Suggested Courses For Nutrition Major (NUTR)

Recommended you enroll in 13-15 units

Catalog Year: 17-19

Major Courses:

- FSN 101-(01), Orientation to the Nutrition Major (1 unit) *(Required of ALL Nutrition majors their first Fall at Cal Poly. ONLY offered Fall quarter!)*

One (or possibly 2) of the following FSN courses (4 units each):

- FSN 121, Fundamentals of Food (4 units, lecture + lab)
- FSN 210, Nutrition (4 units). NOTE: many transfer students have completed the equivalent of FSN 210 and may consider enrolling in FSN 310 Maternal & Child Nutrition or FSN 315 Nutrition in Aging.
- FSN 250, Food and Nutrition: Customs and Culture (4 units). This course fulfills GE D4 and USCP as well as a requirement in the major.

**NOTE: COMPLETE ALL OF THESE COURSES IN YOUR FIRST YEAR AT CAL POLY**

Support Courses/GE: A science course (4-5 units) – choose 1 from the following depending on what you have fulfilled so far. **Priority is to move forward with Chemistry series** but if that is not possible then choose another science that is not yet fulfilled.

- Chemistry
  - CHEM 312 Survey of Organic Chemistry (most students) or CHEM 216 Organic Chemistry I (for pre-med or any students needing full year of organic chemistry)
  - CHEM 313 Survey of Biochemistry (most students) or CHEM 371
- Life Sciences
  - BIO 161 Introduction to Cell and Molecular Biology (first priority in life sciences)
  - BIO 302 Human Genetics or BIO 303 Survey of Genetics
  - BIO 231 or 232 Anatomy and Physiology I and II
  - MCRO 221 Microbiology or MCRO 224 General Microbiology I (note: students considering health profession such as nursing, medicine, or similar MUST take MCRO 224)

**NOTE: DO NOT TAKE 2 BASIC SCIENCE COURSES TOGETHER YOUR FIRST QUARTER AT CAL POLY**

General Education (GE) Courses/or Extra courses for full-time:
• FSN 250, Food and Nutrition: Customs and Culture (4 units). This course fulfills GE D4 and USCP as well as a requirement in the major.
• Consider: FSN 310, FSN 315 (if you have met prerequisites)
• Course in concentration of interest, if known
• Upper level GE (C4, D5, F)

Additional Notes:
• The Graduation Writing Requirement (GWR) must be fulfilled by enrolling in a GWR-approved, upper-division English course OR by registering for the Writing Proficiency Examination (WPE). For GWR course information and WPE exam dates and registration, please see http://www.writingcenter.calpoly.edu/content/gwr/index. To find out which classes are being offered in the Fall quarter that can be used to satisfy the GWR, please check “Show GWR Classes” in the Select Course List menu in PASS.

• United States Cultural Pluralism (USCP) requirement must be satisfied before graduation. You can search for classes in PASS that will allow you to satisfy both GE area and the USCP requirement