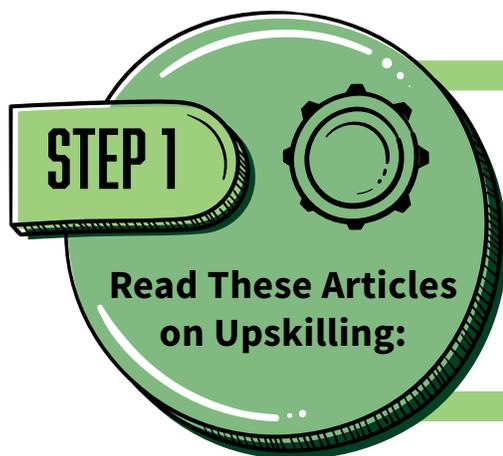


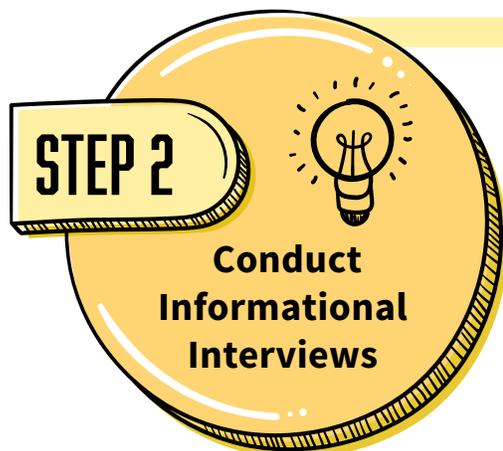
UPSKILLING: Further Developing and Building New Skillsets

While at Cal Poly, you are undoubtedly equipping yourself with a wide array of knowledge and skills that employers value. Many students will complement this classroom learning with experiential learning, often through the form of internships. In Career Services, we recognize that COVID-19 may have impacted your ability to complete an internship or participate in other forms of training that would further your skills for your future career.

For those of you who have recently graduated, we also recognize that this may be an incredibly challenging time to find a full-time position. During this time, Career Services wants to support you in building skillsets that you are personally invested in and are also attractive to employers in your industry of interest. Don't know what industry you're interested in? That's okay, too! **Upskilling can still be for you.** "By seeking candidates with high-growth premium skills, companies will have a unique opportunity in the recovery to build the workforce they will need for the future" (Sigelman, 2020, slide 26).



- **Upskill During Covid-19**
- **This week's best ways to upskill and get credentialed online during coronavirus**



Conduct informational interviews with people in your fields of interest who can share insight into recommended skills for certain industries and positions using:

- **Career Connections**
- **LinkedIn**

Take a look at these articles on virtual networking:

- **7 Non-irritating Ways to Network Online**
- **Corona and Your Career: How to Effectively Network During Quarantine**



Browse through upskilling options and identify what you're interested in:

Checkout free websites or apps:

- **Cal Poly Extended Education:** Upgrade your skills or find a new field with a variety of academic and professional programs
- **Canvas Network:** Professional development courses for educators
- **Class Central:** Giant catalog of online courses organized by subject/major from hundreds of online course platforms
- **Coursera:** Yale's famous course on **The Science of Wellbeing**
- **Drexel Library:** Research and write a literature review
- **Duolingo:** Learn a new language for free!
- **EDX:** partnering with different universities offering self-paced courses
- **Future Learn:** Offers online courses in many different subjects
- **Kahn Academy: 20 Best Free Online Certifications & Courses for 2020**
- **Kutztown University of Pennsylvania:** courses that focus on startups and small-business management
- **Job Scan: 5 Certifications You Can Add to Your Resume (for Free!)**
- **LinkedIn Learning**
- **Microsoft Learn:** Acquire the digital skills necessary for a COVID-19 economy
- **National Geographic:** Learn more about micro-credentials (and it's free!)
- **Open Culture:** More than 1500 courses for free!
- **Open Learn** Series of leadership and management online courses that are all free
- **Rasmussen College:** Offers online professional certificates through July at no cost
- **The Muse: 41 Classes You Can Take Right Now to Advance Your Career (and they're free!)**
Some possible skills include:
 - SPSS, SAS, Tableau and other data analysis tools
 - Excel
 - Google AdWords
 - Learn a foreign language
 - Learn a programming language: Python, Oracle Cloud, Infrastructure as a Service (IaaS),
 - Cloud Architecture, AWS CloudFormation, Scrum Master, Six Sigma
- **The Odin Project:** Software engineering/web development
- **Udemy:** Low cost courses in different fields of study
- **Vault:** Find out more about your field of interest
- **Well and Good:** 8 online classes and workshops that help you to examine your own bias

For more information on our current economy and job market please look at this presentation from [Burning Glass Conference Board](#).