

Charlie Huang

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OBJECTIVE

An internship with the California Department of Education's Healthy Environment Nutrition Team

EDUCATION

California Polytechnic State University, San Luis Obispo

Bachelor of Science in **Nutrition**- Expected June 2027 Class Level: Sophomore

Concentration: Applied Nutrition Minor: **Child Development**

RELEVANT COURSEWORK

Fundamentals of Food

Child/Maternal Nutrition

Understanding Nutrition

Professional Practice in Applied Nutrition

Food and Nutrition: Customs and Cultures

Nutrition in Aging

NUTRITION EXPERIENCE

California Polytechnic State University, San Luis Obispo

Weekly Menu Planning

9/24- 12/24

- Planned nutritious menus to accommodate various dietary health needs
- Analyzed nutritious components of meals using ESHA (nutrient database software)
- Selected and purchased ingredients, prepared meals, and displayed for others to sample
- Managed a team of four students and facilitated individual tasks

Diet Analysis Project

4/24- 6/24

- Recorded a week-long food diary
- Evaluated diet using Diet Analysis software and identified areas needing improvement

WORK EXPERIENCE

ASI Childcare Center, San Luis Obispo, CA

Classroom Assistant

9/24- Present

- Ensure a safe classroom environment and attend to the physical needs of up to 13 infants
- Promote emotional, social, and cognitive development through interactive activities

East Bay Family Swim Center, Hayward, CA

Lifeguard/Swim Instructor

Summers 2023&24

- Instructed up to 25 children daily on water safety and proper stroke technique
- Maintained a safe environment; monitored pool serving up to 200 patrons and enforced rules

COMMUNITY SERVICE

Economic Opportunity Commission Adult Day Services, 2023

Miracle Miles for Kids 10K Run, 2022&23

Global Night Commute, Invisible Children, 2022

First Baptist Church Nursery, 2021-2023

ACTIVITIES

Central Coast Association of Wake Boarders

Cal Poly intramural co-ed softball and women's soccer

Cal Poly Craft Center classes: ceramics, stained glass