# Student Self Evaluation of Abilities Related to Horses

**DIRECTIONS:**

Answer the following self-evaluation questions as realistically as possible. It will not be used to determine your grade. It will be of value in helping you plan your direction of education with the horse.

## QUESTIONS

*Circle the number that indicates your ability. The scale ranges from 1-5, with 1 indicating little or no experience and with 5 indicating you have a good grasp of the concept and practice it.*

<table>
<thead>
<tr>
<th>Questions</th>
<th>Beginning of Quarter</th>
<th>End of Quarter</th>
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</thead>
<tbody>
<tr>
<td>1. I am aware of and practice safety procedures around a riding horse.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>2. I can select feed, water, and care for a riding horse in a corral.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<td>3. I can identify horse by color, sex, and markings.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<td>4. I can select proper and safe equipment for a riding horse and attire for myself.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>5. I can safely catch, lead, and turn a riding horse loose.</td>
<td>1 2 3 4 5</td>
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<td>6. I can select equipment and properly groom a riding horse.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<td>7. I can pick up and clean the feet of a riding horse.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<td>8. I can prepare the horse and safely mount and dismount a riding horse.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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<tr>
<td>9. I am aware of the following ways to signal a horse for riding: reins, body language, legs and voice.</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
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</tbody>
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**PLEASE CONTINUE AND SIGN ON OPPOSITE SIDE**
10. I am aware of the following ways to develop my seat for riding in the arena and hills: focus, breathing, centering, body position

11. I can properly cool a horse after riding.

12. My level of ability at performing the following maneuvers on a riding horse are:

- suppling exercises/ warm up
- walk
- trot
- lope
- stop
- back
- turn a horse around
- open and close a gate
- cross obstacles
- ride individually
- ride in a group
- maneuver around obstacles

Beginning of Quarter Signature
Signature: _________________________
Date: _____________________________

End of Quarter Signature
Signature: _________________________
Date: _____________________________