



CAL POLY

College of Agriculture, Food
& Environmental Sciences

NUTRITION

FOOD SCIENCE AND NUTRITION DEPARTMENT

OVERVIEW

Cal Poly's Food Science and Nutrition Department offers a comprehensive education in food science and nutrition, from the development of new foods to the study of how foods impact health, wellness and disease prevention. The department's exceptional Learn by Doing methodology provides industry-ready graduates with the expertise to nourish the world.

Our students are directly involved in the community, participating in unique hands-on learning opportunities that enhance critical thinking and problem-solving. This active learning environment has earned Cal Poly and the Food Science and Nutrition Department tremendous respect throughout the industry.

MAJORS

FOOD SCIENCE · NUTRITION

MINORS

- FOOD SCIENCE
- NUTRITION

GRADUATE PROGRAMS

- BLENDED BACHELOR'S AND MASTER'S DEGREE
- MASTER OF SCIENCE IN FOOD SCIENCE
- MASTER OF SCIENCE IN NUTRITION
- MASTER OF SCIENCE IN NUTRITION AND DIETETIC INTERNSHIP (2 YR)
- DIETETIC INTERNSHIP

NUTRITION CONCENTRATIONS

- APPLIED NUTRITION (ACEND ACCREDITED)
- NUTRITION SCIENCE

FOOD SCIENCE CONCENTRATIONS

- ADVANCED FOOD SCIENCE (INSTITUTE OF FOOD TECHNOLOGISTS-APPROVED)
- CULINOLOGY (RESEARCH CHEFS ASSOCIATION-APPROVED)

DEPARTMENT HIGHLIGHTS

\$22,000+

in scholarship funding is available for food science and nutrition students.

~176

students receive scholarships or are involved in paid opportunities in the Food Science and Nutrition Department.

STUDENT CLUBS

Food Science Club
Nutrition Club

DIETETIC INTERNSHIP PROGRAM

Cal Poly's Dietetic Internship is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics. We are proud to have a 100% one-year pass rate on the Registration Examination for Dietitians. The internship has rotation sites in two counties on California's Central Coast: San Luis Obispo and Santa Barbara.



ON THE JOB

CAREERS

Foodservice directors
Food, nutrition and health scientists
Medical doctors
Nurses
Physicians assistants
Public health professionals
Registered dietitian nutritionists

EXAMPLES OF EMPLOYERS

Cottage Health, Santa Barbara
Glanbia Nutritionals
Kansas City Royals
Lucile Packard Children's Hospital, Stanford
Marian Regional Medical Center, Santa Maria
Mount Sinai Hospital
Oregon Health and Science University
Valley Children's Hospital, Fresno
49ers

NUTRITION RESEARCH STRENGTHS: HEALTH, WELLNESS AND PERFORMANCE

40

nutrition undergraduate students working closely with faculty on research projects

- 1 OBESITY, DIABETES, CARDIOVASCULAR AND OTHER DIET-RELATED CHRONIC DISEASES
- 2 SPORTS AND PERFORMANCE NUTRITION AND BODY COMPOSITION
- 3 METABOLOMICS, GENOMICS AND THE MICROBIOME
- 4 COMMUNITY NUTRITION AND FOOD INSECURITY
- 5 FUNCTIONAL FOODS AND NUTRACEUTICALS

The nutrition major offers two concentrations: Applied Nutrition, which is a Didactic Program in Dietetics accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) and Nutrition Science.

APPLIED NUTRITION/DIDACTIC PROGRAM IN DIETETICS provides students with contemporary knowledge, including medical nutrition therapy, and practical skills to prepare them for successful completion of a dietetic internship and a career in dietetics, including the option to become a registered dietitian (RD), nutrition consultant and more.

NUTRITION SCIENCE prepares students for post-graduate studies in health-related professions, such as medicine or nursing, by emphasizing a strong background in physical and life sciences as well as human nutrition. Graduates are poised to pursue careers in nutritional biochemistry, molecular nutrition, public health and more.

Accreditation Council for Education in Nutrition and Dietetics

the accrediting agency for the
Academy of Nutrition and Dietetics



CONNECT

805-756-2660
fsn.calpoly.edu

/CALPOLY.CAFES

@CALPOLY_CAFES

/CALPOLY-CAFES

/CALPOLY_CAFES