

WEEKLY SCHEDULE

	SUN	MON	TUES	WED	THURS	FRI	SAT
6:00 AM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep
7:00 AM	Sleep	Breakfast	Sleep	Breakfast	Breakfast	Breakfast	Sleep
8:00 AM	Sleep	Class	Breakfast	Class	Work	Class	Breakfast
9:00 AM	Breakfast	Class	Study	Class	Work	Class	Study
10:00 AM	Study	Study	Study	Study	Free Time	Study	Study
11:00 AM	Study	Study	Study	Study	Club Meeting	Study	Exercise
12:00 PM	Grocery shopping, etc	Lunch	Class	Lunch	Class	Lunch	Exercise
1:00 PM	Lunch	Work	Class	Study	Class	Class	Lunch
2:00 PM	Free time/social	Work	Study	Study	Study	Class	Study
3:00 PM	Free time/social	Work	Study	Work	Study	Class	Study
4:00 PM	Free time/social	Study	Club/Activity	Work	Study	Work	Work
5:00 PM	Family commitments	Study	Class	Exercise	Class	Work	Work
6:00 PM	Family commitments	Dinner	Class	Dinner	Class	Dinner	Work
7:00 PM	Family commitments	Club/Activity	Dinner	Club/Activity	Dinner	Free time/social	Dinner
8:00 PM	Study	Club/Activity	Study	Study	Study	Free time/social	Free time/social
9:00 PM	Study	Free time/social	Study	Study	Study	Free time/social	Free time/social
10:00 PM	Free time/social	Free time/social	Free time/social	Free time/social	Free time/social	Free time/social	Free time/social
11:00 PM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Free time/social
12:00 PM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep
1:00 AM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep