who may have LGBTQIAP friends, roommates, or family members and want to be an ally to these communities
- Facilitated Queer Dialogues, a safe and inclusive environment for queer-identified students to discuss experiences and issues within the LGBTQIAP communities.

PROFESSIONAL EXPERIENCE

Resident Advisor

August 2014 – June 2017

University Housing, San Luis Obispo, CA

- Built community by living on-campus with a range of 300 to 700 first year students
- Developed inclusion and awareness by hosting educational and advocacy programs
- Supported students academically and personally through therapeutic based listening mediations.

Child Care Teacher

August 2016 – March 2017

Parks and Recreation Youth Services, San Luis Obispo, CA

- Identified the developmental needs of 4th, 5th, and 6th grade students to prioritize health and wellness, personal growth and success, with the inclusion of family, school, and community
- Designed weekly plans that incorporate interactive STEM activities, as well as tactile and expressionistic programs.

TEACHING EXPERIENCE

Teaching Assistant

January 2014 – June 2015

Pacheco Bilingual Elementary School, San Luis Obispo, CA

- Implemented an integrated science and language proficiency project for 35 native Spanish-speaking students.

Preschool Assistant

September – December 2015

Learning Lab, San Luis Obispo, CA

- Designed two STEM activities a week during a ten week quarter for 42 students ages 3-5.

LEADERSHIP & INVOLVEMENT

Kappa Kappa Gamma – Alumni Member

Risk Management Chair

January 2016 – June 2016

- Ensured safety of chapter members at all events
- Educated chapter members on topics such as binge drinking and sexual assault.

Committee Member for Awareness and Inclusion

August 2014 – June 2017

University Housing, San Luis Obispo, CA

- Discussed diversity issues on-campus
- Looked for ways to improve accessibility for residents with developmental and acquired disabilities.

TRAININGS & CERTIFICATIONS

- NIH Protecting Human Research Participants certified
- Trained on Assistive Technology For Independence: supporting older adults and persons with disabilities
- QPR (Question, Persuade, Respond) suicide prevention trained
- Infant and Adult CPR/First Aid certified

REFERENCES

Jay Bettergarcia

Ph.D., Counseling Psychology, Research Faculty Supervisor

- jbetterg@calpoly.edu
- (805) 756-2934

Taylor Smith

Ph.D., Clinical Psychology, Senior Project Supervisor

- tsmith82@calpoly.edu
- (805) 756-2854

Elizabeth Barrett

LMFT, Helping Relationships Lecturer

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Susan Tyler-Babkirk

AmeriCorps Supervisor and Program Director of the Women's Hearth

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